



2018
Community Health Needs Assessment
for
Pottawatomie County, Kansas

Wamego Health Center

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Wamego Health Center

**2018 Community Health Needs Assessment for Riley County
April 23, 2018**

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Date CHNA adopted by the Board of Directors - May 29, 2018

EXECUTIVE SUMMARY

The purpose of this community health needs assessment (CHNA) is to identify and prioritize significant health needs of Pottawatomie County served by Wamego Health Center in Wamego, Kansas. The priorities identified in this report by the community helps to guide the hospital's leadership and others in planning for community health improvement programs and community benefit activities, as well as to encourage collaborative efforts with other organizations that share in the mission to improve health. This CHNA report meets the requirements of the Patient Protection and Affordable Care Act in which not-for-profit hospitals conduct a CHNA at least once every three years.

The geographical area of Pottawatomie County was chosen for this CHNA because that is where Wamego Health Center (WHC) is located and where the bulk of their patients live or work. The actual survey instrument is available for review in Appendix I of this report.

The methodology adopted for this CHNA effort included secondary data analysis (e.g. United States Census Bureau, Healthy Communities, etc.), distribution of a paper survey in public locations in Wamego and promotion of its availability online through a radio interview and the hospital's website, as well as one focus group in Wamego where service providers and volunteers representing the broad interests of the community took part. The list of people participating in the focus group, as well as the organizations they represented, is available in Appendix III of this report. Notes generated from the focus group discussions are contained in Appendix IV.

The process used to determine priorities included the number of survey respondents who identified the issue as a problem for them or their household. Whether or not the issue had been identified in a previous CHNA, how many people are currently impacted by the issue, whether or not community organizations are already addressing the issue. What kind of resources and expertise the hospitals has in addressing the problem identified and whether providing the services compliments the mission and vision of the hospital.

What Are the Significant Needs in 2018?

The top five needs identified by the 2018 CHNA respondents for the various target populations are:

Physical Health

- 1) Affordable health insurance
- 2) Affordable health services
- 3) Facilities for physical activity (including parks, trails, rec centers)
- 4) Access to healthy food options
- 5) Affordable prescriptions

Mental Health

- 1) Affordable mental health services
- 2) Increased mental health education/prevention
- 3) Increased number of mental healthcare providers
- 4) High quality mental health services
- 5) Children mental health services

Children 5 Years of Age and Younger

- 1) After school programs
- 2) Bullying prevention

- 3) Affordable child care
- 4) Financial assistance to families (for nutrition, childcare, housing, etc.)
- 5) Parenting education/skills development

Teens (13 to 18 years old)

- 1) Appropriate internet/technology use (e.g. sexting, cyberbullying, etc.)
- 2) Bullying prevention
- 3) Substance abuse prevention/treatment
- 4) Opportunities to contribute to community
- 5) Employment opportunities

Older Adults

- 1) Affordable housing
- 2) Affordable prescriptions
- 3) Assisted living options
- 4) Access to daily meals
- 5) Transportation

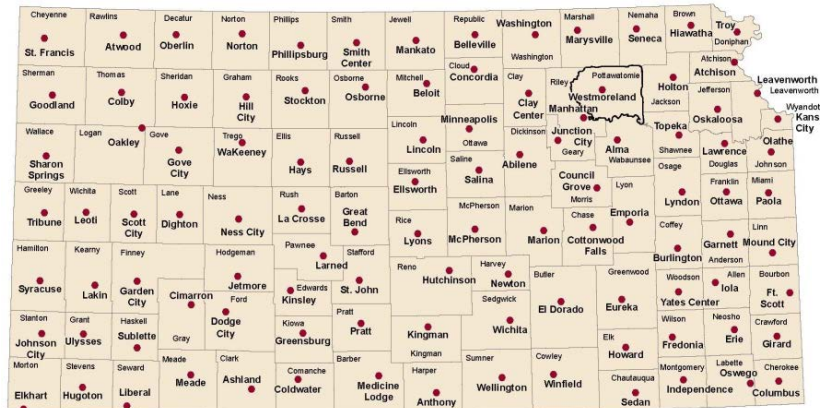
Needs Identified in the Focus Group Discussions

- 1) Inadequate mental health services, especially inpatient beds for crisis situations
- 2) Limited options for health care services for the underinsured and uninsured
- 3) Increase of mental health providers and a short-term mental health treatment center for inpatient/crisis stabilization
- 4) Approval of Medicaid expansion by the State of Kansas
- 5) Indoor exercise facility (Pottawatomie County in particular)

POTTAWATOMIE COUNTY COMMUNITY PROFILE

Pottawatomie County is located in the northeast portion of the State of Kansas. The population estimate on July 1, 2016 reported by the United States Census Bureau was 23,661.ⁱ The county seat for Pottawatomie County is Westmoreland, Kansas.

Figure 1: Map of Kansas with Pottawatomie County Outlinedⁱⁱ



Source: Institute for Policy & Social Research, The University of Kansas.

According to the 2010 United States Census, the county has a total area of 841 square miles of land with a population of 25.7 people per square mile. In addition, there were 8,626 housing units; however, that number increased to 9,404 by July 1, 2016. The owner-occupied housing unit rate was 77.6 percent with the median value of owner-occupied housing units at \$165,900. The median gross rent for Pottawatomie County residents is \$745 which is \$30 less a month than other Kansans pay and \$160 less than residents of the neighboring county of Riley pay per month for rent.ⁱⁱⁱ

The racial composition of Pottawatomie County in 2016 was 94.3 percent white, 1.4 percent Black or African American, 1.0 percent American Indian or Alaska Native, 1.0 percent Asian, 0.1 percent Native Hawaiian and other Pacific Islander and 2.3 percent reporting multiple races. Five percent of the residents are Hispanic or Latino.^{iv}

In 2016, there were 8,364 households in which on average 2.7 people were living. Approximately 4.4 percent of the households identified that another language, other than English, was spoken at home although 2.7 percent identified they were born in a different country.^v

Approximately 29 percent of the population is under the age of 18 and 13.7 percent over the age of 65. The population of younger residents decreased by 0.7 percent since April 2010, while the percentage of senior citizens increased by 1.4 percent during the same time period. In 2016, females represented 50.4 percent of the population compared to the 49.6 percent of their male counterparts.^{vi}

The education achievement of residents living in Pottawatomie County is higher than those living in the State of Kansas as 95.4 percent reported graduating from high school compared to 90.3 percent for all State residents. However, Pottawatomie County residents are nearly the same with the other Kansas residents when it comes to bachelor degrees as 32.0 percent reported having a college degree or higher compared to 31.6 percent for the State.^{vii}

According to 2016 Quick Facts, 6.4 percent of the Pottawatomie County residents live with a disability; these are people under the age of 65. In addition, 6.5 percent under the age of 65 reported having no health insurance coverage.^{viii}

The median household income for Pottawatomie County (in 2016 dollars) was \$62,500. This was nearly nine thousand dollars more than what was reported as the median household income for all Kansans. Approximately eight percent of the Pottawatomie County residents are living in poverty compared to 12.1 percent in the State.^{ix}

WAMEGO HEALTH CENTER DESCRIPTION^x

Wamego Health Center is a 25 bed Critical Access Hospital, located in the center of the Wamego community. The hospital's Emergency Department provides care 24 hours a day, 7 days a week. WHC operates its own Laboratory, Imaging and Rehabilitation departments giving patients a full range of services with the convenience of one visit. With the Wamego Family Clinic located on the WHC's site, patients are able to conveniently access the services of Primary Care Physicians, an Internal Medicine Provider and a Nurse Practitioner.

Services available from Wamego Health Center include the following:

Heart Care and Cardiac Rehabilitation

The cardiac rehabilitation program at WHC is a medically supervised program that helps people with heart conditions strengthen their hearts and get back to living life! The specialized staff collaborates with the patient and their physician to formulate a care plan that is specific to the patients needs with the goal to improving their strength and stamina. This program includes:



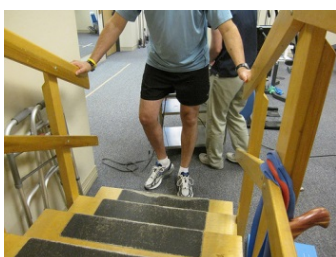
- 1) State of the art exercise equipment
- 2) Nutrition, exercise and smoking cessation education
- 3) Continuous telemetry monitoring during exercise
- 4) The ability to print progress reports for each patient to share with their cardiologist

Emergency Room

The ER at WHC offers high-quality medical services by board certified physicians, Advance Practice RN's (ARNPs) and Physician Assistants (PAs). It is equipped to handle almost all situations but in rare cases has the ability to stabilize patients that require transport to other facilities. In addition, the hospital operates a full-service laboratory and there is immediate access to radiology examinations for definitive diagnoses.



Heartland Rehabilitation



Heartland Rehabilitation Center, housed within WHC, offers a full scope of therapy services for both community members and Wamego Health Center's patients. Heartland's licensed and certified professionals use state of the art technologies and equipment to provide the most advanced care possible. The atmosphere is friendly and comfortable and the therapists take great pride in providing compassionate therapy based on each patient's individual needs. Specific services include physical, occupational and speech therapy. A few of the rehabilitation techniques provided include:

- 1) Manual therapy – which consists of a variety of hands-on techniques to address bone and muscle pain and dysfunction.
- 2) Therapeutic exercise, including programs customized for each patient using state of the art rehabilitation equipment.
- 3) Modalities, which include therapy such as electrical stimulation and ultrasound used to re-educate muscles and decrease inflammation and pain as well as anodyne therapy used to decrease burning and numbness in hands and feet and other generalized pain.
- 4) Activities of daily living (ADL's) - consists of working on the tasks a person completes in their normal day (e.g. bathing, dressing, toileting, housekeeping driving and shopping, etc.).

Heritage Senior Behavioral Health



WHC Heritage Senior Behavior Health is an outpatient program that provides individualized treatment for older adults who are experiencing emotional, behavioral or mental health disorders. The program provides intensive outpatient treatment, offered Monday through Friday. Treatment through this program is offered in the least restrictive environment and allows patients to return home each afternoon. WHC Heritage Behavior Health program serves Pottawatomie, Riley and Wabaunsee Counties.

As a patient of this program, each participant will have the opportunity to work one on one with a therapist and clinical psychologist. Together as a team, trained clinicians will formulate a treatment plan that is specific to each individual's needs. Components of this program include:

- 1) Group-family-individual therapy
- 2) Grief and loss resolution
- 3) Medication management
- 4) Health and wellness training
- 5) Communication skills
- 6) Conflict resolution skills
- 7) Stress management
- 8) Assertiveness training

Signs and symptoms of depression in senior adults include:

- 1) Anxiety
- 2) Anger
- 3) Low self-esteem
- 4) Agitation, combative behavior
- 5) Confused thoughts
- 6) Loss of concentration
- 7) Crying
- 8) Suicidal thoughts
- 9) Depression
- 10) Disorientation and/or failing memory
- 11) Irritability and social isolation
- 12) Unresolved grief
- 13) Paranoia, hallucinations, delusions
- 14) Change in eating or sleeping patterns

Imaging Services

The WHC Imaging Services Department is staffed 24 hours a day seven days a week. The highly trained staff is prepared to provide X-rays, ultrasounds, mammograms, CT scans, MRIs or other diagnostic procedures when needed and ordered by the patients' physician.

Laboratory Services

WHC's highly skilled ASCP certified medical technologists/technicians, phlebotomists and staff provide prompt, friendly and accurate results to aid in the diagnosis of medical conditions.

Nutrition Services



WHC's nutrition department is staffed by a registered dietician who provides the patient and their family with individual nutrition counseling and educational support for a variety of health concerns including: diabetes, cardiac rehabilitation, Crohn's disease, food allergies and cholesterol reduction to name a few.

Specialty Clinic Services

WHC works with a variety of physicians to bring specialty care to Wamego. The Specialty Clinic is housed within WHC and includes the following types of specialists: cardiology, gastroenterology, general surgery, nephrology, oncology, ophthalmology, orthopedics, otolaryngology, podiatry and urology.

Splash into Summer

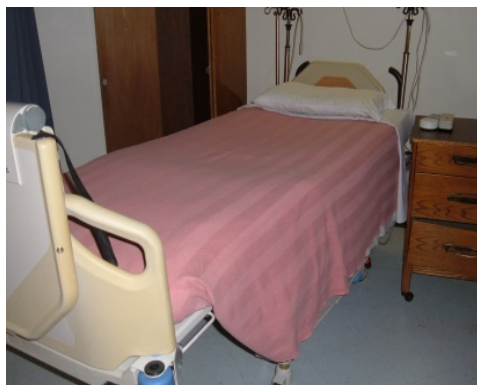
This program is a special speech therapy summer program for kids in need of extra speech and language services over the summer months. These private speech therapy sessions are customized to address the specific needs of each individual child, with a new ocean themed activity every week.



Surgical Services

Surgical services provided at WHC by the highly skilled physicians include: orthopedics, podiatry, ear, nose and throat, general surgery, colonoscopy and endoscopy procedures.

Swing Bed Program



WHC's swing bed program is a Medicare sponsored program that provides extended care to individuals needing additional time to rebuild their strength following an acute illness or surgery. The goal of this program is to help patients return to their home and live independently or with the help of community resources. Swing bed patients must have had a three day in-patient stay at any hospital and a need for either I.V. therapy or a need for one of the following: physical, occupational or speech therapy. Patients who may need a swing bed include, but not limited to, surgeries (e.g. hip replacement, repair, fracture; knee replacement; spinal surgeries; stroke or certain brain injuries; wound care; cardio/pulmonary conditions or malignant/end-stage disease care.)

Wamego Family Clinic

The Wamego Family Clinic is committed to excellence in patient care by delivering comprehensive healthcare that is personalized, compassionate and respectful. The WFC includes highly qualified Family Practice physicians, an Internal Medicine specialist and nurse practitioners. These providers offer wellness services, preventive care and a treatment of a wide variety of medical conditions. The WFC services include:



- 1) All care and wellness from birth to seniors
- 2) Acute Care: sudden onset of illness
- 3) Pediatric immunizations with well-child exams
- 4) Routine exams
- 5) Illness, sore throats, cold and flu symptoms
- 6) High cholesterol
- 7) Blood sugar problems
- 8) Treatment for skin rashes or warts
- 9) Well Woman exams
- 10) School and sports physicals
- 11) CDL physicals
- 12) Referrals
- 13) Minor surgical procedures

Wamego Family Clinic offers convenient walk-in services for urgent (non-emergent) care needs. Our team of experienced providers provides compassionate care for our Wamego Community. The Walk-In Clinic is housed inside the Wamego Family Clinic and is open from 7 a.m. to 7 p.m. Monday-Saturday.

COMMUNITY HEALTH NEEDS ASSESSMENT (CHNA) METHODOLOGY

Description of CHNA Process and Methods

The 2018 Community Needs Assessment is the fourth such survey of Pottawatomie County residents conducted by Wamego Health Center either as an individual ministry or in partnership with other community organizations. The first one, conducted in 2010 was based on interviews conducted with individuals representing businesses, healthcare providers, government agencies, school districts, faith communities and other not-for-profits in Manhattan, Wamego, Ogden and Junction City. The 2012 CHNA, conducted by Via Christi Health, focused solely on the health care needs of the aging population in all of the Via Christi Health markets, including Wamego. The 2015 CHNA conducted by Wichita State University's Center for Community Support and Research was lead and coordinated by Riley County Seniors' Service Center through a grant from the Caroline Peine Charitable Foundation (Manhattan Fun) and in which Via Christi Hospital in Manhattan (called Mercy Regional Health Center at the time), Konza United Way, Riley County Council on Aging and Wamego Health Center were funding partners. All of these assessments are available for download on Via Christi's webpage <https://www.viachristi.org/about-via-christi/mission/community-benefit>. The 2018 CHNA is being conducted in both Riley and Pottawatomie Counties and is covering Via Christi Hospital in Manhattan as well as Wamego Health Center in Wamego, Kansas.

How Data was Collected

The 2018 CHNA gathered data from three major sources:

- Primary data collected from residents submitting their responses to printed surveys or available on-line through the VCH-M and Wamego Health Center (WHC) websites. Appendix I has a copy of the survey instrument used to gather data, Appendix II shares the open-ended remarks made on the survey and Appendix V is a spreadsheet reflecting cross-tabulation analysis of responses based on selected variables. This survey was distributed in Riley County by VCH-M and in Pottawatomie County by WHC.
- **There were a total of 781 respondents with 328 identifying Riley County as their home base and 303 identifying Pottawatomie County.** Of the 781, 68 (8.7%) of the respondents returned a paper copy of the survey with the majority of others using the electronically available SurveyMonkey, version. The Riley County analysis is a separate document but is available online from Via Christi Hospital in Manhattan.
- One focus group was in Pottawatomie County and two in Riley County to measure the status of health care in the Wamego/Manhattan areas by looking at the strengths, weaknesses, new trends, missing services, etc. Appendix III identifies who took part in the focus group discussions and the organizations represented and Appendix IV summarizes the take-away points from the focus group discussions.
- Secondary data collected by others but shared in written reports or articles available for download from the internet were used when appropriate. All sources used for this part of the analysis have been appropriately identified in the footnotes.

This CHNA, like all the others conducted, used a structured, data-driven process designed to identify the extent and depth of community needs when it comes to health care services. The primary purpose of this CHNA is to help WHC and others identify and prioritize the significant health needs of Pottawatomie County. The priorities identified in this report will help guide the hospital's leadership in assessing their community health improvement programs and community benefit activities, as well as its collaborative efforts done in conjunction with other area organizations that share in the mission to improve community health. This CHNA also meets the reporting requirements of the Patient Protection and Affordable Care Act that not-for-profit hospitals conduct a community health needs assessment at least once every three years and makes it publicly available for others to review and use.

One limitation of this CHNA is that the survey did not use a scientific randomly selected distribution method like in past years but rather paper copies of the survey were left at the Community Health Ministries Clinic, WHC and Three Rivers for those who prefer to answer surveys in paper format. In addition, the CHNA was promoted on the hospital's Facebook page and a public media promotion that ran for 43 days reaching more than 5,800 individuals.

The general public was also informed about this effort through a radio talk show hosted by KMAN in which the listening audience was directed to the VCH-M website that housed the survey link. While this effort may not have been scientifically sound, these aforementioned efforts did reach out to the community in public places to personally invite residents participation, especially those who frequent the public sites listed above. Despite the outreach efforts, target populations representing young adults, Hispanics and other minority groups, as well as those from low-income households are not proportionately represented. However, this is all too often the case when it comes to current primary research efforts. As a result, where applicable, outside secondary data resources are used to validate some of the CHNA findings.

COMMUNITY HEALTH NEEDS ASSESSMENT FINDINGS

SOCIODEMOGRAPHIC CHARACTERISTICS OF SURVEY RESPONDENTS

Responding to survey research is on the decline as many research studies have shown over the last decade. Given that is indeed the case, research professionals are very much concerned about the validity of the results being accurate regardless of the outreach efforts employed as the public is getting bombarded daily on landlines, cell phones, mail, malls, schools, and work regarding their opinions about a variety of subjects centering on customer service, job satisfaction, political views, etc. Restaurants, where you eat lunch, and hotels, where you last slept are also asking about your personal experience and offering discounts for your next sandwich or stay. So, consumers are coming to expect some sort of reward for sharing their opinions. As a result, survey responses should be just one tool used in setting priorities for communities who are mapping out a strategic plan to improve the quality of life or health of their residents.

This lack of response is not unique to the United States as researchers around the world are experiencing the same phenomenon when it comes to declining response rates and no matter what the survey is researching, men are the least likely to respond, while older women are the most likely.^{xi} The same is definitely true for this survey and can be seen in Tables 1 below as females are proportionately over represented when compared to the latest population projections for Riley County.

Gender	Survey Respondents	Pottawatomie County Population (2017 U.S. Census Est)
Female	83.5%	50.4%
Male	16.5%	49.6%

Age	Survey Respondents	Pottawatomie County Population (2017 U.S. Census Est)^{xii}
Under 18	0.0%	27.7%
18 to 24 years	2.3%	8.6%
25 – 34 years	20.7%	17.0%
35 – 49 years	36.5%	18.3%
50 – 64 years	26.9%	16.3%
65 – 74 years	7.6%	6.0%
75 years and older	5.9%	6.1%

Women, regardless of age category, tend to out respond their male counterparts on surveys. However, on this CHNA, male respondents between the ages of 50 to 64 and 75 and older out responded their female counterparts and nearly tied with those between the ages of 25 to 34. See Appendix V for age breakout respondents by gender.

While previous research shows that the majority of women make the health care decisions in their family and given that more than 77 percent of the respondents are married, it is not surprising that the women in the households 49 years and younger were more willing to respond to the survey questions focusing on health.^{xiii}

The bulk of the Pottawatomie County 2018 CHNA respondents are residents of Wamego, as more than 64 percent of these respondents identified their zip code as 66547. Nearly 97 percent of the respondents identified their primary race as Caucasian. Table 3 shows the race and ethnic breakout for Pottawatomie County for both the CHNA and the 2016 Census. The rate of response by minority populations for the 2015 CHNA was 1.8 percent and in 2018 it is 3.3 percent. However, respondents who identified themselves as multiracial did increase from 0.8 percent in 2015 to 1.0 percent in 2018. Although neither of these response rates is ideal when conducting community assessments, community leaders should also take into account the impact of education, household income, employment, current health status in addition to race when looking for trends of health access and outcomes.

Race or Ethnicity	2018 CHNA Respondents	Pottawatomie County Population (2016 U.S. Census Est)^{xiv}
American Indian	0.3%	1.0%
Asian	0.3%	1.0%
Black	0.0%	1.4%
Caucasian	96.7%	94.3%
Pacific Islander	0.0%	0.1%
Two or More Races	1.0%	3.6%
Hispanic	1.7%	5.3%

While only 1.7 percent of the 2018 CHNA respondents identified themselves as Hispanic, this is more than the 0.6 percent for the 2015 CHNA. However, as one can easily see from Table 3, the Hispanic and Latino population continue to be underrepresented when compared to the general public.

According to the 2012-2016 American Community Survey, there were estimated to be 9,066 total housing units in Pottawatomie County in 2016 with a median value for owner-occupied houses at \$165,900. All households were projected to have a median household income of \$62,500.^{xv} The median household income for those responding to this year’s CHNA was estimated to be \$86,228.

Table 4 shows the annual household income of CHNA survey respondents along with the 2016 income and benefit data taken from the American Community Survey.

Amount	2018 CHNA Respondents	Pottawatomie County Households (ACS)
Less than \$10,000	2.7%	5.8%
\$10,000 - \$14,999	1.7%	2.8%
\$15,000 - \$24,999	3.1%	8.6%
\$25,000 - \$34,999	5.1%	8.7%
\$35,000 - \$49,999	14.3%	12.5%
\$50,000 - \$74,999	23.6%	23.1%
\$75,000 - \$99,999	24.9%	15.2%
\$100,000 - \$199,999	21.8%	20.3%
\$200,000 or more	2.7%	3.0%

So, even though outreach efforts were made to get more low income people involved in this CHNA effort, they are still underrepresented when compared to the census data. Note when compared with the 2015 CHNA only 5.9 percent of the respondents reporting household incomes of less than \$25,000 while this year's CHNA increased the size of this respondent group to 7.5 percent.^{xvi}

According to the Census Bureau *Quick Facts*, 95.4 percent of Pottawatomie County residents over the age of 25 years reported graduating from high school or higher with 32.0 percent reporting they had received a bachelor's degree or higher. How the 2018 CHNA respondents level of education compares with the 2015 CHNA is shown in Table 5.

Education Level	2018 CHNA Respondents	2015 CHNA Respondents
Less than 9 th grade	0.3%	0.0%
9 th – 12 th grade, no diploma	0.7%	1.0%
High school graduate or GED equivalent	7.3%	6.6%
Associate's degree or vocational training	19.8%	11.7%
Some college (no degree)	13.9%	13.3%
Bachelor's degree	31.0%	25.7%
Graduate or professional degree	27.0%	17.7%
No response	0.0%	24.0%

More than 77 percent of the 2018 CHNA respondents are married. This is about 17 percent higher than the previous CHNA. It is interesting to note that more single, never married; more divorcees, and more not married but living together respondents participated in the 2018 CHNA. Table 6 compares the respondent breakout for both CHNA efforts.

Marital Status	2018 CHNA Respondents	2015 CHNA Respondents
Single, never married	6.0%	2.9%
Married	77.4%	60.0%
Divorced	8.6%	6.8%
Widowed	4.0%	5.1%
Not married, but living together	3.7%	1.0%
Domestic partnership or civil union	0.3%	0.0%
No response	0.0%	24.2%

When respondents were asked if they are currently or if they had been a member of the Armed Services more than seven percent identified that they are or have served in the military in the 2018 CHNA. This is down from the 2015 CHNA when nearly 11.0 percent stated they were either engaged or had served.

When asked what their military status was right now, in 2018, 4.6 percent of the respondents stated they are currently active. However, of those who had a background in the military, there was an increase in the number of respondents who identified themselves as now being disabled or injured. In 2018, 4.6 percent of the respondents stated they were disabled or injured and in 2015, less than one percent identified themselves in this category.

When it came to the question of employment status, nearly 63 percent of the Pottawatomie County respondents indicated they were employed full-time with one job compared to 58 percent of all respondents. How the current respondents compare with the 2015 CHNA Pottawatomie respondents' employment status is summarized in Table 7.

Table 7: Employment Status		
Employment Status	2018 CHNA Respondents	2015 CHNA Respondents
Self-employed	3.4%	5.5%
Employed full-time (one job)	62.7%	39.0%
Homemaker	3.7%	4.1%
Disabled	1.3%	1.4%
Unemployed for more than one year	0.0%	1.0%
Unemployed for 1 year or less	0.7%	0.0%
Working more than one job	8.4%	6.2%
Employed part time	9.1%	5.3%
Retired	9.4%	12.5%
Other/Not answered	1.3%	24.8%

Other sociodemographic variables that were asked for both CHNAs efforts are listed below in Table 8. The 2018 CHNA respondent group appears to have increased the percentage of students, as well as the percentage of faith participants in this research effort when compared to the previous CHNA. Having the survey promoted through various media outlets may have appealed more to some especially the younger generation. Know that of the 28 students CHNA respondents who are taking credit courses, 64 percent of them are doing so at a 4 year college or university.

When asked about participation in a religious faith community, Pottawatomie County respondents were more likely than Riley County or other county respondents to identify that they do participate regularly in a faith community. Nearly 61 percent in Riley County and 59 percent in other county respondents identified affirmatively in this question. This year respondents were more likely than the 2015 Pottawatomie County respondents to identify an affiliation with a faith community as well.

Table 8: Other Sociodemographic Variables Tracked		
Variable Description	2018 CHNA Respondents	2015 CHNA Respondents
Yes, I am a student taking courses for credit	9.0%	5.5%
Yes, I am attending a 4-yr college or university	64.1%	51.8%
Yes, I do participate in a religious faith community	65.3%	52.4%

It is quickly apparent in this research effort that we have become a mobile/technological society as more than 69.6 percent of all Pottawatomie respondents in the 2018 CHNA stated they get their news about community events through social media (Facebook, Twitter, etc.). This nearly doubles the 36 percent who answered the same question in the 2015 CHNA. When asking the respondents how they access the internet, most respondents indicated they have multiple ways and the most popular forms are through a home computer and a mobile application of some form. The percentage of these two forms has increased dramatically since the 2015 CHNA. See Table 9 for specific breakout.

Method of Access	2018 CHNA Respondents	2015 CHNA Respondents
Home computer	76.2%	64.1%
Public computer	3.7%	2.9%
Work computer	38.6%	42.1%
Mobile (table, cell phone, etc.)	74.8%	47.8%
I don't access the internet	2.3%	2.7%

Personal Health

When asked how you get most of your health-related information, 81.2 percent of the Pottawatomie County CHNA respondents reported from a doctor or nurse with the internet coming in second at 61.4 percent and friends and family third at 31.4 percent. This pattern seems to hold true regardless of gender, age, county lived in, self-reported ratings of physical and/or mental health or health care access. The only variable that deviates from this ranking is household income. When annual household income is \$15,000 or less, these respondents report they rely more on the internet (75.0%) than on a doctor or nurse (66.7%). However, even in this respondent group, friends and family still maintains the third top position at 33.3 percent.

Table 10 compares the 2018 CHNA with the 2015 CHNA responses and further breaks out the respondent groups by either Riley or Pottawatomie County for area differences. The top three responses for each respondent group were the same. Notice the growth in the number of respondents who go to the internet for their medical information. However, there are some noticeable differences as well – such as books/magazines show-up more in the 2018 CHNA as a resource for health related information than they did in the 2015 CHNA. In addition, places that seems to have less importance as a resource in getting health information includes church, health departments, child's school, friends/family and help lines. Places that gained prominence as a resource, in addition to books/magazines, includes pharmacists, doctor/nurse, hospitals and the internet.

Source	Community Health Needs Assessment					
	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Books/magazines	20.9%	10.7%	22.6%	9.4%	18.8%	13.8%
Church	1.4%	3.5%	1.2%	3.4%	2.3%	3.9%
Health department	6.3%	7.5%	7.3%	8.2%	5.9%	6.0%
My child's school	3.6%	4.7%	4.3%	4.4%	4.0%	5.7%
Help lines	0.6%	1.3%	0.6%	1.4%	1.0%	1.0%
Pharmacist	25.5%	20.1%	25.3%	20.6%	24.4%	18.9%
Doctor/nurse	78.4%	73.9%	76.8%	73.6%	81.2%	74.5%
Hospital	18.2%	16.1%	18.3%	15.5%	18.5%	17.2%
Friends/family	32.9%	37.3%	34.8%	38.5%	31.4%	34.5%
Internet	66.3%	51.4%	68.6%	54.1%	61.4%	45.4%
Other	5.1%	21.4%	4.9%	21.9%	6.9%	20.1%

When asked to rate their overall health, nearly 50 percent of all 2018 CHNA respondents indicated their health was “very good to excellent”. However, that is down from 59.5 percent from the 2015 CHNA. Respondents living in Riley County were more likely to rank their health status higher than Pottawatomie County but the overall ranking was down from the 2015 CHNA. In looking at just the rating of “excellent” one can see that this rating has fallen from the previous CHNA for all respondents as well as for respondents living in Riley and Pottawatomie Counties. See Table 11 for a breakout of responses.

It is interesting to see the shift away from “excellent and very good” to just “good”, even though Riley County ranks third and Pottawatomie County ranks fifth in the 2018 Robert Wood Johnson’s *County Rankings* out of 103 counties in health outcomes.^{xvii}

Table 11: How Would You Describe Your Overall Health?						
Community Health Needs Assessment						
Rating	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Excellent	9.8%	20.0%	11.6%	20.3%	9.5%	18.9%
Very good	39.9%	39.5%	41.3%	39.3%	35.9%	39.8%
Good	36.6%	27.6%	36.8%	27.4%	37.5%	28.1%
Fair	11.5%	6.8%	7.9%	6.4%	14.5%	7.8%
Poor	2.2%	1.2%	2.13%	1.5%	2.6%	0.6%
Not sure/Not answered	0.1%	4.9%	0.3%	4.7%	0.0%	4.5%

What may be causing this decline in health self-report rating? Respondents for the 2018 CHNA who were more likely to identify their health status as very good to excellent were females between the ages of 18 and 34, more likely to get an annual flu vaccination, regularly exercise for three or more hours a week, rate their mental health as very good to excellent, have a master degree or more, have annual household incomes above \$200,000 a year and participate in a faith community.

Interestingly enough, the respondents in the 2018 CHNA age 65 years and above are the second highest age group to identify their health status as very good to excellent as nearly 51 percent of this respondent group ranked their health this high compared to nearly 56 percent of the respondents between the ages of 18 and 34. To be fair and balanced though, nearly 18 percent of the age 65 years and above group also had the highest proportion of respondents to identify their health as fair or poor.

In looking at specific diseases, the majority of respondents identified they had not yet been diagnosed with any major illnesses. But if they were having health related challenges, it was more likely to be from high blood pressure or high cholesterol. See Table 12 for the specific breakout of diseases listed.

Some variables shows a positive decline (e.g. high cholesterol and heart disease) but keep in mind that the swing may be due more to the population of survey respondents (e.g. respondents with insurance coverage, higher household incomes, medical home, etc.) and/or due to the qualifier of “diagnosed”.

When comparing the 2018 CHNA data with the previous CHNA, the percentage of people getting an annual flu shot has increased. There could be two explanations for this increase in the 2018 CHNA. One could be more people are in fact getting the annual flu vaccination or two, the 2018 CHNA was filled out by more people who are proactive in their own health care, are now covered by insurance and can afford the vaccination and/or outreach efforts made throughout the area has made a larger impact in getting more people vaccinated.

Table 12: Diagnosed by Health Professional with Following Diseases						
Community Health Needs Assessment						
Rating	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Alzheimer's/dementia	0.3%	0.5%	0.0%	0.4%	0.7%	0.6%
Cancer	8.2%	7.1%	7.9%	7.3%	8.9%	6.8%
Chronic lung disease	2.4%	2.2%	2.1%	2.5%	2.3%	1.6%
High cholesterol	17.8%	21.5%	20.4%	22.6%	17.2%	18.9%
Heart disease	3.6%	4.8%	4.0%	5.0%	4.0%	4.3%
Diabetes	8.6%	8.1%	9.8%	7.7%	10.0%	8.8%
High blood pressure	27.9%	23.6%	29.6%	23.4%	28.2%	24.0%
None of these	57.5%	32.2%	55.8%	31.1%	56.0%	35.0%

More than 96 percent of all survey respondents identified were covered by health insurance. Of the nearly 4 percent who did not have coverage, they were most likely to indicate that health care access was not available to them, worry more than others about having an adequate food supply, more apt to be male, more apt to identify their mental health status as being fair or poor, between the ages of 50 to 64 years old, have a high school or general education diploma, have an annual household income between \$15,000 to \$34,999 and less likely to participate in a faith community on a regular basis.

When asked whether or not the respondents consult a professional when they are sick, 84.3 percent of the respondents said yes they did. Although quite a few shared they try to remedy their illnesses themselves but after a few days, if they're not feeling better or still running a high fever, they will give in and go see a professional. Of the nearly 16 percent who said they do not consult a health care professional when they are sick, the reasons are varied but usually center around not wanting to miss work, the cost of seeking professional help (both for the appointment itself or the copay if insured), or the challenge of trying to schedule an appointment is the comment that came up the most. See Table 13 for a breakout comparison of health behaviors between 2018 and 2015 CHNA respondents by county.

Table 13: Health Behaviors Comparison						
Community Health Needs Assessment						
Rating	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Have health insurance	96.3%	92.4%	95.7%	92.6%	96.7%	92.8%
Consult a professional when sick	84.3%	87.7%	85.7%	87.1%	83.1%	88.9%
Received flu shot or nasal spray in the last 12 months	73.82%	62.9%	74.0%	64.7%	73.0%	58.5%

When asked where the respondents go most often when they get sick, the majority of them stated their doctor's office regardless of any other variable (e.g. gender, age, household income, etc.). It was the same response that resulted from the question in 2015 CHNA as well. Table 14 shows the responses for this question and the growing impact that urgent care centers are playing in the region on emergency rooms and medical clinics.

The vast majority of respondents agreed to the statement “I can access the healthcare I need in this community.” Over 81 percent of all respondents agreed with this statement of which 33 percent strongly agreed. This was an improvement in access since the last CHNA was conducted in 2015; however, one must keep in mind the sociodemographic differences between the various CHNA respondent groups so that those who are disenfranchised, uninsured, or come from low-income households may tell a different story. See Table 15 for a breakout over the last two CHNAs.

Table 14: Where People Go Most Often When Sick						
Community Health Needs Assessment						
Rating	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
My doctor’s office	82.5%	86.7%	81.5%	75.8%	81.9%	76.6%
Medical clinic	2.4%	5.2%	1.9%	4.1%	2.7%	5.7%
Health department	0.4%	0.8%	0.3%	0.8%	0.0%	0.4%
Urgent care center	9.8%	3.4%	10.5%	3.1%	10.4%	2.7%
Hospital emergency center	0.9%	1.5%	0.9%	1.5%	1.3%	0.8%
Free clinic	0.9%	0.6%	0.3%	0.5%	1.7%	0.4%
Other	3.0%	1.8%	4.6%	1.2%	2.0%	2.5%

Table 15: I Can Access the Healthcare I Need in This Community						
Community Health Needs Assessment						
Rating	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Strongly agree	33.3%	29.2%	32.8%	29.0%	34.7%	25.3%
Agree	47.8%	52.9%	48.0%	49.6%	47.9%	52.2%
Neither disagree/agree	9.6%	7.9%	8.5%	7.1%	9.2%	8.6%
Disagree	7.9%	6.8%	8.2%	6.6%	7.9%	6.4%
Strongly disagree	1.6%	3.2%	2.4%	3.0%	0.3%	3.1%

The respondents ability to access needed healthcare services have seem to improve as more people selected “strongly agree” in 2018 compared to 2015. In looking at the latest CHNA, it appears respondents who were most likely to select “strongly agree” were more likely male, do not worry about their food supply, rated their health status as excellent or very good, were over the age of 65, had a graduate degree, and had an annual household income between \$15,000 and \$34,999 and participate in a faith community. Given the household income and age of respondents, it is safe to say these respondents are now living off of their retirement income and are beneficiaries of Medicare. However, getting a medical home with Medicare coverage is more challenging than what it used to be given the government’s reimbursement rates for taking care of aging patients. Some doctors are no longer accepting new Medicare patients so future access may not be as easy.

Physical Activity

When asked how many hours per week do the respondents engage in physical activity or exercise outside of their jobs, the majority of respondents selected between one and two hours, although three or more hours wasn’t that far behind. In Riley County, the majority of respondents indicated three hours or more which isn’t too surprising given it is a college town and has more resources available where people can go and

exercise if they so desire. The average number of hours spent in physical exercise in 2018 is less than what was reported in 2015. See Table 16 for a breakout by year of CHNA.

Table 16: Hours Per Week Engaged in Physical Activity or Exercise						
Community Health Needs Assessment						
Rating	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
None	4.6%	3.1%	3.7%	3.0%	6.3%	2.9%
Less than 1 hour	17.6%	11.8%	15.3%	10.6%	20.5%	12.7%
Between 1 – 2 hours	29.2%	26.1%	26.0%	25.7%	31.7%	22.8%
Between 2 – 3 hours	22.2%	22.5%	25.1%	20.2%	17.8%	23.8%
3 hours or more	26.5%	36.5%	30.0%	35.6%	23.8%	32.2%

It is interesting that respondents who exercise three or more hours a week, are also more likely than the other survey respondents to rate their physical and mental health as excellent or very good, do not worry about their food supply, participate in a faith community, have higher incomes and are male in gender.

Most respondents identified they exercise at home (65.2%), neighborhood (41.2%) in the park (22.2%) or at a private gym (21.8%). Others identified the public recreation center, school or specific locations. One theme that kept coming up through the various comments was how badly the area could use a YMCA facility that would offer aquatic activities (this suggestion came primarily from Pottawatomie County respondents).

Approximately 26.0 percent of all 2018 CHNA respondents disagreed that there are enough options for physical activity in their community. Of those respondents living in Pottawatomie County, 29.1 percent of them feel there aren't enough options compared to 26.9 percent in Riley County. However, it should also be noted that 46.1 percent of Pottawatomie County and 53.6% of Riley County survey respondents agreed that their community already had enough options for physical activities.

Respondents were asked to explain why they don't exercise and numerous reasons were given. Some were health related which resulted in them having to limit their physical activities, some wished they had access to an affordable indoor therapy pool so they could do water aerobics. Some suggested there just isn't enough time in the day to get much exercise in and several suggested that between school, work and required work around their home, they didn't have energy or time to do more. Only a few admitted to not making exercise a priority due to choice or laziness on their part. One said they would probably regret their decision as they got older. See Table 17 for other reasons given for not exercising. Note some respondents gave more than one reason and others skipped so may not add up to 100 percent.

Nutrition

How a community values certain healthy characteristics also influences the behaviors exhibited by its residents. Researchers have been studying the differences in health outcomes on populations for years, including research that adjusted the outcomes beyond the individual characteristics of the neighborhood. Health disparity studies are routinely conducted by health departments, medical schools, health practitioners, sociologists and many others who are interested in weighing the impact factors such as environment, housing, civic and faith participation, culture, education and literacy, food supplies, social service programs and others have on people's health outcomes. That is why a series of questions regarding food supply, diet selection and faith-based affiliation were asked in the CHNAs to weigh the importance the community gives to certain health related behaviors.

Table 17: Main Reasons for Not Exercising Weekly						
Rating	Community Health Needs Assessment					
	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
My job is physical or hard labor	6.5%	5.6%	8.0%	6.0%	5.7%	4.5%
Exercise is not important to me	2.5%	3.0%	3.6%	2.4%	1.4%	4.5%
Don't have access to a facility that has the things I need (e.g. pool)	8.2%	NA	6.6%	NA	9.2%	NA
Don't have enough time	26.5%	26.6%	20.9%	26.5%	31.2%	26.8%
Would need child care and I don't have it	8.4%	2.6%	5.6%	3.6%	11.7%	0.0%
Don't know how to find exercise partners	4.5%	3.4%	3.6%	3.6%	4.3%	3.0%
Don't like to exercise	14.4%	21.0%	12.6%	19.9%	16.7%	23.9%
It costs too much to exercise	11.5%	8.2%	11.3%	9.6%	11.4%	4.5%
There is no safe place to exercise	1.4%	0.0%	0.7%	0.0%	1.1%	0.0%
Other reason given	10.4%	29.6%	11.3%	28.3%	11.0%	32.8%

On the questions does “this community value physical activity,” or does “this community value healthy eating”, the responses are interesting. It appears from most respondents that the community values physical activity more than healthy eating but even that value is perceived to have declined over the last three years. See Table 18 for a specific breakout of the responses.

Table 18: Perceived Importance of Select Community Values						
“Agree to Strongly Agree”	Community Health Needs Assessment					
	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
This community values physical activity	53.5%	64.8%	59.3%	62.5%	49.7%	54.9%
This community values healthy eating	36.2%	45.4%	39.0%	43.6%	32.4%	38.8%

The responses to these two questions are similar in terms of how the respondents perceive their community. On the one hand, residents do value physical activity but it appears they also like food products that are not necessarily healthy but may be quick and easy to accommodate their lifestyles. One wonders how many times a person drives through a fast-food restaurant to pick-up a hamburger and fries on their way to the gym or to a child’s soccer game? Sometimes convenience wins over healthy food choices!

In 2017, Manhattan was ranked 22nd in the *Top 100 Best Places to Live* because of its livability scores. In 2018, the City jumped up to number two! The city competed with more than 2,300 cities with populations between 20,000 and 350,000 on 40 data points selected by the research partnerships.

Some of the rankings were based on economics, housing, amenities, infrastructure, demographics, social and civic capital, education and health care. While Wamego isn't large enough to be considered in this ranking, they are a few miles down the road and its residents can take advantage of many of the services and amenities the City of Manhattan has to offer.^{xviii}

In a 2014 interview given for the ranking of Manhattan as one of the top places to live, Wynn Butler, former mayor of the City of Manhattan, was quoted as saying, "We like the four seasons in Manhattan, and the climate, temperature and fresh air of the Flint Hills are major reasons we have a healthy population. Add our parks, trails and community-sports program, and you can see an active, fit Manhattan population. As a bike-friendly city, we have not only recreational trails but a few bike boulevards to help enthusiasts ride to work."^{xix}

It appears that more than half of the Riley County respondents, most of which came from the City of Manhattan, still agree with their former mayor about the community's support for physical activities. However, residents in the neighboring County of Pottawatomie were the ones most vocal in writing additional notes in their survey wanting access to a YMCA that would offer an indoor swimming pool, especially by older citizens who could use the pool for water therapy treatments. So, they perceive the livability of their area to be lower than Manhattan residents when looking at the respondents by county.

While more than 68 percent of all respondents reported they can access healthy food in their community when needed; there is a wide difference between counties. For respondents living in Riley County, 78 percent of the respondents either agreed or strongly agreed with this statement. In Pottawatomie County, only 56 percent of the respondents felt the same way when it came to their ability to access healthy food.

In order to address this concern for fresh food, the Wamego community has partnered with organizations, including the Wamego Health Center, to establish a community garden to make vegetables free of charge to those willing to go and pick them from the plants. Unclaimed excess produce are then picked and donated to the food pantry to distribute to the low income who comes in to them for assistance.

More than 84 percent of all respondents indicated they are not concerned about having enough food for them and/or their family to eat regardless of what county they lived in. But that doesn't mean it isn't happening, as nearly eight percent of the respondents from Riley County and just over five percent of Pottawatomie respondents identified they are concerned about having enough food. When you add the respondents who are sometimes worried with those who are constantly worrying the percentage doubles from 7.3 percent to nearly 16 percent for all respondents.

Interestingly the male respondents were more likely to respond they are concerned about having enough food for them and their families than female respondents. Sixteen percent of the men and nearly 15 percent of the women stated they worried or sometimes worried about having enough food in their households.

Respondents who perceive their health status as fair or poor are three times more likely to identify this as a concern for them and their families. Worrying about household food supply was a variable that was analyzed as a cross-tab and additional correlations can be found in Appendix V.

Just more than 39 percent of all respondents in the 2018 CHNA stated they eat fruit and/or vegetables at least twice a day. That compares to 31 percent for both Riley and Pottawatomie Counties in the 2015 CHNA. Table 19 shows the comparison for each CHNA and counties to get a better understanding of the healthy food selections respondents are making.

One can see from Table 19 that while more respondents are choosing to eat fruit/vegetables at least once or twice a day, those eating them more frequently throughout the day has in fact decreased since the 2015 CHNA. The top three reasons why respondents are not eating more fruits and vegetables are:

- They perceive these products cost too much,
- They don't have time to purchase and prepare them
- They, or members of their family, don't like all or some of the healthy foods available

When the respondents were asked if they eat healthy foods, nearly 65 percent answered in the affirmative that they do. Respondents from Riley County were more likely than the Pottawatomie County respondents to report this as can be seen in Table 20.

Table 19: In a Typical Day, How Many Times Fruit/Vegetables are Consumed						
Community Health Needs Assessment						
Number of Servings	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
None	2.5%	1.1%	2.1%	0.8%	2.0%	1.6%
One	23.4%	14.3%	21.0%	14.7%	26.6%	13.5%
Two	39.0%	31.4%	33.8%	31.3%	42.1%	31.4%
Three	25.0%	27.8%	29.3%	27.3%	23.0%	29.1%
Four or more	10.0%	19.8%	13.7%	20.6%	6.3%	17.8%

Table 20: Overall, I Eat Healthy Foods						
Community Health Needs Assessment						
Responses	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Strongly agree	9.2%	14.1%	10.3%	15.5%	9.2%	10.9%
Agree	55.6%	59.6%	59.9%	57.9%	51.8%	63.2%
Neither agree or disagree	24.5%	14.3%	20.4%	14.6%	27.7%	13.6%
Disagree	9.5%	6.0%	8.5%	6.0%	10.6%	6.2%
Strongly disagree	1.2%	0.6%	0.9%	0.8%	.7%	0.0%

Smoking/Tobacco Use

When asked about their use of tobacco products, nearly 6.6 percent of the respondents identified they were currently smoking or using tobacco products. Respondents from Riley County were more likely than respondents from Pottawatomie to self-identify themselves as users. The overall rate of 6.6 percent is a slight decrease from the 2015 CHNA which was 7.6 percent. When the respondents who smoke/use tobacco products were asked where they would go if they wanted to quit, nearly 35 percent indicated their doctor. However, it should be noted that just more than 15 percent said they didn't want to quit.

Overall Health Needs

When asked to identify the top three physical health needs, the needs that rose to the top for all respondents was affordable health insurance, affordable health services and more facilities for physical activities. Table 21 shows the list of identified physical health needs with the response ratings. Although the top three issues for Pottawatomie County were affordable health insurance, facilities for physical activity and affordable health services.

Responses	Community Health Needs Assessment					
	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Access to healthy food options	20.9%	18.3%	14.5%	17.1%	28.8%	21.2%
Affordable health insurance	48.1%	28.2%	49.4%	29.9%	45.1%	24.2%
Affordable health services	39.5%	32.4%	45.1%	33.7%	32.3%	29.2%
Affordable prescriptions	26.2%	19.5%	26.9%	18.9%	23.4%	20.9%
Children health services	9.5%	8.0%	7.7%	7.7%	11.2%	8.6%
Dental care options	14.9%	13.9%	18.5%	14.3%	10.9%	13.1%
Maternal health services	7.0%	4.9%	8.0%	5.2%	6.4%	4.5%
Prevention of infant mortality	1.3%	0.8%	1.2%	1.0%	1.4%	0.4%
Healthcare assistance for older adults	14.9%	13.8%	14.8%	14.5%	18.3%	12.3%
Healthcare assistance for veterans	7.5%	7.1%	6.5%	7.8%	9.2%	5.3%
Increased number of healthcare providers	19.0%	15.5%	21.6%	16.2%	15.3%	13.9%
Availability of transportation for health services	11.1%	14.5%	11.1%	16.1%	11.9%	10.9%
Facilities for physical activity	28.9%	30.0%	24.4%	28.5%	34.6%	33.7%
Increased health education/prevention	17.4%	21.6%	15.1%	22.1%	18.3%	20.3%
Substance abuse prevention/treatment	13.6%	1.2%	12.0%	1.4%	13.9%	0.8%
Tobacco use cessation (quitting) services	4.6%	4.0%	3.7%	3.6%	5.4%	5.1%
Other	11.1%	12.3%	15.4%	11.2%	7.8%	14.8%

Overall, there were a few of the 2015 CHNA needs that apparently has shown some improvement over the last three years as the 2018 CHNA respondents rated them a little lower in importance (e.g. availability of transportation for health services, facilities for physical activities, and increased health education/prevention).

Needs having dramatic increases from the 2015 CHNA include: affordable health insurance, affordable prescriptions, affordable health services and substance abuse prevention/treatment. All but the last need (substance abuse prevention/treatment) were issues raised in the last presidential election so it could have been influenced by the media coverage and presidential debates.

Substance abuse is now becoming a more popular topic in the media because of the explosion of opiates and addiction across all walks of life regardless of socioeconomic circumstances. Research has shown that many substance abusers may also have mental health related issues or may have addictions that have gone undiagnosed or untreated.

Mental Health

Mental health has become a growing concern at all levels of government as resources have been slashed yet demand for services as not decreased. Jail cells, nursing homes, homeless shelters have all seen an increase population due to limited housing resources for people in need of mental health services who may not have other resources available for care or housing. When the CHNA respondents were asked to describe their mental health, more than half of all respondents stated very good to excellent. However, just over nine percent indicated their mental status as fair or poor. Table 22 summarizes the status of mental health for the CHNA respondents.

Responses	Community Health Needs Assessment					
	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Excellent	20.3%	43.2%	21.7%	43.0%	21.5%	44.6%
Very good	37.5%	31.9%	36.0%	32.0%	38.4%	32.0%
Good	32.4%	20.1%	32.6%	21.0%	30.5%	18.8%
Fair	7.4%	4.0%	7.3%	4.0%	7.3%	4.3%
Poor	1.9%	0.3%	1.5%	0.5%	2.3%	0.0%
Not sure	0.5%	0.5%	0.9%	1.0%	0.0%	0.2%

When asked if the respondents consult a mental health professional when their mental status is not good, 35.9 percent of them said no. With the increase in shootings throughout the country involving people with untreated mental conditions, law enforcement officials, healthcare providers and government officials are looking for new solutions on how to address this population in a cost effective, yet efficient manner. The local area has been hit hard in the last year with suicides so it is understandable that the awareness of this topic has impacted the perceptions and concerns of all, including respondents.

Participants in the focus groups, as well as the respondents to the 2018 surveys, believe that the governments (local, state and federal) need to devote more resources to address the needs of the mentally ill. This is not limited to Kansas but to almost every state in the Union as mental health has a tendency to rank very high in most community health assessments. So, the CHNAs conducted in Riley and Pottawatomie are no different. When asked if the community has adequate mental health services for people who need them, more than half of all respondents (51.3%) disagreed and 18 percent strongly disagreed with the statement.

When asked to identify the top three needs related to mental health in their community, the number one need identified was affordable mental health services. Table 23 shows the list of mental health needs identified and ranked previously for a comparative analysis.

Responses	Community Health Needs Assessment					
	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Affordable mental health services	63.4%	38.3%	68.0%	39.9%	57.8%	34.5%
Affordable prescriptions	18.0%	13.9%	18.4%	15.1%	16.2%	11.1%
Children mental health services	24.8%	18.0%	19.3%	17.0%	31.1%	20.3%
High quality mental health services	43.1%	30.8%	44.6%	31.6%	41.2%	28.7%
Increased mental health education/prevention	42.1%	27.2%	38.6%	27.7%	45.6%	26.1%
Increased number of mental healthcare providers	44.4%	26.2%	46.2%	27.2%	42.9%	24.0%
Substance abuse prevention/treatment	25.2%	20.1%	21.8%	19.0%	28.4%	22.6%
Availability of transportation for mental health services	13.5%	11.7%	10.8%	12.1%	16.2%	10.9%
Other	8.9%	4.9%	10.8%	5.3%	7.4%	3.9%

Social Issues

In asking the respondents about their own households and how they have been impacted by today’s social issues, very few are currently experiencing any negative issues. While that is good news overall, these self-reported behaviors that are perceived negative are difficult to identify until the issue becomes so big that the behavior is hard to hide. Table 24 compares these responses to the previous CHNA.

Children and Youth

Nearly 41 percent of all 2018 CHNA respondents identified themselves as being either a parent or a custodial grandparent/guardian for a child under the age of 18. Of those who are responsible for a minor child, 13 percent stated they are single parents, 9.6 percent indicated that their child has a developmental disability, 9.3 percent stated their child has a chronic disease and nearly 15 percent of the children had been diagnosed with a mental illness or emotional disturbance.

It appears that while the problem of substance use and domestic violence is still an issue in Pottawatomie County, the needle is moving in the right direction showing a slight improvement over the last three years. But law enforcement, health officials and schools must continue to work on this issue as a lot of work still needs to be done in stopping the problems from growing.

Table 24: Social Issues Impacting Respondents’ Households						
Social Issue Description	Community Health Needs Assessment					
	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Yes, I or someone in my household has a substance use issue	5.5%	5.4%	5.5%	5.2%	5.3%	5.8%
Yes, I or someone in my household currently experiences domestic violence	0.6%	0.8%	0.3%	0.7%	0.7%	1.2%
Yes, excluding mental illness, there are other adults living in my household who have a physical or developmental disability	13.3%	13.6%	14.8%	13.2%	13.0%	14.0%
Yes, there is someone in my immediate family that is currently homeless	1.25%	0.9%	1.8%	0.9%	0.3%	0.9%

When asked how well the community generally meets the needs of children and/or adolescents, 48 percent of all respondents identified recreational opportunities as the top need being addressed. The 48 percent represents all the respondents that selected either excellent or good. Where the communities seemed lacking is in their support for single parents, basic needs for low income children/youth and mental health services. See Table 25 for a breakout of this question and a comparison to the 2015 CHNA. All respondents regardless of whether they indicated having children or grandchildren were allowed to respond to this question. A large percentage of the respondents selected they did not know how well the community was meeting the needs of children and adolescents. As a result, the 2018 CHNA percentages are based only on those who could respond to the question so findings could be compared to the 2015 CHNA.

Table 25: How Well Community Meets the Needs of Children &/or Adolescents “Excellent or Good” Responses Only						
Need Description	Community Health Needs Assessment					
	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Prenatal care (pregnancy)	65.5%	74.3%	72.8%	77.1%	61.5%	68.2%
Postnatal care (birth through first year)	67.9%	77.1%	73.4%	80.1%	64.0%	71.0%
Parental support/training	39.9%	52.9%	46.7%	51.8%	35.7%	55.2%
Support for single parents	23.0%	32.6%	26.5%	31.1%	20.5%	36.0%
Needs of children/youth with disabilities	32.4%	58.7%	28.4%	56.2%	37.2%	63.9%
Dental health	56.2%	64.5%	52.5%	61.6%	61.9%	70.8%
Mental health	21.9%	41.3%	24.7%	41.1%	19.5%	41.9%
Physical health	58.4%	75.1%	58.4%	74.4%	59.6%	76.7%
Recreational opportunities	56.8%	67.2%	58.4%	70.2%	56.1%	60.2%
Basic needs of low income children/youth	21.7%	36.3%	21.7%	32.9%	20.0%	44.0%

Appendix V percentages will differ because they include the do not know responses which are important to have for planning purposes as people who do have children need to know about available services and programs.

Overall, it appears that all need areas have shown decreases in the way the respondents feel the community is addressing the needs of children and youth. The focus group discussions also felt tremendous lack of resources for the youth in areas of mental health, need for prenatal and early childhood care in particular.

When specifically asking the survey population to identify the top three health needs related to children (ranging from newborns to 12 years old) in their community, the top three responses were: affordable newborn to age five children care (37.3%), after school programs (35.0%) and financial assistance to families for nutrition, childcare, housing, etc.(31.1%). Other health needs for this population are listed in Table 26. Note how much of an increase is showing for bullying prevention. This topic has been getting national press coverage as internet bullying has been responsible for suicides and other violence.

Likewise, CHNA partners wanted to know what the survey respondents thought were the top three health needs related to teens (ranging in age 13 to 18 years old). The number one issue cited by nearly 38 percent of all respondents was appropriate internet/technology use (e.g. sexting, cyberbullying, etc.) Table 27 shows the comparative data between the two CHNA efforts.

It is interesting to note that all of the needs in Table 27 show an increase by the 2018 CHNA respondents. Some of the increase can be associated with events that have happened over the last three years, with a state-wide reduction in mental health, a lack of Medicaid expansion, an increase in young people committing suicide, an awareness of parents and other adults on the dangers of cyberbullying. Along with the increased awareness of opiate addictions and a focus on making better and healthier food choices to avoid obesity and to decrease a growing population of Type 2 Diabetes.

Table 26: Top Three Health Needs for Newborns to 12 Year Old Children						
Need Description	Community Health Needs Assessment					
	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
After school programs	35.0%	25.7%	30.7%	22.4%	40.9%	33.5%
Bullying prevention	30.2%	12.6%	26.5%	12.8%	35.0%	12.3%
Childcare for children – newborns to age 5	37.3%	21.5%	44.4%	23.4%	32.9%	17.0%
Dental care	10.5%	6.6%	10.8%	6.4%	9.1%	7.2%
Early childhood intervention programs	19.6%	12.6%	16.0%	14.0%	23.4%	9.4%
Financial assistance to families	31.1%	21.1%	32.0%	22.9%	29.0%	17.0%
Medical care	13.7%	6.3%	11.8%	6.6%	13.6%	5.7%
Mental health care	19.9%	8.2%	19.9%	9.1%	19.9%	6.2%
Mentoring programs for children	22.0%	15.0%	19.3%	14.7%	25.5%	15.8%
Nutrition programs	13.1%	10.7%	14.7%	11.6%	11.5%	8.4%
Parenting education/skills development	29.4%	18.2%	31.1%	18.3%	27.6%	18.1%
Services for children with physical/developmental disabilities	17.4%	7.0%	19.6%	10.0%	14.7%	0.0%

Table 27: Top Three Health Needs for Teens						
Need Description	Community Health Needs Assessment					
	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Appropriate internet/technology use	37.7%	12.9%	31.6%	13.7%	45.3%	11.1%
Bullying prevention	38.8%	13.0%	36.8%	14.2%	40.4%	10.3%
Relationship violence prevention	18.5%	13.0%	17.8%	14.2%	19.6%	10.3%
Dental care	5.1%	1.8%	5.9%	1.9%	4.2%	1.8%
Employment opportunity for teens	27.3%	21.3%	26.0%	21.4%	27.7%	21.1%
Medical care	6.4%	1.1%	7.6%	1.2%	4.9%	0.8%
Mental health care	29.5%	6.0%	32.6%	6.7%	26.7%	4.3%
Obesity prevention	19.7%	7.3%	21.4%	7.2%	18.3%	7.6%
Parenting education/skills development	20.7%	8.3%	19.7%	8.6%	23.2%	7.6%
Opportunities to contribute to community	26.9%	17.8%	26.6%	17.8%	28.4%	0.0%
Services for children with physical or developmental disabilities	11.2%	4.3%	13.5%	5.0%	8.4%	2.9%
Substance abuse prevention/treatment	26.9%	11.7%	22.7%	10.6%	30.9%	14.4%
Teen pregnancy prevention/sex education	16.3%	7.6%	19.7%	7.9%	12.6%	6.8%

The Senior Population

More than 65 percent of the 2018 CHNA respondents agreed or strongly agreed that the community is supportive of healthy aging. While 51 percent of the respondents agree that the necessary senior services are available in the community, another 16 percent disagree with that position and nearly 33 percent suggest they don't really know if they are or not.

When asked if the respondent is a caregiver for an older adult, 8.3 percent stated they were. Of that caregiver group, 66.1 percent said they are receiving the services they need. But services that are needed and not readily available or affordable included: appropriate affordable housing for someone that doesn't qualify for Medicaid, counseling for care options, affordable health insurance, home care for an elderly mother with dementia, more assisted living areas, respite care that is affordable, support group for those living with a depressed or anxious spouse and transportation for medical treatments.

When asking the respondents to choose the top three health needs of older adults in their community, one wrote on their survey – “Are you kidding me? How do you expect people to choose the three most important health needs out of this giant list of very important health needs?” What most survey respondents don’t understand is the limited amount of money available to address all needs, so priorities have to be identified for the most pressing needs impacting the most people. One organization, including our government, can’t fix all these problems but by prioritizing the problem and organizations acting as partners there is a chance to address some of the most pressing needs. That is the hope of this CHNA and the organizations it represents.

The top three health needs identified for older adults in this area included: affordable housing (36.0%), affordable prescriptions (34.5%) and access to daily meals (21.1%). Table 28 looks at the health needs of older adults in the community and how they compare today versus how they scored in the 2015 CHNA.

While some of the needs have remained stable over the last three years (e.g. independent living in a retirement community, safety, substance abuse, vision care, etc.) some needs identified in the 2015 CHNA have gotten increasingly worse for the aging population in the area (e.g. access to daily meals, affordable prescriptions, affordable housing, assisted living options, etc.). This may be due to the fact that Kansas is one of the top states for a growing elderly population and as this population continues to grow older, they will have increasing needs especially if their families no longer live in the area. Local governments and not-for-profit organizations will need to plan for this aging population as time lapses due to the proportionately large size that is in the area.

Accessing Community Information

Yesterday’s technology (e.g. television, radio, newspapers, etc.) for informing the public about community events has taken a back seat with newer forms of technology. Family and friends continues to be a popular venue for news by more than half of the 2018 CHNA respondents. See Table 29 for specific breakout. It appears that in 2018, most people rely on social media, family/friends and the internet for keeping them abreast of community events and news. It is amazing to see that in just a period of three years, the importance of social media has grown increasingly important as a way to stay connected to the world around us – both locally and globally.

Social media is being used by all respondents, regardless of gender, age, annual household income or level of education according to the findings of the 2018 CHNA. As far as what group of respondents are most likely using social media it would be females (74.5%), respondents between the ages of 18 and 34 (85.9%), respondents living in a household with an annual income between \$50,000 to \$74,999 (78.8%) and respondents with at least a bachelor’s degree (79.2%).

Appendix V of this document shows the rate of response, as well as the total frequency of response for each question. Included in this appendix is also a cross tabulation analysis on the CHNA responses to questions asking the respondents self-health status rating on physical and mental health; whether they received their annual flu vaccine; whether they can access the healthcare services in the area when needed; how many hours per week they spend exercising; whether or not they worry about food supplies for them or their family; gender; age; level of highest education achieved; annual household income or whether they belong to a faith community.

Need Description	Community Health Needs Assessment					
	All Respondents		Riley County		Pottawatomie County	
	2018	2015	2018	2015	2018	2015
Access to daily meals	21.1%	7.3%	21.0%	8.3%	21.8%	4.7%
Affordable prescriptions	34.5%	12.0%	38.2%	12.5%	30.5%	10.9%
Affordable housing	36.1%	20.6%	38.8%	21.8%	36.1%	17.9%
Assisted living options	18.1%	8.6%	16.2%	8.0%	22.1%	9.9%
Caregiver support	15.3%	10.8%	14.6%	11.5%	16.5%	9.0%
Day programs	11.7%	6.9%	9.7%	6.5%	14.4%	8.0%
Dental care	4.6%	2.7%	5.8%	2.8%	2.5%	2.5%
Ease of mobility in the community	13.1%	12.7%	15.2%	13.3%	10.5%	11.3%
Elder abuse	3.0%	1.1%	2.9%	1.2%	2.8%	0.6%
Health insurance	14.2%	5.9%	13.9%	6.1%	13.7%	5.3%
Home health care options	13.7%	10.8%	13.6%	11.7%	12.3%	8.8%
Hospice care	2.1%	1.7%	1.3%	1.7%	2.8%	1.6%
Independent living in a retirement community	6.3%	6.3%	5.2%	5.5%	7.4%	8.2%
Independent living in the home	18.9%	17.6%	21.7%	18.7%	15.8%	15.2%
Long term care options	12.3%	7.3%	12.3%	7.2%	11.9%	7.6%
Medical care	7.6%	8.0%	8.4%	8.9%	7.0%	6.0%
Memory care options/dementia support	11.5%	6.0%	11.0%	6.1%	11.9%	5.5%
Mental health services	7.6%	5.4%	7.4%	6.0%	6.3%	3.9%
Personal care services	9.3%	4.6%	9.4%	5.1%	8.8%	3.5%
Respite services for caregivers	9.6%	6.6%	10.7%	6.7%	8.8%	6.6%
Safety	3.8%	2.5%	3.9%	2.8%	3.5%	2.1%
Substance abuse	0.8%	0.3%	1.3%	0.1%	0.4%	0.8%
Transportation	17.8%	15.3%	17.8%	16.1%	17.9%	13.6%
Vision care	2.2%	1.8%	2.9%	2.0%	1.8%	1.2%

Method of Reception	2018 CHNA Respondents	2015 CHNA Respondents
Newspaper	42.2%	48.7%
Community flyers	18.0%	21.0%
Social media (Facebook, Twitter, etc.)	71.4%	40.9%
Newsletters	16.2%	18.8%
Email/RSS	27.0%	27.3%
Friends/family	58.4%	47.9%
Internet	55.0%	45.7%
Radio	42.9%	42.5%
TV/local cable	38.8%	38.8%
Other	0.6%	0.0%

This cross tabulation analysis was included to get a better understanding of the groups of people who may need to be targeted in order to ensure health care access points are understood and to see if more up-to-date methods to reach the various populations may be more effective. For example, 60.7 percent of the 2018 CHNA respondents identified that they participate in a religious/faith based community. This is an increase over 51.4 percent who reported this affiliation in the 2015 CHNA. As a result, health care providers

may want to make sure that information regarding health screenings, flu vaccinations, etc. is posted not only on their webpage, Facebook page, but also in church bulletins to help spread the word about upcoming events through family/friends.

SIGNIFICANT COMMUNITY HEALTH NEEDS

How Significant Needs Are Prioritized

Needs are prioritized based on the findings of the CHNA, the available resources that the hospital has to impact the need area, the number of people impacted, whether or not other organizations are already addressing the need, and whether or not the need area fits the mission of the hospital.

What Are the Significant Needs in 2018?

The top five needs identified by the 2018 CHNA respondents for the various target populations are:

Physical Health

- 1) Affordable health insurance
- 2) Affordable health services
- 3) Facilities for physical activity (including parks, trails, rec centers)
- 4) Access to healthy food options
- 5) Affordable prescriptions

Mental Health

- 1) Affordable mental health services
- 2) Increased mental health education/prevention
- 3) Increased number of mental healthcare providers
- 4) High quality mental health services
- 5) Children mental health services

Children 5 Years of Age and Younger

- 1) After school programs
- 2) Bullying prevention
- 3) Affordable child care
- 4) Financial assistance to families (for nutrition, childcare, housing, etc.)
- 5) Parenting education/skills development

Teens (13 to 18 years old)

- 1) Appropriate internet/technology use (e.g. sexting, cyberbullying, etc.)
- 2) Bullying prevention
- 3) Substance abuse prevention/treatment
- 4) Opportunities to contribute to community
- 5) Employment opportunities

Older Adults

- 1) Affordable housing
- 2) Affordable prescriptions
- 3) Assisted living options
- 4) Access to daily meals
- 5) Transportation

Needs Identified in the Focus Group Discussions

- 1) Inadequate mental health services, especially inpatient beds for crisis situations
- 2) Limited options for health care services for the underinsured and uninsured
- 3) Increase of mental health providers and a short-term mental health treatment center for inpatient/crisis stabilization
- 4) Approval of Medicaid expansion by the State of Kansas
- 5) Indoor exercise facility (Pottawatomie County in particular)

How the Wamego Health Center is Addressing the Significant Needs

Physical Health

Wamego Health Center offers their services to all people presenting themselves without regard for their ability to pay. They serve people who are beneficiaries of Medicaid and Medicare and offer traditional financial assistance when appropriate.

WHC staff is often asked and always willing to speak with students, both high school and college, about the benefits of having a healthcare career or on other topics like the health risks associated with drug use. This not only helps Wamego to grow their own healthy community, but makes young people aware of the importance of taking care of their own bodies and giving them the information they need to influence the behaviors of their friends and loved ones.

The hospital physicians serve and treat patients from the Community Health Ministry Clinic. These are patients whose income may not be sufficient to cover doctor fees, or they may be uninsured or underinsured or are in need of specialty care. The hospital also provides these clients with other services such as laboratory or radiology testing, physical therapy and counseling services when their financial capabilities are limited.

Hospital staff participates in a community health coalition that is seeking ways to develop a locally-controlled exercise facility for all age groups to better promote healthy outcomes.

Students who are pre-med majors, nursing, social work, and physical therapy are invited in to observe WHC's health care professionals as they go about their daily work. This gives students a first-hand look at their chosen professions and exposes them to how they will relate to other health professionals.

Many of the WHC staff regularly participate in the American Red Cross blood drives throughout the year because they are very aware of the need for blood platelets for their patients and others who are in need in a critical time of their life.

WHC staff is also engaged in the community by serving on other not-for-profit boards and committees (e.g. Three Rivers, which assist people with disabilities; Health Innovations Network of Kansas, which looks at ways of networking health care providers through technology as well as new relationships, Wamego Community Foundation, etc. and Connect Pott. County Coalition)

A staff physician assists the Pottawatomie County Coroner's Office when requested to determine the cause of death of area residents or people who are visiting the area.

In an effort to promote healthy food choices and make health food more cost effective to those who can't afford it, WCH staff provide gardening services at the Wamego Community Garden by working and watering the garden and serving as secretary/treasurer of the group.

Hospital staff, in an effort to decrease road hazards for people traveling and to keep the environment clean, assists by picking up clutter and trash along Highway 24.

Mental Health

The hospital arranges and pays for secure transportation for low income qualified persons when they are needing to be transported to a different hospital for specialized treatment that may not be available locally (e.g. Osawatomie Psychiatric Hospital)

The hospital staff, in collaboration with the Wamego Family Clinic and Homestead, a rehabilitation program associated with Westview Church in Manhattan provides medical care for women who have been victims of human trafficking.

In collaboration with the Community Health Ministries, WCH staff provides individual therapy to low income residents of the community when requested.

Young Children

WCH staff helped to sponsor the Central Elementary School "Run Back to School" event by providing healthy food in support of the Parent/Teacher Organization's fundraiser. The hospital helps in a variety of ways throughout the year to help with local not-for-profits trying to raise funds for their programs that support low-income families.

Teens

A hospital physician interprets concussion screenings, blood pressure checks, heart screenings etc., for middle school through college-age athletes and collaborates with coaches to ensure the safety of students to resume practices and competitive sports.

The Sports Medicine Clinic staff work with area athletes by providing care for sports related injuries and works to educate both students and coaches with regard to how best to ensure full recovery.

In collaboration with the Wamego High School, WCH staff mentor incoming freshmen by making a monthly commitment in meeting with these youth to encourage them, give them guidance and improve their chances of successfully completing high school. In addition, staff participates in the Job Fair interview day where high school seniors go through mock interviews in preparation for entering the work force. Staff gives them interviewing tips; assist them with anticipating questions, what to wear, and what kind of questions they should be prepared to ask of potential employers.

Older Adults

The hospital regular participates in the annual Senior Resource Fair by providing glucose and blood pressure checks to those in attendance.

In order to ensure that elderly people who are not physically able to cook for themselves eat healthy, WHC staff assists on a regular basis in delivering Meals on Wheels that are picked up at the Wamego Community Center.

WHAT SIGNIFICANT NEEDS ARE NOT BEING ADDRESSED AND WHY?

NOTE: The resources identified under each heading is not intended to be an exhaustive list but offers the reader a few suggestions on where they can turn for assistance. Most resources cited are located in neighboring Manhattan but a few may be in Junction City which may be problematic for some residents. Some resources may be national hotlines that can provide information which may better serve the need of the person experiencing a specific problem.

Affordable Health Insurance – the hospital does not have the resources to go above and beyond what it is currently providing through its financial assistance program. It does offer health care to its own employees and their family but its resources are limited when it comes to providing health insurance for the community.

Resources Available:

- 1) Health Insurance Marketplace Call Center (800) 318-2596
- 2) Kansas Insurance Department (800) 432-2482
- 3) Senior Health Insurance Counseling for KS (SHICK) (800) 860-5260
- 4) Kansas Statewide Farmworker Health Program (KDHE) (785) 296-1200
- 5) North Central – Flint Hills Area Agency on Aging (800) 432-2703
- 6) KanCare – (800) 792-4884

Affordable Health Services – The hospital offers a charity care policy through our operating partner Via Christi Health Inc. This policy is intended to help individuals based on their current income to establish a fair determination of charitable giving. To qualify for this charitable write off, a patient will simply need to come to the registration desk at the hospital and fill out the appropriate paperwork to process that request.

Facilities for Physical Activity – there are parks, bike trails and recreational centers available in the community and many more available in neighboring Manhattan. While this was identified as a need, many of the 2018 CHNA respondents did not feel that it was a great need. In Pottawatomie County 29 percent of the 2018 respondents disagreed that there are enough options available in comparison to 46 percent who thought there were. The one thing that people wanted most was an indoor swimming pool.

There is a community committee that is looking into the feasibility of having an indoor facility that would be able to offer year-round lap swimming and other physical activities for exercise year round for all age groups.

Affordable Prescriptions – while the hospital doesn't directly address this on a wide scale, WHC will assist with some limited prescriptions for patients by contacting the manufacturer to see if there are samples available if an individual has no other options or resources.

Resources Available:

- 1) Kansas Statewide Farmworker Health Program (KDHE) (785) 296-1200
- 2) Konza Prairie Community Health and Dental Center (785) 238-4711
- 3) Medical Services in Wamego – (785) 456-7872
- 4) National Organization for Rare Disorders (800) 999-6673
- 5) Kansas Drug Card – (913) 638-8415
- 6) Familywise – (800) 222-2818

Affordable Mental Health Services - WHC continues to provide one-on-one counseling in partnership with the Community Health Ministry Clinic when called but the hospital has limited resources and no psychiatrist on duty. Given the reduction of financial support from the State of Kansas for mental health, it is difficult to recruit highly trained mental health specialists. The current demand for services is greater than the resources available making the waiting time longer than is expected by patients and their families and problematic for providers especially in critical situations.

Resources Available near Wamego include:

- 1) Pawnee Mental Health Services (785) 587-4300
- 2) Family Center (785) 532-6984
- 3) Family Care Center of Junction City (785) 762-4210
- 4) Cornerstone Family Counseling (785) 776-4105
- 5) Veridian Behavioral Health in Salina (785) 452-6113
- 6) Catholic Charities (785) 323-0644

Increase Number of Mental Healthcare Providers, High Quality Mental Health Services, Children Mental Health Services – WHC, along with VCH-M regularly seeks to find new physicians, including psychiatrists, who may be interested in moving into the Manhattan/Wamego area. There has been some success in getting new practitioners to set-up practices in the area but psychiatrists, especially child psychiatrists are in great demand and difficult to recruit to a small city. But the staff of the hospital continues to try.

Resources Available:

- 1) Pawnee Mental Health Services of Riley County (785) 587-4300
- 2) Mental Health Services in Wamego (785) 456-7872
- 3) Peer to Peer Recovery Education Program (785) 233-0755
- 4) Central Kansas Foundation in Junction City (785) 762-3700

Affordable Child Care – the hospital does not have adequate space nor is child care a part of our mission. There are a few for-profit places where child care is provided in Wamego and in neighboring Manhattan. Parents can get referrals to not-for-profit child day care providers but as more people move into the area, there is going to be an increased need for more providers.

Referral or Not-for-Profit Resources Available:

- 1) Maternal & Infant/Family Connections (785) 776-4779
- 2) Family and Child Resource Center (785) 537-0688
- 3) Economic & Employment Services (785) 776-4011
- 4) K-State Center for Child Development (785) 532-3700
- 5) Maternal & Infant/Family Connections (785) 776-4779
- 6) Flint Hills Child Care Resource & Referral Agency
- 7) Pottawatomie County Head Start Child Care Center - (785) 456-9165

After School Programs – like affordable child care, the hospital does not have adequate space nor does opening a facility that would offer after school programs fit our mission statement. Here are existing organizations that do offer some programming for those interested.

Resources Available:

- 1) Boys & Girls Club of Manhattan Central Elementary Wamego KS Drop-In Program (785) 539-1947

Financial Assistance to Families – the hospital provides financial assistance to families when they meet the financial assistance guidelines when hospitalized. However, since resources are limited, financial assistance is not available for other needs like rent or utility assistance. Here are a few programs that may be in a position to help with those kinds of expenses on a temporary basis.

Resources Available:

- 1) Consumer Credit Counseling (785) 539-6666
- 2) Salvation Army (785) 539-9399
- 3) Social Services (785) 456-7872
- 4) NEK-CAP (785) 948-2023

Bullying Prevention & Inappropriate Internet/Technology Use/Parenting Education – WHC is not in a position to assist with this needed area due to limited resources and expertise but most of the counseling agencies identified above and here in this section may be able to help youth who feel the need to bully others either in person or via the internet.

Resources Available:

- 1) Parents and Teachers as Allies (785) 233-0755
- 2) KU Child and Family Services Clinic in Lawrence (785) 864-4416
- 3) Cornerstone Family Counseling (785) 776-4105
- 4) Parents as Teachers (785) 587-2058
- 5) Family Center (785) 532-6984

Affordable Housing – The hospital is not in a position to assist with this community need due to lack of resources and expertise. Housing cost in the Wamego area have risen and is expected to continue to rise as more people move in but this need does not complement our mission of providing health care.

Resources Available:

- 1) North Central – Flint Hills Area Agency on Aging (800) 432-2703
- 2) KS Department for Aging & Disability Services (800) 432-3535
- 3) Manhattan Housing Authority (785) 776-8588

Access to Daily Meals – The hospital may provide meals to caregivers who are spending the majority of their time with a loved one who is hospitalized and is covered by Medicaid or has identified them are low income. However, providing daily meals to the community at large is cost prohibitive but there are food pantries available in the area.

Resources Available:

- 1) Social Services (785) 456-7872
- 2) Wamego Food Pantry (785) 456-9646
- 3) Flint Hills Breadbasket (785) 537-1353
- 4) North Central – Flint Hills Area Agency on Aging (800) 432-2703

- 5) Emergency Food & Holiday Meal Assistance (785) 537-0730
- 6) Second Helping (785) 537-7006
- 7) St Paul's Episcopal Church (785) 776-9427

Assisted Living Options – Via Christi does operate an assisted living facility in the Manhattan area but with a growing aging population in Kansas other assisted living options may be needed. Some aging individuals still want to remain in their home but may need help with medication management, bathing/showering, preparing meals and with shopping. So, there are a few other resources listed below which may help to accommodate those needs without having to move out of the house and into a specific facility.

Resources Available

- 1) Ascension Living – Via Christi Village (785) 539-7671
- 2) North Central – Flint Hills Area Agency on Aging (800) 432-2703
- 3) Medical Services in Wamego – (785) 456-7872

Transportation – is a growing issue, especially for the rural elderly who are living on fixed incomes. Some agencies may provide gasoline expenses but not necessarily offer transportation services. Another may operate a rural mobile food pantry which would at least give a homebound elderly person an opportunity to access food, but churches and private citizens who are aware of the need are also joining forces to provide necessary transportation for medical appointments and other basic needs. Nearly 18 percent of all 2018 CHNA respondents felt like this was a need in Pottawatomie County so it might be valuable to start a community discussion about what is actually needed and how best to provide it.

IMPACT EVALUATION OF EACH SIGNIFICANT NEED BEING ADDRESSED

The action plans that were presented following the 2015 CHNA are addressed below. The individual goals that were addressed as well as actions implemented to attempt to improve these significant needs are below:

Physical Health

Goal 1: increase the proportion of Adults at a Health Weight

- The hospital worked with local fitness facilities to collaborate on wellness programs in the community
- Hospital employees worked with community members to expand and grow the community garden, next door to the hospital. Over the previous 4 years, the production of healthy vegetables from the community garden has grown (this data is based on amount of food collected and weighed at the garden by volunteers and community members accepting the food):
 - 2014-9000 pounds
 - 2015-9000 pounds
 - 2016-10000 pounds
 - 2017-11000 pounds
- The hospital sponsored a nutritional potluck to support “national Eat Healthy Day”

Goal 2: increase overall percentage of adults engaged in leisure-time physical activity

- Hospital employees participated with a local 5K “Run for Warmth” to raise awareness of Healthy activity in April 2016.

- The hospital sponsored the Healthy snacks for the participants of a “Back to School run” in August of 2016.
- The hospital collaborated with the local fitness centers to improve options for employee and community wellness.

Mental Health

Goal: Decrease the suicide rate amongst adults

- Hospital employees from the Senior Behavioral Health department participated with a Wamego Health fair to present mental health services available through the hospital.
- The department manager of the Senior Behavioral Health department gave a presentation at the Wamego Senior Center in December of 2015. The presentation was titled: “Accepting Change and Managing Grief during the holiday Season”.
- The Hospital DON participated in a stepping up program designed to get community involvement in our county and increased awareness.
- According to the KDHE report from 2017, Pottawatomie County has decreased in Suicide related deaths per 100,000 deaths from 18.4 to 17.0 for the reporting period of 2014-2016. While this is a reduction, it should be noted that this was not solely the efforts of the hospital and is related to efforts across the county. It should also be noted that while 17.0 is a reduction, it is still above the state average of 15.9 and the U.S. average of 13.3. This continues to indicate the continued issue within our community.
- A report was conducted reviewing the statistics for 2016 through present day for ED visits to the hospital involving a reported suicidal ideation. In 2016 there were 41 reported suicidal ideation patient visits. In 2017 that number elevated to 47. After 5 months of 2018, the hospital has already had 24 reported suicidal ideation patients. This growing trend speaks to the continued need for awareness, treatment and community discussion as this issue affects so much of a community.

Young Children

Goal: increase the proportion of infants at 24 months to be fully immunized.

- The hospital collaborated with Pottawatomie County Health Dept. to educate the community on childhood vaccinations.
- The Hospital DON provided flu shots at the Wamego Health Fair.

Older Adults

Goal: Reduce the proportion of adults aged 18 years and older with high blood pressure.

- Hospital collaborated with local fitness centers and senior center to educate seniors on healthy exercise options within the community.
- Hospital employees offered multiple healthy options from the local community garden for healthy food choices.
- Hospital employees with the Senior Behavioral Health department presented to the senior center staff and participants on making healthy choices over the holiday season.

Via Christi Hospital – Manhattan & Wamego Health Center
2018 Community Health Needs Assessment
APPENDIX I

Thank you for your interest in participating in this Riley/Pottawatomie County Community Health Needs Assessment survey sponsored by Via Christi Hospital in Manhattan and Wamego Health Center. Some of the questions will ask you about your personal behaviors as well as opinions on your community. Your individual responses will remain anonymous and grouped with other residents who have also volunteered to take this survey. Your opinions are important to us and we appreciate and thank you for your time and dedication in helping us to improve the quality of health of our communities. Please return your completed survey by November 30, 2017 to one of the addresses provided at the end of this survey or take it online by this date at <https://www.surveymonkey.com/r/KQ3SFTCG>.

HEALTH INFORMATION

1. How do you get most of your health-related information? (Check all that apply.)

- | | | |
|--|---|-------------------------------------|
| <input type="checkbox"/> Books/magazines | <input type="checkbox"/> Pharmacist | <input type="checkbox"/> Church |
| <input type="checkbox"/> Doctor/Nurse | <input type="checkbox"/> Health department | <input type="checkbox"/> Hospital |
| <input type="checkbox"/> My child's school | <input type="checkbox"/> Friends and/or Family | <input type="checkbox"/> Help lines |
| <input type="checkbox"/> Internet | <input type="checkbox"/> Other (please specify) _____ | |

PERSONAL HEALTH

2. How would you describe your overall health?

- Excellent Very Good Good Fair Poor Not sure

3. Has a health professional ever diagnosed you with one of the following? (Check all that apply.)

- Alzheimer's/Dementia Cancer Chronic Lung Disease High Cholesterol
 Heart Disease Diabetes High Blood Pressure

4. Do you have health insurance? Yes No

5. Do you consult a professional when you are sick?

- Yes No (If no, why not? Please explain.) _____

6. If you answered "yes" to Question 5, that you consult a professional, where do you go most often when you get sick?

- My Doctor's Office Medical Clinic Health Department
 Urgent Care Center Hospital Emergency Center
 Free Clinic (e.g. Safety Net Clinic; Clinics that don't require health insurance, etc.)
 Other (please specify): _____

7. In the last 12 months, have you received a flu shot or nasal spray?

- Yes No (If not, why not? Please explain.) _____

8. I can access the healthcare I need in this community.

Strongly Agree Agree Neither Disagree/Agree

Disagree (Please explain) _____

Strongly Disagree (Please explain) _____

PHYSICAL ACTIVITY

9. During a normal week, other than in your regular job, how many hours per week do you engage in any physical activity or exercise?

None Less than 1 hour 1-2 hours 2-3 hours 3 hours or more

10. If you exercise, where do you usually go to exercise or engage in physical activity? (Please check all that apply.) (Skip Question #11)

Home Neighborhoods Park Private gym/studio

Public Recreation Center School

Other (Please describe) _____

11. If you don't exercise, what are the reasons you do not exercise? (Select up to three.)

My job is physical or hard labor

Exercise is not important to me

I don't have access to a facility that has the things I need, like a pool, golf course, or a track

I don't have enough time to exercise

I would need child care and I don't have it

I don't know how to find exercise partners

I don't like to exercise

It costs too much to exercise

There is no safe place

Other (Please explain) _____

12. There are enough options for physical activity in this community.

Strongly Agree Agree Neither Disagree/Agree Disagree Strongly Disagree

13. This community values physical activity.

Strongly Agree Agree Neither Disagree/Agree Disagree Strongly Disagree

NUTRITION

14. This community values healthy eating.

Strongly Agree Agree Neither Disagree/Agree Disagree Strongly Disagree

15. I can access the healthy food I need in this community.

Strongly Agree Agree Neither Disagree/Agree Disagree Strongly Disagree

16. Are you concerned about having enough food for you and/or your family to eat?

Yes No Sometimes

17. Overall, I eat healthy foods.
 Strongly Agree Agree Neither Disagree/Agree Disagree Strongly Disagree
18. In a typical day, how many times do you eat fruit and/or vegetables?
 None One Two Three Four or more times
19. If you don't eat enough fruits and vegetables (2 cups of each) on a typical day, what are the reasons you do not? (Select up to three.)
- Not applicable; I eat enough fruits and vegetables
 - I'm not able to get to a grocery store
 - It costs too much
 - I don't have enough time to purchase and prepare them
 - I don't know how to cook them
 - I don't like all or some of the healthy foods
 - Others in my household don't like all or some of them
 - I have dietary restrictions due a medical condition
 - I have dietary restrictions due to religious beliefs/customs
 - Other (Please explain) _____

SMOKING/TOBACCO

20. Do you currently smoke/use tobacco products? Yes No (Skip Question 21)
21. If you responded "yes" to Question 20, that you currently smoke and/or use tobacco products, where would you go for help if you wanted to quit?
- Not applicable; I don't want to quit Church Doctor KS Hotline
 - Health Department Pharmacy Private counselor/therapist
 - I don't know Other (Please identify) _____

OVERALL HEALTH NEEDS

22. What are the top three needs related to physical health in your community? (Select only 3, putting "1" as the highest need, "2" as the second highest need and "3" as the third highest need.)
- Access to healthy food options Affordable health insurance
 - Affordable health services Affordable prescriptions
 - Children health services Dental care options
 - Maternal health services Prevention of infant mortality
 - Healthcare assistance for older adults Healthcare assistance for veterans/military
 - Increased number of healthcare providers
 - Availability of transportation for health services
 - Facilities for physical activity (including parks, trails, rec centers)
 - Increased health education/prevention (e.g., healthy eating, disease prevention, etc.)
 - Substance abuse prevention/treatment Tobacco use cessation (quitting) services
 - Other (Please identify) _____

MENTAL HEALTH

23. How would you describe your overall mental health?
 Excellent Very Good Good Fair Poor Not Sure
24. Do you consult a mental health professional when your mental health is not good?
 Yes No (Skip Question #25) My mental health is always good
25. If you answered "yes" to Question #24, where do you go most often when your mental health is not good?
 Community mental health center
 Community provider
 Hospital emergency room
 Other (Please identify) _____
26. This community has adequate mental health services for people who need them.
 Strongly Agree Agree Neither Disagree/Agree Disagree Strongly Disagree
27. What are the top three needs related to mental health in your community? (Select only 3, putting "1" as the highest need, "2" as the second highest need and "3" as the third highest need.)
 Affordable mental health services
 Affordable prescriptions
 Children mental health services
 High quality mental health services
 Increased mental health education/prevention
 Increased number of mental healthcare providers
 Substance abuse prevention/treatment
 Availability of transportation for mental health services
 Other (Please identify) _____

SOCIAL ISSUES

28. Do you or anyone in your household have a substance use issue (e.g., drink too much alcohol; have a problem with legal or illegal drugs?) Yes No
29. Do you or anyone in your household currently experience domestic violence (e.g., violence between adult partners)? Yes No
30. Excluding mental illness, do you or anyone in your household have a physical or developmental disability? Yes No
31. Are you or anyone in your immediate family currently homeless (e.g., no permanent place to live on a daily basis)? Yes No

CHILDREN AND YOUTH

32. Are you a parent or custodial grandparent/guardian of someone under 18?
 Yes No (Skip Question #33)

33. If you answered "yes" to Question #32, please respond to the following questions:

	YES	NO
Are you a single parent?		
Do any of your children have a developmental disability?		
Do any of your children have a chronic disease?		
Have any of your children been diagnosed with a mental illness or emotional disturbance?		

34. In your opinion, how well does your community generally meet the needs of children and/or adolescents in the following areas:

	Excellent	Good	Fair	Poor	Very Poor	Don't Know
Prenatal Care (pregnancy)						
Postnatal Care (birth through 1 st year)						
Parental Support/Training						
Support for Single Parents						
Needs of Children/Youth with Disabilities						
Dental Health						
Mental Health						
Physical Health						
Recreational Opportunities						
Basic Needs of Low Income Children/Youth						

35. What are the top three health needs related to children (ranging in age **new born to 12 years old**) in your community? (Select only 3, putting "1" as the highest need, "2" as the second highest need and "3" as the third highest need.)

Afterschool Programs

Bullying Prevention

Childcare for children 0-5

Dental Care

Medical care

Mental health care

Mentoring programs for children

Parenting education/skills development

Early childhood intervention programs (e.g., Head Start, etc.)

Financial assistance to families (for nutrition, childcare, housing, etc.)

Nutrition programs (e.g., WIC, free and reduced lunch, etc.)

Services for children with physical or developmental disabilities

Other (Please specify) _____

36. What are the top three health needs related to teens (ranging in age **13-18 years old**) in your community? (Select only 3, putting "1" as the highest need, "2" as the second highest need and "3" as the third highest need.)

- Bullying prevention
- Dental care
- Mental health care
- Substance abuse prevention/treatment
- Appropriate internet/technology use (e.g., sexting, cyberbullying, etc.)
- Services for children with physical or developmental disabilities
- Parenting education/skills development (for parents of adolescents)
- Opportunities to contribute to the community (e.g., volunteering, leadership development, participation in community decision-making)
- Teen pregnancy prevention/sex education
- Other (Please specify) _____
- Relationship violence prevention
- Medical care
- Obesity prevention
- Employment opportunity for teens

THE SENIOR POPULATION

37. The community is supportive of healthy aging.

- Strongly Agree Agree Neither Disagree/Agree Disagree Strongly Disagree

38. The necessary senior services are available in this community.

- Strongly Agree Agree Neither Disagree/Agree Disagree Strongly Disagree

39. Are you a caregiver for an older adult (spouse, parent, etc.)? Yes No (Skip Question #40)

40. If you answered "Yes" to Question #39 about being a caregiver for an older adult, are you receiving the services you need? Yes No (If no, what services do you need? Please identify)

41. Choose the top three health needs of older adults in your community. (Select only 3, putting "1" as the highest need, "2" as the second highest need and "3" as the third highest need.)

- Access to daily meals
- Affordable prescriptions
- Caregiver support
- Dental care
- Elder abuse
- Home health care options
- Independent living in a retirement community
- Long term care options
- Memory care options/dementia support
- Personal care services
- Safety
- Transportation
- Other (Please specify) _____
- Affordable housing
- Assisted living options
- Day programs
- Ease of mobility in the community
- Health insurance
- Hospice
- Independent living in the home
- Medical care
- Mental health services
- Respite services for caregivers
- Substance abuse
- Vision care

DEMOGRAPHIC INFORMATION

42. Are you: Male or Female
43. What county do you currently live in?
 Riley
 Pottawatomie
 Other (please specify) _____
44. What is your zip code for your street address? (please specify) _____
45. Which of the following group best describes your current age?
 Under 18 50 to 64 years
 18 to 24 years 65 to 74 years
 25 to 34 years 75 years of age or older
 35 to 49 years
46. Which of the following do you consider to be your primary race?
 Asian
 African-American/Black
 American Indian or Alaska Native
 Caucasian/White
 Native Hawaiian or Pacific Islander
 Multiracial
 Other (Please specify) _____
47. Ethnic Category (Check One) Hispanic or Latino Not Hispanic or Latino
48. What is the highest level of school, college, or vocational training that you have finished?
 Less than 9th grade
 9th-12th grade, no diploma
 High school graduate or GED/equivalent
 Some college (no degree)
 Associate's degree or vocational training
 Bachelor's degree
 Graduate or professional degree
49. Which of the following best describes your marital status?
 Single, never married Married Divorced Widowed
 Not married, but living together Domestic partnership or civil union
50. What was your total household income last year, before taxes?
 Less than \$10,000 \$10,000 to 14,999 \$15,000 to \$24,999
 \$25,000 to \$34,999 \$35,000 to \$49,999 \$50,000 to \$74,999
 \$75,000 to \$99,999 \$100,000 to \$199,999 \$200,000 or more
51. How many people does this income support? _____

52. Have you been a member of the Armed Services/Military? Yes No (Skip Question #53)
53. If you answered "yes" to Question #52 about being a member of the military, what is your current status? Active Retired Disabled or Injured Inactive
54. What is your current employment status?
 Self-employed Working more than one job Employed full time (one job)
 Employed part time Homemaker Retired Disabled
 Unemployed for 1 year or less Unemployed for more than 1 year
 Other (Please describe) _____
55. How many people in your household are currently working? _____
56. Are you currently a student taking courses for credit?
 Yes (If yes, Full time or Part time student)
 No (Skip Question #57)
57. Which of the following best describes the type of school you are currently attending:
 Four year college or university
 Two year community college
 Vocational, technical, or trade school
 Other (Please specify) _____
58. Do you participate in a religious/faith community? Yes No
59. Do you have access to the internet at your home or residence? Yes No
60. Which best describes how you access the internet? (Check all that apply)
 Home computer Work computer Public computer
 Mobile (cell phone, tablet, etc.) I don't access the internet
61. How do you normally get news about community events? Check all that apply.
 Newspaper
 Community flyers
 Social media (Facebook, Twitter, etc.)
 Newsletters
 Email/RSS
 Friends/family
 Internet
 Radio
 TV/local cable

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2018 Community Health Needs Assessment

APPENDIX II

NOTE: The number behind comments indicate the number of similar responses made regarding the specific question. All comments have been shared with VCH-M and WHC leaders; however, some may have been deleted because of reference to specific individuals, programs or practices and were deemed inappropriate for this CHNA.

Survey Questions with Open-Ended Responses

Question

1 How do you get most of your health-related information?

- Agency on Aging
- College
- Community Health Ministries
- Don't have a good resource
- Health newsletters and/or pamphlets
- I am a healthcare worker - 3
- Hospital related internet sites (e.g. Mayo, Cleveland Clinic, Medscape etc.)
- I'm a nurse - 3
- Insurance company -2
- Internet (e.g. Google) - 2
- KSU and Extension Service
- Look on the internet sometimes, but trust a doctor more
- My own common sense or past experiences - 2
- News
- Newspaper
- Peer-reviewed medical journal articles – 2
- Personal research
- Personal trainer
- Pharmacist
- Physician assistant
- Primary Care Physician - 2
- PubMed
- Social media (e.g. Facebook)
- Television
- Textbooks
- Three Rivers
- Via Christi's Life Magazine
- Weight Watchers
- Work – 5

5 Do you consult a professional when you are sick? If not, why not?

- Can't afford to miss work – 2

- Because even with insurance I can't afford it. It takes six visits for one thing and I still don't have answers. Nobody can figure it out but they keep telling me to come back in 3 weeks to discuss it again. Even without trying anything - no meds, just come back in three weeks; pay another \$25 for nothing.
- Costs too much to 'consult,' and it's not even a doctor but a PA/RN, which is okay, but too expensive for that level.
- Depends on what kind of illness and if I can get an appointment that fits my schedule.
- Don't have the time – 2
- Don't want to pay copays or have a bill.
- Essential oils rock
- Give it a few days to resolve first, then decide if it's worth my time/effort and impatience.
- Go to Emergency Room
- Hardly ever get sick – 5
- I never know when I actually need to go or not.
- I only have health insurance due to my pregnancy. Normally I can barely afford groceries and car insurance.
- I'm a healthcare professional – 2
- If it is a cold or something small than no because they will tell me to go home. Actually most of the time they tell you to go home and rest or take ibuprofen. Honestly everywhere I have gone my whole life it's the same. Rush to be on time, wait for 30 minutes, go back to see the doc who doesn't even look at your actual chart, they recommend something stupid so they can get you out and move on to the next patient. You feel like an intruder and you're a bother. I have had different insurances, lived in many states, small towns to cities and never got a different experience. The only place that is remotely decent and helpful is Via Christi in Manhattan and the surgical center there. They saved my life when I went in the ER with pain and needed emergency surgery. They didn't make me wait long or disregard me, they believed me and that meant the world to me.
- If self-medication doesn't work (OTC drugs) or I'm not getting better, I'll go to doctor - 36
- In the past it has always been viral so don't like to spend the money.
- Just go for checkups and routine exams - 2
- My mom is a natural health specialist and she keeps me healthy.
- No insurance - 3
- No special reason - 2
- Not if it isn't serious because our deductible is high and can't afford it. – 3
- Only if fever over 101 for more than 3 days - 2
- Only when I feel bad enough or am very ill or only if needed – 41
- Rarely do they find out what is going on anyway, so why go?
- The professionals are not fluent in basic scientific concepts and are taught that all chronic illness is autoimmune, when in fact there is a huge epidemic of acquired immune deficiency.
- Too expensive – 12
- Too hard to get in to a doctor most of the time. Easier just to wait it out. - 2
- Unless it is more than a virus or cold. Never been sick other than with a virus.
- Visit local urgent care center if needed

6 Where do you go most often when you get sick?

- Bed/Couch – 6
- Haven't been sick lately or need medical attention – 5
- KSU – Lafene
- I still do not have a primary care physician after living here for a year and a half. No one seems to be accepting new patients.
- Natural Meds
- No place, wait it out - 3
- Only have annual appointment with Doctor
- To my essential oil case
- Urgent Care
- Veterans Administration – Junction City – 3
- Was going to free clinic now I wait until I am really sick before going to Doctor or ER

7 Have you received a flu shot or nasal spray in the last 12 months? If not, why not?

- Doctors recommend against a flu shot for me.
- Don't want one/not needed/don't believe in them – 94
- Drug companies push them to make more money.
- Every year that I have received the flu shot, I got the flu. Every year that I didn't get the flu shot, I didn't get sick.
- Got it due to pregnancy/didn't get one because of pregnancy – 2
- Got sick when I did so never again/have allergic reaction - 25
- I believe they are harmful and they don't work. - 13
- I have had Guillain-Barre syndrome or have a concern about it. - 2
- I intend to get one....just haven't yet/forgot to get one. - 18
- I teach school and haven't had the flu - 2
- I'm 73 years old and don't get the flu (16 years)
- I'm more of a natural health follower.
- It was covered under my previous employer health insurance but not now, so don't get it.
- Just don't like shots - 6
- Known to cause Transverse Myelitis. - 3
- Not sure where to get one for cheap/too expensive. - 7
- Received nasal spray but not for flu
- Take preventative measures
- The shot does not protect against all flu strains/flu shots not all that effective - 23

10 If you exercise, where do you usually go to exercise or engage in physical activity?

- Basic household activities - 2
- Bicycle trail - 4
- Church league volleyball in winter
- Coaching
- Don't exercise
- Equestrian barn – engage in horse chores/horseback riding
- Farm work - 2

- Fitness Center at Meadowlark Hills
- Have 25 acres to maintain
- Have a home gym with exercise equipment – 2
- Have exercise bike with dual action
- Hospital
- I walk on my 40 acre property with my dogs on a daily basis
- KS State Recreation Center/Ahearn/Natatorium – 8
- MPRD yoga
- My employer has exercise equipment/walking stations available on-site - 6
- Outside/public sidewalks - 5
- Physical therapy
- Planet Fitness
- Play softball 2 – 3 hours a week
- Ride my bike to the store 3 – 4 times a week
- Running/walking trails in the area including Linear Trail - 14
- Senior Center - 19
- Square dance
- Swimming pool - 4
- Walk in the mall – 9
- Walk in the neighborhood/country - 2
- Walk various places above and beyond choices listed - 3
- Walking and doing lots of yard work
- We need a YMCA
- Work on projects
- Work, walking from one office to another

11 If you don't exercise, what are the reasons you do not?

- Age limits me - 3
- Currently pregnancy discomfort and safety concerns limit my activity. I would like to go to the Konza, but I don't have a partner to go with for safety.
- Diabetic neuropathy and balance issues make most exercises non safe for me.
- Don't take the time - 6
- Genesis East closed
- Having a safe place to walk where I can see the kids playing at a playground or ability to walk inside with the kids.
- Home responsibilities (including children) limits my time for exercising – 4
- I am older and don't want to go to a gym with 20 year olds. Working out at home is all I can do.
- I don't exercise a lot due to the weather. I have induced asthma would LOVE an indoor pool in Wamego. My entire family would use it? Also would love some alternative 'fun' ways to exercise.....Zumba, racquetball, etc.
- I get exercise through my work.
- I have rheumatoid arthritis and under doctor's orders to exercise only five minutes per day at this point in my treatment.
- I have to ride the bus to the gym.

- I walk daily
- I'd rather be relaxing at home than working out after work.
- Just being able to walk is exercise enough
- Lazy/too tired/poor motivation/not a priority - 14
- My exercise is bike riding or walking; no structure/organized exercising for me.
- My exercise usually involves yard and garden work, but not aerobic exercises.
- Need personal trainer without additional expense
- Not enough money to afford a fitness membership - 2
- Safety issues on the road I live on. Unable to power walk for exercise as I live in rural area.
- Too busy with school
- Unable to exercise much due to disabilities (includes bad knees, hips, back, etc.) - 21
- Want a safe bike trail that is local to the area so I don't have to drive to ride my bike.
- We desperately need a large INDOOR pool for exercise and therapy. - 5
- We have a farming operation so am pretty active with animals.
- A past experience left me less motivated

19. If you don't eat enough fruits and vegetables (2 cups of each) on a typical day, what are the primary reasons you do not?

- Allergies
- Choose not to or don't have the time to fix them. – 3
- Depends where and when I eat. - 2
- Don't cook 5 days a week
- Easier to eat processed foods.
- Eat a lot of protein.
- Education on how best to preserve fruits and vegetables.
- I buy them and they go to waste before I get them fixed. - 4
- I can't afford a cook and my husband is too lazy!
- I do eat 2-3 times a day.
- I don't always think about how much or how little fruits and veggies I am consuming daily.
- I don't feel like cooking when I get off work. Have been up for 12 hours and just want to get off my feet and rest.
- I don't make eating them a priority. - 9
- I eat plenty of vegetables but limit my fruit intake due to the sugar. - 2
- I eat vegetables, don't care for fruit.
- I had been able to get the servings of fruit in until my food stamps were cut from \$194 to \$16 a month. My take home wage is just over \$1,000; housing, utilities, and transportation take care of the rest of my income.
- I have a half acre garden.
- I sometimes struggle finding a variety of vegetables. I eat plenty of fruit and try to eat vegetables.
- Lack of knowledge.
- Laziness/just don't make the effort - 6
- Local grocery doesn't have organic so have to wait until we go into town.

- Most times I don't feel like eating.
- My husband is missing most of his teeth and cannot eat fruits and veggies because they are too hard or too cold and many veggies he doesn't like.
- Need to plan meals better. - 4
- Prefer using our farmer's markets produce.
- Sometimes the produce selections are picked over or not fresh looking.
- Stomach issues
- The fruits/veggies I like are too expensive. - 4
- The ones I buy, my children really like to eat as snacks so I save them for them and I occasionally eat them.
- There is no quality, affordable salad bar in Wamego. Since one of my meals is in town and I don't always bring my lunch from home it is hard to get fruits and veggies for this meal.
- They are not an automatic item to grab. I have not expanded the variety of my options.

21 If you currently smoke/use tobacco products, where would you go for help if you wanted to quit?

- I don't want help to quit! Seriously stop asking!!!!
- I wouldn't.
- I'd quit myself. – 2
- I'd stop buying them.
- I'm a vapor smoker so I don't really smoke cigs.
- It's personal discipline and probably would not seek out "help".

22. What are the top three needs related to physical health in your community?

- Access to knowledgeable and caring medical providers, physical therapists, occupational therapists and mental health therapists.
- Affordable catastrophic healthcare for college students.
- Assistance for underinsured and disabled.
- Behavioral Health Care Department within the hospital.
- Concussion specialists for non-athletes.
- Easy childcare for physical activity centers.
- Educate business owners on ADA regulations and guidelines. Have more accessible areas for the disabled (e.g. accessible park – more than one swing).
- Employer incentives for healthy living.
- Free options for working out in a gym especially for families of hospital employees and other benefits for families of employees.
- Free physical health options for the poor.
- Health needs met here as well as any community in Kansas
- Holistic, natural doctor needed or alternative health options. - 3
- Increased need for affordable prenatal care providers.
- Just not enough resources around Wamego, KS.
- Lower the freaking cost for physical health opportunities.
- Manhattan needs more daycare options.
- More gym options that aren't profit driven.
- More healthcare providers who are willing to accept Kancare recipients.

- More mental health care options needed especially for kids.
- More mental health care providers/services needed. – 27
- More specialty doctors (e.g. endocrinology, cardiology, trauma services, rheumatologist, etc.) and nurses needed so less need to transfer to Topeka for further care. - 7
- Need a SART nurse in this community. – 4
- No mental health services in our town. Hassle to pull kids from school, drive to Manhattan, return, takes so much time so we aren't inclined to want to seek services even though it is needed.
- Not sure – 3
- Physical activities that is free for the community.
- Programs dealing with obesity are needed.
- The VA Hospital is too far so if you have an emergency you have to drive up to 3 hours! You could die and if you go to the ER here you get into trouble with VA.
- There are no rehabs here and a lot of illegal drugs in Marshall/Riley County.
- Kancare has one provider for dentists in Marysville otherwise you have to travel to Manhattan and they only accept kids. It is ridiculous so most don't go.
- There is not healthy food choice for someone with celiac disease. Have to travel out of town to purchase gluten-free foods.
- Very few grocery stores to walk or bike to for shopping.
- We need a YMCA with an indoor pool that offers affordable exercise programs – 7

25. When you do need help, where do you go most often when your mental health is not good?

- Another provider in another community
- Attempted to speak with mental health provider but was told that I had used up my time on three other brief issues and told that I needed to make another appointment.
- Catholic Charities or counseling service in network
- Can't afford to go - 2
- Community Mental Health Center
- Counselor/private therapist - 6
- Doctor sends me to a specific person for help
- Don't go/deal with it myself – 36
- Don't know where to go - 4
- Employee assistance through work – 2
- Everything that is mental is affected by your own mindset. You can talk to others, but in the end you are the one who controls what mental health you are at.
- Family Service and Guidance Center in Topeka
- Family/friends/spouse – 34
- Get some extra rest to restore myself – 3
- I asked my endocrinologist for a prescription once.
- I see this as a huge need in our community. I currently don't need these services, but I know people who do, and we do not help support behavioral health services.
- KSU Counseling Center/Lafene - 2
- Local tavern or pub
- Mental health care provider in Kansas City
- Never had a need - 18

- Nowhere trustworthy to go.
- OFT mental health office
- Pawnee Mental Health has so many patients you can't get in when needed
- Primary health care provider – 42
- Psychiatrist
- Social worker
- Support group
- Take a long walk/go exercise/work outside – 4
- There is no good and affordable mental health care in the area
- Turn to God/priest/minister - 12
- Veterans Administration Hospital – 4
- Via Christi Behavioral Health
- You can't get an appointment anywhere

27. What are the top three needs related to mental health in your community?

- A governor that supports mental health care in our state instead of reducing support for a much needed service.
- Accessibility to information on where to find services and what is available.
- Accessibility if not insured or can't afford
- Adult autism support services
- An open dialogue and a change in social norms that destigmatize mental health.
- Available appointments without the long wait.
- Better access to exercise, especially in winter, could also improve mental health for some.
- Catholic Charities needs to be in network for the City of Manhattan.
- Christian mental health professionals
- Concussion specialists for non-athletes. I have had two concussions in my life and haven't been treated properly for either.
- Crisis stabilization unit, more outpatient hospital beds - 2
- Easier to go out of town for services.
- Free services to the poor.
- Free support groups for various issues.
- Have not had any need for mental health services. – 3
- Helping people understand how to access the mental health system.
- Increased places for patients to go. Our son had mental illness.
- Increased community awareness.
- Inpatient BHS services which offers 24/7 services - 8
- Intensive outpatient treatment
- It's good here
- I think all BHS are available at Pawnee.
- Mental health intervention out here on the streets.
- More education on spiritual fix for mental health issues.
- More options for teens struggling with anxiety/depression/suicidal thoughts.
- Need knowledgeable therapists and doctors that are available for appointments.
- Need mental health professionals who actually listen to client.
- Options for childcare so low income parents can attend appointments. – 2

- Peer to peer support
- People who actually know what they are doing – many are just “talkers” or “pill pushers” without actually accomplishing anything for the patient.
- Providers which are available to Medicaid patients and the uninsured.
- Psychiatric Services (Medicines)
- Reduction of cost for mental health services.
- Staff to deal with assault cases
- There is a desperate need to get people to be active and eat better foods which will create a healthier community.
- There is an extreme lack of mental health help in this community especially for children. Local mental health center just pushes you through like cattle and others are mostly private insurance that not everyone can get seen at. Children get swept under the rug or just ruled as “bad kids” with ADHD and that isn’t acceptable! Thankfully, Dr. Nick is here now and helping with things!
- Though there are new providers/agencies and mental health options have improved greatly in the past couple of years, there are simply not enough high quality mental health providers/options. - 4
- Timely access to mental health.
- Uncertain/don’t know – 11
- Walk-in clinic for mental health
- When my wife was dealing with depression she had to go to Manhattan for counseling.

35. What are the top three health needs related to children (ranging in age new born to 12 years old) in your community?

- A hospital area with a pediatric focus.
- Affordable preschool and activities for children with disabilities
- Affordable tutors for students that don’t cost an arm and a leg
- Better parents
- Better teaching of healthy nutrition and lifestyles
- Child speech therapist
- Different kinds of pediatric specialists to meet different needs. - 2
- Breastfeeding support and information, just wanted to be more specific in parenting education and skills. And under the medical care category there needs to be more options for pediatrician’s offices that are open to parental informed consent in all treatments of their children.
- Daycare is a huge need in the community. There are not enough providers and it is outrageously expensive. I worked at Via Christi and I couldn’t return to work until I found a daycare provider with an opening. Parents shouldn’t have to choose between working and not working based on daycare situations. There should be plenty of options. - 4
- Don’t know/doesn’t apply to me – 27
- Family support to identify children in need of care and support
- Financial assistance for grandparents raising grandchildren
- Less costly physical activity opportunities
- Living wage for working parents so they can provide adequately for their children. The only reason we must constantly receive assistance is because of the greediness of our employers, and they are constantly able to live well off of the backs of our poverty.

- More than one playground!!!
- Postnatal care after birth of newborn
- Quality summer day camps for children whose parents work.
- Safe places for children to be on days when there is no school.
- Slow learners need more help in school.
- The options listed are ALL equally important health needs that need to be addressed and met.
- We have a President that cut things we need badly.

36. What are the top three health needs related to teens (ranging in age 13 - 18 years old) in your community?

- Better parents
- Comprehensive sex education
- Don't know/no opinion – 28
- Let the teens be teens
- Life choice skills and wise money choice skills training
- Mentoring programs
- Need more youth activities/safe place for teens to hang out that is fun – 3
- Recreational opportunities other than sports – something to keep older youth occupied
- Respect for others property (e.g. breaking lights, skateboarding, littering)
- Services and programs for LGBT teens
- Suicide prevention education
- Teaching of healthy nutrition, lifestyles and exercise
- The selections given are all equally important health needs.

40. If you are a caregiver for an older adult, are you receiving the services you need? If not, what services were needed but not available?

- Appropriate affordable housing for someone that does not qualify for Medicaid.
- Better facilities for a better price
- Counseling for care options
- Health insurance
- Home care for dementia patient and elderly mother.
- I have not sought out services.
- Indoor warm pool
- More assisted living areas. - 2
- Need a doctor who will actively listen.
- Needed a gastroenterologist twice but none was available in the area.
- Respite care – possible full-time care that is affordable. – 3
- Rural areas have limited available services.
- Social opportunities for them to interact with others of their age.
- Support group for those who live with a depressed or anxious spouse.
- Transportation
- We are in need of rides to Flint Hills Dialysis three times a week.

41. Choose the top three health needs of older adults in your community.

- Affordable housing

- Are you kidding me? How do you expect people to choose the three most important health needs out of this giant list of very important health needs? All of these needs are important. - 2
- Don't know – 19
- Free community exercise choices – basketball, volleyball, badminton, etc. (walk-in sports)
- I feel we have an active senior center, Meals on Wheels, bus transportation, etc.
- Many older adults cannot afford in-home help (e.g. bathing, housecleaning, food prep, medication assistance) and are forced into nursing homes or live in substandard conditions. - 2
- Most services are available but may not be affordable for seniors. – 2
- Nutrition education
- Social interaction opportunities
- Some type of help for them when they have problems with insurance companies. Someone they can actually talk to that will help with medical records and the like.

62. Please share any additional comments about health and wellness for you, your family or the community that you'd like to share.

- I can't imagine too many people taking the time to fill out this extensive survey! - 2
- The biggest need for health and wellness is an unorganized, walk-in exercise program. If this is a "retirement community" – most want a fun chance to exercise – something besides walking. We miss the Health Fair we used to have.
- Would like to see more holistic and preventative care options to compliment medical care.
- Wamego is a small town of caring, helpful people who tend to look out for each other.
- Rent is too high! Keeping up my home is always a fear in not being able to pay for it.
- I believe it is good here. - 2
- It would be great if we could get an indoor pool in Wamego for those of us that need to do water exercises. - 3
- We seniors all need to serve our community if possible. Most seniors don't exercise near enough. The evening of most people is too much and too late in the day. Studying the scripture daily has become a thing of the past for most people. I have found my relationship with Jesus relates to my healthy serving others has been beneficial to my health.
- We are lacking specialties and choice in terms of the specialties we do have.
- There needs to be better care for our veterans. There are no veterans service representative here and there are many veterans without support.
- Worried about rising cost of living in Manhattan, KS. Fortunately able to save money for rainy days "retirement" but may not stay in city later on.
- Will the results of this survey be publicly available? They would be helpful for my kinesiology class at KSU that I teach.
- Idiots that send surveys in light blue lettering on white with no regard for visual capabilities. I can guarantee many older seniors have hearing and visual handicaps.
- There are few support groups for chronic illness and cancer available.
- Need more trails. What happened to WamSagMan river trail idea?
- Hospital and dental DO NOT accept payments for health treatments! The bus stops are 10 miles apart and DO NOT stop where needed! NO covered bus stops!

- I work in Pott County but live in Geary County.
- There needs to be more help for people who don't have insurance because they can't afford it and can't see a doctor.
- Hard to find a physician in Manhattan.
- This community has a great need for increased affordable prenatal care, affordable childcare options (with increased subsidized options – like funding assistance from DCF and Raising Riley) and continued increased access to primary care physicians.
- Via Christi does not provide appropriate benefits for families of employees, such as Christmas parties that include spouses and family picnics, like they did decades ago and like other hospitals still do to promote networking, socialization and good mental health of their employees and families. Opportunities for exercise and free health screenings should be provided for families of employees, too.
- The biggest problem we have in this area is a lack of psychiatrists anywhere other than Manhattan and no availability of child psychiatrists anywhere.
- Not enough specialists for emergency care.
- Affordable insurance for all ages. - 2
- Affordable doctor and ER bills. Do not use services as needed due to cost.
- I am really embracing the Via Christi and Ascension Way.
- I just wish there was more opportunities for better older persons to get better physical exercise.
- I am concerned about women's health in domestic violence situations in our community. That if a woman is raped, there's no specialty nurse in Manhattan for those situations???? If that's true, that's a major concern for me. We should be able to take care of our community members in emergency and traumatic situations. Please take that seriously into account. Thank you. - 2
- I will be retiring soon but can't afford this area as a retiree. The minimal options for the 55+ community will force me to move out of the area. College towns are fun until you're at retirement age and they have no affordable and decent place for you.
- I feel as though there are plenty of opportunities for me, my family, and the community to promote healthy lifestyles. People, however, have to take on personal responsibility to want change and healthy living for themselves.
- Genesis Health Club is needed for the east side of town. Catholic Charities should be available in network with all insurance companies. Postnatal care, mental services should be a priority after a newborn.
- Prevention is needed. Too focused on solving symptoms, not the root cause.
- The walk-in clinic at WHC has been a great addition to the community!
- A YMCA or something like it would be very beneficial for all ages and families. - 10
- Need more primary care providers who take Medicaid.
- It would be wonderful if we had better public parks with better public tennis courts. The public tennis courts and MHS/AMS/EMS tennis courts we have are just PATHETIC!
- Counts of suicide have increased in our community. Medical care is outrageously expensive including permanent housing for elderly. It's a struggle to make it as a single parent in our community and afford to own a home. Wages are lower due to increase supply of people with college and military.
- Low income individuals have very poor choices for medical, mental and affordable housing.

- Community needs more healthy activities for teenagers, need more options for exercise for senior citizens, affordable housing, more mental health providers for young adults, more support for the elderly in their home.
- Hospital needs a dedicated pediatric ward away/separate from elderly patients.
- Resources/assistance becomes limited when there is an “able person” residing in the same home as someone who is disabled.
- I feel like some organizations only help those that choose not to help themselves. If there is someone that just needs a hand-up that month or couple months they get turned down. The area is so expensive to live in anyways (the grocery store, rent/mortgage, utilities, etc.) and they should have more programs to help those that are trying.
- I feel like the smaller hospitals are only transport hospitals. For as big as our area is getting, I would think that the health care options should improve. I have lived here my whole life and would love to see our hospital services expand.
- My family and I would rather not drive to Topeka for mental health services (counselor and psychiatric nurse).
- Biggest needs in our community, as a medical provider, are mental health needs for all ages and early childhood intervention. - 7
- Medicaid expansion is needed for those of us that fall through the cracks. Poor, but make too much money to qualify for health care.
- I believe that the students in this town are isolated from the general population and are treated as such, especially in healthcare.
- Starting a volunteer program for teens to help out in local hospitals.
- I believe the root of a lot of our problems in our communities these days, is all related to needing better access to behavioral health care, gun control, suicide, bullying and crime in general would all be better contained, if we could get folks the mental health care they need.
- I feel like we try the best that we can but with two very busy work schedules, sometimes I feel that there are not enough options for us to fit certain things in. In addition, we have two younger ones in daycare which takes a lot financially; it would be nice to have affordable parent education too, in this area. Even, as educated parents, I feel we would benefit for how to help our kiddos grow emotionally and try to work towards helping them mentally to try to avoid mental illness.
- Affordable housing and transportation/access are very important.
- In general anything associated with health care cost entirely too much. I don't think it should be free, but it should be affordable. It needs to start with the drug companies, if you curb their ridiculous profits for their shareholders, perhaps the rest of the nation has a chance.
- I currently work in PT County and previously lived here. I have taken the survey based on my knowledge of the county I work in.
- Wamego is undergoing a lot of change as the town and surrounding area has a huge population growth. More services will be needed in all areas to meet the increased needs. We need a maternity ward.
- Manhattan needs concussion specialists, more specialists at the ER (all hours), more dentists that are in-network with different insurance plans and a place that teenagers can go to hang out (e.g. roller skating rink – Manhattan used to have one, but it closed).

- This is a great community that takes care of their own. We still have problems in the community, but they are far less than other communities even larger than we are because of the programs that are available in Wamego!
- Things would be much better if we didn't have a Republican President and Governor. We need free health care for all. Too bad Brownback was against the ACA.
- We really need access to an aquatic center to help those of us with arthritis and other physical conditions that do not allow for regular exercising. - 3
- My biggest concern is the rise in teen anxiety and depression in our community.
- Too many people in our community eat too many of their meals from fast food restaurants.
- We need to continue to create an environment that is supportive of an aging population as well as our children and truly disabled. Use caution in resources that encourage over supporting a community of individuals that do not contribute to society. Our resources should be focused on our children, disabled and older Americans who have contributed to our world for many years. Offer indoor options for working out that include water therapy, reasonably priced RXs for older individuals and children and access to good local medical care that accepts all insurances.
- Love the idea of having the YMCA facility come to Wamego. I think it would help solve lots of health and wellness issues for people and also provide much needed childcare for community members with children. I think the possibilities for how it could positively impact the area are endless. An indoor pool for year round health and recreation would be a great investment in Wamego. - 2
- My impression is that the social services available to folks in our community are not well-advertised. Most people are unaware of them and the needs they meet.
- As an older person with NO family in the area, transportation to medical facilities is a big concern. While I am quite able to drive to most medical appointments, some instances such as surgery or exams which require sedation of the patient require someone else to drive the patient home. With no family and very few friends here, I am putting off some badly-needed medical procedures for lack of someone to drive me to and from for an out-of-town surgery.
- We are excited about the rapid growth of our community and the continued efforts of social service agencies and the county in the area of wellness and health care.
- Seeing a friend experience this, I feel that there is a huge lack of out-patient and inpatient care for mental health. It does not seem to be a priority. Not everyone can afford seeing a therapist weekly, especially in those moments of need the emergency room takes too long to get people the help they truly need. It is extremely unfortunate.
- I strongly believe that Manhattan is ill equipped to support people who need emergency mental help. The only 24 hours self-check in facility is in Kansas City, making it very difficult for people who need immediate care to access a mental health professional. We need a place that provides mental care without needing to go to the ER first and then be transported out of town.
- I wish the ATA Bus stop was closer than a half mile from my house. It goes by a half block from my house and I would use it if it just had a bus stop there at Butterfield and Purcells Mill.
- Serious efforts need to be made in our community regarding the social determinants of health, including health equity.

- I'd love to see water birth added to the list of options for women in our community. VBAC and trial of labor for prior cesarean births is becoming more widely accepted as safe but I still hear many accounts from local moms that they have not been given the chance or have felt pressured/scared into repeat Cesareans. It would be lovely to see the providers of women's healthcare in this area become more familiar with how these women are feeling and viewing their birth experiences and re-examine more of the routine practices that may be contributing to dissatisfaction in that area. Also, breastfeeding education and support and maternity/paternity leave to support breastfeeding as well as women's mental health and family overall wellness are huge contributions to a healthy community that could be explored further. Thank you!
- An adult son living in our home, injured while a minor, is confined to a wheelchair. He needs assistance getting up in the morning and into bed at night, but drives, cares for himself, and holds a full-time job. As we age, it is harder for us to care for him, but affordable assistance may preclude our asking for help. I'm sure others may also be in this "boat." He lives at home still because affordable, accessible housing is not really available in this community.
- There so badly needs to be an inpatient behavioral health option in Manhattan and it baffles me that there is not with a huge university, large community and military population here. Please, please, please fix this.
- Some of my answers may be biased because my family lives in Topeka. My older brother has developmental disabilities, as well as mental health issues (my sister and mother have some mental health issues too). While they do receive professional help for these things, I am saddened by the support they are able to receive. My family has never been wealthy, though my dad has done well over the years. Because of their income, they are not eligible for many assistance programs that are available (despite desperately needing them.)
- Help Wamego figure out that kids north of 99 need access to a playground in their neighborhood.
- Health insurance as a 58 year old self-employed person is astronomical - \$760 per month for high deductible. I have no health issues.
- The fact that Medicare will not allow for proper dental and vision care is scandalous. - 2
- Speaking as a former foster parent, I think the community could do a lot better serving children in custody. It was a nightmare finding quality medical, dental and mental health providers for the children I cared for (pre-K age) and many providers in the community were unhelpful and rude when it came to explaining their acceptance (or lack of) for the various Medicaid providers. Now I have great insurance for my son, and he has fewer needs, so it's not a problem, but I despair for the people in the community who don't.
- I would like to see something cost efficient like a YMCA for low income families to participate in. I believe you would get a lot of attendance with something not competing with the college and not having the cost of Genesis or contract of Wildcat Creek. - 2
- Affordable facility with walking track during cold weather or a listing of available facilities other than the mall. - 5
- I feel that the health and wellness needs for our community closely mirrors the needs of the whole country. Mental health prevention/diagnosis/treatment needs to be a higher priority. Also, better than average health care is almost exclusive to those with higher incomes. Here in Manhattan, the best doctors are not taking new patients, unless you know someone.

- The largest factor is affordability to live in the area on the lower range of wages offered. I applied to over 100 jobs this summer and even with a master's degree could not get more than a 2 part-time jobs \$9 and \$10 an hour after 4 months and ending up homeless.
- You must address sexual violence! Please ensure community access to SANE. - 2
- Sometimes it is easier to go to Topeka for medical health and assessment.
- I am in Riley County but address is in Blue Rapids, Marshall County. Our kids go to school in Marshall but our doctors etc. are in Manhattan.
- As a health care provider in the community, it would be nice to see more services available at the local hospital. It is unfortunate I have to travel to distant facilities for advanced cardiac and other care.
- I feel like the poorest of the poor are left out. Those with little or no income. I think dental care is the worst because most dentists want payment up front and most people cannot afford to do that so they just don't get the dental help that they need.
- Thank you for telling about this survey on KMAN with Cathy Dawes.
- Community Health Ministry needs more funding.
- Manhattan tends to forget about the folks who are lower income, NOT KSU students or military. We sometimes feel like they are trying to force us to leave the area to make room for the higher income folks in order to make the city look more progressive.
- There needs to be more pediatric dentists in the area along with oral surgeons. There is one pediatric dentist in town and he is only a provider for military insurance. And, although "A Tooth Story" is a kid friendly environment, they provide a DDS only and not a licensed pediatric dentist. More specialists in this town should be a high priority when it comes to access to healthcare.
- Would be good to see more competition among healthcare providers.
- Desperately need to work on affordable housing situation. Also need more sensible public transportation.
- I was shocked that there was not a single practicing certified nurse midwife in the area during my last pregnancy.
- Need universal healthcare.
- I'd like to see Via Christi take the lead in community-based efforts to improve community health.
- Manhattan needs cardio intervention specialists.
- I am a gay man and it appears the unique needs of the LGBTQ community are not on your radar. For example, gay men cannot get the preferred STD test. Fortunately my doctor offers it but I know of no social service agency where a community member or student whose doctor does not do the test could be tested. This is just one example.
- Medical community requiring individuals to depart medical facilities (e.g. hospital, before they are healthy enough to take care of themselves or before the medical concern is completely taken care of. Requires return visits to the hospital a day or two later. (Multiple times with our older parent.)
- The Flint Hills region would benefit immensely from an indoor aquatic center that could serve the entire community year round.
- It would be nice if pediatric services and OB/GYN services were offered outside of the two clinics.
- I would like to see some of the health grant programs be awarded to legal American instead of always a foreign person.

- People are increasingly (and unnecessarily) concerned about exposure to germs. Need more education about where food comes from. We're making people afraid to eat healthy food with the media's obsession and distribution of misinformation about gmo's and organic.
- Only one place for respite care for developmental disability adults.
- An endocrinologist would be nice to have in this area.
- Empty-nesters and the elderly are an after-thought in this area. If you're a college student or military, you are catered to, but the rest of the population falls to the wayside in planning anything in this area. Would someone please explain the Manhattan ads...."Retire to the Flinthills" and do what???? Why are there no active-adult communities being built? Why is there no engagement between KSU and the senior citizens in this area?

Via Christi Hospital – Manhattan and Wamego Health Center
2018 Community Health Needs Assessment

APPENDIX III

Focus Group 1 Participants in Wamego, Kansas

November 6, 2017

Lisa Kenworthy, Health Department Director	Pottawatomie County Health Department
Shane Jager, Undersheriff	Pottawatomie Sheriff Office
Audrey Schremmer, Director	Three Rivers Inc.
Tim Winter, Superintendent of Schools	USD#320
Jennifer Jones, Director of Case Management	Via Christi Hospital – Manhattan
Bob Copple, President	Via Christi Hospital – Manhattan
Cheyenne Strunk, Executive Director	Via Christi Village
Daryn Soldan, Director	Wamego Chamber of Commerce
Darin Miller, Board Member	Wamego Community Foundation
Mike McCall, Director	Wamego Community Foundation
Rick Hernandez, CEO	Wamego Community Health Ministry
Theresa Hamilton, R.N., C.M.	Wamego Health Center
Shelley Rickstrew, Counselor	Wamego High School

Focus Group 2 Participants in Manhattan, Kansas

November 9, 2017

Susan Inskeep, Executive Director	Flint Hills Community Clinic
Lee Wolf, CEO	Konza Prairie Community Health Center
Casey Smithson, Park Superintendent	Manhattan Parks & Recreation
Michelle Jones, Communications Director	USD #383
Robin Mull, R.N. Manhattan High School	USD #383
Mackenzie Dobie, Emergency Department R.N.	Via Christi Hospital – Manhattan
Jodi Woomer, Emergency Room Charge Nurse	Wamego Health Center

Focus Group 3 Participants in Manhattan, Kansas

November 16, 2017

Ellyn Mulcahy, Director Master in Public Health Program	Kansas State University
Karen Armbrust, Administrator	Mosier & Mosier Family Physicians
Robbin Cole, Executive Director	Pawnee Mental Health
Jennifer Green, Director	Riley County Health Department
Julie Hettinger, Health Education	Riley County Health Department
Beverly Olson, Executive Director	Shepherd's Crossing
Andy Hutchinson, Program Director	USD #383 Head Start & Early Head Start

APPENDIX IV

Who/what comes to mind first when thinking about current health care services?

- All health care providers (e.g. doctors, dentists, optometrists, pharmacists, school nurses)
- Flint Hills Community Clinic for low income families
- Flint Hills Wellness Coalition
- Fort Riley's Irwin Hospital
- Individual primary care physicians
- Local clinics, hospitals and health departments
- Pawnee Mental Health Services
- Pottawatomie County Health Department
- Riley County Health Department
- Via Christi Hospital in Manhattan

Strengths of current health care services?

- 24/7 Emergency Services Departments
- Caring and compassionate attitude of various health care staff
- Chamber and Riley County leader's discussions on the importance of health care services as a regional economic driver
- Community Health Ministries where specialists are now available
- Ease of access to emergency health care services
- Good networking relationships between health care providers throughout the area
- Headstart programs
- Konza Health Clinic
- Kansas State University's Lefene Health Center
- Local and familiar range of services
- Perception of quality care being provided at Wamego Health Center
- Police and other counselors who quickly respond to crisis
- Referrals
- Relationship between Wamego Health Center and Via Christi Hospital – Manhattan
- School nurses and social workers
- The CHNA process which promotes timely discussions on health related issues
- Transportation is available daily in Wamego and is coordinated by the Pottawatomie County Health Department
- Wamego Health Center
- Wellness Coalition

Weaknesses of current health care services?

- Access difficult for special target populations (e.g. foster care children)
- High demand for substance abuse patients (e.g. increase in opioid addiction)
- Lack of crisis stabilization services for mental health patients, including youth, prisoners and uninsured
- Need access to an affordable and inside fitness club for rehabilitation (e.g. YMCA)
- Need more specialized physicians to minimize out-of-town traveling for required health services

What is your biggest concern with health care services in your area?

- Affordable medications, especially for seniors living on fixed incomes.
- Appropriate use of Emergency Room (3)
- Dentists who are electing to forego oral surgeries (3)
- Due to lack of physicians, more care being given by mid-level health care providers
- Due to lack of registered nurses, health care services will be delegated down to LPNs and other less qualified health care providers
- Growing practice of some doctors opting out of Medicare making it more difficult to access needed health care services for seniors
- Health care service decisions being made in Washington DC and the impact those decisions will have on local and state resources
- **Inadequate mental health services, especially inpatient beds for crisis situations (14)**
 - Many prisoners are in need of mental health services but due to their behavior end up being incarcerated instead to protect the public as well as themselves
 - Nursing homes are being used as inpatient beds for people with mental issues because there is no other place to put them in a timely fashion
 - Seeing an increase in youth suicidal ideation, including young soldiers at Fort Riley
- Increase in area population will put a tighter squeeze on limited health care providers making access even more challenging
 - Accessibility and waiting times are increasing
 - Kansas State University's lack of alignment with an established RN program
 - Limited options for health care services for the underinsured and uninsured (6)
 - The size of Manhattan/Riley County needs more choices and increased services
 - There's a need for more health care providers (e.g. primary care doctors, specialists, nurses, etc.) (2)
 - Transportation to health care services especially for rural populations
- Job stability for trained health care services staff due to limited resources
- Lack of health care services for children when they reach school age (immunizations, eye exams, dental)
- Lack of job opportunities for new health care graduates resulting in a brain drain (3)
- Lack of preschool facilities (2)
- Not having adequate information regarding health care costs prior to accessing them
- Primary care physicians movement away from rural area to cities leaving fewer health care services available for a growing elderly population
- Rising cost of health care services
- The number of older primary care physicians who are closing in on retirement age and the area's inability to recruit younger doctors willing to replace them
- There is a lack of affordable quality preschool facilities
- The area is lacking affordable housing making it difficult to stay in the area for young families and retirees (even though Manhattan is promoted as a good place to retire)

What types of new trends or types of health care services are people seeking but are not available?

- Alternative medicine (something beyond pills and traditional approaches)
- Concierge primary care physicians
- Federally Qualified Health Center based in a school setting

- Increase of mental health providers and a short-term mental health treatment center for inpatient/crisis stabilization (5)
- Increased prenatal and early childhood care (2)
- Increased education on how best to access health care services
- Indoor exercise facility (Pottawatomie County) (5)
- More emphasis on preventative care (e.g. nutrition, physical activities, etc.)
- Response to emergency preparedness events (2)
- Substance abuse treatment (1)
- Telemedicine (1)
 - Physical liability/malpractice insurance impact and limitations
 - Third party payers reimbursement for Telemedicine services
- Transgender services – counseling for decision-making

What would you say to Governor Brownback about health care services in your area if you had two minutes of his time?

- Approve Medicaid expansion (7)
- Build and maintain healthy trails as a preventative wellness investment (3)
- Continue to support pre-K Headstart programs
- Current public policies are negatively impacting health care access making people more dependent on government. (3)
- Doing zero for health care services is not an acceptable strategy.
- Expand the number of slots available for doctors and nurses in schools to accommodate an increasing population.
- Families are limited to the time and resources needed for health care services – we need to do better for improving access and treatment
- Focus more money on prenatal health care and children services. (2)
- Improve mental health care services (8)
- More emphasis needs to be put on prevention (e.g. physical activity, nutrition, tobacco) (3)
- Need behavioral health oversight board management process
- Reimbursement to docs for accepting Medicaid/Medicare patients is less than the incentives to Medicaid/Medicare patients for seeing doctors when needed.
- There needs to be an incentive for health care practitioners to locate and stay in the area.
- Want more local control of money and policies versus state mandates (1)

Of all things discussed today, what do you think is the most important or surprising?

- American access to health care is driven more by money compared to European health care services which is need driven. Socialized health care is more interested in prevention.
- Dental care (or lack of dental providers in the area) (2)
- Growing need for opioid and other substance abuse treatment (1)
- How mental health is putting a strain on all community resources (e.g. schools, law enforcement, health providers, etc.) (3)
- The need to connect people to health services helping them in “tying the thread together.” (1)

The number one issue for the Manhattan/Wamego area centers around the need for additional mental health services, including an inpatient crisis stabilization facility. This concern was raised by those taking the written and online survey as well.

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- ⁱ United States Census Bureau, *Quick Facts*, Riley County, Kansas, downloaded on March 16, 2018 from <https://www.census.gov/quickfacts/fact/table/US/PST045217>
- ⁱⁱ Institute for Policy & Social Research, The University of Kansas, downloaded March 12, 2018 from <http://ipsr.ku.edu/ksdata/ksah/ksa34.shtml>
- ⁱⁱⁱ United States Census Bureau, *Quick Facts*, Riley County, Kansas, downloaded on March 16, 2018 from <https://www.census.gov/quickfacts/fact/table/US/PST045217>
- ^{iv} Ibid
- ^v Ibid
- ^{vi} Ibid
- ^{vii} Ibid
- ^{viii} Ibid
- ^{ix} Ibid
- ^x Wamego Health Center, Wamego, KS, 2018 webpage. Downloaded on March 20, 2018 from <https://wamegohealthcenter.org/about-us/>
- ^{xi} Amundsen, Bard and Elsie Lie (2013) *Fewer willing to participate in surveys*. The Research Council of Norway. Downloaded March 29, 2018 from <https://phys.org/news/2013-06-surveys.html>
- ^{xii} Population Demographics for Riley County, Kansas in 2017, 2018, downloaded March 30, 2018 from <https://suburbanstats.org/population/kansas/how-many-people-live-in-riley-county>
- ^{xiii} Rappleye, Emily (2015) *Women make 80 percent of healthcare decisions*. Becker's Hospital Review. Downloaded March 30, 2018 from <https://www.beckershospitalreview.com/hospital-management-administration/women-make-80-percent-of-healthcare-decisions.html>
- ^{xiv} United States Census Bureau, *QuickFacts*, op. cit.
- ^{xv} United States Census Bureau, *American Fact Finder*. 2012-2016 American Community Survey 5-Year Estimates, Selected Economic Characteristics. Downloaded April 3, 2018 from https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml?src=bkmk.
- ^{xvi} Via Christi Health webpage, *Community Needs Assessment for Riley County*, January 2015. Downloaded on April 5, 2018 from <https://www.viachristi.org/sites/default/files/2015%20Riley%20County%20CHNA%2008142017.pdf>
- ^{xvii} Robert Wood Johnson (2018) *County Health Rankings*. Downloaded on March 21, 2018 from <http://www.countyhealthrankings.org/app/kansas/2018/county/snapshots/149+161+173/include-additional>
- ^{xviii} Journal Communications, Inc. *Livability: Find Your Best Place to Live*. Downloaded April 13, 2018 from <https://livability.com/list/top-100-best-places-to-live/2018/10>
- ^{xix} Phil Newman, NewManifest Communications, *Why Manhattan, KS Is a Best Place to Live*. November 12, 2014, Franklin Tennessee. Downloaded on April 13, 2018 from <https://livability.com/ks/manhattan/real-estate/why-manhattan-ks-is-a-best-place-to-live>

**Via Christi Hospital - Manhattan and Wamego Health Center
2018 Community Health Needs Assessment
Cross Tabulation Analysis of Survey Responses
APPENDIX V**

2017-2018 Community Health Needs Assessment:Via Christi Hospital - Manhattan and Wamego Health Center - Crosstabs	All %	PO %	RY %	Other %	Rating of Health Status		
					Excellent or Very Good	Good	Fair or Poor
Q1. How do you get most of your health-related information? (Check all that apply)							
Books/magazines	20.87%	18.81%	22.56%	28.89%	22.11%	19.72%	19.63%
Church	1.41%	2.31%	1.22%	0.0%	1.80%	1.06%	0.93%
Health department	6.27%	5.94%	7.32%	4.44%	5.40%	8.10%	4.67%
My child's school	3.59%	3.96%	4.27%	0.0%	2.31%	5.28%	3.74%
Help lines	0.64%	0.99%	0.61%	0.0%	0.77%	0.35%	0.93%
Pharmacist	25.48%	24.42%	25.3%	33.33%	22.88%	27.46%	29.91%
Doctor/nurse	78.36%	81.19%	76.83%	80.0%	79.69%	80.63%	68.22%
Hospital	18.18%	18.48%	18.29%	24.44%	19.02%	16.20%	20.56%
Friends and/or family	32.91%	31.35%	34.76%	28.89%	35.22%	31.69%	28.04%
Internet	66.33%	61.39%	68.6%	66.67%	66.58%	67.28%	62.62%
Other (please specify)	5.12%	6.93%	4.88%	0.0%	4.63%	4.93%	7.48%
Answered	781	303	328	45	389	284	107
Q2. How would you describe your overall health?							
Excellent	9.81%	9.54%	11.55%	2.17%	19.74%	-	-
Very good	39.87%	35.86%	41.34%	43.48%	80.26%	-	-
Good	36.56%	37.5%	36.78%	34.78%	-	100.00%	-
Fair	11.46%	14.47%	7.9%	19.57%	-	-	84.11%
Poor	2.17%	2.63%	2.13%	0.0%	-	-	15.89%
Not sure	0.13%	0.0%	0.3%	0.0%	-	-	-
Answered	785	304	329	46	390	287	107
Q3. Has a health professional ever diagnosed you with one of the following? Check all that apply.							
Alzheimer's/Dementia	0.26%	0.66%	0.0%	0.0%	0.00%	0.35%	0.95%
Cancer	8.19%	8.94%	7.93%	13.04%	4.90%	11.85%	10.48%
Chronic Lung Disease	2.43%	2.32%	2.13%	4.35%	0.77%	2.44%	8.57%
High Cholesterol	17.8%	17.22%	20.43%	8.7%	13.66%	19.16%	29.52%
Heart Disease	3.59%	3.97%	3.96%	0.0%	1.29%	4.88%	8.57%
Diabetes	8.58%	9.93%	9.76%	4.35%	4.90%	11.15%	15.24%
High Blood Pressure	27.91%	28.15%	29.57%	19.57%	21.13%	32.75%	39.05%
None of these	57.49%	55.96%	55.79%	63.04%	68.04%	50.17%	39.05%
Answered	781	302	328	46	388	287	105
Q4. Do you have health insurance?							
Yes	96.3%	96.69%	95.74%	97.83%	97.69%	96.49%	90.65%
No	3.7%	3.31%	4.26%	2.17%	2.31%	3.51%	9.35%
Answered	783	302	329	46	390	285	107
Q5. Do you consult a professional when you are sick?							
Yes	84.25%	83.06%	85.67%	84.78%	84.88%	84.40%	90.65%
No (If no, why not? Please explain in the box below.)	15.75%	16.94%	14.33%	15.22%	15.12%	15.60%	9.35%
Answered	762	301	328	46	377	282	107
Q6. Where do you go most often when you get sick?							
My doctor's office	82.54%	81.94%	81.48%	93.48%	81.65%	85.61%	78.22%
Medical clinic	2.38%	2.68%	1.85%	2.17%	2.13%	2.16%	3.96%
Health department	0.4%	0.0%	0.31%	0.0%	0.27%	0.72%	-
Urgent care center	9.79%	10.37%	10.49%	4.35%	11.44%	8.99%	5.94%
Hospital emergency center	0.93%	1.34%	0.93%	0.0%	0.27%	0.36%	4.95%
Free clinic (safety net clinic or clinic that doesn't require health	0.93%	1.67%	0.31%	0.0%	0.80%	1.08%	0.99%
Other (please specify)	3.04%	2.01%	4.63%	0.0%	3.46%	1.08%	5.94%
Answered	756	299	324	46	376	278	101

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Q7. In the last 12 months, have you received a flu shot or nasal spray?							
Yes	73.82%	73.03%	74.01%	86.96%	76.98%	73.40%	64.08%
No (If not, why not? Please explain)	26.18%	26.97%	25.99%	13.04%	23.02%	26.60%	35.92%
Answered	764	304	327	46	378	282	103
Q8. I can access the healthcare I need in this community.							
Strongly agree	33.25%	34.65%	32.83%	32.61%	37.63%	29.89%	26.47%
Agree	47.77%	47.85%	48.02%	50.0%	45.00%	52.67%	45.10%
Neither disagree/agree	9.55%	9.24%	8.51%	10.87%	9.21%	9.61%	10.78%
Disagree	7.85%	7.92%	8.21%	2.17%	7.11%	6.76%	13.73%
Strongly disagree	1.57%	0.33%	2.43%	4.35%	1.05%	1.07%	3.92%
Answered	764	303	329	46	380	281	102
Q9. During a normal week, other than in your regular job, how many hours per week do you engage in any physical activity or exercise?							
None	4.59%	6.27%	3.67%	0.0%	1.58%	4.63%	15.69%
Less than 1 hour	17.56%	20.46%	15.29%	23.91%	11.35%	22.06%	27.45%
Between 1 - 2 hours	29.23%	31.68%	25.99%	32.61%	26.39%	33.45%	28.43%
Between 2 - 3 hours	22.15%	17.82%	25.08%	23.91%	23.75%	22.06%	16.67%
3 hours or more	26.47%	23.76%	29.97%	19.57%	36.94%	17.79%	11.76%
Answered	763	303	327	46	379	281	102
Q10. If you exercise, where do you usually go to exercise or engage in physical activity? (Please check all that apply)							
Home	65.22%	70.46%	59.37%	80.0%	62.60%	67.69%	68.60%
Neighborhood	41.2%	40.21%	44.76%	22.22%	46.61%	38.08%	27.91%
Park	22.21%	14.59%	32.06%	15.56%	25.47%	20.77%	12.79%
Private gym/studio	21.79%	21.35%	27.94%	4.44%	27.37%	16.92%	12.79%
Public recreation center	6.01%	4.98%	7.62%	2.22%	7.59%	5.77%	0.00%
School	2.09%	3.56%	0.63%	2.22%	2.44%	1.54%	2.33%
Other (please specify)	12.57%	8.19%	17.14%	8.89%	12.74%	11.54%	15.12%
Answered	716	281	315	45	369	260	86
Q11. If you don't exercise, what are the reasons you do not exercise? (Select up to three reasons)							
Not applicable - I DO exercise	50.94%	48.23%	55.3%	40.48%	63.16%	41.96%	30.93%
My job is physical or hard labor	6.47%	5.67%	7.95%	7.14%	4.39%	8.24%	9.28%
Exercise is not important to me	2.45%	1.42%	3.64%	4.76%	1.46%	1.96%	7.22%
I don't have access to a facility that has the things I need, like a	8.2%	9.22%	6.62%	9.52%	5.56%	9.80%	13.40%
I don't have enough time to exercise	26.47%	31.21%	20.86%	38.1%	21.93%	31.76%	28.87%
I would need child care and I don't have it	8.35%	11.7%	5.63%	7.14%	4.68%	10.20%	16.49%
I don't know how to find exercise partners	4.46%	4.26%	3.64%	7.14%	2.34%	6.27%	7.22%
I don't like to exercise	14.39%	16.67%	12.58%	16.67%	10.53%	14.12%	28.87%
It costs too much to exercise	11.51%	11.35%	11.26%	9.52%	6.43%	14.90%	20.62%
There is no safe place	1.44%	1.06%	0.66%	2.38%	0.88%	1.96%	2.06%
Other (please specify)	10.36%	10.99%	11.26%	7.14%	6.73%	12.16%	18.56%
Answered	695	282	302	42	342	255	97
Q12. There are enough options for physical activity in this community.							
Strongly agree	11.6%	9.36%	14.63%	4.35%	14.25%	9.03%	9.00%
Agree	37.47%	36.79%	39.02%	34.78%	39.52%	36.46%	33.00%
Neither disagree/agree	24.8%	24.75%	20.43%	39.13%	23.12%	25.63%	28.00%
Disagree	20.67%	24.08%	20.12%	15.22%	17.20%	24.19%	24.00%
Strongly disagree	5.47%	5.02%	5.79%	6.52%	5.91%	4.69%	6.00%
Answered	750	299	328	46	372	277	100

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Q13. This community values physical activity.							
Strongly agree	9.44%	6.67%	12.46%	6.52%	10.93%	8.33%	7.00%
Agree	44.02%	43.0%	46.81%	30.43%	46.13%	41.67%	43.00%
Neither disagree/agree	36.97%	39.67%	31.31%	54.35%	34.67%	40.58%	35.00%
Disagree	8.38%	9.67%	8.21%	6.52%	7.47%	7.61%	14.00%
Strongly disagree	1.2%	1.0%	1.22%	2.17%	0.80%	1.81%	1.00%
Answered	752	300	329	46	375	276	100
Q14. This community values healthy eating.							
Strongly agree	5.11%	2.33%	7.32%	8.7%	4.89%	5.45%	5.05%
Agree	31.09%	30.9%	31.71%	23.91%	35.60%	25.45%	30.30%
Neither disagree/agree	44.95%	44.19%	43.6%	47.83%	42.12%	48.36%	45.45%
Disagree	16.69%	20.93%	14.63%	17.39%	15.49%	19.27%	14.14%
Strongly disagree	2.15%	1.66%	2.74%	2.17%	0.00%	1.45%	5.05%
Answered	743	301	328	46	368	275	99
Q15. I can access the healthy food I need in this community.							
Strongly agree	13.15%	7.64%	19.82%	6.52%	14.91%	11.19%	12.24%
Agree	55.03%	48.84%	58.54%	69.57%	57.18%	55.23%	46.94%
Neither disagree/agree	16.91%	21.26%	12.50%	8.70%	14.63%	16.97%	24.49%
Disagree	12.89%	19.60%	7.93%	10.87%	10.84%	15.88%	12.24%
Strongly disagree	2.01%	2.66%	1.22%	4.35%	2.44%	0.72%	4.08%
Answered	745	301	328	46	369	277	98
Q16. Are you concerned about having enough food for you and/or your family to eat?							
Yes	7.25%	5.28%	7.95%	6.67%	4.34%	8.33%	14.14%
No	84.3%	86.14%	84.1%	84.44%	90.79%	80.07%	72.73%
Sometimes	8.46%	8.58%	7.95%	8.89%	4.88%	11.59%	13.13%
Answered	745	303	327	45	369	276	99
Q17. In a typical day, how many times do you eat fruit and/or vegetables?							
None	2.54%	1.97%	2.13%	2.17%	0.81%	3.25%	7.07%
One	23.4%	26.64%	21.04%	15.22%	19.95%	23.83%	34.34%
Two	39.04%	42.11%	33.84%	50.0%	38.27%	40.43%	38.38%
Three	25.0%	23.03%	29.27%	23.91%	29.38%	23.10%	14.14%
Four or more times	10.03%	6.25%	13.72%	8.7%	11.59%	9.39%	6.06%
Answered	748	304	328	46	371	277	99
Q18. Overall, I eat healthy foods.							
Strongly agree	9.22%	9.24%	10.33%	6.52%	14.56%	3.25%	6.06%
Agree	55.61%	51.82%	59.88%	56.52%	61.19%	54.51%	38.38%
Neither disagree/agree	24.47%	27.72%	20.36%	23.91%	18.33%	27.44%	38.38%
Disagree	9.49%	10.56%	8.51%	8.7%	5.39%	13.36%	14.14%
Strongly disagree	1.2%	0.66%	0.91%	4.35%	0.54%	1.44%	3.03%
Answered	748	303	329	46	371	277	99
Q19. If you don't eat enough fruits and vegetables (2 cups of each) on a typical day, what are the primary reasons you do not? (Select up to three)							
Not applicable, I eat enough fruits and vegetables	41.7%	38.14%	44.3%	37.78%	50.00%	36.74%	25.51%
I'm not able to get to a grocery store	4.74%	4.47%	4.43%	15.56%	4.80%	4.17%	6.12%
It costs too much	23.29%	24.4%	21.2%	20.0%	16.67%	27.27%	35.71%
I don't have enough time to purchase and prepare them	21.06%	21.99%	21.84%	17.78%	18.08%	26.14%	18.37%
I don't know how to cook them	4.88%	4.12%	6.01%	2.22%	3.95%	5.68%	6.12%
I don't like all or some of the healthy foods	19.25%	21.31%	15.51%	28.89%	16.67%	20.45%	25.51%
Others in my household don't like all or some of them	14.92%	16.84%	14.24%	11.11%	14.12%	12.50%	24.49%
I have dietary restrictions due to a medical condition	2.51%	2.41%	3.16%	0.0%	1.69%	1.52%	8.16%
I have dietary restrictions due to religious beliefs/customs	0.0%	0.0%	0.0%	0.0%	0.00%	0.00%	0.00%
Other (please specify)	7.95%	7.56%	10.13%	2.22%	8.19%	7.20%	9.18%
Answered	717	291	316	45	354	264	98

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					Excellent or Very Good	Good	Fair or Poor
Q20. Do you currently smoke/use tobacco products?							
Yes	6.57%	5.3%	6.71%	10.87%	5.14%	7.61%	9.09%
No	93.43%	94.7%	93.29%	89.13%	94.86%	92.39%	90.91%
Answered	746	302	328	46	370	276	99
Q21. If you currently smoke/use tobacco products, where would you go for help if you wanted to quit?							
Not applicable, I don't want to quit	15.22%	29.41%	9.52%	0.0%	35.29%	5.00%	0.00%
Church	0.0%	0.0%	0.0%	0.0%	0.00%	0.00%	0.00%
Doctor	34.78%	17.65%	38.1%	100.0%	23.53%	40.00%	44.44%
Kansas hotline	4.35%	5.88%	0.0%	0.0%	5.88%	0.00%	11.11%
Health department	0.0%	0.0%	0.0%	0.0%	0.00%	0.00%	0.00%
Pharmacy	2.17%	0.0%	4.76%	0.0%	0.00%	5.00%	0.00%
Private counselor/therapist	2.17%	0.0%	4.76%	0.0%	0.00%	5.00%	0.00%
I don't know	26.09%	35.29%	19.05%	0.0%	23.53%	30.00%	22.22%
Other (please specify)	15.22%	11.76%	23.81%	0.0%	11.76%	15.00%	22.22%
Answered	46	17	21	5	17	20	9
Q22. What are the top three needs related to physical health in your community? (Select only three)							
Access to healthy food options	20.86%	28.81%	14.51%	17.78%	18.94%	24.15%	19.15%
Affordable health insurance	48.12%	45.08%	49.38%	60.0%	46.80%	52.08%	42.55%
Affordable health services	39.5%	35.25%	45.06%	37.78%	37.05%	43.77%	36.17%
Affordable prescriptions	26.15%	23.39%	26.85%	42.22%	22.01%	28.68%	35.11%
Children health services	9.46%	11.19%	7.72%	11.11%	8.36%	11.32%	8.51%
Dental care options	14.88%	10.85%	18.52%	8.89%	10.86%	15.85%	27.66%
Maternal health services	6.95%	6.44%	8.02%	4.44%	9.19%	4.53%	5.32%
Prevention of infant mortality	1.25%	1.36%	1.23%	0.0%	1.39%	1.13%	1.06%
Healthcare assistance for older adults	14.88%	18.31%	14.81%	6.67%	13.65%	13.96%	22.34%
Healthcare assistance for veterans/military	7.51%	9.15%	6.48%	4.44%	6.13%	7.17%	13.83%
Increased number of healthcare providers	19.05%	15.25%	21.6%	20.0%	20.33%	18.49%	14.89%
Availability of transportation for health services	11.13%	11.86%	11.11%	11.11%	10.86%	11.32%	11.70%
Facilities for physical activity (including parks, trails, rec centers)	28.93%	34.58%	24.38%	28.89%	30.36%	25.28%	34.04%
Increased health education/prevention (e.g., healthy eating, etc)	17.39%	18.31%	15.12%	20.0%	20.06%	15.09%	13.83%
Substance abuse prevention/treatment	13.63%	13.9%	12.04%	15.56%	15.60%	12.45%	9.57%
Tobacco use cessation (quitting) services	4.59%	5.42%	3.7%	4.44%	4.46%	4.91%	4.26%
Other (please specify)	11.13%	7.8%	15.43%	4.44%	11.70%	10.94%	8.51%
Answered	719	295	324	45	359	265	94
Q23. How would you describe your overall mental health?							
Excellent	20.3%	21.52%	21.65%	2.17%	31.59%	11.40%	3.09%
Very good	37.47%	38.41%	35.98%	39.13%	45.60%	32.72%	20.62%
Good	32.43%	30.46%	32.62%	45.65%	19.23%	45.59%	45.36%
Fair	7.36%	7.28%	7.32%	8.7%	3.02%	8.46%	20.62%
Poor	1.91%	2.32%	1.52%	2.17%	0.55%	1.47%	8.25%
Not sure	0.54%	0.0%	0.91%	2.17%	0.00%	0.37%	2.06%
Answered	734	302	328	46	364	272	97
Q24. Do you consult a mental health professional when your mental health is not good?							
Yes	28.14%	28.76%	27.36%	41.3%	27.67%	26.30%	35.42%
No	35.93%	34.45%	37.08%	36.96%	29.32%	38.89%	52.08%
My mental health is always good	35.93%	36.79%	35.56%	21.74%	43.01%	34.81%	12.50%
Answered	732	299	329	46	365	270	96

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Q25. When you do need help, where do you go most often when your mental health is not good?							
Community mental health center	13.78%	12.21%	12.95%	21.21%	12.30%	14.56%	16.00%
Community provider	40.62%	40.12%	40.93%	48.48%	48.66%	34.18%	34.67%
Hospital emergency room	2.85%	3.49%	1.04%	6.06%	3.21%	2.53%	2.67%
Other (please specify)	42.76%	44.19%	45.08%	24.24%	35.83%	48.73%	46.67%
Answered	421	172	193	33	187	158	75
Q26. The community has adequate mental health services for people who need them.							
Strongly agree	2.36%	2.34%	2.43%	0.0%	2.22%	2.27%	3.16%
Agree	15.95%	14.38%	17.02%	28.26%	16.07%	15.91%	15.79%
Neither disagree/agree	30.37%	32.44%	27.96%	17.39%	29.36%	29.92%	34.74%
Disagree	33.29%	33.11%	34.04%	32.61%	35.46%	33.71%	24.21%
Strongly disagree	18.03%	17.73%	18.54%	21.74%	16.90%	18.18%	22.11%
Answered	721	299	329	46	361	264	95
Q27. What are the top three needs related to mental health in your community? (Select only three)							
Affordable mental health services	63.38%	57.77%	68.04%	73.33%	59.65%	68.34%	63.04%
Affordable prescriptions	18.03%	16.22%	18.35%	26.67%	16.14%	20.08%	19.57%
Children mental health services	24.75%	31.08%	19.3%	22.22%	30.26%	18.53%	21.74%
High quality mental health services	43.06%	41.22%	44.62%	42.22%	42.94%	43.63%	42.39%
Increased mental health education/prevention	42.06%	45.61%	38.61%	37.78%	42.65%	42.47%	39.13%
Increased number of mental healthcare providers	44.35%	42.91%	46.2%	46.67%	43.52%	47.10%	39.13%
Substance abuse prevention/treatment	25.18%	28.38%	21.84%	28.89%	28.53%	22.01%	21.74%
Availability of transportation for mental health services	13.45%	16.22%	10.76%	11.11%	13.26%	11.97%	18.48%
Other (please specify)	8.87%	7.43%	10.76%	4.44%	8.36%	7.34%	14.13%
Answered	699	296	316	45	347	259	92
Q28. Do you or anyone in your household have a substance use issue (e.g. drink too much alcohol, have a problem with legal or illegal drugs)?							
Yes	5.52%	5.28%	5.52%	8.7%	4.14%	5.64%	10.53%
No	94.48%	94.72%	94.48%	91.3%	95.86%	94.36%	89.47%
Answered	724	303	326	46	362	266	95
Q29. Do you or anyone in your household currently experience domestic violence (e.g. violence between adults)							
Yes	0.55%	0.66%	0.31%	2.17%	0.55%	0.75%	0.00%
No	99.45%	99.34%	99.69%	97.83%	99.45%	99.25%	100.00%
Answered	725	303	327	46	362	267	95
Q30. Excluding mental illness, do you or any other adult living in your household have a physical or developmental disability?							
Yes	13.33%	13.0%	14.77%	8.7%	8.03%	13.96%	31.18%
No	86.67%	87.0%	85.23%	91.3%	91.97%	86.04%	68.82%
Answered	720	300	325	46	361	265	93
Q31. Are you or anyone in your immediate family currently homeless (e.g. no permanent place to live on a daily basis)?							
Yes	1.25%	0.33%	1.84%	4.35%	0.56%	1.89%	2.13%
No	98.75%	99.67%	98.16%	95.65%	99.44%	98.11%	97.87%
Answered	720	299	326	46	360	265	94
Q32. Are you a parent or custodial grandparent/guardian of someone under the age of 18?							
Yes	40.86%	48.68%	34.97%	30.43%	40.77%	40.38%	41.94%
No	59.14%	51.32%	65.03%	69.57%	59.23%	59.62%	58.06%
Answered	722	302	326	46	363	265	93

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Q33. As a parent or custodial grandparent/guardian of a minor, please respond to the following questions:							
Yes, I'm a single parent	13.06%	9.52%	15.65%	21.43%	8.33%	16.96%	20.51%
Yes, my child(ren) has a developmental disability?	9.62%	10.20%	10.43%	7.14%	6.94%	9.43%	20.51%
Yes, my child(ren) has a chronic disease?	9.28%	12.93%	5.22%	7.14%	6.34%	11.32%	15.38%
Yes, my child(ren) has been diagnosed with a mental illness or	14.78%	14.29%	13.04%	21.43%	11.72%	16.98%	20.51%
Answered	291	147	115	14	145	106	8
Q34. How well does your community generally meet the needs of children and/or adolescents in the following areas?							
("Excellent" and "Good" Responses Only)							
Prenatal care (pregnancy)	41.82%	41.41%	43.42%	40.00%	42.85%	43.80%	32.98%
Postnatal care (birth through 1st year)	43.00%	42.71%	43.25%	44.45%	46.00%	42.97%	32.26%
Parental support/training	25.35%	23.91%	28.22%	17.78%	26.57%	24.42%	23.65%
Support for single parents	10.62%	10.24%	11.04%	13.33%	10.12%	10.51%	12.90%
Needs of children/youth with disabilities	17.86%	21.77%	14.68%	22.22%	18.34%	17.57%	17.02%
Dental health	43.18%	50.50%	38.34%	37.78%	48.72%	40.31%	30.85%
Mental health	15.07%	13.76%	16.82%	15.56%	14.90%	16.60%	11.70%
Physical health	45.90%	48.64%	44.41%	37.77%	48.85%	46.06%	34.78%
Recreational opportunities	48.14%	49.33%	48.30%	42.22%	52.45%	47.88%	33.34%
Basic needs of low income children/youth	12.69%	12.38%	12.35%	17.77%	12.97%	13.52%	9.57%
Answered	705	299	327	45	351	259	94
Q35. What are the top three health needs related to children (ranging in age new born to 12 years old) in your community?							
After school programs	34.98%	40.91%	30.72%	32.56%	34.97%	34.04%	37.93%
Bullying prevention	30.2%	34.97%	26.47%	20.93%	23.31%	34.47%	43.68%
Childcare for children - newborns to age 5	37.29%	32.87%	44.44%	23.26%	39.88%	36.60%	29.89%
Dental care	10.48%	9.09%	10.78%	9.3%	10.43%	9.79%	11.49%
Early childhood intervention programs (e.g. Head Start)	19.57%	23.43%	16.01%	20.93%	17.79%	20.85%	22.99%
Financial assistance to families (for nutrition, childcare, housing,	31.12%	29.02%	32.03%	39.53%	31.29%	31.49%	29.89%
Medical care	13.71%	13.64%	11.76%	25.58%	12.58%	14.04%	17.24%
Mental health care	19.88%	19.93%	19.93%	20.93%	21.47%	18.30%	18.39%
Mentoring programs for children	22.03%	25.52%	19.28%	23.26%	22.39%	22.98%	18.39%
Nutrition programs (e.g. WIC, free and reduced lunch, etc)	13.1%	11.54%	14.71%	13.95%	10.74%	17.02%	11.49%
Parenting education/skills development	29.43%	27.62%	31.05%	30.23%	32.52%	29.36%	18.39%
Services for children with physical or developmental disabilities	17.41%	14.69%	19.61%	13.95%	19.33%	14.04%	19.54%
Other (please specify)	8.01%	5.59%	10.13%	6.98%	8.90%	5.11%	11.49%
Answered	649	286	306	43	326	235	87

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Q36. What are the top three health needs related to teens (ranging in age 13 - 18 years old) in your community? (Select only three)							
Appropriate internet/technology use (e.g. sexting, cyberbullying,	37.73%	45.26%	31.58%	27.91%	39.51%	38.20%	30.23%
Bullying prevention	38.82%	40.35%	36.84%	39.53%	35.80%	41.63%	41.86%
Relationship violence prevention	18.48%	19.65%	17.76%	16.28%	17.28%	20.60%	17.44%
Dental care	5.12%	4.21%	5.92%	6.98%	4.63%	4.29%	9.30%
Employment opportunity for teens	27.33%	27.72%	25.99%	32.56%	27.16%	27.47%	26.74%
Medical care	6.37%	4.91%	7.57%	6.98%	5.86%	7.73%	4.65%
Mental health care	29.5%	26.67%	32.57%	34.88%	31.79%	27.47%	26.74%
Obesity prevention	19.72%	18.25%	21.38%	20.93%	25.31%	15.02%	11.63%
Parenting education/skills development (for parents of adolescents)	20.65%	23.16%	19.74%	11.63%	21.91%	20.17%	17.44%
Opportunities to contribute to the community (e.g., volunteering,	26.86%	28.42%	26.64%	16.28%	24.07%	30.47%	27.91%
Services for children with physical or developmental disabilities	11.18%	8.42%	13.49%	11.63%	10.19%	12.45%	11.63%
Substance abuse prevention/treatment	26.86%	30.88%	22.7%	34.88%	27.16%	27.04%	25.58%
Teen pregnancy prevention/sex education	16.3%	12.63%	19.74%	13.95%	16.36%	16.31%	16.28%
Other (please specify)	6.52%	4.56%	8.22%	6.98%	5.56%	5.58%	11.63%
Answered	644	285	304	43	324	233	86
Q37. The community is supportive of healthy aging.							
Strongly agree	8.73%	7.36%	9.76%	6.52%	9.47%	8.20%	7.61%
Agree	56.77%	55.85%	56.71%	67.39%	61.24%	54.30%	47.83%
Disagree	9.02%	8.36%	9.45%	8.7%	7.69%	10.55%	9.78%
Strongly disagree	2.47%	2.01%	2.74%	2.17%	1.78%	2.73%	3.26%
Don't know	23.0%	26.42%	21.34%	15.22%	19.82%	24.22%	31.52%
Answered	687	299	328	46	338	256	92
Q38. The necessary senior services are available in this community.							
Strongly agree	7.3%	6.04%	8.87%	2.17%	8.90%	4.33%	9.68%
Agree	43.8%	42.62%	43.43%	52.17%	44.51%	44.88%	38.71%
Disagree	13.28%	14.43%	11.93%	17.39%	12.17%	14.96%	12.90%
Strongly disagree	2.63%	2.01%	2.45%	6.52%	2.37%	1.97%	4.30%
Don't know	32.99%	34.9%	33.33%	21.74%	32.05%	33.86%	34.41%
Answered	685	298	327	46	337	254	93
Q39. Are you a caregiver for an older adult (spouse, parent)?							
Yes	8.33%	7.69%	8.9%	8.89%	8.61%	5.12%	16.30%
No	91.67%	92.31%	91.1%	91.11%	91.39%	94.88%	83.70%
Answered	684	299	326	45	337	254	92
Q40. If you are a caregiver for an older adult, are you receiving the services you need?							
Yes	66.1%	54.17%	73.33%	80.0%	79.31%	60.00%	46.67%
No, here are some services I need	33.9%	45.83%	26.67%	20.0%	20.69%	40.00%	53.33%
Answered	59	24	30	5	29	15	15

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Q41. Choose the top three health needs of older adults in your community. (Select only three)							
Access to daily meals	21.1%	21.75%	21.04%	17.07%	20.45%	21.79%	21.84%
Affordable prescriptions	34.49%	30.53%	38.19%	34.15%	33.55%	36.75%	32.18%
Affordable housing	36.06%	36.14%	38.83%	14.63%	35.14%	35.47%	40.23%
Assisted living options	18.11%	22.11%	16.18%	4.88%	19.17%	17.09%	17.24%
Caregiver support	15.28%	16.49%	14.56%	12.2%	15.65%	14.96%	14.94%
Day programs	11.65%	14.39%	9.71%	7.32%	14.38%	7.26%	13.79%
Dental care	4.57%	2.46%	5.83%	9.76%	4.15%	4.70%	5.75%
Ease of mobility in the community	13.07%	10.53%	15.21%	14.63%	13.42%	13.25%	11.49%
Elder abuse	2.99%	2.81%	2.91%	4.88%	2.88%	3.42%	2.30%
Health insurance	14.17%	13.68%	13.92%	19.51%	14.06%	14.96%	11.49%
Home health care options	13.7%	12.28%	13.59%	24.39%	14.06%	11.97%	16.09%
Hospice	2.05%	2.81%	1.29%	2.44%	2.88%	0.85%	1.15%
Independent living in a retirement community	6.3%	7.37%	5.18%	7.32%	5.11%	5.98%	11.49%
Independent living in the home	18.9%	15.79%	21.68%	19.51%	20.13%	19.66%	12.64%
Long term care options	12.28%	11.93%	12.3%	14.63%	12.14%	11.11%	16.09%
Medical care	7.56%	7.02%	8.41%	4.88%	6.39%	8.97%	8.05%
Memory care options/dementia support	11.5%	11.93%	11.0%	12.2%	11.82%	11.97%	9.20%
Mental health services	7.56%	6.32%	7.44%	17.07%	7.35%	8.12%	6.90%
Personal care services	9.29%	8.77%	9.39%	12.2%	9.27%	10.26%	5.75%
Respite services for caregivers	9.61%	8.77%	10.68%	7.32%	10.86%	9.40%	5.75%
Safety	3.78%	3.51%	3.88%	4.88%	2.88%	4.27%	5.75%
Substance abuse	0.79%	0.35%	1.29%	0.0%	1.28%	0.43%	0.00%
Transportation	17.8%	17.89%	17.8%	17.07%	18.97%	18.80%	21.84%
Vision care	2.2%	1.75%	2.91%	0.0%	2.24%	1.71%	3.45%
Other (please specify)	4.88%	4.91%	4.85%	4.88%	4.15%	5.56%	5.75%
Answered	635	285	309	41	313	234	87
Q42. Are you							
Female	83.9%	83.5%	83.84%	86.96%	85.54%	82.80%	80.85%
Male	16.1%	16.5%	16.16%	13.04%	14.46%	17.20%	19.15%
Answered	677	303	328	46	332	250	94
Q43. What county do you currently live in?							
Riley	48.45%	0.0%	100.0%	0.0%	52.25%	48.21%	35.11%
Pottawatomie	44.77%	100.0%	0.0%	0.0%	41.44%	45.42%	55.32%
Other	6.77%	0.0%	0.0%	100.00%	6.30%	6.37%	9.58%
Answered	679	304	329	46	333	251	94
Q44. What is your zip code for your street address? (Please specify)							
64015 (N=1) Blue Springs, MO	0.15%	-	-	2.17%	-	0.40%	-
64093 (N=1) Warrensburg, MO	0.15%	-	-	2.17%	-	-	1.06%
64105 (N=1) Kansas City, MO	0.15%	-	0.30%	-	0.30%	-	-
66202 (N=1) Mission, KS	0.15%	-	-	2.17%	0.30%	-	-
66401 (N=6) Alma, KS	0.88%	-	-	13.04%	0.90%	0.79%	1.06%
66407 (N=3) Belvue, KS	0.44%	0.99%	-	-	0.60%	-	1.06%
66411 (N=3) Blue Rapids, KS	0.44%	-	0.30%	4.35%	-	0.79%	1.06%
66415 (N=1) Centralia, KS	0.15%	-	-	2.17%	-	0.40%	-
66422 (N=1) Fort Riley, KS	0.15%	0.33%	-	-	-	-	1.06%
66427 (N=3) Frankfort, KS	0.44%	-	-	6.52%	0.60%	0.40%	-
66441 (N=3) Junction City, KS	0.44%	-	-	6.52%	0.90%	-	-
66449 (N=1) Leonardville, KS	0.15%	0.33%	0.61%	-	0.60%	0.40%	-
66501 (N=1) Manhattan, KS	0.15%	-	-	2.17%	0.30%	-	-
66502 (N=258) Manhattan, KS	37.72%	12.50%	66.57%	-	41.49%	34.39%	31.91%
66503 (N=91) Manhattan, KS	13.30%	-	27.66%	-	14.93%	14.23%	5.32%
66507 (N=1)	0.15%	-	-	2.17%	-	0.40%	-
66514 (N=1) Milford, KS	0.15%	-	-	2.17%	-	-	1.06%
66517 (N=4) Manhattan, KS	0.58%	-	1.22%	-	0.30%	0.79%	1.06%
66520 (N=6) Olsburg, KS	0.88%	1.97%	-	-	0.60%	1.58%	-
66521 (N=3) Onaga, KS	0.44%	0.99%	-	-	0.60%	0.40%	-
66526 (N=2) Paxico, KS	0.29%	-	-	4.35%	0.30%	0.40%	-
66531 (N=6) Riley, KS	0.88%	-	1.82%	-	0.60%	1.19%	1.06%
66535 (N=33) Saint George, KS	4.82%	10.86%	-	-	4.48%	3.95%	8.51%
66536 (N=4)	0.58%	1.32%	-	-	0.90%	0.40%	-
66544 (N=1) Vermillion, KS	0.15%	-	0.30%	-	-	0.40%	-

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					Excellent or Very Good	Good	Fair or Poor
66546 (N=1)					-	-	-
66547 (N=203) Wamego, KS	29.68%	64.14%	-	-	25.67%	30.83%	39.36%
66548 (N=1) Waterville, KS	0.15%	-	-	2.17%	-	0.40%	-
66549 (N=17) Westmoreland, KS	2.49%	5.59%	-	-	2.09%	3.16%	2.13%
66554 (N=2) Randolph, KS	0.29%	-	0.61%	-	0.30%	0.40%	-
66601 (N=1) Topeka, KS	0.15%	-	-	2.17%	-	0.40%	-
66614 (N=1) Topeka, KS	0.15%	-	-	2.17%	0.30%	-	-
66615 (N=1) Topeka, KS	0.15%	-	-	2.17%	0.30%	-	-
66834 (N=1) Alta Vista, KS	0.15%	-	-	6.52%	0.90%	-	-
66846 (N=2) Council Grove, KS	0.29%	-	-	4.35%	0.30%	0.40%	-
66872 (N=1) White City, KS	0.15%	-	-	2.17%	-	0.40%	-
66968 (N=1)	0.15%	-	-	2.17%	-	-	1.06%
67431 (N=1) Chapman, KS	0.15%	-	-	2.17%	0.60%	-	-
67447 (N=1) Green, KS	0.15%	-	0.30%	-	-	0.40%	-
67449 (N=1) Herington, KS	0.15%	-	-	2.17%	-	-	1.06%
67468 (N=1) Morganville, KS	0.15%	-	-	2.17%	0.30%	-	-
67487 (N=1) Wakefield, KS	0.15%	-	-	2.17%	0.30%	-	-
67502 (N=1)	0.15%	-	-	-	-	-	-
90210 (N=1) Beverly Hills, CA	0.15%	0.33%	-	-	-	0.40%	-
99999 (N=7) Unknown	1.02%	0.66%	0.30%	2.17%	0.30%	1.98%	2.13%
Answered	684	304	329	46	335	253	94
Q45. Which of the following group best describes your current age?							
Under 18	0.0%	0.0%	0.0%	0.0%	0.00%	0.00%	0.00%
18 to 24 years	3.68%	2.3%	4.86%	4.35%	3.59%	3.19%	5.32%
25 to 34 years	21.32%	20.72%	21.88%	21.74%	24.85%	19.52%	13.83%
35 to 49 years	30.44%	36.51%	25.23%	26.09%	27.84%	32.67%	32.98%
50 to 64 years	27.21%	26.97%	27.05%	30.43%	25.75%	29.88%	25.53%
65 to 74 years	10.44%	7.57%	12.16%	17.39%	13.17%	5.98%	12.77%
75 years or older	6.91%	5.92%	8.81%	0.0%	4.79%	8.76%	9.57%
Answered	680	304	329	46	334	251	94
Q46. Which of the following do you consider to be your primary race?							
Asian	0.3%	0.33%	0.31%	0.0%	0.00%	0.80%	0.00%
African-American/Black	0.3%	0.0%	0.31%	2.17%	0.30%	0.40%	0.00%
American Indian or Alaskan Native	0.44%	0.33%	0.61%	0.0%	0.60%	0.40%	0.00%
Caucasian/White	96.01%	96.7%	95.09%	97.83%	96.40%	94.78%	98.92%
Native Hawaiian or Pacific Islander	0.0%	0.0%	0.0%	0.0%	0.00%	0.00%	0.00%
Multi-racial	1.78%	0.99%	2.76%	0.0%	1.80%	2.01%	0.00%
Other (please specify)	1.18%	1.65%	0.92%	0.0%	0.90%	1.61%	1.08%
Answered	676	303	326	46	333	249	93
Q47. Ethnic category							
Hispanic or Latino	2.41%	1.71%	3.09%	2.17%	2.74%	2.47%	1.10%
Not Hispanic or Latino	97.59%	98.29%	96.91%	97.83%	97.26%	97.53%	98.90%
Answered	664	293	324	46	329	243	91
Q48. What is the highest level of school, college, or vocational training that you have completed?							
Less than 9th grade	0.15%	0.33%	0.0%	0.0%	0.00%	0.00%	1.06%
9th - 12th grade, no diploma	0.45%	0.66%	0.31%	0.0%	0.00%	0.40%	2.13%
High school graduate or GED equivalent	7.42%	7.26%	8.05%	2.17%	5.45%	9.24%	9.57%
Associate's degree or vocational training	15.28%	19.80%	10.22%	21.74%	13.33%	16.47%	19.15%
Some college (no degree)	13.65%	13.86%	12.69%	19.57%	10.00%	13.65%	25.53%
Bachelor's degree	33.23%	31.02%	36.53%	23.91%	33.94%	34.14%	28.72%
Graduate or professional degree	29.82%	27.06%	32.2%	32.61%	37.27%	26.10%	13.83%
Answered	674	303	323	46	330	249	94

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Q49. Which of the following best describes your marital status?							
Single, never married	9.84%	5.98%	13.0%	13.33%	8.54%	10.84%	11.83%
Married	71.24%	77.41%	66.25%	66.67%	76.52%	67.47%	62.37%
Divorced	10.73%	8.64%	12.38%	13.33%	9.15%	13.25%	9.68%
Widowed	5.22%	3.99%	6.5%	2.22%	3.35%	6.83%	7.53%
Not married, but living together	2.83%	3.65%	1.86%	4.44%	2.13%	1.61%	8.60%
Domestic partnership or civil union	0.15%	0.33%	0.0%	0.0%	0.30%	0.00%	0.00%
Answered	671	301	323	45	328	249	93
Q50. What was your total household income last year, before taxes?							
Less than \$10,000	2.18%	2.73%	1.64%	2.27%	0.63%	2.11%	7.95%
\$10,000 - \$14,999	3.59%	1.71%	5.26%	4.55%	1.27%	5.06%	7.95%
\$15,000 - \$24,999	5.15%	3.07%	7.57%	2.27%	4.43%	5.06%	7.95%
\$25,000 - \$34,999	7.33%	5.12%	9.21%	9.09%	6.33%	7.17%	11.36%
\$35,000 - \$49,999	12.64%	14.33%	11.84%	6.82%	8.23%	16.03%	19.32%
\$50,000 - \$74,999	23.4%	23.55%	21.05%	38.64%	24.37%	22.36%	22.73%
\$75,000 - \$99,999	20.59%	24.91%	16.45%	20.45%	23.42%	19.41%	13.64%
\$100,000 - \$199,999	21.84%	21.84%	22.7%	15.91%	26.58%	20.68%	7.95%
\$200,000 or more	3.28%	2.73%	4.28%	0.0%	4.75%	2.11%	1.14%
Answered	641	293	304	44	316	237	88
Q51. How many people does this total household income support?							
Average	2.8	2.7	2.6	2.4	2.9	2.7	2.7
Range	1 - 10	1 - 10	1 - 7	1 - 5	1 - 7	1 - 10	1 - 10
1	16.62%	9.67%	22.22%	21.74%	13.54%	20.41%	16.30%
2	33.99%	32.33%	35.24%	39.13%	33.85%	33.47%	38.04%
3	17.22%	18.67%	14.92%	23.91%	17.85%	15.10%	59.38%
4	21.45%	25.67%	18.41%	8.70%	24.00%	20.41%	16.30%
5	8.31%	9.67%	7.30%	6.52%	8.00%	9.39%	6.52%
6	1.21%	1.67%	0.95%	-	1.54%	0.82%	1.09%
7	0.45%	0.33%	0.95%	-	1.23%	-	-
8	-	-	-	-	-	-	-
9	-	-	-	-	-	-	-
10	0.30%	0.67%	-	-	-	0.41%	1.09%
Answered	662	300	315	46	325	245	92
Q52. Have you been a member of the Armed Services/Military?							
Yes	7.45%	7.97%	7.12%	6.52%	6.69%	6.05%	13.98%
No	92.55%	92.03%	92.88%	93.48%	93.31%	93.95%	86.02%
Answered	671	301	323	46	329	248	93
Q53. What is your current Armed Services/Military status?							
Active	6.25%	8.7%	4.55%	0.0%	9.52%	0.00%	8.33%
Retired	33.33%	30.43%	40.91%	0.0%	38.10%	40.00%	16.67%
Disable or injured	8.33%	13.04%	4.55%	0.0%	0.00%	0.00%	33.33%
Inactive	52.08%	47.83%	50.0%	100.0%	52.38%	60.00%	41.67%
Answered	48	23	22	3	21	15	12
Q54. What is your current employment status?							
Self-employed	3.45%	3.36%	3.74%	2.17%	3.07%	3.24%	5.43%
Employed full time (one job)	58.26%	62.75%	54.52%	56.52%	60.43%	61.94%	41.30%
Homemaker	3.6%	3.69%	4.05%	0.0%	2.76%	4.86%	2.17%
Disabled	2.25%	1.34%	3.12%	2.17%	0.00%	1.21%	13.04%
Unemployed for more than one year	0.15%	0.0%	0.31%	0.0%	0.00%	0.40%	0.00%
Unemployed for 1 year or less	0.9%	0.67%	0.93%	2.17%	0.92%	0.81%	1.09%
Working more than one job	8.26%	8.39%	6.23%	21.74%	8.28%	6.88%	11.96%
Employed part time	10.36%	9.06%	11.84%	8.7%	11.66%	10.93%	4.35%
Retired	11.26%	9.4%	13.4%	6.52%	11.04%	8.10%	20.65%
Other (please specify)	1.5%	1.34%	1.87%	0.0%	1.84%	1.62%	0.00%
Answered	666	298	321	46	326	247	92

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Q55. How many people in your household are currently working outside the home?							
0	13.49%	11.37%	17.13%	4.35%	10.70%	13.71%	22.83%
1	27.74%	23.41%	31.78%	34.78%	26.61%	27.42%	32.61%
2	52.02%	58.19%	45.17%	50.00%	55.35%	51.61%	41.30%
3	5.70%	6.02%	5.30%	6.52%	6.12%	6.05%	3.26%
4	0.90%	1.00%	0.31%	4.35%	0.92%	1.61%	0.00%
5	0.15%	0.00%	0.31%	0.00%	0.31%	0.00%	0.00%
Answered	667	299	321	46	327	248	92
Q56. Are you a student taking classes for credit?							
Yes, full-time student	2.84%	3.68%	2.17%	2.17%	2.45%	3.61%	2.20%
Yes, part-time student	5.09%	5.35%	5.59%	0.0%	4.89%	5.22%	5.49%
No	92.07%	90.97%	92.24%	97.83%	92.66%	91.16%	92.31%
Answered	668	299	322	46	327	249	91
Q57. Which of the following best describes the type of school you are currently attending?							
Four year college or university	64.15%	62.96%	68.0%	0.0%	62.50%	68.18%	57.14%
Two year community college	13.21%	18.52%	4.0%	100.0%	12.50%	4.55%	42.86%
Vocational, technical or trade school	9.43%	11.11%	8.0%	0.0%	8.33%	13.64%	0.00%
Other (please specify)	13.21%	7.41%	20.0%	0.0%	16.67%	13.64%	0.00%
Answered	53	27	25	1	24	22	7
Q58. Do you participate in a religious/faith community?							
Yes	62.69%	65.32%	60.75%	59.09%	69.33%	57.09%	54.55%
No	37.31%	34.68%	39.25%	40.91%	30.67%	42.91%	45.45%
Answered	662	297	321	44	326	247	88
Q59. Do you have access to the internet at your home or residence?							
Yes	94.71%	95.62%	94.08%	93.18%	97.24%	95.14%	84.09%
No	5.29%	4.38%	5.92%	6.82%	2.76%	4.86%	15.91%
Answered	662	297	321	44	326	247	88
Q60. Which best describes how you access the internet? (Check all that apply)							
Home computer	79.43%	76.17%	82.13%	81.82%	85.58%	76.02%	65.91%
Public computer	4.08%	3.69%	4.7%	2.27%	3.68%	4.47%	4.55%
Work computer	37.97%	38.59%	37.93%	34.09%	42.94%	36.59%	23.86%
Mobile (tablet, cell phone, etc.)	73.98%	74.83%	73.98%	68.18%	73.62%	73.98%	76.14%
I don't access the internet	2.42%	2.35%	2.82%	0.0%	1.53%	2.44%	5.68%
Answered	661	298	319	44	326	246	88
Q61. How do you normally get news about community events? (Check all that apply.)							
Newspaper	49.25%	56.86%	42.24%	47.73%	50.61%	46.99%	51.11%
Community flyers	19.46%	21.74%	18.01%	15.91%	22.26%	17.67%	14.44%
Social media (Facebook, Twitter, etc.)	70.36%	69.57%	71.43%	72.73%	71.04%	70.28%	68.89%
Newsletters	15.42%	14.72%	16.15%	13.64%	15.55%	16.47%	12.22%
Email/RSS	24.4%	22.07%	27.02%	22.73%	27.44%	24.90%	12.22%
Friends/family	57.78%	56.52%	58.39%	61.36%	58.84%	57.43%	55.56%
Internet	50.75%	44.82%	54.97%	63.64%	56.71%	45.78%	42.22%
Radio	36.53%	30.77%	42.86%	29.55%	39.94%	36.55%	24.44%
TV/local cable	39.97%	40.47%	38.82%	43.18%	40.55%	39.76%	38.89%
Other (please specify)	0.75%	1.0%	0.62%	0.0%	0.91%	0.00%	2.22%
Answered	668	299	322	44	328	249	90
Q62. Please share any additional comments about health and							
Entered Additional Comment	169	70	89	10	78	58	32

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	Yes	No	Strongly Agree or Agree	Neither Agree or Disagree	Disagree or Strongly Disagree
Q1. How do you get most of your health-related information? (Check all that apply)					
Books/magazines	21.31%	19.29%	20.26%	23.94%	23.61%
Church	1.42%	1.52%	1.13%	2.82%	2.78%
Health department	5.68%	7.61%	6.48%	8.45%	1.39%
My child's school	3.55%	3.55%	3.40%	5.63%	2.78%
Help lines	0.53%	1.02%	0.65%	1.41%	0.00%
Pharmacist	25.40%	24.37%	24.47%	26.76%	29.17%
Doctor/nurse	79.93%	75.63%	79.90%	76.06%	72.22%
Hospital	21.14%	11.68%	19.94%	16.90%	8.33%
Friends and/or family	31.62%	36.55%	30.47%	46.48%	38.89%
Internet	63.77%	72.59%	64.83%	64.79%	77.78%
Other (please specify)	4.62%	6.09%	4.54%	7.04%	8.33%
Answered	563	197	617	71	72
Q2. How would you describe your overall health?					
Excellent	10.11%	9.00%	9.69%	8.22%	13.89%
Very good	41.49%	34.50%	41.03%	39.73%	29.17%
Good	36.70%	37.50%	37.48%	36.99%	30.56%
Fair	9.57%	16.50%	10.18%	13.70%	18.06%
Poor	2.13%	2.00%	1.62%	1.37%	6.94%
Not sure	0.00%	0.50%	0.00%	0.00%	1.39%
Answered	564	200	619	73	72
Q3. Has a health professional ever diagnosed you with one of the following? Check all that apply.					
Alzheimer's/Dementia	0.18%	0.51%	0.16%	0.00%	1.41%
Cancer	8.53%	7.58%	8.43%	6.85%	8.45%
Chronic Lung Disease	2.13%	3.54%	2.59%	1.37%	2.82%
High Cholesterol	19.54%	12.63%	17.34%	17.81%	23.94%
Heart Disease	4.62%	1.01%	3.89%	2.74%	2.82%
Diabetes	9.06%	8.08%	8.75%	5.48%	11.27%
High Blood Pressure	29.48%	24.24%	27.23%	24.66%	38.03%
None of these	54.35%	66.16%	57.21%	63.01%	52.11%
Answered	563	131	617	73	71
Q4. Do you have health insurance?					
Yes	98.58%	89.50%	97.24%	94.52%	88.89%
No	1.42%	10.50%	2.76%	5.48%	11.11%
Answered	562	200	617	73	72
Q5. Do you consult a professional when you are sick?					
Yes	86.27%	78.50%	86.20%	76.71%	75.00%
No (If no, why not? Please explain in the box below.)	13.73%	21.50%	13.80%	23.29%	25.00%
Answered	561	200	616	73	72
Q6. Where do you go most often when you get sick?					
My doctor's office	86.23%	71.94%	84.48%	78.87%	69.44%
Medical clinic	2.33%	2.55%	2.12%	2.82%	4.17%
Health department	0.36%	0.51%	0.33%	0.00%	1.39%
Urgent care center	8.23%	14.29%	10.13%	5.63%	11.11%
Hospital emergency center	0.36%	2.55%	0.49%	1.41%	4.17%
Free clinic (safety net clinic or clinic that doesn't require health	0.54%	2.04%	0.49%	4.23%	1.39%
Other (please specify)	1.97%	6.12%	1.96%	7.04%	8.33%
Answered	559	196	612	71	72

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	Yes	No	Strongly Agree or Agree	Neither Agree or Disagree	Disagree or Strongly Disagree
Q7. In the last 12 months, have you received a flu shot or nasal spray?					
Yes	100.00%		76.70%	65.28%	58.33%
No (If not, why not? Please explain)		100.00%	23.30%	34.72%	41.67%
Answered	564	200	618	72	72
Q8. I can access the healthcare I need in this community.					
Strongly agree	37.83%	20.10%	41.03%	0.00%	0.00%
Agree	46.36%	52.26%	58.97%	0.00%	0.00%
Neither disagree/agree	8.35%	12.56%	0.00%	100.00%	0.00%
Disagree	6.39%	12.06%	0.00%	0.00%	83.33%
Strongly disagree	1.07%	3.02%	0.00%	0.00%	16.67%
Answered	563	199	619	73	72
Q9. During a normal week, other than in your regular job, how many hours per week do you engage in any physical activity or exercise?					
None	4.63%	4.50%	4.86%	2.74%	4.23%
Less than 1 hour	16.22%	21.50%	16.37%	24.66%	21.13%
Between 1 - 2 hours	29.77%	27.50%	29.17%	34.25%	22.54%
Between 2 - 3 hours	22.82%	20.00%	23.01%	16.44%	21.13%
3 hours or more	26.56%	26.50%	26.58%	21.92%	30.99%
Answered	561	200	617	73	71
Q10. If you exercise, where do you usually go to exercise or engage in physical activity? (Please check all that apply)					
Home	63.77%	69.57%	65.05%	68.12%	64.18%
Neighborhood	39.62%	45.65%	41.35%	36.23%	44.78%
Park	21.70%	23.37%	22.49%	21.74%	20.90%
Private gym/studio	22.26%	20.65%	22.66%	21.74%	14.93%
Public recreation center	5.85%	6.52%	6.57%	2.90%	4.48%
School	1.51%	3.80%	2.08%	1.45%	2.99%
Other (please specify)	12.83%	11.41%	12.11%	13.04%	16.42%
Answered	530	184	578	69	67
Q11. If you don't exercise, what are the reasons you do not exercise? (Select up to three reasons)					
Not applicable - I DO exercise	50.99%	50.80%	53.48%	36.92%	44.12%
My job is physical or hard labor	6.13%	7.49%	5.35%	10.77%	11.76%
Exercise is not important to me	2.37%	2.14%	2.50%	3.08%	1.47%
I don't have access to a facility that has the things I need, like a	7.91%	9.09%	7.13%	18.46%	7.35%
I don't have enough time to exercise	27.27%	24.06%	24.96%	41.54%	23.53%
I would need child care and I don't have it	8.50%	8.02%	8.20%	15.38%	2.94%
I don't know how to find exercise partners	3.95%	5.88%	4.10%	4.62%	5.88%
I don't like to exercise	14.43%	14.44%	14.44%	12.31%	16.18%
It costs too much to exercise	9.68%	16.58%	10.34%	23.08%	10.29%
There is no safe place	0.99%	2.67%	0.71%	3.08%	5.88%
Other (please specify)	10.28%	10.16%	9.45%	9.23%	19.12%
Answered	506	187	561	65	68
Q12. There are enough options for physical activity in this community.					
Strongly agree	13.02%	7.69%	12.83%	8.45%	4.29%
Agree	39.42%	32.31%	39.64%	25.35%	31.43%
Neither disagree/agree	22.42%	31.28%	23.68%	40.85%	17.14%
Disagree	20.07%	22.05%	19.41%	14.08%	38.57%
Strongly disagree	5.06%	6.67%	4.44%	11.27%	8.57%
Answered	553	195	608	71	70

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	Yes	No	Strongly Agree or Agree	Neither Agree or Disagree	Disagree or Strongly Disagree
Q13. This community values physical activity.					
Strongly agree	9.91%	8.21%	10.49%	5.71%	4.23%
Agree	44.86%	42.05%	46.89%	30.00%	33.80%
Neither disagree/agree	35.32%	41.03%	34.92%	52.86%	38.03%
Disagree	8.47%	8.21%	7.05%	7.14%	21.13%
Strongly disagree	1.44%	0.51%	0.66%	4.29%	2.82%
Answered	555	195	610	70	71
Q14. This community values healthy eating.					
Strongly agree	5.08%	5.26%	5.80%	2.90%	1.43%
Agree	32.12%	28.42%	33.50%	26.09%	14.29%
Neither disagree/agree	45.37%	43.68%	45.44%	49.28%	37.14%
Disagree	15.43%	20.53%	14.26%	14.49%	40.00%
Strongly disagree	2.00%	2.11%	1.00%	7.25%	7.14%
Answered	551	190	603	69	70
Q15. I can access the healthy food I need in this community.					
Strongly agree	14.88%	8.33%	15.23%	5.71%	2.82%
Agree	55.17%	54.17%	57.95%	42.86%	42.25%
Neither disagree/agree	16.15%	19.27%	15.07%	30.00%	19.72%
Disagree	11.80%	16.15%	10.60%	15.71%	29.58%
Strongly disagree	2.00%	2.08%	1.16%	5.71%	5.63%
Answered	551	192	604	70	71
Q16. Are you concerned about having enough food for you and/or your family to eat?					
Yes	6.52%	9.42%	5.31%	11.43%	19.72%
No	86.23%	78.53%	87.40%	67.14%	74.65%
Sometimes	7.25%	12.04%	7.30%	21.43%	5.63%
Answered	552	191	603	70	71
Q17. In a typical day, how many times do you eat fruit and/or vegetables?					
None	2.17%	3.65%	2.31%	0.00%	7.14%
One	22.56%	26.04%	21.75%	32.86%	28.57%
Two	40.79%	34.38%	40.03%	37.14%	32.86%
Three	24.37%	26.04%	26.03%	22.86%	17.14%
Four or more times	10.11%	9.90%	9.88%	7.14%	14.29%
Answered	554	192	607	70	70
Q18. Overall, I eat healthy foods.					
Strongly agree	9.03%	9.38%	9.24%	10.00%	8.45%
Agree	55.42%	56.25%	57.76%	47.14%	45.07%
Neither disagree/agree	24.55%	24.48%	22.77%	34.29%	29.58%
Disagree	9.75%	8.85%	9.24%	7.14%	14.71%
Strongly disagree	1.26%	1.04%	0.99%	1.43%	2.82%
Answered	554	192	606	70	71
Q19. If you don't eat enough fruits and vegetables (2 cups of each) on a typical day, what are the primary reasons you do not? (Select up to three)					
Not applicable, I eat enough fruits and vegetables	39.92%	46.74%	42.78%	33.85%	40.58%
I'm not able to get to a grocery store	5.27%	3.26%	3.61%	9.23%	10.14%
It costs too much	23.73%	22.28%	21.13%	32.31%	33.33%
I don't have enough time to purchase and prepare them	21.66%	19.02%	21.31%	18.46%	21.74%
I don't know how to cook them	4.90%	4.89%	4.98%	7.69%	1.45%
I don't like all or some of the healthy foods	20.34%	16.30%	20.10%	18.46%	13.04%
Others in my household don't like all or some of them	15.82%	11.96%	16.15%	15.38%	4.35%
I have dietary restrictions due to a medical condition	3.20%	0.54%	1.89%	3.08%	5.80%
I have dietary restrictions due to religious beliefs/customs	0.00%	0.00%	0.00%	0.00%	0.00%
Other (please specify)	8.29%	7.07%	7.39%	10.77%	10.14%
Answered	531	184	582	65	69

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	Yes	No	Strongly Agree or Agree	Neither Agree or Disagree	Disagree or Strongly Disagree
Q20. Do you currently smoke/use tobacco products?					
Yes	4.89%	11.46%	6.28%	7.25%	8.45%
No	95.11%	88.54%	93.72%	92.75%	91.55%
Answered	552	192	605	69	71
Q21. If you currently smoke/use tobacco products, where would you go for help if you wanted to quit?					
Not applicable, I don't want to quit	16.00%	14.29%	19.44%	0.00%	0.00%
Church	0.00%	0.00%	0.00%	0.00%	0.00%
Doctor	48.00%	19.05%	33.33%	20.00%	60.00%
Kansas hotline	4.00%	4.76%	5.56%	0.00%	0.00%
Health department	0.00%	0.00%	0.00%	0.00%	0.00%
Pharmacy	4.00%	0.00%	2.78%	0.00%	0.00%
Private counselor/therapist	4.00%	0.00%	2.78%	0.00%	0.00%
I don't know	12.00%	42.86%	22.22%	40.00%	40.00%
Other (please specify)	12.00%	19.05%	13.89%	40.00%	0.00%
Answered	25	21	36	5	5
Q22. What are the top three needs related to physical health in your community? (Select only three)					
Access to healthy food options	20.68%	21.62%	20.41%	20.29%	25.37%
Affordable health insurance	48.31%	47.03%	48.71%	56.52%	34.33%
Affordable health services	41.35%	34.59%	38.59%	42.03%	44.78%
Affordable prescriptions	29.14%	17.84%	26.93%	21.74%	23.88%
Children health services	9.21%	10.27%	9.26%	10.14%	10.45%
Dental care options	13.91%	17.84%	13.89%	17.39%	20.90%
Maternal health services	5.83%	10.27%	6.69%	7.25%	8.96%
Prevention of infant mortality	1.69%	0.00%	1.20%	1.45%	1.49%
Healthcare assistance for older adults	15.23%	14.05%	15.95%	10.14%	10.45%
Healthcare assistance for veterans/military	7.52%	7.57%	8.06%	5.80%	4.48%
Increased number of healthcare providers	19.36%	18.38%	15.61%	27.54%	40.30%
Availability of transportation for health services	11.84%	9.19%	11.84%	4.35%	11.94%
Facilities for physical activity (including parks, trails, rec centers)	28.57%	29.73%	28.64%	0.35%	25.37%
Increased health education/prevention (e.g., healthy eating, etc)	16.92%	18.38%	17.32%	20.29%	14.93%
Substance abuse prevention/treatment	15.04%	9.73%	15.44%	5.80%	5.97%
Tobacco use cessation (quitting) services	4.51%	4.32%	5.15%	0.00%	4.48%
Other (please specify)	10.34%	12.97%	8.92%	11.59%	29.85%
Answered	532	185	583	69	67
Q23. How would you describe your overall mental health?					
Excellent	21.51%	16.49%	20.13%	22.86%	19.12%
Very good	36.76%	39.36%	39.43%	28.57%	29.41%
Good	32.72%	31.91%	32.55%	32.86%	30.88%
Fair	3.66%	8.51%	6.38%	11.43%	11.76%
Poor	1.65%	2.66%	1.34%	2.86%	5.88%
Not sure	0.37%	1.06%	0.17%	1.43%	2.94%
Answered	544	188	596	70	68
Q24. Do you consult a mental health professional when your mental health is not good?					
Yes	29.02%	25.93%	27.78%	25.71%	33.82%
No	34.75%	39.68%	36.03%	31.43%	39.71%
My mental health is always good	36.23%	34.39%	36.20%	42.86%	26.47%
Answered	541	189	594	70	68

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	Yes	No	Strongly Agree or Agree	Neither Agree or Disagree	Disagree or Strongly Disagree
Q25. When you do need help, where do you go most often when your mental health is not good?					
Community mental health center	14.74%	11.01%	13.65%	10.81%	17.02%
Community provider	44.23%	30.28%	43.03%	32.43%	29.79%
Hospital emergency room	2.88%	2.75%	2.97%	5.41%	0.00%
Other (please specify)	38.14%	55.96%	40.36%	51.35%	53.19%
Answered	312	109	337	37	47
Q26. The community has adequate mental health services for people who need them.					
Strongly agree	2.43%	2.19%	2.90%	0.00%	0.00%
Agree	16.04%	15.85%	17.55%	13.24%	4.55%
Neither disagree/agree	27.24%	38.80%	30.83%	36.76%	19.70%
Disagree	34.51%	30.05%	33.39%	27.94%	37.88%
Strongly disagree	19.78%	13.11%	15.33%	22.06%	37.88%
Answered	536	183	587	68	66
Q27. What are the top three needs related to mental health in your community? (Select only three)					
Affordable mental health services	63.39%	63.48%	63.91%	66.67%	55.38%
Affordable prescriptions	17.73%	18.54%	17.78%	13.64%	24.62%
Children mental health services	24.66%	25.28%	24.47%	33.33%	18.46%
High quality mental health services	44.70%	38.76%	40.85%	54.55%	50.77%
Increased mental health education/prevention	41.81%	42.70%	43.84%	36.36%	32.31%
Increased number of mental healthcare providers	46.63%	38.20%	42.96%	43.94%	56.92%
Substance abuse prevention/treatment	28.71%	15.17%	26.76%	16.67%	20.00%
Availability of transportation for mental health services	12.72%	15.73%	13.73%	10.61%	13.85%
Other (please specify)	8.86%	8.43%	7.75%	15.15%	12.31%
Answered	519	178	568	66	65
Q28. Do you or anyone in your household have a substance use issue (e.g. drink too much alcohol, have a problem with legal or illegal drugs)?					
Yes	4.10%	9.68%	5.10%	7.35%	7.46%
No	95.90%	90.32%	94.90%	92.65%	92.54%
Answered	536	186	588	68	67
Q29. Do you or anyone in your household currently experience domestic violence (e.g. violence between adults)					
Yes	0.56%	0.54%	0.68%	0.00%	0.00%
No	99.44%	99.46%	99.32%	100.00%	100.00%
Answered	537	186	589	68	67
Q30. Excluding mental illness, do you or any other adult living in your household have a physical or developmental disability?					
Yes	11.44%	18.92%	11.26%	20.90%	23.88%
No	88.56%	81.08%	88.74%	79.10%	76.12%
Answered	533	185	586	67	67
Q31. Are you or anyone in your immediate family currently homeless (e.g. no permanent place to live on a daily basis)?					
Yes	1.13%	1.61%	0.85%	4.41%	1.52%
No	98.87%	98.39%	99.15%	95.59%	98.48%
Answered	532	186	586	68	66
Q32. Are you a parent or custodial grandparent/guardian of someone under the age of 18?					
Yes	40.93%	40.54%	40.48%	52.24%	32.84%
No	59.07%	59.46%	59.52%	47.76%	67.16%
Answered	835	186	586	67	67

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Q33. As a parent or custodial grandparent/guardian of a minor, please respond to the following questions:					
Yes, I'm a single parent	12.50%	13.70%	12.34%	18.18%	13.64%
Yes, my child(ren) has a developmental disability?	6.94%	17.81%	8.09%	24.24%	4.55%
Yes, my child(ren) has a chronic disease?	10.23%	6.94%	8.58%	15.15%	9.09%
Yes, my child(ren) has been diagnosed with a mental illness or	15.67%	12.33%	15.25%	18.18%	4.55%
Answered	216	73	233	33	22
Q34. How well does your community generally meet the needs of children and/or adolescents in the following areas?					
("Excellent" and "Good" Responses Only)					
Prenatal care (pregnancy)	44.63%	34.07%	44.08%	33.84%	29.69%
Postnatal care (birth through 1st year)	45.77%	35.39%	46.16%	30.77%	26.99%
Parental support/training	26.24%	23.03%	27.05%	20.00%	15.62%
Support for single parents	11.24%	8.94%	12.30%	6.15%	0.00%
Needs of children/youth with disabilities	18.31%	16.76%	19.58%	12.50%	7.81%
Dental health	45.50%	36.87%	46.61%	29.23%	26.56%
Mental health	15.90%	12.85%	16.73%	9.23%	6.25%
Physical health	48.25%	38.98%	48.77%	35.94%	30.16%
Recreational opportunities	50.38%	42.14%	51.57%	32.81%	32.82%
Basic needs of low income children/youth	13.44%	10.68%	14.51%	6.16%	3.12%
Answered	524	179	574	65	64
Q35. What are the top three health needs related to children (ranging in age new born to 12 years old) in your community?					
After school programs	34.58%	36.53%	37.78%	23.73%	20.69%
Bullying prevention	31.25%	27.54%	29.89%	30.51%	32.76%
Childcare for children - newborns to age 5	37.50%	36.53%	38.35%	32.20%	32.76%
Dental care	9.79%	11.98%	9.59%	8.47%	20.69%
Early childhood intervention programs (e.g. Head Start)	20.00%	18.56%	19.17%	22.03%	20.69%
Financial assistance to families (for nutrition, childcare, housing,	30.63%	32.93%	31.77%	33.90%	22.41%
Medical care	13.54%	13.77%	12.59%	13.56%	24.14%
Mental health care	22.29%	13.17%	19.36%	13.56%	31.03%
Mentoring programs for children	23.54%	17.96%	22.74%	13.56%	24.14%
Nutrition programs (e.g. WIC, free and reduced lunch, etc)	13.33%	12.57%	12.78%	15.25%	13.79%
Parenting education/skills development	28.13%	33.53%	31.20%	13.56%	29.31%
Services for children with physical or developmental disabilities	17.08%	18.56%	16.35%	28.81%	15.52%
Other (please specify)	7.29%	9.58%	6.39%	18.64%	12.07%
Answered	480	167	532	59	58

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Q36. What are the top three health needs related to teens (ranging in age 13 - 18 years old) in your community? (Select only three)					
Appropriate internet/technology use (e.g. sexting, cyberbullying,	36.69%	41.21%	37.81%	35.09%	39.66%
Bullying prevention	39.62%	36.97%	38.94%	42.11%	34.48%
Relationship violence prevention	20.13%	13.94%	18.71%	17.54%	17.24%
Dental care	4.19%	7.27%	4.16%	8.77%	10.34%
Employment opportunity for teens	26.00%	31.52%	27.03%	38.60%	18.97%
Medical care	5.66%	7.88%	6.05%	5.26%	10.34%
Mental health care	32.29%	21.82%	29.11%	28.07%	34.48%
Obesity prevention	20.13%	18.18%	19.47%	21.05%	20.69%
Parenting education/skills development (for parents of adolescents)	19.50%	24.24%	21.55%	12.28%	20.69%
Opportunities to contribute to the community (e.g., volunteering,	27.04%	26.67%	27.41%	22.81%	25.86%
Services for children with physical or developmental disabilities	10.27%	13.94%	10.40%	19.30%	10.34%
Substance abuse prevention/treatment	27.46%	25.45%	28.36%	14.04%	25.86%
Teen pregnancy prevention/sex education	16.56%	15.76%	15.88%	21.05%	15.52%
Other (please specify)	5.45%	9.09%	6.24%	5.26%	10.34%
Answered	477	165	529	57	58
Q37. The community is supportive of healthy aging.					
Strongly agree	10.59%	3.43%	9.61%	6.35%	3.23%
Agree	59.61%	49.14%	59.25%	52.38%	38.71%
Disagree	8.82%	9.14%	8.19%	9.52%	16.13%
Strongly disagree	1.76%	4.57%	1.25%	6.35%	9.68%
Don't know	19.22%	33.71%	21.71%	25.40%	32.26%
Answered	510	175	562	63	62
Q38. The necessary senior services are available in this community.					
Strongly agree	8.25%	4.60%	7.66%	4.84%	6.45%
Agree	48.53%	30.46%	46.88%	32.26%	27.42%
Disagree	13.56%	12.64%	11.41%	20.97%	22.58%
Strongly disagree	2.16%	4.02%	1.78%	3.23%	9.68%
Don't know	27.50%	48.28%	32.26%	38.71%	33.87%
Answered	509	174	561	62	62
Q39. Are you a caregiver for an older adult (spouse, parent)?					
Yes	9.06%	6.32%	8.04%	8.06%	11.29%
No	90.94%	93.68%	91.96%	91.94%	88.71%
Answered	508	174	560	62	62
Q40. If you are a caregiver for an older adult, are you receiving the services you need?					
Yes	69.39%	50.00%	73.91%	60.00%	25.00%
No, here are some services I need	30.61%	50.00%	26.09%	40.00%	75.00%
Answered	49	10	46	5	8

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Q41. Choose the top three health needs of older adults in your community. (Select only three)					
Access to daily meals	20.30%	23.13%	20.88%	26.79%	17.54%
Affordable prescriptions	36.58%	28.75%	35.25%	33.93%	28.07%
Affordable housing	35.31%	38.75%	35.06%	33.93%	47.37%
Assisted living options	17.34%	20.00%	17.24%	14.29%	29.82%
Caregiver support	14.59%	17.50%	14.94%	16.07%	17.54%
Day programs	12.47%	9.38%	12.45%	7.14%	8.77%
Dental care	4.44%	5.00%	4.60%	1.79%	7.02%
Ease of mobility in the community	13.53%	11.88%	12.64%	12.50%	17.54%
Elder abuse	1.90%	6.25%	3.07%	3.57%	1.75%
Health insurance	13.95%	15.00%	13.98%	17.86%	12.28%
Home health care options	13.95%	13.13%	13.98%	12.50%	12.28%
Hospice	1.90%	2.50%	1.92%	1.79%	3.51%
Independent living in a retirement community	6.34%	6.25%	5.94%	5.36%	10.53%
Independent living in the home	18.82%	18.75%	19.16%	19.64%	15.79%
Long term care options	12.47%	11.88%	12.64%	8.93%	12.28%
Medical care	7.40%	8.13%	7.28%	7.14%	10.53%
Memory care options/dementia support	12.05%	10.00%	11.69%	8.93%	12.28%
Mental health services	8.46%	5.00%	7.09%	8.93%	10.53%
Personal care services	9.94%	7.50%	9.00%	10.71%	10.53%
Respite services for caregivers	10.57%	6.88%	9.96%	8.93%	7.02%
Safety	4.02%	3.13%	4.41%	1.79%	0.00%
Substance abuse	0.85%	0.63%	0.96%	0.00%	0.00%
Transportation	18.82%	15.00%	16.28%	19.64%	29.82%
Vision care	2.33%	1.88%	2.30%	0.00%	3.51%
Other (please specify)	3.59%	8.13%	4.98%	5.36%	3.51%
Answered	473	160	522	56	57
Q42. Are you					
Female	83.90%	83.82%	82.97%	93.44%	82.54%
Male	16.10%	16.18%	17.03%	6.56%	17.46%
Answered	503	173	552	61	63
Q43. What county do you currently live in?					
Riley	48.02%	49.13%	48.01%	45.90%	55.56%
Pottawatomie	44.05%	47.40%	45.13%	45.90%	39.68%
Other	7.93%	3.47%	6.86%	8.20%	4.76%
Answered	504	173	554	61	63
Q44. What is your zip code for your street address? (Please specify)					
64015 (N=1) Blue Springs, MO	0.20%	-	0.18%	-	-
64093 (N=1) Warrensburg, MO	0.20%	-	-	1.64%	-
64105 (N=1) Kansas City, MO	0.20%	-	-	1.64%	-
66202 (N=1) Mission, KS	0.20%	-	0.18%	-	-
66401 (N=6) Alma, KS	0.98%	0.57%	0.54%	1.64%	3.13%
66407 (N=3) Belvue, KS	0.59%	-	0.54%	-	-
66411 (N=3) Blue Rapids, KS	0.39%	0.57%	0.54%	-	-
66415 (N=1) Centralia, KS	0.20%	-	0.18%	-	-
66422 (N=1) Fort Riley, KS	-	0.57%	0.18%	-	-
66427 (N=3) Frankfort, KS	0.59%	-	0.54%	-	-
66441 (N=3) Junction City, KS	0.59%	-	0.54%	-	-
66449 (N=1) Leonardville, KS	0.59%	-	0.54%	-	-
66501 (N=1) Manhattan, KS	-	0.57%	0.18%	-	-
66502 (N=258) Manhattan, KS	35.56%	43.10%	36.92%	42.62%	39.06%
66503 (N=91) Manhattan, KS	14.73%	9.20%	13.62%	4.92%	18.75%
66507 (N=1)	0.20%	-	0.18%	-	-
66514 (N=1) Milford, KS	0.20%	-	0.18%	-	-
66517 (N=4) Manhattan, KS	0.59%	0.57%	0.36%	3.28%	-
66520 (N=6) Olsburg, KS	0.39%	2.30%	1.08%	-	-
66521 (N=3) Onaga, KS	0.39%	0.57%	0.54%	-	-
66526 (N=2) Paxico, KS	0.20%	0.57%	0.36%	-	-
66531 (N=6) Riley, KS	0.79%	1.15%	0.72%	1.64%	1.56%
66535 (N=33) Saint George, KS	5.11%	3.45%	4.84%	8.20%	1.56%
66536 (N=4)	0.59%	0.57%	0.54%	-	1.56%
66544 (N=1) Vermillion, KS	0.20%	-	0.18%	-	-

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	Yes	No	Strongly Agree or Agree	Neither Agree or Disagree	Disagree or Strongly Disagree
66546 (N=1)	-	-	-	1.64%	-
66547 (N=203) Wamego, KS	28.29%	34.48%	29.93%	27.87%	28.13%
66548 (N=1) Waterville, KS	0.20%	-	-	-	1.56%
66549 (N=17) Westmoreland, KS	2.95%	1.15%	2.69%	1.64%	1.56%
66554 (N=2) Randolph, KS	0.20%	0.57%	0.36%	-	-
66601 (N=1) Topeka, KS	0.20%	-	0.18%	-	-
66614 (N=1) Topeka, KS	0.20%	-	0.18%	-	-
66615 (N=1) Topeka, KS	0.20%	-	0.18%	-	-
66834 (N=1) Alta Vista, KS	0.39%	0.57%	0.36%	1.64%	-
66846 (N=2) Council Grove, KS	0.39%	-	0.18%	-	-
66872 (N=1) White City, KS	0.20%	-	0.18%	-	-
66968 (N=1)	0.20%	-	0.18%	-	-
67431 (N=1) Chapman, KS	0.20%	-	0.18%	-	-
67447 (N=1) Green, KS	0.20%	-	0.18%	-	-
67449 (N=1) Herington, KS	0.20%	-	-	1.64%	-
67468 (N=1) Morganville, KS	0.20%	-	0.18%	-	-
67487 (N=1) Wakefield, KS	0.20%	-	0.18%	-	-
67502 (N=1)	0.20%	-	-	-	-
90210 (N=1) Beverly Hills, CA	0.20%	-	0.18%	-	-
99999 (N=7) Unknown	1.57%	-	1.08%	-	3.13%
Answered	509	174	558	61	64
Q45. Which of the following group best describes your current age?					
Under 18	0.00%	0.00%	0.00%	0.00%	0.00%
18 to 24 years	3.56%	4.05%	3.78%	1.64%	4.76%
25 to 34 years	20.99%	0.54%	21.80%	27.87%	11.11%
35 to 49 years	29.70%	32.95%	30.09%	31.15%	33.33%
50 to 64 years	26.34%	29.48%	27.03%	21.31%	34.92%
65 to 74 years	11.29%	7.51%	10.63%	8.20%	9.52%
75 years or older	8.12%	3.47%	6.67%	9.84%	6.35%
Answered	505	173	555	61	63
Q46. Which of the following do you consider to be your primary race?					
Asian	0.20%	0.58%	0.18%	0.00%	1.61%
African-American/Black	0.40%	0.00%	0.36%	0.00%	0.00%
American Indian or Alaskan Native	0.60%	0.00%	0.36%	1.67%	0.00%
Caucasian/White	96.22%	95.35%	96.20%	93.33%	96.77%
Native Hawaiian or Pacific Islander	0.00%	0.00%	0.00%	0.00%	0.00%
Multi-racial	1.79%	1.74%	1.63%	3.33%	1.61%
Other (please specify)	0.80%	2.33%	1.27%	1.67%	0.00%
Answered	502	172	553	60	62
Q47. Ethnic category					
Hispanic or Latino	2.25%	2.31%	1.85%	5.00%	4.84%
Not Hispanic or Latino	97.75%	97.69%	98.15%	95.00%	95.16%
Answered	489	173	542	60	62
Q48. What is the highest level of school, college, or vocational training that you have completed?					
Less than 9th grade	0.20%	0.00%	0.18%	0.00%	0.00%
9th - 12th grade, no diploma	0.60%	0.00%	0.36%	0.00%	0.00%
High school graduate or GED equivalent	6.19%	11.11%	7.08%	15.25%	3.17%
Associate's degree or vocational training	16.57%	11.70%	14.88%	16.95%	1.75%
Some college (no degree)	12.57%	16.96%	11.62%	23.73%	22.22%
Bachelor's degree	33.73%	32.16%	34.85%	22.03%	30.16%
Graduate or professional degree	30.14%	28.07%	31.03%	22.03%	26.98%
Answered	501	171	551	59	63

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Q49. Which of the following best describes your marital status?					
Single, never married	7.82%	15.29%	9.65%	10.17%	11.29%
Married	73.35%	65.88%	74.32%	55.93%	59.68%
Divorced	11.02%	9.41%	9.65%	15.25%	14.52%
Widowed	5.01%	5.88%	4.37%	10.17%	8.06%
Not married, but living together	2.81%	2.94%	1.82%	8.47%	6.45%
Domestic partnership or civil union	0.00%	0.59%	0.18%	0.00%	0.00%
Answered	499	170	549	59	62
Q50. What was your total household income last year, before taxes?					
Less than \$10,000	1.27%	4.85%	1.33%	5.36%	6.67%
\$10,000 - \$14,999	3.16%	4.85%	2.86%	7.14%	6.67%
\$15,000 - \$24,999	4.85%	6.06%	4.00%	10.71%	10.00%
\$25,000 - \$34,999	6.96%	7.88%	8.00%	5.36%	3.33%
\$35,000 - \$49,999	11.39%	16.36.00%	11.81%	19.64%	13.33%
\$50,000 - \$74,999	22.57%	26.06%	24.00%	26.79%	15.00%
\$75,000 - \$99,999	21.94%	16.97%	21.33%	12.50%	21.67%
\$100,000 - \$199,999	23.84%	15.76%	23.62%	12.50%	15.00%
\$200,000 or more	4.01%	1.21%	3.05%	0.00%	8.33%
Answered	474	165	525	56	60
Q51. How many people does this total household income support?					
Average	2.8	2.8	2.8	3.05	2.6
Range	1 - 10	1-10	1-10	1-7	1-6
1	15.51%	16.35%	15.84%	20.69%	21.67%
2	34.49%	33.65%	34.81%	25.86%	35.00%
3	17.96%	17.31%	18.42%	10.34%	13.33%
4	21.22%	24.04%	21.55%	18.97%	23.33%
5	8.57%	6.73%	7.37%	20.69%	5.00%
6	1.43%	-	1.10%	1.72%	1.67%
7	0.61%	0.96%	0.55%	1.72%	-
8	-	-	-	-	-
9	-	-	-	-	-
10	0.20%	0.96%	0.37%	-	-
Answered	490	104	543	58	60
Q52. Have you been a member of the Armed Services/Military?					
Yes	8.23%	5.26%	8.01%	5.08%	4.76%
No	91.77%	94.74%	91.99%	94.92%	95.24%
Answered	498	171	549	59	63
Q53. What is your current Armed Services/Military status?					
Active	7.50%	0.00%	7.14%	0.00%	0.00%
Retired	30.00%	50.00%	33.33%	0.00%	66.67%
Disable or injured	7.50%	12.50%	7.14%	0.00%	33.33%
Inactive	55.00%	37.50%	52.38%	100.00%	0.00%
Answered	40	8	42	3	3
Q54. What is your current employment status?					
Self-employed	2.23%	7.06%	3.49%	5.17%	1.59%
Employed full time (one job)	60.12%	52.94%	62.02%	39.66%	42.86%
Homemaker	2.83%	5.88%	2.94%	8.62%	4.76%
Disabled	2.02%	2.94%	1.65%	1.72%	7.94%
Unemployed for more than one year	0.00%	0.59%	0.00%	1.72%	0.00%
Unemployed for 1 year or less	0.81%	1.18%	0.37%	1.72%	4.76%
Working more than one job	7.69%	10.00%	7.89%	12.07%	7.94%
Employed part time	10.53%	10.00%	9.17%	18.97%	12.70%
Retired	12.35%	7.65%	11.19%	8.62%	14.29%
Other (please specify)	1.42%	1.76%	1.28%	1.72%	3.17%
Answered	884	170	545	58	63

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	Yes	No	Strongly Agree or Agree	Neither Agree or Disagree	Disagree or Strongly Disagree
Q55. How many people in your household are currently working outside the home?					
0	14.11%	11.83%	12.89%	13.79%	22.58%
1	26.81%	30.18%	25.60%	44.83%	25.81%
2	52.02%	52.07%	54.70%	37.93%	41.94%
3	5.85%	5.33%	5.52%	3.45%	9.68%
4	1.01%	0.59%	1.10%	-	-
5	0.20%	0.00%	0.18%	-	-
Answered	496	169	543	58	62
Q56. Are you a student taking classes for credit?					
Yes, full-time student	2.21%	4.73%	2.38%	3.39%	6.35%
Yes, part-time student	4.63%	6.51%	5.31%	5.08%	3.17%
No	93.16%	88.76%	92.31%	91.53%	90.48%
Answered	497	169	546	59	63
Q57. Which of the following best describes the type of school you are currently attending?					
Four year college or university	52.94%	84.21%	61.90%	80.00%	66.67%
Two year community college	14.71%	10.53%	16.67%	0.00%	0.00%
Vocational, technical or trade school	14.71%	0.00%	9.52%	20.00%	0.00%
Other (please specify)	17.65%	5.26%	11.90%	0.00%	33.33%
Answered	34	19	42	5	6
Q58. Do you participate in a religious/faith community?					
Yes	63.82%	59.52%	63.89%	52.54%	61.90%
No	36.18%	40.48%	36.11%	47.46%	38.10%
Answered	492	168	540	59	63
Q59. Do you have access to the internet at your home or residence?					
Yes	94.52%	95.21%	95.19%	93.10%	92.06%
No	5.48%	4.79%	4.81%	6.90%	7.94%
Answered	493	167	541	58	63
Q60. Which best describes how you access the internet? (Check all that apply)					
Home computer	81.06%	74.40%	79.96%	66.10%	87.30%
Public computer	4.28%	3.57%	3.53%	6.78%	6.35%
Work computer	37.68%	38.69%	39.33%	23.73%	39.68%
Mobile (tablet, cell phone, etc.)	72.30%	79.17%	74.03%	81.36%	66.67%
I don't access the internet	2.44%	2.38%	2.23%	3.39%	3.17%
Answered	491	168	539	59	63
Q61. How do you normally get news about community events? (Check all that apply.)					
Newspaper	52.10%	41.32%	51.28%	38.60%	42.19%
Community flyers	18.84%	21.56%	21.79%	10.53%	7.81%
Social media (Facebook, Twitter, etc.)	68.54%	75.45%	70.33%	71.93%	70.31%
Newsletters	16.03%	13.17%	15.75%	14.04%	12.50%
Email/RSS	25.45%	20.96%	25.64%	17.54%	20.31%
Friends/family	57.72%	58.08%	58.24%	47.37%	64.06%
Internet	52.30%	46.71%	52.20%	47.37%	42.19%
Radio	38.68%	29.94%	37.73%	29.82%	32.81%
TV/local cable	43.89%	28.74%	41.58%	38.60%	28.13%
Other (please specify)	0.40%	1.80%	0.55%	0.00%	3.13%
Answered	499	167	546	57	64
Q62. Please share any additional comments about health and					
Entered Additional Comment	118	50	127	16	26

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	None or <1 Hour	1 - 3 Hours	3+ Hours	Yes or Sometimes	No
Q1. How do you get most of your health-related information? (Check all that apply)					
Books/magazines	16.07%	18.72%	27.86%	20.69%	21.12%
Church	1.19%	1.28%	1.99%	2.59%	1.12%
Health department	4.76%	6.15%	7.46%	9.48%	5.44%
My child's school	5.95%	2.82%	2.99%	8.62%	2.56%
Help lines	1.19%	0.51%	0.50%	0.86%	0.64%
Pharmacist	25.00%	27.95%	18.91%	25.86%	24.80%
Doctor/nurse	76.19%	79.49%	80.10%	67.24%	80.80%
Hospital	17.86%	16.92%	22.39%	17.24%	18.72%
Friends and/or family	32.14%	31.79%	34.33%	38.79%	31.36%
Internet	62.50%	68.97%	64.18%	71.55%	64.96%
Other (please specify)	4.17%	5.90%	4.48%	3.45%	5.60%
Answered	168	390	201	116	625
Q2. How would you describe your overall health?					
Excellent	3.55%	7.91%	19.31%	5.13%	10.83%
Very good	25.44%	40.56%	50.00%	23.93%	42.52%
Good	44.38%	39.80%	24.75%	47.01%	35.19%
Fair	23.08%	10.20%	3.96%	20.51%	9.55%
Poor	2.96%	1.53%	1.98%	2.56%	1.91%
Not sure	0.59%	0.00%	0.00%	0.85%	0.00%
Answered	169	392	202	117	628
Q3. Has a health professional ever diagnosed you with one of the following? Check all that apply.					
Alzheimer's/Dementia	0.00%	0.26%	0.50%	0.85%	0.16%
Cancer	9.58%	8.67%	6.47%	7.69%	8.16%
Chronic Lung Disease	1.20%	3.06%	2.49%	1.71%	2.56%
High Cholesterol	23.95%	17.09%	14.93%	13.68%	18.72%
Heart Disease	4.19%	3.57%	2.99%	2.56%	3.84%
Diabetes	12.57%	7.91%	6.97%	11.97%	8.16%
High Blood Pressure	35.93%	26.53%	23.38%	23.93%	28.32%
None of these	49.70%	58.16%	62.69%	59.83%	57.12%
Answered	167	392	201	117	625
Q4. Do you have health insurance?					
Yes	95.86%	95.65%	97.51%	87.18%	97.76%
No	4.14%	4.35%	2.49%	12.82%	2.24%
Answered	169	391	201	117	626
Q5. Do you consult a professional when you are sick?					
Yes	84.62%	84.58%	83.17%	75.21%	85.58%
No (If no, why not? Please explain in the box below.)	15.38%	15.42%	16.83%	24.79%	14.42%
Answered	169	389	202	117	624
Q6. Where do you go most often when you get sick?					
My doctor's office	83.73%	82.12%	82.18%	73.28%	84.01%
Medical clinic	3.01%	2.33%	1.98%	3.45%	2.26%
Health department	0.00%	0.52%	0.50%	0.86%	0.32%
Urgent care center	7.23%	11.14%	9.41%	9.48%	9.85%
Hospital emergency center	1.81%	0.78%	0.50%	1.72%	0.81%
Free clinic (safety net clinic or clinic that doesn't require health	1.81%	1.04%	0.00%	5.17%	0.16%
Other (please specify)	2.41%	2.07%	5.45%	6.03%	2.58%
Answered	166	386	202	116	619

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	None or <1 Hour	1 - 3 Hours	3+ Hours	Yes or Sometimes	No
Q7. In the last 12 months, have you received a flu shot or nasal spray?					
Yes	69.23%	75.64%	73.76%	64.96%	76.04%
No (If not, why not? Please explain)	30.77%	24.36%	26.24%	35.04%	23.96%
Answered	169	390	202	117	626
Q8. I can access the healthcare I need in this community.					
Strongly agree	25.44%	34.87%	36.63%	22.22%	35.41%
Agree	52.07%	47.69%	44.55%	42.74%	48.64%
Neither disagree/agree	11.83%	9.49%	7.92%	19.66%	7.50%
Disagree	9.47%	6.41%	8.91%	9.40%	7.66%
Strongly disagree	1.18%	1.54%	1.98%	5.98%	0.80%
Answered	169	390	202	117	627
Q9. During a normal week, other than in your regular job, how many hours per week do you engage in any physical activity or exercise?					
None	20.71%	0.00%	0.00%	7.76%	3.83%
Less than 1 hour	79.29%	0.00%	0.00%	25.86%	15.97%
Between 1 - 2 hours	0.00%	56.89%	0.00%	33.62%	28.43%
Between 2 - 3 hours	0.00%	43.11%	0.00%	15.52%	23.00%
3 hours or more	0.00%	0.00%	100.00%	17.24%	28.75%
Answered	169	392	202	116	626
Q10. If you exercise, where do you usually go to exercise or engage in physical activity? (Please check all that apply)					
Home	72.44%	64.77%	61.50%	68.87%	64.88%
Neighborhood	33.07%	43.01%	43.50%	34.91%	41.64%
Park	18.90%	22.54%	24.00%	18.87%	22.91%
Private gym/studio	4.72%	20.21%	36.00%	15.09%	23.41%
Public recreation center	4.72%	5.18%	8.50%	7.55%	5.69%
School	0.00%	2.59%	2.50%	0.94%	2.34%
Other (please specify)	5.51%	13.99%	13.50%	14.15%	12.04%
Answered	127	386	200	106	598
Q11. If you don't exercise, what are the reasons you do not exercise? (Select up to three reasons)					
Not applicable - I DO exercise	6.63%	52.86%	88.76%	35.40%	54.04%
My job is physical or hard labor	12.05%	5.71%	2.81%	14.16%	4.74%
Exercise is not important to me	4.82%	2.57%	0.00%	7.96%	1.40%
I don't have access to a facility that has the things I need, like a	17.47%	7.43%	1.12%	18.58%	6.32%
I don't have enough time to exercise	45.18%	28.57%	5.06%	29.20%	25.79%
I would need child care and I don't have it	18.67%	7.43%	0.56%	17.70%	6.67%
I don't know how to find exercise partners	12.05%	3.14%	0.00%	10.62%	3.16%
I don't like to exercise	34.34%	11.43%	1.69%	17.70%	13.86%
It costs too much to exercise	22.89%	11.14%	1.69%	24.78%	8.95%
There is no safe place	1.81%	1.43%	1.12%	4.42%	0.88%
Other (please specify)	18.67%	8.86%	5.06%	15.04%	9.30%
Answered	166	350	178	113	570
Q12. There are enough options for physical activity in this community.					
Strongly agree	7.93%	10.91%	15.58%	5.98%	12.54%
Agree	32.93%	38.70%	39.20%	29.06%	38.91%
Neither disagree/agree	30.49%	24.42%	21.11%	32.48%	23.63%
Disagree	23.17%	20.52%	19.10%	21.37%	20.58%
Strongly disagree	5.49%	5.45%	5.03%	11.11%	4.34%
Answered	164	385	199	117	622

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	None or <1 Hour	1 - 3 Hours	3+ Hours	Yes or Sometimes	No
Q13. This community values physical activity.					
Strongly agree	9.09%	8.29%	11.56%	5.13%	9.94%
Agree	37.58%	44.30%	48.74%	33.33%	4.62%
Neither disagree/agree	41.21%	38.34%	31.16%	47.86%	35.26%
Disagree	10.91%	7.77%	7.54%	9.40%	8.01%
Strongly disagree	1.21%	1.30%	1.01%	4.27%	0.64%
Answered	165	386	199	117	624
Q14. This community values healthy eating.					
Strongly agree	4.88%	3.96%	7.61%	2.56%	5.45%
Agree	26.83%	34.04%	27.92%	21.37%	33.01%
Neither disagree/agree	47.56%	44.06%	45.18%	51.28%	43.75%
Disagree	19.51%	15.04%	17.77%	18.80%	16.35%
Strongly disagree	1.22%	2.90%	1.52%	5.98%	1.44%
Answered	164	379	197	117	624
Q15. I can access the healthy food I need in this community.					
Strongly agree	10.37%	11.38%	18.50%	2.56%	15.18%
Agree	51.22%	56.08%	56.00%	38.46%	58.15%
Neither disagree/agree	20.12%	19.31%	10.00%	23.08%	15.65%
Disagree	15.24%	11.64%	13.50%	29.06%	9.90%
Strongly disagree	3.05%	1.59%	2.00%	6.84%	1.12%
Answered	164	378	200	117	626
Q16. Are you concerned about having enough food for you and/or your family to eat?					
Yes	13.50%	6.33%	3.50%	46.15%	0.00%
No	76.07%	84.96%	90.00%	0.00%	100.00%
Sometimes	10.43%	8.71%	6.50%	53.85%	0.00%
Answered	163	379	200	117	628
Q17. In a typical day, how many times do you eat fruit and/or vegetables?					
None	5.45%	2.36%	0.50%	7.76%	1.59%
One	34.55%	23.36%	14.50%	42.24%	19.90%
Two	35.76%	39.37%	41.00%	31.90%	40.13%
Three	20.61%	24.67%	29.50%	11.21%	27.71%
Four or more times	3.64%	10.24%	14.50%	6.90%	10.67%
Answered	165	381	200	116	628
Q18. Overall, I eat healthy foods.					
Strongly agree	4.88%	6.56%	17.50%	5.13%	10.03%
Agree	46.95%	54.33%	65.00%	32.48%	59.87%
Neither disagree/agree	31.10%	27.03%	14.50%	39.32%	21.82%
Disagree	15.24%	10.50%	3.00%	19.66%	7.48%
Strongly disagree	1.83%	1.57%	0.00%	3.42%	0.80%
Answered	164	381	200	117	628
Q19. If you don't eat enough fruits and vegetables (2 cups of each) on a typical day, what are the primary reasons you do not? (Select up to three)					
Not applicable, I eat enough fruits and vegetables	34.16%	36.41%	58.60%	19.13%	46.08%
I'm not able to get to a grocery store	4.97%	5.71%	2.69%	9.57%	3.84%
It costs too much	31.68%	23.91%	15.05%	61.74%	15.86%
I don't have enough time to purchase and prepare them	22.36%	23.10%	16.13%	15.65%	22.04%
I don't know how to cook them	4.35%	6.25%	2.69%	7.83%	4.34%
I don't like all or some of the healthy foods	22.98%	21.47%	11.83%	18.26%	19.20%
Others in my household don't like all or some of them	20.50%	16.58%	6.99%	16.52%	14.69%
I have dietary restrictions due to a medical condition	2.48%	2.45%	2.69%	2.61%	2.50%
I have dietary restrictions due to religious beliefs/customs	0.00%	0.00%	0.00%	0.00%	0.00%
Other (please specify)	9.94%	7.61%	6.45%	10.43%	7.51%
Answered	161	368	186	115	599

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	None or <1 Hour	1 - 3 Hours	3+ Hours	Yes or Sometimes	No
Q20. Do you currently smoke/use tobacco products?					
Yes	7.32%	6.84%	5.53%	17.09%	4.63%
No	92.68%	93.16%	94.47%	82.91%	95.37%
Answered	164	380	199	117	626
Q21. If you currently smoke/use tobacco products, where would you go for help if you wanted to quit?					
Not applicable, I don't want to quit	16.67%	13.04%	18.18%	11.11%	17.86%
Church	0.00%	0.00%	0.00%	0.00%	0.00%
Doctor	25.00%	43.48%	27.27%	33.33%	35.71%
Kansas hotline	8.33%	4.35%	0.00%	5.56%	3.57%
Health department	0.00%	0.00%	0.00%	0.00%	0.00%
Pharmacy	0.00%	0.00%	9.09%	0.00%	3.57%
Private counselor/therapist	0.00%	4.35%	0.00%	5.56%	0.00%
I don't know	41.67%	17.39%	27.27%	33.33%	21.43%
Other (please specify)	8.33%	17.39%	18.18%	11.11%	17.86%
Answered	12	23	11	18	28
Q22. What are the top three needs related to physical health in your community? (Select only three)					
Access to healthy food options	21.52%	20.71%	20.73%	32.14%	18.87%
Affordable health insurance	48.10%	47.96%	48.70%	50.00%	47.68%
Affordable health services	37.34%	42.23%	36.27%	42.86%	38.91%
Affordable prescriptions	25.32%	27.79%	23.83%	25.89%	26.16%
Children health services	13.29%	8.17%	8.81%	11.61%	9.11%
Dental care options	17.72%	14.44%	13.47%	28.57%	12.42%
Maternal health services	8.86%	6.27%	6.74%	5.36%	7.28%
Prevention of infant mortality	1.27%	1.63%	0.52%	1.79%	1.16%
Healthcare assistance for older adults	14.56%	15.26%	13.99%	16.07%	14.57%
Healthcare assistance for veterans/military	10.13%	7.63%	5.18%	7.14%	7.62%
Increased number of healthcare providers	20.89%	16.89%	21.76%	18.75%	19.04%
Availability of transportation for health services	9.49%	10.35%	13.47%	8.93%	11.59%
Facilities for physical activity (including parks, trails, rec centers)	27.22%	31.06%	25.91%	23.21%	29.97%
Increased health education/prevention (e.g., healthy eating, etc)	15.19%	16.62%	20.73%	10.71%	18.54%
Substance abuse prevention/treatment	13.29%	12.81%	15.54%	9.82%	14.40%
Tobacco use cessation (quitting) services	5.06%	4.36%	4.66%	2.68%	4.97%
Other (please specify)	11.39%	10.08%	12.44%	16.96%	10.10%
Answered	158	367	193	112	604
Q23. How would you describe your overall mental health?					
Excellent	11.11%	20.64%	27.55%	7.89%	22.53%
Very good	30.86%	38.87%	39.80%	21.93%	40.52%
Good	40.12%	32.17%	26.53%	38.60%	31.12%
Fair	12.96%	6.17%	5.10%	23.68%	4.38%
Poor	3.70%	1.61%	1.02%	6.14%	1.13%
Not sure	1.23%	0.54%	0.00%	1.75%	0.32%
Answered	162	373	196	114	617
Q24. Do you consult a mental health professional when your mental health is not good?					
Yes	31.87%	28.42%	25.00%	34.51%	27.11%
No	41.88%	35.12%	32.14%	46.90%	34.09%
My mental health is always good	26.25%	36.46%	42.86%	18.58%	38.80%
Answered	160	373	196	113	616

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	None or <1 Hour	1 - 3 Hours	3+ Hours	Yes or Sometimes	No
Q25. When you do need help, where do you go most often when your mental health is not good?					
Community mental health center	12.61%	14.49%	13.68%	20.73%	12.09%
Community provider	45.95%	38.79%	38.95%	31.71%	42.77%
Hospital emergency room	1.80%	2.80%	4.21%	1.22%	3.24%
Other (please specify)	39.64%	43.93%	43.16%	46.34%	41.89%
Answered	111	214	95	82	339
Q26. The community has adequate mental health services for people who need them.					
Strongly agree	0.63%	1.90%	4.69%	2.70%	2.31%
Agree	19.62%	15.76%	13.02%	12.61%	16.64%
Neither disagree/agree	30.38%	30.71%	30.21%	27.93%	30.81%
Disagree	29.75%	35.05%	32.29%	31.53%	33.61%
Strongly disagree	19.62%	16.58%	19.79%	25.23%	16.64%
Answered	158	368	192	111	607
Q27. What are the top three needs related to mental health in your community? (Select only three)					
Affordable mental health services	60.00%	66.02%	61.20%	70.64%	61.90%
Affordable prescriptions	13.55%	18.66%	20.22%	20.18%	17.52%
Children mental health services	23.87%	25.07%	25.14%	25.69%	24.66%
High quality mental health services	33.55%	46.24%	44.26%	48.62%	42.18%
Increased mental health education/prevention	43.87%	42.90%	38.80%	37.61%	42.86%
Increased number of mental healthcare providers	41.94%	44.29%	46.99%	44.95%	44.22%
Substance abuse prevention/treatment	21.29%	26.18%	25.68%	18.35%	26.36%
Availability of transportation for mental health services	18.71%	10.58%	14.75%	14.68%	13.27%
Other (please specify)	16.77%	6.13%	7.10%	11.01%	8.50%
Answered	155	359	183	109	588
Q28. Do you or anyone in your household have a substance use issue (e.g. drink too much alcohol, have a problem with legal or illegal drugs)?					
Yes	4.43%	6.49%	4.66%	9.91%	4.76%
No	95.57%	93.51%	95.34%	90.09%	95.24%
Answered	158	370	193	111	609
Q29. Do you or anyone in your household currently experience domestic violence (e.g. violence between adults)					
Yes	0.63%	0.27%	1.04%	1.80%	0.33%
No	99.37%	99.73%	98.96%	98.20%	99.67%
Answered	159	370	193	111	610
Q30. Excluding mental illness, do you or any other adult living in your household have a physical or developmental disability?					
Yes	20.25%	11.41%	11.40%	2.73%	10.73%
No	79.75%	88.59%	88.60%	97.27%	89.27%
Answered	158	368	193	110	606
Q31. Are you or anyone in your immediate family currently homeless (e.g. no permanent place to live on a daily basis)?					
Yes	1.90%	1.08%	1.05%	2.73%	0.99%
No	98.10%	98.92%	98.95%	97.27%	99.01%
Answered	158	370	191	110	607
Q32. Are you a parent or custodial grandparent/guardian of someone under the age of 18?					
Yes	45.91%	41.85%	10.50%	56.36%	38.32%
No	54.09%	58.15%	89.50%	43.64%	61.68%
Answered	94 159	368	191	110	608

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	None or <1 Hour	1 - 3 Hours	3+ Hours	Yes or Sometimes	No
Q33. As a parent or custodial grandparent/guardian of a minor, please respond to the following questions:					
Yes, I'm a single parent	16.90%	11.76%	12.12%	29.03%	8.77%
Yes, my child(ren) has a developmental disability?	18.31%	7.19%	6.06%	12.90%	8.77%
Yes, my child(ren) has a chronic disease?	11.27%	6.62%	13.64%	11.29%	8.85%
Yes, my child(ren) has been diagnosed with a mental illness or	18.06%	13.73%	13.64%	32.26%	10.01%
Answered	72	153	66	62	23
Q34. How well does your community generally meet the needs of children and/or adolescents in the following areas?					
("Excellent" and "Good" Responses Only)					
Prenatal care (pregnancy)	37.18%	43.45%	43.01%	38.53%	42.64%
Postnatal care (birth through 1st year)	37.18%	45.53%	43.48%	33.02%	44.89%
Parental support/training	21.79%	26.74%	25.94%	23.85%	25.59%
Support for single parents	11.54%	10.36%	10.44%	8.25%	10.94%
Needs of children/youth with disabilities	22.44%	16.81%	16.21%	8.33%	19.70%
Dental health	41.40%	44.57%	42.48%	27.53%	46.12%
Mental health	18.47%	13.37%	15.68%	12.85%	15.56%
Physical health	45.52%	47.72%	43.24%	37.38%	47.52%
Recreational opportunities	42.58%	51.12%	47.57%	15.60%	50.17%
Basic needs of low income children/youth	11.54%	12.82%	13.59%	9.17%	13.25%
Answered	156	158	186	109	592
Q35. What are the top three health needs related to children (ranging in age new born to 12 years old) in your community?					
After school programs	31.72%	38.97%	30.06%	35.71%	34.97%
Bullying prevention	34.48%	29.61%	27.75%	36.73%	28.78%
Childcare for children - newborns to age 5	37.24%	38.07%	35.84%	30.61%	38.62%
Dental care	10.34%	9.67%	12.14%	11.22%	10.38%
Early childhood intervention programs (e.g. Head Start)	15.17%	21.15%	20.23%	16.33%	20.22%
Financial assistance to families (for nutrition, childcare, housing,	34.48%	32.33%	26.01%	39.80%	29.51%
Medical care	14.48%	11.78%	16.76%	14.29%	13.66%
Mental health care	22.07%	18.43%	20.81%	16.33%	20.58%
Mentoring programs for children	19.31%	22.96%	22.54%	20.41%	22.22%
Nutrition programs (e.g. WIC, free and reduced lunch, etc)	13.79%	12.99%	12.72%	17.35%	12.39%
Parenting education/skills development	23.45%	30.82%	31.79%	17.35%	31.51%
Services for children with physical or developmental disabilities	14.48%	18.43%	17.92%	21.43%	16.58%
Other (please specify)	10.34%	5.74%	10.40%	11.22%	7.47%
Answered	145	331	173	98	192

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	None or <1 Hour	1 - 3 Hours	3+ Hours	Yes or Sometimes	No
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Q36. What are the top three health needs related to teens (ranging in age 13 - 18 years old) in your community? (Select only three)					
Appropriate internet/technology use (e.g. sexting, cyberbullying,	40.00%	41.92%	27.27%	36.73%	38.05%
Bullying prevention	42.76%	38.62%	35.76%	47.96%	36.95%
Relationship violence prevention	17.93%	20.06%	15.76%	22.45%	17.83%
Dental care	4.83%	4.49%	6.67%	7.14%	4.78%
Employment opportunity for teens	28.28%	27.25%	26.67%	27.55%	27.39%
Medical care	5.52%	5.69%	8.48%	8.16%	6.07%
Mental health care	26.21%	28.74%	33.94%	27.55%	29.96%
Obesity prevention	14.48%	19.46%	24.85%	14.29%	20.77%
Parenting education/skills development (for parents of adolescents)	21.38%	18.56%	24.24%	9.18%	22.79%
Opportunities to contribute to the community (e.g., volunteering,	24.83%	27.25%	27.88%	20.41%	27.94%
Services for children with physical or developmental disabilities	10.34%	10.48%	13.33%	13.27%	10.85%
Substance abuse prevention/treatment	22.07%	27.54%	29.70%	17.35%	28.31%
Teen pregnancy prevention/sex education	19.31%	15.57%	15.15%	23.47%	14.89%
Other (please specify)	10.34%	5.09%	6.06%	10.20%	5.88%
Answered	145	334	165	98	544
Q37. The community is supportive of healthy aging.					
Strongly agree	7.79%	8.83%	9.50%	7.69%	8.79%
Agree	48.05%	59.26%	59.22%	37.50%	60.34%
Disagree	12.34%	7.98%	8.38%	18.27%	7.24%
Strongly disagree	3.25%	1.42%	3.91%	5.77%	1.90%
Don't know	28.57%	22.51%	18.99%	30.77%	21.72%
Answered	154	351	179	104	580
Q38. The necessary senior services are available in this community.					
Strongly agree	4.52%	7.45%	9.50%	6.80%	7.43%
Agree	37.42%	46.70%	43.58%	28.16%	46.46%
Disagree	15.48%	12.03%	13.97%	19.42%	12.09%
Strongly disagree	3.87%	2.01%	2.79%	4.85%	2.25%
Don't know	38.71%	31.81%	30.17%	40.78%	31.78%
Answered	155	349	179	103	579
Q39. Are you a caregiver for an older adult (spouse, parent)?					
Yes	11.76%	6.57%	8.89%	11.65%	7.77%
No	88.24%	93.43%	91.11%	88.35%	92.23%
Answered	153	350	180	103	579
Q40. If you are a caregiver for an older adult, are you receiving the services you need?					
Yes	66.67%	75.00%	56.25%	53.85%	68.89%
No, here are some services I need	33.33%	25.00%	43.75%	46.15%	31.11%
Answered	18	24	16	13	45

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	None or <1 Hour	1 - 3 Hours	3+ Hours	Yes or Sometimes	No
Q41. Choose the top three health needs of older adults in your community. (Select only three)					
Access to daily meals	20.28%	23.15%	17.47%	32.99%	19.10%
Affordable prescriptions	33.57%	36.73%	31.33%	28.87%	35.58%
Affordable housing	33.57%	38.27%	34.34%	44.33%	34.64%
Assisted living options	21.68%	17.28%	16.87%	18.56%	18.16%
Caregiver support	13.99%	16.67%	13.86%	12.37%	15.92%
Day programs	11.89%	12.96%	9.04%	7.22%	12.55%
Dental care	5.59%	4.01%	4.82%	4.12%	4.31%
Ease of mobility in the community	13.29%	13.89%	10.84%	10.31%	13.67%
Elder abuse	2.10%	2.78%	4.22%	5.15%	2.62%
Health insurance	17.48%	11.42%	16.87%	14.43%	14.04%
Home health care options	8.39%	13.58%	18.67%	8.25%	14.79%
Hospice	1.40%	1.23%	4.22%	3.09%	1.69%
Independent living in a retirement community	5.59%	6.48%	6.63%	5.15%	6.55%
Independent living in the home	16.78%	18.21%	22.29%	14.43%	19.85%
Long term care options	9.09%	13.58%	12.65%	9.28%	12.73%
Medical care	7.69%	6.48%	8.43%	9.28%	7.30%
Memory care options/dementia support	10.49%	10.80%	13.86%	6.19%	12.36%
Mental health services	6.29%	8.64%	6.63%	5.15%	7.87%
Personal care services	9.79%	10.19%	6.63%	12.37%	8.80%
Respite services for caregivers	9.79%	9.88%	9.04%	6.19%	10.30%
Safety	4.20%	3.70%	3.61%	5.15%	3.37%
Substance abuse	1.40%	0.93%	0.00%	0.00%	0.94%
Transportation	18.88%	16.98%	18.67%	17.53%	17.79%
Vision care	2.10%	1.54%	3.61%	3.09%	1.87%
Other (please specify)	7.69%	4.32%	3.61%	6.19%	4.68%
Answered	143	324	166	97	534
Q42. Are you					
Female	89.61%	84.46%	77.65%	82.18%	84.09%
Male	10.39%	15.54%	22.35%	17.82%	15.91%
Answered	154	341	179	101	572
Q43. What county do you currently live in?					
Riley	40.26%	48.69%	54.75%	51.49%	47.91%
Pottawatomie	52.60%	43.73%	40.22%	41.58%	45.47%
Other	7.15%	7.58%	5.03%	6.93%	6.62%
Answered	154	343	179	101	574
Q44. What is your zip code for your street address? (Please specify)					
64015 (N=1) Blue Springs, MO	-	0.29%	-	0.99%	-
64093 (N=1) Warrensburg, MO	0.65%	-	-	0.99%	-
64105 (N=1) Kansas City, MO	-	-	0.55%	-	0.17%
66202 (N=1) Mission, KS	-	0.29%	-	-	0.17%
66401 (N=6) Alma, KS	1.30%	0.87%	0.55%	1.98%	0.52%
66407 (N=3) Belvue, KS	0.65%	-	0.55%	-	0.52%
66411 (N=3) Blue Rapids, KS	0.65%	0.29%	0.55%	0.99%	0.35%
66415 (N=1) Centralia, KS	-	0.29%	-	-	-
66422 (N=1) Fort Riley, KS	-	0.29%	-	-	0.17%
66427 (N=3) Frankfort, KS	-	0.58%	0.55%	-	0.52%
66441 (N=3) Junction City, KS	0.65%	0.58%	-	-	0.52%
66449 (N=1) Leonardville, KS	1.30%	0.29%	-	-	0.52%
66501 (N=1) Manhattan, KS	-	-	0.55%	-	0.17%
66502 (N=258) Manhattan, KS	31.17%	40.17%	38.67%	46.53%	36.27%
66503 (N=91) Manhattan, KS	6.49%	13.58%	18.78%	7.92%	14.34%
66507 (N=1)	-	0.29%	-	-	0.17%
66514 (N=1) Milford, KS	0.65%	-	0.55%	-	0.17%
66517 (N=4) Manhattan, KS	1.30%	0.58%	-	1.98%	0.35%
66520 (N=6) Olsburg, KS	1.95%	0.58%	0.55%	0.99%	0.86%
66521 (N=3) Onaga, KS	0.65%	-	1.10%	-	0.52%
66526 (N=2) Paxico, KS	-	0.29%	0.55%	-	0.35%
66531 (N=6) Riley, KS	1.95%	0.58%	0.55%	-	1.04%
66535 (N=33) Saint George, KS	5.84%	4.34%	4.97%	5.94%	4.66%
66536 (N=4)	0.65%	0.87%	-	-	0.69%
66544 (N=1) Vermillion, KS	97 -	0.29%	-	-	0.17%

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	None or <1 Hour	1 - 3 Hours	3+ Hours	Yes or Sometimes	No
66546 (N=1)	-	-	-	-	-
66547 (N=203) Wamego, KS	37.66%	27.75%	26.52%	25.74%	30.22%
66548 (N=1) Waterville, KS	-	0.29%	-	0.99%	-
66549 (N=17) Westmoreland, KS	2.60%	2.89%	1.66%	1.98%	2.42%
66554 (N=2) Randolph, KS	0.65%	0.29%	-	-	0.35%
66601 (N=1) Topeka, KS	-	0.29%	-	-	0.17%
66614 (N=1) Topeka, KS	-	-	-	-	0.35%
66615 (N=1) Topeka, KS	-	0.29%	-	-	0.17%
66834 (N=1) Alta Vista, KS	-	0.29%	1.10%	0.99%	0.35%
66846 (N=2) Council Grove, KS	0.65%	-	0.55%	-	0.35%
66872 (N=1) White City, KS	-	0.29%	-	-	0.17%
66968 (N=1)	0.65%	-	-	-	0.17%
67431 (N=1) Chapman, KS	-	0.29%	-	-	0.17%
67447 (N=1) Green, KS	-	-	-	-	0.17%
67449 (N=1) Herington, KS	-	0.29%	-	0.99%	-
67468 (N=1) Morganville, KS	-	0.29%	-	-	0.17%
67487 (N=1) Wakefield, KS	-	0.29%	-	-	0.17%
67502 (N=1)	-	-	-	-	-
90210 (N=1) Beverly Hills, CA	0.65%	-	-	-	0.17%
99999 (N=7) Unknown	1.30%	1.16%	1.10%	0.99%	1.21%
Answered	154	346	181	101	579
Q45. Which of the following group best describes your current age?					
Under 18	-	0.00%	0.00%	0.00%	0.00%
18 to 24 years	5.19%	3.79%	2.22%	7.92%	2.96%
25 to 34 years	20.78%	23.91%	17.22%	22.77%	21.22%
35 to 49 years	31.82%	31.20%	28.33%	37.62%	29.39%
50 to 64 years	26.62%	27.11%	28.33%	23.76%	27.65%
65 to 74 years	8.44%	8.75%	15.56%	3.96%	11.65%
75 years or older	7.14%	5.25%	8.33%	3.96%	7.13%
Answered	154	343	180	101	575
Q46. Which of the following do you consider to be your primary race?					
Asian	0.65%	0.29%	0.00%	0.00%	0.35%
African-American/Black	-	0.29%	0.56%	0.00%	0.35%
American Indian or Alaskan Native	-	0.29%	1.11%	0.00%	0.52%
Caucasian/White	96.10%	95.89%	96.11%	93.00%	96.50%
Native Hawaiian or Pacific Islander	-	0.00%	0.00%	0.00%	0.00%
Multi-racial	1.95%	2.35%	0.56%	5.00%	1.22%
Other (please specify)	1.30%	0.88%	1.67%	2.00%	10.50%
Answered	154	341	180	100	572
Q47. Ethnic category					
Hispanic or Latino	2.68%	2.08%	2.81%	8.08%	1.42%
Not Hispanic or Latino	97.32%	97.92%	97.19%	91.92%	98.58%
Answered	149	336	178	99	562
Q48. What is the highest level of school, college, or vocational training that you have completed?					
Less than 9th grade	0.66%	0.00%	0.00%	1.01%	0.00%
9th - 12th grade, no diploma	0.66%	0.59%	0.00%	0.00%	0.52%
High school graduate or GED equivalent	9.21%	7.92%	4.49%	13.13%	6.29%
Associate's degree or vocational training	21.05%	13.20%	14.61%	23.23%	13.99%
Some college (no degree)	16.45%	14.08%	10.11%	22.22%	11.89%
Bachelor's degree	30.92%	36.95%	28.65%	29.29%	34.09%
Graduate or professional degree	21.05%	27.27%	42.13%	11.11%	33.22%
Answered	152	341	178	99	572

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Q49. Which of the following best describes your marital status?					
Single, never married	11.84%	10.36%	7.30%	21.21%	7.91%
Married	70.39%	71.60%	71.91%	51.52%	75.04%
Divorced	11.18%	10.65%	10.11%	16.16%	9.84%
Widowed	3.95%	4.73%	6.74%	3.03%	5.10%
Not married, but living together	2.63%	2.66%	3.37%	8.08%	1.93%
Domestic partnership or civil union	0.00%	0.00%	0.56%	0.00%	0.18%
Answered	152	338	178	99	569
Q50. What was your total household income last year, before taxes?					
Less than \$10,000	2.76%	3.08%	0.00%	7.37%	1.29%
\$10,000 - \$14,999	6.21%	3.69%	1.17%	11.58%	2.21%
\$15,000 - \$24,999	3.45%	6.46%	4.09%	12.63%	3.68%
\$25,000 - \$34,999	11.03%	6.46%	5.85%	13.68%	6.07%
\$35,000 - \$49,999	16.55%	9.54%	15.20%	17.89%	11.76%
\$50,000 - \$74,999	24.14%	24.00%	21.64%	20.00%	24.08%
\$75,000 - \$99,999	20.69%	20.00%	21.64%	10.53%	22.43%
\$100,000 - \$199,999	14.48%	23.69%	24.56%	6.32%	24.63%
\$200,000 or more	0.69%	3.08%	5.85%	0.00%	3.86%
Answered	145	325	171	95	544
Q51. How many people does this total household income support?					
Average	2.8	2.8	2.8	3.0	2.76
Range	1-6	1-10	1-10	1-10	1-10
1	16.11%	17.80%	14.86%	20.83%	15.81%
2	32.21%	32.05%	38.86%	20.83%	36.41%
3	17.45%	18.10%	16.00%	21.88%	16.52%
4	26.17%	19.88%	21.14%	22.92%	21.49%
5	6.71%	10.39%	5.71%	10.42%	7.82%
6	1.34%	0.30%	2.86%	1.04%	1.07%
7	-	1.19%	-	1.04%	0.53%
8	-	-	-	-	-
9	-	-	-	-	-
10	-	0.30%	0.57%	1.04%	0.18%
Answered	149	337	175	96	563
Q52. Have you been a member of the Armed Services/Military?					
Yes	5.96%	8.82%	6.21%	11.11%	6.86%
No	94.04%	91.18%	93.79%	88.89%	93.15%
Answered	151	340	177	99	569
Q53. What is your current Armed Services/Military status?					
Active	0.00%	3.45%	20.00%	9.09%	5.41%
Retired	33.33%	31.03%	40.00%	36.36%	32.43%
Disable or injured	11.11%	10.34%	0.00%	9.09%	8.11%
Inactive	55.56%	55.17%	40.00%	45.45%	54.05%
Answered	9	29	10	11	37
Q54. What is your current employment status?					
Self-employed	3.29%	3.85%	2.87%	6.12%	3.01%
Employed full time (one job)	61.84%	60.06%	52.30%	46.94%	60.35%
Homemaker	6.58%	2.07%	4.02%	7.14%	3.01%
Disabled	2.63%	2.66%	1.15%	4.08%	1.95%
Unemployed for more than one year	0.00%	0.30%	0.00%	-	0.18%
Unemployed for 1 year or less	1.32%	0.89%	0.57%	4.08%	0.35%
Working more than one job	7.89%	7.99%	9.20%	11.22%	7.61%
Employed part time	7.89%	10.36%	12.64%	11.22%	10.27%
Retired	7.89%	10.06%	15.52%	6.12%	12.04%
Other (please specify)	0.66%	1.78%	1.72%	3.06%	1.24%
Answered	152	338	174	98	565

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	None or <1 Hour	1 - 3 Hours	3+ Hours	Yes or Sometimes	No
Q55. How many people in your household are currently working outside the home?					
0	11.26%	12.09%	16.67%	16.49%	12.87%
1	29.80%	29.20%	24.14%	38.14%	25.75%
2	54.30%	50.15%	53.45%	41.24%	54.14%
3	3.31%	7.37%	5.17%	3.09%	6.17%
4	1.32%	0.88%	0.57%	1.03%	0.88%
5	-	0.29%	-	-	0.18%
Answered	151	339	174	97	567
Q56. Are you a student taking classes for credit?					
Yes, full-time student	3.97%	3.24%	1.14%	6.06%	2.30%
Yes, part-time student	6.62%	5.60%	2.86%	2.02%	5.65%
No	89.40%	91.15%	96.00%	91.92%	92.05%
Answered	151	339	175	99	566
Q57. Which of the following best describes the type of school you are currently attending?					
Four year college or university	68.75%	60.00%	71.43%	62.50%	64.44%
Two year community college	12.50%	13.33%	14.29%	12.50%	13.33%
Vocational, technical or trade school	6.25%	10.00%	14.29%	25.00%	6.67%
Other (please specify)	12.50%	16.67%	0.00%	0.00%	15.56%
Answered	16	30	7	8	45
Q58. Do you participate in a religious/faith community?					
Yes	58.39%	61.72%	67.63%	45.45%	65.54%
No	41.61%	38.28%	32.37%	54.55%	34.46%
Answered	149	337	173	99	560
Q59. Do you have access to the internet at your home or residence?					
Yes	93.92%	95.25%	95.40%	92.93%	95.00%
No	6.08%	4.75%	4.60%	7.07%	5.00%
Answered	148	337	174	99	560
Q60. Which best describes how you access the internet? (Check all that apply)					
Home computer	70.47%	81.90%	83.14%	73.74%	80.50%
Public computer	2.01%	5.04%	4.07%	3.03%	4.29%
Work computer	35.57%	37.09%	42.44%	25.25%	40.43%
Mobile (tablet, cell phone, etc.)	82.55%	74.48%	66.28%	70.71%	74.42%
I don't access the internet	2.68%	2.08%	1.74%	2.02%	2.50%
Answered	149	337	172	99	559
Q61. How do you normally get news about community events? (Check all that apply.)					
Newspaper	50.34%	47.00%	51.70%	35.35%	51.33%
Community flyers	16.78%	20.00%	21.02%	15.15%	20.18%
Social media (Facebook, Twitter, etc.)	71.14%	74.71%	62.50%	79.80%	68.67%
Newsletters	14.77%	14.71%	17.61%	12.12%	15.93%
Email/RSS	20.81%	22.94%	30.68%	15.15%	25.84%
Friends/family	51.68%	60.59%	56.82%	59.60%	57.35%
Internet	40.27%	56.18%	50.00%	53.54%	50.27%
Radio	31.54%	38.82%	36.36%	36.36%	36.64%
TV/local cable	38.93%	42.94%	34.66%	34.34%	40.71%
Other (please specify)	1.34%	0.59%	0.57%	0.00%	0.88%
Answered	149	340	176	99	565
Q62. Please share any additional comments about health and					
Entered Additional Comment	44	77	48	27	139

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	Excellent or Very Good	Good	Fair or Poor	Female	Male
Q1. How do you get most of your health-related information? (Check all that apply)					
Books/magazines	24.17%	73.70%	16.18%	23.01%	11.93%
Church	1.90%	0.85%	0.00%	1.42%	2.75%
Health department	5.92%	7.20%	4.41%	7.08%	3.67%
My child's school	2.13%	5.08%	7.35%	4.25%	1.83%
Help lines	0.71%	0.85%	0.00%	0.71%	0.92%
Pharmacist	26.07%	24.15%	25.00%	26.73%	19.27%
Doctor/nurse	80.09%	78.81%	73.53%	80.18%	73.39%
Hospital	18.48%	19.92%	13.24%	17.88%	23.85%
Friends and/or family	33.65%	30.93%	36.76%	35.04%	22.02%
Internet	61.37%	70.76%	72.06%	66.37%	59.63%
Other (please specify)	5.92%	3.81%	5.88%	5.13%	6.42%
Answered	422	236	68	565	109
Q2. How would you describe your overall health?					
Excellent	15.80%	2.10%	4.41%	10.39%	8.26%
Very good	50.47%	27.31%	14.71%	39.61%	35.78%
Good	28.30%	52.10%	39.71%	36.44%	39.45%
Fair	4.95%	15.97%	30.88%	11.44%	12.84%
Poor	0.47%	2.52%	10.29%	1.94%	3.67%
Not sure	0.00%	0.00%	0.00%	0.18%	0.00%
Answered	424	238	68	568	109
Q3. Has a health professional ever diagnosed you with one of the following? Check all that apply.					
Alzheimer's/Dementia	0.00%	0.85%	0.00%	0.35%	0.00%
Cancer	8.27%	9.32%	4.41%	8.48%	10.19%
Chronic Lung Disease	1.18%	3.39%	5.88%	2.30%	2.78%
High Cholesterol	15.84%	21.61%	17.65%	17.14%	23.15%
Heart Disease	2.84%	5.51%	2.94%	3.18%	5.56%
Diabetes	8.51%	9.32%	7.35%	8.13%	16.67%
High Blood Pressure	29.08%	25.85%	22.06%	27.03%	35.19%
None of these	57.45%	54.24%	67.65%	59.19%	42.59%
Answered	423	236	68	566	108
Q4. Do you have health insurance?					
Yes	97.40%	96.20%	89.71%	96.64%	94.50%
No	2.60%	3.80%	10.29%	3.36%	5.50%
Answered	423	237	68	566	109
Q5. Do you consult a professional when you are sick?					
Yes	86.46%	79.83%	85.29%	85.66%	77.98%
No (If no, why not? Please explain in the box below.)	13.54%	20.17%	14.71%	14.34%	22.02%
Answered	421	238	68	565	107
Q6. Where do you go most often when you get sick?					
My doctor's office	85.13%	80.93%	79.41%	83.42%	77.57%
Medical clinic	2.16%	1.69%	4.41%	2.14%	2.80%
Health department	0.00%	1.27%	0.00%	0.18%	0.00%
Urgent care center	9.11%	10.59%	5.88%	9.98%	10.28%
Hospital emergency center	0.24%	2.12%	1.47%	0.89%	1.87%
Free clinic (safety net clinic or clinic that doesn't require health	0.48%	1.27%	2.94%	0.89%	0.93%
Other (please specify)	2.88%	2.12%	5.88%	2.50%	6.54%
Answered	417	236	68	561	107

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Q7. In the last 12 months, have you received a flu shot or nasal spray?					
Yes	75.12%	74.79%	69.12%	74.43%	74.31%
No (If not, why not? Please explain)	24.88%	25.21%	30.88%	25.57%	25.69%
Answered	422	238	68	567	109
Q8. I can access the healthcare I need in this community.					
Strongly agree	40.57%	24.37%	23.53%	32.98%	35.78%
Agree	43.16%	57.14%	44.12%	47.80%	50.46%
Neither disagree/agree	8.49%	9.66%	14.71%	10.05%	3.67%
Disagree	7.08%	6.30%	14.71%	7.94%	6.42%
Strongly disagree	0.71%	2.52%	2.94%	1.23%	3.67%
Answered	424	238	68	567	109
Q9. During a normal week, other than in your regular job, how many hours per week do you engage in any physical activity or exercise?					
None	3.32%	3.80%	13.24%	4.96%	2.75%
Less than 1 hour	12.80%	23.63%	26.47%	19.47%	11.93%
Between 1 - 2 hours	29.15%	30.38%	26.47%	30.09%	22.94%
Between 2 - 3 hours	23.46%	20.25%	16.18%	20.88%	25.69%
3 hours or more	31.28%	21.94%	17.65%	24.60%	36.70%
Answered	422	237	68	565	109
Q10. If you exercise, where do you usually go to exercise or engage in physical activity? (Please check all that apply)					
Home	64.13%	66.96%	67.80%	67.54%	56.60%
Neighborhood	39.07%	45.98%	32.20%	42.40%	35.85%
Park	23.10%	20.54%	25.42%	22.51%	27.36%
Private gym/studio	25.06%	16.96%	25.42%	23.64%	21.70%
Public recreation center	6.39%	4.91%	6.78%	5.63%	8.49%
School	2.70%	0.89%	1.69%	2.06%	10.89%
Other (please specify)	12.29%	14.73%	6.78%	11.26%	19.81%
Answered	407	224	59	533	106
Q11. If you don't exercise, what are the reasons you do not exercise? (Select up to three reasons)					
Not applicable - I DO exercise	55.64%	47.30%	40.30%	47.89%	67.96%
My job is physical or hard labor	5.25%	5.86%	14.93%	6.90%	6.80%
Exercise is not important to me	1.57%	3.60%	4.48%	2.87%	1.94%
I don't have access to a facility that has the things I need, like a	4.99%	11.71%	13.43%	8.24%	6.80%
I don't have enough time to exercise	24.15%	27.03%	34.33%	28.35%	18.45%
I would need child care and I don't have it	5.51%	10.36%	17.91%	9.58%	2.91%
I don't know how to find exercise partners	2.89%	6.31%	4.48%	4.21%	3.88%
I don't like to exercise	12.07%	15.77%	23.88%	15.13%	12.62%
It costs too much to exercise	8.14%	15.32%	14.93%	12.26%	5.83%
There is no safe place	1.05%	0.90%	1.49%	1.15%	0.00%
Other (please specify)	8.40%	13.06%	14.93%	12.26%	2.91%
Answered	381	222	67	522	103
Q12. There are enough options for physical activity in this community.					
Strongly agree	14.76%	6.30%	10.45%	10.68%	16.51%
Agree	38.57%	36.97%	31.34%	36.30%	44.95%
Neither disagree/agree	24.52%	24.37%	26.87%	25.27%	14.68%
Disagree	17.14%	26.89%	22.39%	22.24%	18.35%
Strongly disagree	5.00%	5.46%	8.96%	5.52%	5.50%
Answered	420	238	67	562	109

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Q13. This community values physical activity.					
Strongly agree	12.32%	3.80%	11.76%	9.93%	7.34%
Agree	45.97%	45.57%	27.94%	43.26%	47.71%
Neither disagree/agree	33.65%	39.24%	45.59%	37.23%	33.03%
Disagree	7.35%	9.70%	11.76%	8.69%	9.17%
Strongly disagree	0.71%	1.69%	2.94%	0.89%	2.75%
Answered	422	237	68	564	109
Q14. This community values healthy eating.					
Strongly agree	6.43%	2.95%	5.88%	5.14%	4.59%
Agree	34.29%	27.43%	23.53%	30.14%	34.86%
Neither disagree/agree	41.19%	51.48%	41.18%	44.68%	41.28%
Disagree	15.95%	15.61%	27.94%	18.44%	13.76%
Strongly disagree	2.14%	2.53%	1.47%	1.60%	5.50%
Answered	420	237	68	564	109
Q15. I can access the healthy food I need in this community.					
Strongly agree	18.25%	6.72%	7.35%	13.12%	15.60%
Agree	53.79%	57.98%	50.00%	54.08%	58.72%
Neither disagree/agree	14.45%	20.17%	17.65%	17.02%	11.93%
Disagree	12.09%	12.61%	20.59%	14.18%	9.17%
Strongly disagree	1.42%	2.52%	4.41%	1.60%	4.59%
Answered	422	238	68	564	109
Q16. Are you concerned about having enough food for you and/or your family to eat?					
Yes	2.60%	7.63%	32.35%	6.21%	9.17%
No	91.96%	81.36%	50.00%	85.28%	83.49%
Sometimes	5.44%	11.02%	17.65%	8.51%	7.34%
Answered	423	236	68	564	109
Q17. In a typical day, how many times do you eat fruit and/or vegetables?					
None	1.42%	2.11%	4.41%	1.94%	2.75%
One	19.10%	28.27%	30.88%	22.22%	28.44%
Two	40.33%	37.55%	39.71%	37.21%	45.87%
Three	28.07%	22.78%	17.65%	27.87%	16.51%
Four or more times	11.08%	9.28%	7.35%	10.76%	6.42%
Answered	424	237	68	567	109
Q18. Overall, I eat healthy foods.					
Strongly agree	14.15%	2.94%	2.94%	9.70%	9.17%
Agree	56.37%	59.24%	41.18%	56.44%	53.21%
Neither disagree/agree	22.64%	26.05%	32.35%	23.28%	27.52%
Disagree	6.60%	10.50%	19.12%	9.88%	7.34%
Strongly disagree	0.24%	1.26%	4.41%	0.71%	2.75%
Answered	424	238	68	567	109
Q19. If you don't eat enough fruits and vegetables (2 cups of each) on a typical day, what are the primary reasons you do not? (Select up to three)					
Not applicable, I eat enough fruits and vegetables	47.39%	37.99%	26.47%	41.58%	37.50%
I'm not able to get to a grocery store	3.47%	4.37%	13.24%	5.68%	2.88%
It costs too much	15.38%	29.26%	42.65%	23.63%	17.31%
I don't have enough time to purchase and prepare them	19.60%	20.52%	30.88%	22.16%	19.23%
I don't know how to cook them	4.71%	4.80%	5.88%	3.48%	12.50%
I don't like all or some of the healthy foods	18.11%	21.83%	14.71%	18.50%	22.12%
Others in my household don't like all or some of them	12.90%	17.03%	17.65%	15.93%	11.54%
I have dietary restrictions due to a medical condition	1.99%	3.93%	0.00%	2.56%	2.88%
I have dietary restrictions due to religious beliefs/customs	0.00%	0.00%	0.00%	0.00%	0.00%
Other (please specify)	8.19%	7.42%	10.29%	8.42%	8.65%
Answered	403	229	68	546	104

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Q20. Do you currently smoke/use tobacco products?					
Yes	4.73%	7.17%	11.76%	6.02%	8.26%
No	95.27%	92.83%	88.24%	93.98%	91.74%
Answered	423	237	68	565	109
Q21. If you currently smoke/use tobacco products, where would you go for help if you wanted to quit?					
Not applicable, I don't want to quit	25.00%	0.00%	25.00%	14.71%	22.22%
Church	0.00%	0.00%	0.00%	0.00%	0.00%
Doctor	25.00%	47.06%	25.00%	44.12%	11.11%
Kansas hotline	5.00%	0.00%	12.50%	2.94%	0.00%
Health department	0.00%	0.00%	0.00%	0.00%	0.00%
Pharmacy	5.00%	0.00%	0.00%	0.00%	11.11%
Private counselor/therapist	0.00%	5.88%	0.00%	2.94%	0.00%
I don't know	25.00%	35.29%	12.50%	23.53%	22.22%
Other (please specify)	15.00%	11.76%	25.00%	11.76%	33.33%
Answered	20	17	8	34	9
Q22. What are the top three needs related to physical health in your community? (Select only three)					
Access to healthy food options	20.24%	21.55%	22.73%	21.47%	18.45%
Affordable health insurance	47.23%	48.71%	53.03%	47.76%	50.49%
Affordable health services	39.28%	37.50%	46.97%	39.71%	42.72%
Affordable prescriptions	25.30%	26.29%	30.30%	26.12%	27.18%
Children health services	8.43%	10.34%	13.64%	9.66%	8.74%
Dental care options	12.77%	16.81%	21.21%	15.21%	10.68%
Maternal health services	6.75%	8.19%	3.03%	7.69%	3.88%
Prevention of infant mortality	0.72%	1.29%	4.55%	1.43%	0.00%
Healthcare assistance for older adults	15.42%	14.66%	12.12%	16.10%	14.56%
Healthcare assistance for veterans/military	6.27%	10.34%	6.06%	7.87%	5.83%
Increased number of healthcare providers	18.55%	20.26%	15.15%	18.96%	17.48%
Availability of transportation for health services	11.08%	12.50%	7.58%	11.27%	12.62%
Facilities for physical activity (including parks, trails, rec centers)	28.92%	31.90%	19.70%	59.87%	26.21%
Increased health education/prevention (e.g., healthy eating, etc)	18.80%	15.52%	15.15%	17.35%	13.59%
Substance abuse prevention/treatment	15.66%	9.91%	13.64%	12.16%	18.45%
Tobacco use cessation (quitting) services	4.58%	4.31%	4.55%	4.11%	5.83%
Other (please specify)	10.84%	10.78%	13.64%	11.81%	8.74%
Answered	415	232	66	559	103
Q23. How would you describe your overall mental health?					
Excellent	35.14%	0.00%	0.00%	19.65%	22.94%
Very good	64.86%	0.00%	0.00%	36.64%	40.37%
Good	0.00%	100.00%	0.00%	33.81%	26.61%
Fair	0.00%	0.00%	79.41%	7.61%	6.42%
Poor	0.00%	0.00%	20.59%	1.59%	3.67%
Not sure	0.00%	0.00%	0.00%	0.71%	0.00%
Answered	424	238	68	565	109
Q24. Do you consult a mental health professional when your mental health is not good?					
Yes	20.75%	34.60%	54.55%	29.79%	25.00%
No	27.12%	48.10%	0.45%	35.99%	36.11%
My mental health is always good	52.12%	17.30%	0.00%	34.22%	38.89%
Answered	424	237	66	564	108

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Q25. When you do need help, where do you go most often when your mental health is not good?					
Community mental health center	12.92%	12.99%	19.35%	13.39%	12.90%
Community provider	42.13%	42.94%	32.26%	42.56%	33.87%
Hospital emergency room	3.93%	2.82%	0.00%	2.98%	0.00%
Other (please specify)	41.01%	41.24%	48.39%	41.07%	53.23%
Answered	178	177	62	336	62
Q26. The community has adequate mental health services for people who need them.					
Strongly agree	2.65%	1.28%	4.55%	1.95%	3.70%
Agree	16.14%	15.74%	13.64%	16.13%	18.52%
Neither disagree/agree	30.60%	31.49%	24.24%	28.37%	33.33%
Disagree	33.98%	33.19%	31.82%	34.93%	26.85%
Strongly disagree	16.63%	18.30%	25.76%	18.62%	17.59%
Answered	415	235	66	564	108
Q27. What are the top three needs related to mental health in your community? (Select only three)					
Affordable mental health services	62.16%	65.22%	64.62%	65.10%	55.88%
Affordable prescriptions	16.04%	19.13%	26.15%	17.72%	17.65%
Children mental health services	28.07%	22.17%	15.38%	25.50%	21.57%
High quality mental health services	42.11%	41.74%	53.85%	41.59%	50.00%
Increased mental health education/prevention	43.86%	42.17%	30.77%	41.95%	40.20%
Increased number of mental healthcare providers	40.85%	50.87%	44.62%	43.94%	50.00%
Substance abuse prevention/treatment	30.33%	17.83%	18.46%	26.04%	21.57%
Availability of transportation for mental health services	14.04%	13.04%	10.77%	13.02%	14.71%
Other (please specify)	8.02%	8.26%	15.38%	8.68%	9.80%
Answered	399	230	65	553	102
Q28. Do you or anyone in your household have a substance use issue (e.g. drink too much alcohol, have a problem with legal or illegal drugs)?					
Yes	3.35%	7.69%	9.23%	4.96%	9.26%
No	96.65%	92.31%	90.77%	95.04%	90.74%
Answered	418	234	65	565	108
Q29. Do you or anyone in your household currently experience domestic violence (e.g. violence between adults)					
Yes	0.72%	0.43%	0.00%	0.71%	0.00%
No	99.28%	99.57%	100.00%	99.29%	100.00%
Answered	418	234	66	566	108
Q30. Excluding mental illness, do you or any other adult living in your household have a physical or developmental disability?					
Yes	10.82%	12.45%	30.30%	12.30%	20.37%
No	89.18%	87.55%	69.70%	87.70%	79.63%
Answered	416	233		561	108
Q31. Are you or anyone in your immediate family currently homeless (e.g. no permanent place to live on a daily basis)?					
Yes	0.96%	0.86%	3.03%	1.42%	0.93%
No	99.04%	99.14%	96.97%	98.58%	99.07%
Answered	417	232	66	562	107
Q32. Are you a parent or custodial grandparent/guardian of someone under the age of 18?					
Yes	37.41%	45.06%	48.48%	42.02%	35.19%
No	62.59%	54.94%	51.52%	57.98%	64.81%
Answered	105	417	233	564	108

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Q33. As a parent or custodial grandparent/guardian of a minor, please respond to the following questions:					
Yes, I'm a single parent	8.44%	14.56%	29.03%	13.08%	10.53%
Yes, my child(ren) has a developmental disability?	9.74%	6.80%	19.35%	11.39%	2.63%
Yes, my child(ren) has a chronic disease?	8.55%	9.71%	12.90%	9.36%	10.53%
Yes, my child(ren) has been diagnosed with a mental illness or	7.10%	20.39%	35.48%	15.55%	5.26%
Answered	155	96	31	238	38
Q34. How well does your community generally meet the needs of children and/or adolescents in the following areas?					
("Excellent" and "Good" Responses Only)					
Prenatal care (pregnancy)	44.34%	39.65%	35.38%	42.17%	43.40%
Postnatal care (birth through 1st year)	46.91%	38.49%	35.94%	42.86%	44.76%
Parental support/training	26.84%	25.11%	17.19%	24.96%	29.25%
Support for single parents	10.95%	10.22%	10.77%	9.84%	16.35%
Needs of children/youth with disabilities	19.80%	15.48%	15.39%	17.35%	23.59%
Dental health	45.07%	44.30%	29.24%	42.89%	48.60%
Mental health	14.82%	16.23%	13.85%	14.75%	18.86%
Physical health	48.51%	45.53%	34.38%	44.53%	53.40%
Recreational opportunities	53.35%	43.86%	34.38%	48.12%	50.00%
Basic needs of low income children/youth	13.40%	12.66%	9.24%	12.30%	15.09%
Answered	406	229	30	563	106
Q35. What are the top three health needs related to children (ranging in age new born to 12 years old) in your community?					
After school programs	34.57%	38.16%	26.23%	35.01%	38.14%
Bullying prevention	28.19%	33.33%	31.15%	29.80%	30.93%
Childcare for children - newborns to age 5	34.57%	39.61%	47.54%	39.85%	26.80%
Dental care	9.04%	10.63%	16.39%	9.12%	14.43%
Early childhood intervention programs (e.g. Head Start)	18.88%	20.77%	19.67%	19.37%	21.65%
Financial assistance to families (for nutrition, childcare, housing,	31.12%	30.43%	32.79%	32.96%	21.65%
Medical care	11.70%	16.43%	18.03%	11.92%	22.68%
Mental health care	21.28%	17.87%	19.67%	20.48%	17.53%
Mentoring programs for children	22.34%	23.67%	14.75%	22.91%	19.59%
Nutrition programs (e.g. WIC, free and reduced lunch, etc)	13.03%	11.11%	21.31%	12.10%	19.59%
Parenting education/skills development	33.78%	24.64%	19.67%	29.42%	29.90%
Services for children with physical or developmental disabilities	18.35%	14.49%	22.95%	17.32%	15.46%
Other (please specify)	7.71%	8.21%	8.20%	7.64%	8.25%
Answered	376	207	61	537	97

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Q36. What are the top three health needs related to teens (ranging in age 13 - 18 years old) in your community? (Select only three)					
Appropriate internet/technology use (e.g. sexting, cyberbullying,	39.08%	36.23%	34.43%	37.76%	36.46%
Bullying prevention	36.66%	40.58%	45.90%	40.00%	31.25%
Relationship violence prevention	17.25%	18.84%	24.59%	19.25%	14.58%
Dental care	5.12%	4.35%	8.20%	5.05%	6.25%
Employment opportunity for teens	27.22%	28.50%	22.95%	27.66%	25.00%
Medical care	5.39%	7.73%	6.56%	5.23%	12.50%
Mental health care	30.73%	27.05%	29.51%	30.65%	27.08%
Obesity prevention	21.29%	19.81%	9.84%	19.63%	21.88%
Parenting education/skills development (for parents of adolescents)	23.72%	17.87%	13.11%	21.12%	18.75%
Opportunities to contribute to the community (e.g., volunteering,	26.15%	29.95%	21.31%	26.36%	29.17%
Services for children with physical or developmental disabilities	12.67%	8.70%	11.48%	12.15%	5.21%
Substance abuse prevention/treatment	29.11%	24.64%	21.31%	26.36%	32.29%
Teen pregnancy prevention/sex education	13.75%	19.32%	21.31%	17.20%	10.42%
Other (please specify)	5.93%	6.76%	8.20%	5.98%	8.33%
Answered	371	207	61	535	96
Q37. The community is supportive of healthy aging.					
Strongly agree	10.66%	4.93%	10.77%	8.14%	9.43%
Agree	62.44%	54.26%	33.85%	56.64%	60.38%
Disagree	7.36%	10.31%	15.38%	9.03%	8.49%
Strongly disagree	1.52%	2.69%	4.62%	2.48%	1.89%
Don't know	18.02%	27.80%	35.38%	23.72%	19.81%
Answered	394	223	65	565	106
Q38. The necessary senior services are available in this community.					
Strongly agree	9.69%	4.04%	4.62%	6.75%	8.49%
Agree	47.45%	44.84%	20.00%	42.45%	50.94%
Disagree	11.22%	13.00%	26.15%	14.39%	8.49%
Strongly disagree	1.53%	3.59%	3.08%	2.66%	1.89%
Don't know	30.10%	34.53%	46.15%	33.75%	30.19%
Answered	392	223	65	563	106
Q39. Are you a caregiver for an older adult (spouse, parent)?					
Yes	8.65%	8.14%	6.15%	7.49%	13.08%
No	91.35%	91.86%	93.85%	92.51%	86.92%
Answered	393	221	65	561	107
Q40. If you are a caregiver for an older adult, are you receiving the services you need?					
Yes	73.53%	50.00%	75.00%	64.44%	71.43%
No, here are some services I need	26.47%	50.00%	25.00%	35.56%	28.57%
Answered	34	20	4	45	14

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Q41. Choose the top three health needs of older adults in your community. (Select only three)					
Access to daily meals	19.40%	21.67%	30.00%	21.31%	19.39%
Affordable prescriptions	36.34%	32.51%	31.67%	33.64%	38.78%
Affordable housing	33.88%	39.90%	36.67%	35.70%	37.76%
Assisted living options	20.22%	16.26%	11.67%	19.25%	12.24%
Caregiver support	15.30%	15.27%	15.00%	14.02%	22.45%
Day programs	12.57%	10.84%	10.00%	11.96%	10.20%
Dental care	2.73%	5.91%	8.33%	5.05%	2.04%
Ease of mobility in the community	14.75%	11.33%	10.00%	13.46%	11.22%
Elder abuse	2.46%	2.46%	8.33%	3.36%	1.02%
Health insurance	14.21%	14.29%	11.67%	12.34%	24.49%
Home health care options	15.85%	8.87%	15.00%	13.83%	13.27%
Hospice	2.19%	1.97%	0.00%	1.87%	3.06%
Independent living in a retirement community	4.64%	8.87%	8.33%	6.54%	5.10%
Independent living in the home	20.49%	17.73%	15.00%	18.32%	22.45%
Long term care options	12.30%	11.82%	13.33%	11.96%	14.29%
Medical care	5.74%	8.37%	15.00%	6.92%	11.22%
Memory care options/dementia support	10.66%	13.30%	11.67%	11.96%	9.18%
Mental health services	7.38%	8.37%	5.00%	8.22%	4.08%
Personal care services	10.11%	6.40%	13.33%	9.35%	9.18%
Respite services for caregivers	9.56%	10.84%	6.67%	9.91%	8.16%
Safety	3.55%	4.43%	3.33%	4.30%	1.02%
Substance abuse	0.55%	1.48%	0.00%	0.93%	0.00%
Transportation	16.67%	18.72%	20.00%	18.88%	12.24%
Vision care	1.64%	1.48%	6.67%	2.24%	2.04%
Other (please specify)	4.64%	5.42%	5.00%	4.86%	4.08%
Answered	366	203	60	535	98
Q42. Are you					
Female	82.17%	86.82%	82.54%	100.00%	0.00%
Male	17.83%	13.18%	17.46%	0.00%	100.00%
Answered	387	220	63	568	109
Q43. What county do you currently live in?					
Riley	48.59%	48.64%	46.03%	48.42%	48.62%
Pottawatomie	46.53%	41.82%	46.03%	44.54%	45.87%
Other	4.89%	9.55%	7.93%	7.04%	5.50%
Answered	389	220	63	568	109
Q44. What is your zip code for your street address? (Please specify)					
64015 (N=1) Blue Springs, MO	-	-	1.59%	0.18%	-
64093 (N=1) Warrensburg, MO	-	-	1.59%	0.18%	-
64105 (N=1) Kansas City, MO	0.25%	-	-	0.18%	-
66202 (N=1) Mission, KS	-	-	-	0.18%	-
66401 (N=6) Alma, KS	0.25%	1.36%	3.17%	0.88%	0.92%
66407 (N=3) Belvue, KS	0.51%	0.45%	-	0.53%	-
66411 (N=3) Blue Rapids, KS	-	1.36%	-	0.53%	-
66415 (N=1) Centralia, KS	-	0.45%	-	0.18%	-
66422 (N=1) Fort Riley, KS	0.25%	-	-	0.18%	-
66427 (N=3) Frankfort, KS	0.51%	0.45%	-	0.35%	0.92%
66441 (N=3) Junction City, KS	0.76%	-	-	0.53%	-
66449 (N=1) Leonardville, KS	0.51%	0.45%	-	0.35%	-
66501 (N=1) Manhattan, KS	-	0.45%	-	0.18%	-
66502 (N=258) Manhattan, KS	38.68%	38.64%	36.51%	36.97%	39.45%
66503 (N=91) Manhattan, KS	13.49%	14.09%	7.94%	13.91%	12.84%
66507 (N=1)	-	0.45%	-	0.18%	-
66514 (N=1) Milford, KS	-	0.45%	-	0.18%	-
66517 (N=4) Manhattan, KS	0.51%	0.91%	-	0.70%	-
66520 (N=6) Olsburg, KS	0.76%	0.91%	1.59%	0.88%	0.92%
66521 (N=3) Onaga, KS	0.25%	0.91%	-	0.53%	-
66526 (N=2) Paxico, KS	0.51%	-	-	0.35%	-
66531 (N=6) Riley, KS	0.76%	0.91%	1.59%	0.88%	0.92%
66535 (N=33) Saint George, KS	5.09%	3.18%	9.52%	4.75%	5.50%
66536 (N=4)	0.76%	0.45%	-	0.53%	0.92%
66544 (N=1) Vermillion, KS	108 0.25%	-	-	0.18%	-

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	Excellent or Very Good	Good	Fair or Poor	Female	Male
66546 (N=1)	-	-	-	0.18%	-
66547 (N=203) Wamego, KS	29.77%	28.64%	28.57%	29.40%	31.19%
66548 (N=1) Waterville, KS	-	0.45%	-	-	0.92%
66549 (N=17) Westmoreland, KS	2.80%	1.82%	3.17%	2.99%	0.92%
66554 (N=2) Randolph, KS	0.25%	-	-	0.18%	0.92%
66601 (N=1) Topeka, KS	0.25%	-	-	0.18%	-
66614 (N=1) Topeka, KS	0.25%	-	-	0.18%	-
66615 (N=1) Topeka, KS	0.25%	-	-	-	0.92%
66834 (N=1) Alta Vista, KS	0.25%	0.45%	1.59%	0.53%	-
66846 (N=2) Council Grove, KS	-	0.91%	-	0.18%	0.92%
66872 (N=1) White City, KS	0.25%	-	-	0.18%	-
66968 (N=1)	-	0.45%	-	0.18%	-
67431 (N=1) Chapman, KS	0.25%	-	-	0.18%	-
67447 (N=1) Green, KS	-	-	1.59%	0.18%	-
67449 (N=1) Herington, KS	-	-	-	0.18%	-
67468 (N=1) Morganville, KS	0.25%	-	-	0.18%	-
67487 (N=1) Wakefield, KS	0.25%	-	-	0.18%	-
67502 (N=1)	-	-	-	0.18%	-
90210 (N=1) Beverly Hills, CA	0.25%	-	-	-	0.92%
99999 (N=7) Unknown	0.76%	1.36%	1.59%	0.35%	0.92%
Answered	393	220	63	568	109
Q45. Which of the following group best describes your current age?					
Under 18	0.00%	0.00%	0.00%	0.00%	0.00%
18 to 24 years	2.56%	2.27%	12.70%	4.23%	0.92%
25 to 34 years	17.69%	26.36%	28.57%	21.48%	21.10%
35 to 49 years	30.00%	31.36%	30.16%	31.34%	25.69%
50 to 64 years	30.51%	25.00%	17.46%	26.06%	33.94%
65 to 74 years	12.82%	7.27%	4.76%	10.92%	7.34%
75 years or older	6.41%	7.73%	6.35%	5.99%	11.01%
Answered	390	220	63	568	109
Q46. Which of the following do you consider to be your primary race?					
Asian	0.00%	0.92%	0.00%	0.35%	0.00%
African-American/Black	0.26%	0.46%	0.00%	0.35%	0.00%
American Indian or Alaskan Native	0.77%	0.00%	0.00%	0.35%	0.93%
Caucasian/White	96.14%	95.85%	96.83%	96.11%	95.37%
Native Hawaiian or Pacific Islander	0.00%	0.00%	0.00%	0.00%	0.00%
Multi-racial	1.80%	1.38%	1.59%	1.77%	1.85%
Other (please specify)	1.03%	1.38%	1.59%	1.06%	1.85%
Answered	389	217	63	565	108
Q47. Ethnic category					
Hispanic or Latino	1.82%	3.76%	1.61%	2.34%	2.80%
Not Hispanic or Latino	98.18%	96.24%	98.39%	97.66%	97.20%
Answered	384	213	62	555	107
Q48. What is the highest level of school, college, or vocational training that you have completed?					
Less than 9th grade	0.00%	0.00%	1.59%	0.00%	0.92%
9th - 12th grade, no diploma	0.00%	0.46%	1.59%	0.36%	0.92%
High school graduate or GED equivalent	6.46%	7.80%	11.11%	7.84%	3.67%
Associate's degree or vocational training	13.70%	16.06%	22.22%	15.51%	14.68%
Some college (no degree)	11.11%	17.43%	15.87%	14.26%	11.01%
Bachelor's degree	34.11%	29.82%	39.68%	33.16%	33.94%
Graduate or professional degree	34.63%	28.44%	7.94%	28.88%	34.86%
Answered	387	218	63	561	109

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Q49. Which of the following best describes your marital status?					
Single, never married	7.29%	9.63%	25.40%	9.32%	12.84%
Married	75.52%	70.64%	49.21%	71.68%	69.72%
Divorced	10.68%	11.01%	9.52%	11.11%	8.26%
Widowed	4.17%	6.42%	7.94%	5.20%	4.59%
Not married, but living together	2.08%	2.29%	7.94%	2.51%	4.59%
Domestic partnership or civil union	0.26%	0.00%	0.00%	0.18%	0.00%
Answered	384	218	63	558	109
Q50. What was your total household income last year, before taxes?					
Less than \$10,000	0.54%	3.35%	6.56%	1.87%	3.81%
\$10,000 - \$14,999	1.36%	4.78%	13.11%	3.75%	2.86%
\$15,000 - \$24,999	2.72%	7.66%	11.48%	5.43%	3.81%
\$25,000 - \$34,999	7.08%	5.26%	16.39%	7.12%	7.62%
\$35,000 - \$49,999	12.81%	11.96%	13.11%	12.73%	11.43%
\$50,000 - \$74,999	25.61%	20.57%	19.67%	23.03%	25.71%
\$75,000 - \$99,999	22.07%	21.05%	9.84%	20.97%	19.05%
\$100,000 - \$199,999	23.98%	22.97%	6.56%	21.91%	21.90%
\$200,000 or more	3.81%	2.39%	3.28%	3.18%	3.81%
Answered	367	209	61	534	105
Q51. How many people does this total household income support?					
Average	2.78	2.84		2.82	2.75
Range	1-10	1-10		1-10	1-6
1	14.96%	17.21%		16.12%	19.63%
2	37.27%	29.30%		33.15%	39.25%
3	17.59%	17.67%		17.57%	15.89%
4	19.42%	27.44%		22.64%	16.82%
5	8.14%	6.98%		8.33%	6.54%
6	1.57%	0.93%		1.09%	1.87%
7	0.79%	-		1.27%	-
8	-	-		-	-
9	-	-		-	-
10	0.26%	0.47%		0.36%	-
Answered	381	215		552	107
Q52. Have you been a member of the Armed Services/Military?					
Yes	6.22%	9.17%	9.68%	5.01%	19.27%
No	93.78%	90.83%	90.32%	94.99%	80.73%
Answered	386	218	62	559	109
Q53. What is your current Armed Services/Military status?					
Active	13.04%	0.00%	0.00%	7.41%	5.00%
Retired	43.48%	25.00%	20.00%	29.63%	40.00%
Disable or injured	0.00%	5.00%	60.00%	0.00%	20.00%
Inactive	43.48%	70.00%	20.00%	62.96%	35.00%
Answered	23	20	5	27	20
Q54. What is your current employment status?					
Self-employed	3.92%	1.84%	6.56%	3.60%	2.80%
Employed full time (one job)	60.05%	59.45%	42.62%	57.73%	62.62%
Homemaker	2.87%	3.69%	6.56%	4.32%	0.00%
Disabled	0.52%	2.76%	11.48%	2.16%	2.80%
Unemployed for more than one year	0.00%	0.46%	0.00%	0.18%	0.00%
Unemployed for 1 year or less	0.26%	0.46%	4.92%	0.90%	0.93%
Working more than one job	8.09%	7.83%	11.48%	8.09%	9.35%
Employed part time	11.49%	9.68%	6.56%	11.51%	4.67%
Retired	11.23%	12.44%	8.20%	9.71%	16.82%
Other (please specify)	1.57%	1.38%	1.64%	1.80%	0.00%
Answered	383	217	61	556	107

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Q55. How many people in your household are currently working outside the home?					
0	13.02%	12.44%		12.21%	18.69%
1	27.34%	26.27%		27.83%	27.10%
2	51.04%	57.60%		53.50%	44.86%
3	7.03%	3.69%		5.39%	7.48%
4	1.30%	-		0.90%	0.93%
5	0.26%	-		0.18%	-
Answered	384	217		557	107
Q56. Are you a student taking classes for credit?					
Yes, full-time student	2.08%	3.23%	6.45%	2.87%	2.80%
Yes, part-time student	4.17%	6.91%	4.84%	5.38%	3.74%
No	93.75%	89.86%	88.71%	91.76%	93.46%
Answered	384	217	62	558	107
Q57. Which of the following best describes the type of school you are currently attending?					
Four year college or university	58.33%	72.73%	57.14%	65.22%	57.14%
Two year community college	12.50%	13.64%	14.29%	10.87%	28.57%
Vocational, technical or trade school	16.67%	4.55%	0.00%	10.87%	0.00%
Other (please specify)	12.50%	9.09%	28.57%	13.04%	14.29%
Answered	24	22	7	46	7
Q58. Do you participate in a religious/faith community?					
Yes	66.67%	61.68%	46.77%	63.11%	59.81%
No	33.33%	38.32%	53.23%	36.89%	40.19%
Answered	381	214	62	553	107
Q59. Do you have access to the internet at your home or residence?					
Yes	96.59%	94.39%	83.87%	95.48%	90.65%
No	3.41%	5.61%	16.13%	4.52%	9.35%
Answered	381	214	62	553	107
Q60. Which best describes how you access the internet? (Check all that apply)					
Home computer	84.47%	75.23%	62.90%	79.89%	76.64%
Public computer	4.47%	2.34%	8.06%	3.62%	6.54%
Work computer	41.05%	39.72%	14.52%	38.04%	38.32%
Mobile (tablet, cell phone, etc.)	72.89%	77.10%	69.35%	76.63%	61.68%
I don't access the internet	1.05%	3.27%	8.06%	1.99%	4.67%
Answered	380	214	62	552	107
Q61. How do you normally get news about community events? (Check all that apply.)					
Newspaper	53.65%	46.98%	32.26%	49.10%	49.53%
Community flyers	21.35%	18.14%	14.52%	20.32%	15.89%
Social media (Facebook, Twitter, etc.)	68.49%	70.23%	85.48%	74.46%	51.40%
Newsletters	16.93%	13.95%	9.68%	15.47%	13.08%
Email/RSS	29.17%	20.93%	9.68%	23.20%	29.91%
Friends/family	57.81%	58.60%	56.45%	58.27%	56.07%
Internet	52.86%	49.30%	45.16%	49.46%	59.81%
Radio	39.06%	34.88%	25.81%	33.99%	49.53%
TV/local cable	41.93%	39.53%	29.03%	38.67%	46.73%
Other (please specify)	1.04%	0.00%	1.61%	0.72%	0.93%
Answered	384	215	62	556	107
Q62. Please share any additional comments about health and					
Entered Additional Comment	88	65	14	133	35

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	18-34	35-49	50-64	65+	HS/GED	Some College	BA/BS	MA/MS+
Q1. How do you get most of your health-related information? (Check all that apply)								
Books/magazines	11.76%	15.94%	27.32%	35.04%	9.62%	17.95%	20.63%	26.37%
Church	1.18%	1.45%	1.09%	3.42%	0.00%	1.03%	2.24%	1.49%
Health department	10.00%	3.86%	6.01%	6.84%	5.77%	11.28%	4.93%	3.98%
My child's school	5.88%	6.76%	1.09%	0.85%	0.00%	5.64%	4.48%	1.99%
Help lines	0.00%	0.48%	1.64%	0.85%	0.00%	1.54%	0.45%	0.50%
Pharmacist	18.24%	23.19%	28.96%	34.19%	30.77%	23.08%	26.91%	24.88%
Doctor/nurse	78.24%	80.19%	76.50%	82.05%	75.00%	74.36%	82.51%	81.09%
Hospital	23.53%	13.53%	19.67%	20.51%	19.23%	25.13%	19.28%	12.94%
Friends and/or family	44.12%	32.37%	23.50%	32.48%	34.62%	34.36%	31.84%	31.84%
Internet	73.53%	68.60%	65.03%	47.01%	46.15%	61.54%	70.85%	66.67%
Other (please specify)	6.47%	3.38%	6.01%	6.84%	9.62%	4.10%	4.93%	6.47%
Answered	170	207	183	117	52	195	223	201
Q2. How would you describe your overall health?								
Excellent	6.47%	9.66%	12.43%	11.86%	1.85%	6.15%	9.38%	16.92%
Very good	49.41%	35.27%	34.05%	38.98%	31.48%	33.33%	40.63%	44.28%
Good	33.53%	39.61%	40.54%	31.36%	44.44%	38.46%	37.95%	32.34%
Fair	8.82%	13.04%	11.89%	12.71%	18.52%	18.97%	9.82%	4.98%
Poor	1.76%	1.93%	1.08%	5.08%	3.70%	2.56%	2.23%	1.49%
Not sure	0.00%	0.48%	0.00%	0.00%	0.00%	0.51%	0.00%	0.00%
Answered	170	207	185	118	54	195	224	201
Q3. Has a health professional ever diagnosed you with one of the following? Check all that apply.								
Alzheimer's/Dementia	0.00%	0.48%	0.00%	0.86%	1.85%	0.52%	0.00%	0.00%
Cancer	1.76%	4.35%	12.50%	20.69%	12.96%	10.88%	6.70%	8.00%
Chronic Lung Disease	1.18%	0.48%	4.35%	4.31%	7.41%	2.59%	0.89%	2.00%
High Cholesterol	4.12%	12.56%	26.09%	36.21%	27.78%	20.73%	12.50%	19.50%
Heart Disease	0.00%	0.48%	3.80%	14.66%	12.96%	3.63%	1.79%	3.00%
Diabetes	2.94%	6.76%	11.96%	19.83%	18.52%	11.40%	8.04%	6.50%
High Blood Pressure	6.47%	18.84%	40.76%	56.90%	50.00%	30.05%	23.66%	24.00%
None of these	86.47%	66.67%	41.30%	18.10%	29.63%	53.89%	63.84%	59.00%
Answered	170	207	184	116	54	193	224	200
Q4. Do you have health insurance?								
Yes	96.47%	97.58%	95.11%	95.73%	84.91%	95.36%	97.32%	99.00%
No	3.53%	2.42%	4.89%	4.27%	15.09%	4.64%	2.68%	1.00%
Answered	170	207	184	117	53	194	224	201
Q5. Do you consult a professional when you are sick?								
Yes	78.82%	82.52%	87.57%	91.30%	82.69%	84.02%	82.59%	87.00%
No (If no, why not? Please explain in the box below.)	21.18%	17.48%	12.43%	8.70%	17.31%	15.98%	17.41%	13.00%
Answered	170	206	185	115	52	194	224	200
Q6. Where do you go most often when you get sick?								
My doctor's office	75.45%	80.98%	88.65%	85.84%	76.00%	79.69%	83.41%	86.43%
Medical clinic	2.40%	2.44%	0.54%	4.42%	4.00%	2.60%	2.24%	1.51%
Health department	0.60%	0.00%	0.00%	0.00%	0.00%	0.52%	0.00%	0.00%
Urgent care center	15.57%	12.20%	5.95%	4.42%	4.00%	9.90%	11.21%	9.55%
Hospital emergency center	0.00%	1.46%	0.54%	2.65%	6.00%	1.56%	0.45%	0.00%
Free clinic (safety net clinic or clinic that doesn't require health	1.80%	0.00%	1.62%	0.00%	4.00%	1.04%	0.45%	0.50%
Other (please specify)	4.19%	2.93%	2.70%	2.65%	6.00%	4.69%	2.24%	2.01%
Answered	167	205	185	113	50	192	223	199

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	18-34	35-49	50-64	65+	HS/GED	Some College	BA/BS	MA/MS+
Q7. In the last 12 months, have you received a flu shot or nasal spray?								
Yes	72.94%	72.46%	72.28%	83.76%	64.81%	74.87%	75.45%	75.88%
No (If not, why not? Please explain)	27.06%	27.54%	27.72%	16.24%	35.19%	25.13%	24.55%	24.12%
Answered	170	207	184	117	54	195	224	199
Q8. I can access the healthcare I need in this community.								
Strongly agree	34.12%	27.54%	31.35%	47.86%	28.30%	31.79%	34.38%	36.32%
Agree	49.41%	53.14%	49.73%	34.19%	50.94%	43.08%	51.34%	48.76%
Neither disagree/agree	10.59%	9.18%	7.03%	9.40%	16.98%	12.31%	5.80%	6.47%
Disagree	5.88%	7.73%	9.19%	7.69%	0.00%	10.26%	7.14%	7.96%
Strongly disagree	0.00%	2.42%	2.70%	0.85%	3.77%	2.56%	1.34%	0.50%
Answered	170	207	185	117	53	195	224	201
Q9. During a normal week, other than in your regular job, how many hours per week do you engage in any physical activity or exercise?								
None	4.12%	5.31%	5.41%	2.61%	5.66%	6.19%	4.91%	2.50%
Less than 1 hour	19.41%	18.36%	16.76%	18.26%	24.53%	23.20%	16.07%	13.50%
Between 1 - 2 hours	33.53%	32.37%	24.86%	22.61%	30.19%	27.32%	33.48%	25.50%
Between 2 - 3 hours	22.35%	19.32%	25.41%	19.13%	24.53%	20.62%	22.77%	21.00%
3 hours or more	20.59%	24.64%	27.57%	37.39%	15.09%	22.68%	22.77%	37.50%
Answered	170	207	185	115	53	194	224	200
Q10. If you exercise, where do you usually go to exercise or engage in physical activity? (Please check all that apply)								
Home	66.26%	71.50%	61.63%	61.40%	64.58%	67.96%	66.51%	63.08%
Neighborhood	45.40%	47.15%	42.44%	23.68%	20.83%	34.81%	48.58%	44.62%
Park	31.90%	22.80%	22.67%	12.28%	12.50%	18.78%	28.30%	24.10%
Private gym/studio	26.38%	24.87%	19.77%	21.93%	12.50%	17.13%	24.53%	30.26%
Public recreation center	9.20%	8.29%	2.33%	4.39%	4.17%	6.08%	7.55%	5.64%
School	3.07%	2.07%	1.74%	0.88%	0.00%	1.10%	2.83%	2.56%
Other (please specify)	4.91%	7.77%	14.53%	28.95%	25.00%	10.50%	10.85%	13.33%
Answered	163	193	172	114	48	181	212	195
Q11. If you don't exercise, what are the reasons you do not exercise? (Select up to three reasons)								
Not applicable - I DO exercise	50.30%	46.91%	50.91%	61.00%	41.67%	45.11%	48.06%	62.50%
My job is physical or hard labor	10.78%	6.70%	4.85%	4.00%	8.33%	9.78%	7.77%	2.17%
Exercise is not important to me	2.40%	2.58%	2.42%	4.00%	10.42%	1.63%	2.43%	2.17%
I don't have access to a facility that has the things I need, like a	11.38%	9.28%	6.06%	3.00%	6.25%	9.78%	6.80%	7.61%
I don't have enough time to exercise	37.72%	30.93%	21.82%	8.00%	16.67%	26.63%	32.52%	23.37%
I would need child care and I don't have it	15.57%	12.37%	1.82%	0.00%	6.25%	10.33%	10.68%	4.89%
I don't know how to find exercise partners	6.59%	4.64%	2.42%	2.00%	2.08%	6.52%	2.91%	3.80%
I don't like to exercise	12.57%	15.46%	15.15%	16.00%	18.75%	17.39%	15.53%	10.33%
It costs too much to exercise	18.56%	10.31%	7.27%	7.00%	16.67%	15.22%	12.62%	3.80%
There is no safe place	1.20%	0.52%	1.82%	0.00%	0.00%	2.17%	0.00%	1.09%
Other (please specify)	5.39%	9.28%	13.33%	19.00%	16.67%	13.04%	11.17%	7.61%
Answered	167	194	165	100	48	184	206	184
Q12. There are enough options for physical activity in this community.								
Strongly agree	10.59%	8.29%	11.35%	19.30%	13.46%	8.85%	11.61%	13.43%
Agree	36.47%	33.17%	38.38%	46.49%	40.38%	33.33%	42.41%	35.32%
Neither disagree/agree	25.88%	23.41%	23.24%	21.93%	36.54%	29.69%	20.09%	19.40%
Disagree	22.35%	27.32%	21.62%	9.65%	5.77%	21.88%	1964.00%	27.36%
Strongly disagree	4.71%	7.80%	5.41%	2.63%	3.85%	6.25%	6.25%	4.48%
Answered	170	205	185	114	52	192	224	201

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	18-34	35-49	50-64	65+	HS/GED	Some College	BA/BS	MA/MS+
Q13. This community values physical activity.								
Strongly agree	5.88%	10.63%	8.65%	14.91%	7.84%	9.74%	8.48%	10.45%
Agree	41.76%	37.68%	44.86%	57.02%	52.94%	36.41%	48.66%	43.78%
Neither disagree/agree	37.65%	43.00%	36.76%	22.81%	35.29%	39.49%	35.27%	35.82%
Disagree	14.12%	7.73%	7.03%	5.26%	1.96%	12.82%	7.14%	8.46%
Strongly disagree	0.59%	0.97%	2.70%	0.00%	1.96%	1.54%	0.45%	1.49%
Answered	170	207	185	114	51	195	224	201
Q14. This community values healthy eating.								
Strongly agree	4.71%	3.38%	4.89%	9.57%	7.41%	5.18%	5.38%	4.48%
Agree	24.71%	28.50%	30.43%	45.22%	38.89%	27.46%	30.49%	32.84%
Neither disagree/agree	45.88%	49.28%	42.39%	34.78%	33.33%	49.74%	44.84%	40.30%
Disagree	23.53%	15.94%	18.48%	10.43%	18.52%	15.54%	16.59%	20.40%
Strongly disagree	1.18%	2.90%	3.80%	0.00%	1.85%	2.07%	2.69%	1.99%
Answered	170	207	184	115	54	193	223	201
Q15. I can access the healthy food I need in this community.								
Strongly agree	11.18%	7.77%	11.89%	29.57%	13.21%	12.44%	12.05%	16.42%
Agree	51.76%	54.85%	55.68%	58.26%	58.49%	53.89%	54.46%	54.23%
Neither disagree/agree	18.24%	20.87%	15.14%	6.96%	16.98%	17.10%	16.07%	15.92%
Disagree	16.47%	13.11%	15.68%	5.22%	11.32%	12.95%	15.63%	11.94%
Strongly disagree	2.35%	3.40%	1.62%	0.00%	0.00%	3.63%	1.79%	1.49%
Answered	170	206	185	115	53	193	224	201
Q16. Are you concerned about having enough food for you and/or your family to eat?								
Yes	7.65%	8.21%	6.56%	2.59%	15.09%	9.84%	5.36%	2.99%
No	81.76%	81.64%	86.89%	93.10%	73.58%	76.68%	87.05%	94.53%
Sometimes	10.59%	10.14%	6.56%	4.31%	11.32%	13.47%	7.59%	2.49%
Answered	170	207	183	116	53	193	224	201
Q17. In a typical day, how many times do you eat fruit and/or vegetables?								
None	2.94%	2.42%	1.62%	0.85%	7.41%	3.09%	1.79%	0.00%
One	26.47%	23.67%	22.16%	18.80%	31.48%	30.41%	18.75%	19.40%
Two	38.82%	40.58%	33.51%	42.74%	42.59%	42.78%	37.50%	34.83%
Three	27.06%	24.64%	25.41%	28.21%	11.11%	15.46%	32.59%	31.84%
Four or more times	4.71%	8.70%	17.30%	9.40%	7.41%	8.25%	9.38%	13.93%
Answered	170	207	185	117	54	194	224	201
Q18. Overall, I eat healthy foods.								
Strongly agree	7.65%	7.73%	10.81%	13.68%	3.70%	7.69%	9.38%	13.43%
Agree	49.41%	56.04%	59.46%	60.68%	55.56%	45.13%	57.14%	64.68%
Neither disagree/agree	29.41%	25.60%	20.54%	17.95%	20.37%	33.85%	24.55%	14.93%
Disagree	11.18%	10.14%	8.11%	7.69%	18.52%	11.28%	8.04%	6.97%
Strongly disagree	2.35%	0.48%	1.08%	0.00%	1.85%	2.05%	0.89%	0.00%
Answered	170	207	185	117	54	195	224	201
Q19. If you don't eat enough fruits and vegetables (2 cups of each) on a typical day, what are the primary reasons you do not? (Select up to three)								
Not applicable, I eat enough fruits and vegetables	30.91%	37.19%	46.02%	55.36%	32.00%	34.39%	40.74%	50.52%
I'm not able to get to a grocery store	6.06%	7.54%	3.98%	1.79%	2.00%	6.88%	6.48%	3.13%
It costs too much	32.73%	27.14%	15.34%	10.71%	30.00%	0.30%	22.22%	13.54%
I don't have enough time to purchase and prepare them	32.73%	25.63%	14.77%	8.93%	6.00%	23.81%	25.46%	19.79%
I don't know how to cook them	9.09%	4.02%	3.41%	2.68%	4.00%	4.76%	4.17%	6.25%
I don't like all or some of the healthy foods	23.03%	19.10%	15.91%	17.86%	24.00%	22.22%	18.06%	15.63%
Others in my household don't like all or some of them	18.18%	18.09%	11.36%	11.61%	18.00%	14.29%	17.13%	12.50%
I have dietary restrictions due to a medical condition	0.61%	3.02%	2.27%	5.36%	6.00%	3.17%	1.39%	2.60%
I have dietary restrictions due to religious beliefs/customs	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Other (please specify)	4.24%	8.04%	13.07%	8.04%	10.00%	7.41%	6.94%	10.94%
Answered	165	199	176	112	50	189	216	192

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	18-34	35-49	50-64	65+	HS/GED	Some College	BA/BS	MA/MS+
Q20. Do you currently smoke/use tobacco products?								
Yes	8.24%	7.28%	7.03%	0.86%	13.21%	12.31%	3.57%	1.50%
No	91.76%	92.72%	92.97%	99.14%	86.79%	87.69%	96.43%	98.50%
Answered	170	206	185	116	53	196	224	200
Q21. If you currently smoke/use tobacco products, where would you go for help if you wanted to quit?								
Not applicable, I don't want to quit	14.29%	25.00%	8.33%	0.00%	14.29%	12.50%	25.00%	33.33%
Church	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Doctor	21.43%	37.50%	58.33%	0.00%	28.57%	41.67%	50.00%	0.00%
Kansas hotline	0.00%	0.00%	8.33%	0.00%	14.29%	0.00%	0.00%	0.00%
Health department	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Pharmacy	7.14%	0.00%	0.00%	0.00%	0.00%	4.17%	0.00%	0.00%
Private counselor/therapist	0.00%	6.25%	0.00%	0.00%	14.29%	0.00%	0.00%	0.00%
I don't know	14.29%	31.25%	16.67%	100.00%	14.29%	20.83%	12.50%	66.67%
Other (please specify)	42.86%	0.00%	8.33%	0.00%	14.29%	20.83%	12.50%	0.00%
Answered	14	16	12	1	7	24	8	3
Q22. What are the top three needs related to physical health in your community? (Select only three)								
Access to healthy food options	28.82%	23.79%	16.57%	11.11%	17.02%	20.31%	23.53%	20.00%
Affordable health insurance	47.06%	48.06%	49.72%	48.15%	70.21%	44.79%	44.80%	50.00%
Affordable health services	41.18%	39.32%	39.23%	42.59%	42.55%	37.50%	42.53%	39.00%
Affordable prescriptions	18.82%	22.82%	28.73%	40.74%	46.81%	25.52%	22.62%	26.00%
Children health services	17.06%	10.68%	4.97%	2.78%	6.38%	8.85%	10.41%	9.50%
Dental care options	10.59%	12.14%	16.02%	23.15%	21.28%	22.40%	11.31%	9.50%
Maternal health services	16.47%	5.34%	3.31%	1.85%	4.26%	5.21%	8.14%	8.50%
Prevention of infant mortality	2.94%	0.97%	0.00%	0.93%	4.26%	0.52%	1.36%	1.00%
Healthcare assistance for older adults	8.24%	7.77%	20.44%	35.19%	36.17%	18.75%	12.67%	11.50%
Healthcare assistance for veterans/military	7.65%	7.28%	8.29%	6.48%	8.51%	11.98%	7.69%	3.00%
Increased number of healthcare providers	17.06%	22.82%	20.44%	10.19%	19.15%	19.79%	16.29%	20.50%
Availability of transportation for health services	9.41%	12.14%	9.94%	15.74%	8.51%	9.90%	9.95%	15.50%
Facilities for physical activity (including parks, trails, rec centers)	32.94%	42.72%	20.99%	11.11%	19.15%	23.96%	29.41%	36.50%
Increased health education/prevention (e.g., healthy eating, etc)	21.18%	16.50%	15.47%	12.96%	8.51%	15.63%	20.81%	16.00%
Substance abuse prevention/treatment	11.76%	12.14%	18.23%	8.33%	2.13%	12.50%	15.84%	13.00%
Tobacco use cessation (quitting) services	5.29%	3.88%	3.87%	5.56%	2.13%	5.73%	4.98%	3.50%
Other (please specify)	10.00%	11.17%	13.26%	10.19%	4.26%	13.54%	11.31%	11.00%
Answered	170	206	181	108	47	192	221	200
Q23. How would you describe your overall mental health?								
Excellent	18.82%	18.36%	21.62%	23.48%	15.38%	14.87%	20.09%	26.37%
Very good	27.65%	38.16%	42.70%	41.74%	32.69%	34.36%	38.84%	40.30%
Good	37.06%	33.33%	29.73%	28.70%	34.62%	37.44%	29.02%	30.85%
Fair	11.18%	8.21%	5.41%	3.48%	15.38%	8.72%	8.93%	2.49%
Poor	4.12%	0.97%	0.54%	2.61%	1.92%	3.59%	2.23%	0.00%
Not sure	1.18%	0.97%	0.00%	0.00%	0.00%	1.03%	0.89%	0.00%
Answered	170	207	185	115	52	195	224	201
Q24. Do you consult a mental health professional when your mental health is not good?								
Yes	30.59%	32.37%	25.95%	24.78%	17.65%	27.32%	26.34%	36.32%
No	39.41%	33.82%	37.30%	31.86%	49.02%	37.63%	36.61%	29.85%
My mental health is always good	30.00%	33.82%	36.76%	43.36%	33.33%	35.05%	37.05%	33.83%
Answered	170	207	185	113	51	194	224	201

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Q25. When you do need help, where do you go most often when your mental health is not good?								
Community mental health center	12.07%	10.77%	15.24%	19.15%	25.00%	18.49%	10.77%	8.94%
Community provider	39.66%	46.92%	41.90%	27.66%	37.50%	31.09%	39.23%	53.66%
Hospital emergency room	6.03%	1.54%	0.00%	2.13%	0.00%	5.04%	2.31%	0.81%
Other (please specify)	42.24%	40.77%	42.86%	51.06%	37.50%	45.38%	47.69%	36.59%
Answered	116	130	105	47	24	119	130	123
Q26. The community has adequate mental health services for people who need them.								
Strongly agree	2.94%	0.97%	0.00%	6.90%	3.92%	2.56%	1.79%	2.49%
Agree	16.47%	12.14%	13.66%	29.31%	41.18%	13.33%	16.14%	13.43%
Neither disagree/agree	31.18%	26.70%	29.51%	31.03%	35.29%	30.77%	28.70%	27.86%
Disagree	33.53%	39.32%	33.33%	23.28%	9.80%	30.26%	34.98%	40.30%
Strongly disagree	15.88%	20.87%	23.50%	9.48%	9.80%	23.08%	18.39%	15.92%
Answered	170	206	183	116	51	195	223	201
Q27. What are the top three needs related to mental health in your community? (Select only three)								
Affordable mental health services	56.29%	62.56%	66.29%	73.39%	73.47%	66.49%	60.47%	61.93%
Affordable prescriptions	14.37%	16.75%	18.54%	24.77%	30.61%	19.90%	15.81%	15.23%
Children mental health services	22.75%	36.95%	17.42%	17.43%	20.41%	18.85%	28.84%	27.41%
High quality mental health services	50.90%	38.92%	44.38%	35.78%	38.78%	37.70%	49.77%	41.12%
Increased mental health education/prevention	55.69%	42.36%	32.58%	33.94%	34.69%	37.70%	47.91%	40.61%
Increased number of mental healthcare providers	47.90%	50.74%	49.44%	21.10%	22.45%	44.50%	47.44%	48.22%
Substance abuse prevention/treatment	23.95%	23.15%	26.97%	28.44%	24.49%	30.37%	0.24%	21.83%
Availability of transportation for mental health services	13.77%	10.84%	13.48%	16.51%	16.33%	16.75%	8.37%	14.21%
Other (please specify)	5.99%	9.36%	10.11%	10.09%	6.12%	9.95%	7.91%	9.64%
Answered	167	203	178	109	49	191	215	197
Q28. Do you or anyone in your household have a substance use issue (e.g. drink too much alcohol, have a problem with legal or illegal drugs)?								
Yes	4.73%	5.83%	6.52%	5.13%	7.55%	5.70%	4.48%	6.47%
No	95.27%	94.17%	93.48%	94.87%	92.45%	94.30%	95.52%	93.53%
Answered	169	206	184	117	53	193	223	201
Q29. Do you or anyone in your household currently experience domestic violence (e.g. violence between adults)								
Yes	1.18%	0.48%	0.55%	0.00%	0.00%	0.52%	1.35%	0.00%
No	98.82%	99.52%	99.45%	100.00%	100.00%	99.48%	98.65%	100.00%
Answered	170	207	183	117	53	194	223	201
Q30. Excluding mental illness, do you or any other adult living in your household have a physical or developmental disability?								
Yes	11.18%	11.59%	17.49%	14.29%	28.57%	19.59%	10.27%	7.50%
No	88.82%	88.41%	82.51%	85.71%	71.43%	80.41%	89.73%	92.50%
Answered	170	207	183	115	49	194	224	200
Q31. Are you or anyone in your immediate family currently homeless (e.g. no permanent place to live on a daily basis)?								
Yes	1.18%	1.93%	0.55%	1.77%	0.00%	3.11%	0.00%	1.00%
No	98.82%	98.07%	99.45%	98.23%	100.00%	96.89%	100.00%	99.00%
Answered	170	207	182	113	51	193	222	201
Q32. Are you a parent or custodial grandparent/guardian of someone under the age of 18?								
Yes	51.76%	78.26%	13.04%	1.75%	15.69%	39.18%	45.98%	44.00%
No	48.24%	21.74%	86.96%	98.25%	84.31%	60.82%	54.02%	56.00%
Answered	170	116	184	114	51	194	224	200

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Q33. As a parent or custodial grandparent/guardian of a minor, please respond to the following questions:								
Yes, I'm a single parent	7.95%	15.53%	12.00%	0.00%	33.33%	22.67%	5.83%	9.09%
Yes, my child(ren) has a developmental disability?	3.41%	11.80%	20.00%	50.00%	22.22%	16.00%	3.88%	11.36%
Yes, my child(ren) has a chronic disease?	6.82%	10.69%	12.00%	0.00%	11.11%	9.46%	11.65%	6.90%
Yes, my child(ren) has been diagnosed with a mental illness or	9.09%	15.43%	24.00%	0.00%	55.56%	19.74%	8.74%	11.36%
Answered	88	162	6	2	9	76	103	88
Q34. How well does your community generally meet the needs of children and/or adolescents in the following areas?								
("Excellent" and "Good" Responses Only)								
Prenatal care (pregnancy)	41.67%	43.69%	43.48%	39.28%	32.00%	37.83%	50.90%	40.00%
Postnatal care (birth through 1st year)	38.10%	46.34%	44.02%	43.63%	36.73%	40.11%	49.55%	40.71%
Parental support/training	21.43%	27.19%	26.63%	27.92%	24.49%	23.32%	27.47%	26.00%
Support for single parents	7.83%	7.32%	13.74%	17.11%	18.00%	10.41%	11.87%	8.08%
Needs of children/youth with disabilities	14.38%	19.51%	17.93%	22.52%	24.00%	16.67%	15.84%	21.61%
Dental health	47.93%	50.24%	37.84%	35.71%	34.00%	34.36%	49.55%	49.75%
Mental health	14.29%	14.15%	10.81%	26.79%	20.00%	13.40%	16.28%	15.00%
Physical health	43.37%	50.49%	46.45%	40.54%	34.69%	43.23%	50.92%	46.97%
Recreational opportunities	46.42%	47.06%	47.57%	55.46%	42.00%	45.54%	54.50%	45.73%
Basic needs of low income children/youth	17.86%	6.83%	13.59%	14.41%	10.20%	13.33%	13.18%	12.07%
Answered	168	205	185	112	50	195	222	200
Q35. What are the top three health needs related to children (ranging in age new born to 12 years old) in your community?								
After school programs	30.91%	37.07%	36.57%	37.36%	45.24%	40.88%	33.80%	29.32%
Bullying prevention	29.70%	30.24%	28.00%	32.97%	38.10%	36.46%	30.09%	21.47%
Childcare for children - newborns to age 5	43.64%	38.05%	30.29%	40.66%	26.19%	29.83%	40.28%	45.03%
Dental care	9.09%	9.27%	10.86%	12.09%	9.52%	12.71%	8.80%	8.38%
Early childhood intervention programs (e.g. Head Start)	15.15%	28.29%	15.43%	16.78%	11.90%	19.34%	16.20%	25.65%
Financial assistance to families (for nutrition, childcare, housing,	36.97%	34.15%	25.14%	25.27%	30.95%	32.04%	32.41%	28.27%
Medical care	11.52%	9.27%	22.86%	9.89%	11.90%	9.94%	15.74%	15.71%
Mental health care	18.18%	25.37%	18.29%	14.29%	14.29%	19.89%	18.98%	23.04%
Mentoring programs for children	19.39%	25.37%	21.71%	21.98%	21.43%	27.07%	22.22%	17.80%
Nutrition programs (e.g. WIC, free and reduced lunch, etc)	19.39%	7.80%	14.29%	12.09%	14.29%	11.60%	15.74%	11.52%
Parenting education/skills development	29.09%	25.37%	36.00%	26.37%	21.43%	21.55%	36.57%	30.89%
Services for children with physical or developmental disabilities	14.55%	17.56%	17.71%	19.78%	11.90%	19.34%	15.74%	17.80%
Other (please specify)	7.27%	5.85%	8.00%	13.19%	16.67%	9.39%	6.02%	6.81%
Answered	165	205	175	91	42	181	216	191

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	18-34	35-49	50-64	65+	HS/GED	Some College	BA/BS	MA/MS+
Q36. What are the top three health needs related to teens (ranging in age 13 - 18 years old) in your community? (Select only three)								
Appropriate internet/technology use (e.g. sexting, cyberbullying,	46.67%	42.50%	30.51%	23.33%	30.95%	31.67%	44.39%	37.37%
Bullying prevention	41.82%	36.50%	37.85%	38.89%	52.38%	44.44%	35.05%	34.21%
Relationship violence prevention	22.42%	18.00%	16.38%	16.67%	14.29%	19.44%	21.50%	15.79%
Dental care	4.85%	3.00%	7.34%	6.67%	4.76%	7.78%	4.21%	3.16%
Employment opportunity for teens	24.85%	28.00%	28.81%	26.67%	42.86%	29.44%	24.77%	23.68%
Medical care	5.45%	4.00%	9.60%	6.67%	4.76%	7.22%	6.07%	5.26%
Mental health care	30.30%	36.00%	24.29%	27.78%	14.29%	22.78%	30.37%	40.00%
Obesity prevention	20.00%	15.00%	24.29%	22.22%	21.43%	14.44%	18.22%	25.79%
Parenting education/skills development (for parents of adolescents)	16.97%	23.50%	19.77%	23.33%	16.67%	15.00%	22.90%	25.26%
Opportunities to contribute to the community (e.g., volunteering,	30.30%	31.50%	22.60%	17.78%	16.67%	26.67%	31.78%	23.68%
Services for children with physical or developmental disabilities	7.88%	12.50%	13.56%	8.89%	16.67%	8.89%	9.81%	13.68%
Substance abuse prevention/treatment	18.79%	26.50%	33.33%	32.22%	23.81%	28.89%	25.70%	27.89%
Teen pregnancy prevention/sex education	20.00%	13.00%	16.38%	15.56%	21.43%	21.11%	16.36%	10.53%
Other (please specify)	6.06%	5.00%	6.21%	11.11%	11.90%	10.00%	4.21%	4.74%
Answered	165	200	177	90	42	180	214	190
Q37. The community is supportive of healthy aging.								
Strongly agree	11.76%	5.85%	4.37%	14.78%	13.73%	8.21%	9.05%	7.46%
Agree	43.53%	57.56%	65.03%	63.48%	52.94%	54.36%	60.63%	56.72%
Disagree	8.82%	7.80%	10.93%	7.83%	9.80%	10.77%	8.14%	7.46%
Strongly disagree	1.76%	0.49%	4.37%	3.48%	5.88%	2.05%	0.45%	3.48%
Don't know	34.12%	28.29%	15.30%	10.43%	17.65%	24.62%	21.72%	24.88%
Answered	170	205	183	115	51	195	221	201
Q38. The necessary senior services are available in this community.								
Strongly agree	6.47%	4.90%	3.83%	17.54%	20.41%	5.13%	6.33%	6.97%
Agree	39.41%	37.75%	48.63%	52.63%	40.82%	44.10%	47.06%	39.80%
Disagree	9.41%	11.76%	19.13%	13.16%	12.24%	15.90%	14.03%	9.95%
Strongly disagree	0.59%	1.96%	4.92%	2.63%	2.04%	4.10%	0.45%	3.48%
Don't know	44.12%	43.63%	23.50%	14.04%	24.49%	30.77%	32.13%	39.80%
Answered	170	204	183	114	49	195	221	201
Q39. Are you a caregiver for an older adult (spouse, parent)?								
Yes	4.71%	6.83%	12.02%	10.71%	10.00%	10.88%	6.76%	6.50%
No	95.29%	93.17%	87.98%	89.29%	90.00%	89.12%	93.24%	93.50%
Answered	170	205	183	112	50	193	222	200
Q40. If you are a caregiver for an older adult, are you receiving the services you need?								
Yes	75.00%	71.43%	62.50%	61.54%	33.33%	60.87%	86.67%	76.92%
No, here are some services I need	25.00%	28.57%	37.50%	38.46%	66.67%	39.13%	13.33%	23.08%
Answered	8	14	24	13	6	23	15	13

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	18-34	35-49	50-64	65+	HS/GED	Some College	BA/BS	MA/MS+
Q41. Choose the top three health needs of older adults in your community. (Select only three)								
Access to daily meals	24.84%	20.63%	19.55%	18.87%	34.04%	23.12%	23.33%	13.51%
Affordable prescriptions	32.92%	31.75%	34.64%	41.51%	38.30%	34.95%	38.57%	28.11%
Affordable housing	36.65%	41.27%	31.84%	33.02%	40.43%	38.71%	35.24%	33.51%
Assisted living options	19.88%	19.05%	17.88%	14.15%	21.28%	15.59%	17.62%	20.54%
Caregiver support	19.25%	13.76%	14.53%	13.21%	8.51%	10.75%	18.57%	17.30%
Day programs	17.39%	12.17%	7.82%	8.49%	8.51%	10.22%	12.86%	12.97%
Dental care	3.11%	1.59%	5.03%	11.32%	6.38%	6.45%	2.86%	3.78%
Ease of mobility in the community	18.01%	15.87%	6.70%	11.32%	8.51%	6.45%	18.10%	15.14%
Elder abuse	3.73%	3.17%	2.79%	1.89%	6.38%	4.30%	1.90%	2.16%
Health insurance	11.80%	12.17%	17.32%	16.04%	17.02%	15.59%	13.81%	12.43%
Home health care options	9.94%	12.70%	16.76%	16.04%	12.77%	13.98%	13.81%	13.51%
Hospice	3.11%	2.12%	1.12%	1.89%	0.00%	2.69%	0.95%	3.24%
Independent living in a retirement community	5.59%	6.35%	6.15%	7.55%	6.38%	6.99%	4.76%	7.57%
Independent living in the home	13.04%	15.87%	24.58%	23.58%	10.64%	16.13%	18.57%	24.86%
Long term care options	9.94%	12.70%	13.41%	13.21%	14.89%	9.14%	12.38%	14.05%
Medical care	8.07%	7.41%	7.26%	7.55%	8.51%	9.68%	6.67%	6.49%
Memory care options/dementia support	11.18%	7.94%	17.88%	7.55%	12.77%	11.29%	12.86%	9.73%
Mental health services	6.83%	10.58%	6.70%	4.72%	4.26%	6.45%	7.62%	9.73%
Personal care services	8.07%	10.58%	11.73%	4.72%	6.38%	10.22%	9.05%	9.19%
Respite services for caregivers	8.70%	12.17%	10.61%	4.72%	5.13%	7.53%	13.81%	9.19%
Safety	5.59%	1.06%	5.59%	2.83%	8.51%	6.45%	1.90%	2.16%
Substance abuse	0.62%	0.00%	1.68%	0.94%	0.00%	0.00%	1.43%	0.54%
Transportation	21.12%	16.93%	13.97%	20.75%	17.02%	17.20%	16.19%	20.54%
Vision care	1.86%	1.59%	0.56%	6.60%	2.13%	3.76%	1.43%	0.54%
Other (please specify)	3.11%	7.94%	1.68%	7.55%	6.38%	6.45%	2.86%	5.41%
Answered	161	189	179	106	47	186	210	185
Q42. Are you								
Female	85.88%	86.41%	80.00%	82.76%	88.46%	85.64%	83.41%	81.00%
Male	14.12%	13.59%	20.00%	17.24%	11.54%	14.36%	16.59%	19.00%
Answered	170	206	185	116	52	195	223	200
Q43. What county do you currently live in?								
Riley	51.76%	40.29%	48.11%	58.47%	50.94%	37.95%	52.91%	51.74%
Pottawatomie	41.18%	53.88%	44.32%	34.75%	47.17%	52.31%	42.15%	40.80%
Other	7.06%	5.83%	7.57%	6.78%	1.89%	3.08%	4.93%	7.47%
Answered	170	206	185	118	53	195	223	201
Q44. What is your zip code for your street address? (Please specify)								
64015 (N=1) Blue Springs, MO	0.59%	-	-	-	-	-	0.45%	-
64093 (N=1) Warrensburg, MO	0.59%	-	-	-	-	0.51%	-	-
64105 (N=1) Kansas City, MO	-	-	0.54%	-	-	-	0.45%	-
66202 (N=1) Mission, KS	0.59%	-	-	-	-	-	0.45%	-
66401 (N=6) Alma, KS	1.18%	0.48%	1.62%	-	-	2.05%	0.45%	0.50%
66407 (N=3) Belvue, KS	0.59%	0.48%	-	0.85%	1.85%	-	-	1.00%
66411 (N=3) Blue Rapids, KS	0.59%	0.48%	-	0.85%	-	0.51%	0.45%	0.50%
66415 (N=1) Centralia, KS	-	-	-	0.85%	-	-	-	0.50%
66422 (N=1) Fort Riley, KS	-	-	0.54%	-	-	0.51%	-	-
66427 (N=3) Frankfort, KS	0.59%	0.48%	-	0.85%	-	-	0.45%	1.00%
66441 (N=3) Junction City, KS	-	0.48%	0.54%	0.85%	-	1.03%	-	0.50%
66449 (N=1) Leonardville, KS	0.59%	-	-	1.69%	-	0.51%	0.89%	-
66501 (N=1) Manhattan, KS	-	0.48%	-	-	-	0.51%	-	-
66502 (N=258) Manhattan, KS	45.88%	28.99%	35.14%	46.61%	35.19%	34.36%	38.39%	40.30%
66503 (N=91) Manhattan, KS	8.82%	16.91%	15.14%	11.02%	9.26%	8.21%	16.96%	15.42%
66507 (N=1)	-	-	0.54%	-	-	0.51%	-	-
66514 (N=1) Milford, KS	-	-	-	0.85%	1.85%	-	-	-
66517 (N=4) Manhattan, KS	0.59%	0.48%	0.54%	0.85%	1.85%	1.03%	0.45%	-
66520 (N=6) Olsburg, KS	1.18%	0.48%	1.62%	-	5.56%	0.51%	0.45%	0.50%
66521 (N=3) Onaga, KS	-	0.48%	0.54%	0.85%	1.85%	0.51%	0.45%	-
66526 (N=2) Paxico, KS	0.59%	-	0.54%	-	-	0.51%	0.45%	-
66531 (N=6) Riley, KS	1.18%	0.48%	0.54%	1.69%	3.70%	1.03%	0.45%	0.50%
66535 (N=33) Saint George, KS	4.12%	5.31%	4.32%	5.93%	1.85%	7.18%	5.80%	2.49%
66536 (N=4)	0.59%	0.48%	1.08%	-	1.85%	1.03%	-	-
66544 (N=1) Vermillion, KS	-	119	-	0.85%	-	0.51%	-	-

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66546 (N=1)	-	-	-	-	-	-	-	-
66547 (N=203) Wamego, KS	27.06%	36.71%	30.27%	20.34%	27.78%	31.28%	27.68%	32.34%
66548 (N=1) Waterville, KS	-	-	0.54%	-	-	0.51%	-	-
66549 (N=17) Westmoreland, KS	2.35%	0.03%	3.24%	0.85%	1.85%	4.10%	2.68%	1.00%
66554 (N=2) Randolph, KS	-	-	0.54%	0.85%	1.85%	-	0.45%	-
66601 (N=1) Topeka, KS	-	-	0.54%	-	-	-	-	0.50%
66614 (N=1) Topeka, KS	-	0.48%	-	-	-	-	-	0.50%
66615 (N=1) Topeka, KS	-	-	0.54%	-	-	-	-	0.50%
66834 (N=1) Alta Vista, KS	-	0.48%	-	1.69%	-	1.03%	-	0.50%
66846 (N=2) Council Grove, KS	0.59%	0.48%	-	-	-	-	0.45%	0.50%
66872 (N=1) White City, KS	0.59%	-	-	-	-	-	-	0.50%
66968 (N=1)	0.59%	-	-	-	-	0.51%	-	-
67431 (N=1) Chapman, KS	-	0.48%	-	-	-	-	0.45%	-
67447 (N=1) Green, KS	-	0.48%	-	-	-	-	-	-
67449 (N=1) Herington, KS	-	0.48%	-	-	-	0.51%	-	-
67468 (N=1) Morganville, KS	-	-	0.54%	-	-	0.51%	-	-
67487 (N=1) Wakefield, KS	0.59%	-	-	-	-	-	0.45%	-
67502 (N=1)	-	-	-	-	-	-	-	-
90210 (N=1) Beverly Hills, CA	-	0.48%	-	-	-	0.51%	-	-
99999 (N=7) Unknown	-	0.48%	0.54%	1.69%	3.70%	-	0.89%	0.50%
Answered	170	207	185	118	54	195	224	201
Q45. Which of the following group best describes your current age?								
Under 18	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
18 to 24 years	14.71%	0.00%	0.00%	0.00%	5.66%	4.10%	5.80%	0.50%
25 to 34 years	85.29%	0.00%	0.00%	0.00%	5.66%	22.56%	22.77%	23.38%
35 to 49 years	0.00%	100.00%	0.00%	0.00%	11.32%	25.64%	37.05%	33.33%
50 to 64 years	0.00%	0.00%	100.00%	0.00%	39.62%	27.18%	25.45%	25.37%
65 to 74 years	0.00%	0.00%	0.00%	60.17%	11.32%	12.31%	7.14%	11.94%
75 years or older	0.00%	0.00%	0.00%	39.83%	26.42%	8.21%	1.79%	5.47%
Answered	170	207	185	118	53	195	224	201
Q46. Which of the following do you consider to be your primary race?								
Asian	0.59%	0.48%	0.00%	0.00%	0.00%	0.00%	0.45%	0.50%
African-American/Black	0.59%	0.00%	0.00%	0.87%	0.00%	0.00%	0.00%	1.00%
American Indian or Alaskan Native	0.00%	0.48%	0.54%	0.87%	0.00%	1.03%	0.45%	0.00%
Caucasian/White	94.71%	96.14%	96.74%	96.52%	98.00%	95.36%	97.32%	95.52%
Native Hawaiian or Pacific Islander	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Multi-racial	3.53%	1.93%	0.54%	0.87%	2.00%	1.03%	1.79%	1.99%
Other (please specify)	0.59%	0.97%	2.17%	0.87%	0.00%	2.58%	0.00%	1.00%
Answered	170	207	184	115	50	194	224	201
Q47. Ethnic category								
Hispanic or Latino	3.53%	1.46%	2.75%	1.89%	2.22%	2.11%	1.79%	2.50%
Not Hispanic or Latino	96.47%	98.54%	97.25%	98.11%	97.78%	97.89%	98.21%	97.50%
Answered	170	206	182	106	45	190	223	200
Q48. What is the highest level of school, college, or vocational training that you have completed?								
Less than 9th grade	0.00%	0.00%	0.00%	0.87%	1.85%	0.00%	0.00%	0.00%
9th - 12th grade, no diploma	0.00%	0.00%	0.00%	2.61%	5.56%	0.00%	0.00%	0.00%
High school graduate or GED equivalent	3.53%	2.91%	11.54%	13.91%	92.59%	0.00%	0.00%	0.00%
Associate's degree or vocational training	0.18%	14.08%	15.93%	12.17%	0.00%	52.82%	0.00%	0.00%
Some college (no degree)	12.35%	10.19%	13.19%	22.61%	0.00%	47.18%	0.00%	0.00%
Bachelor's degree	37.65%	40.29%	31.32%	17.39%	0.00%	0.00%	100.00%	0.00%
Graduate or professional degree	28.24%	32.52%	28.02%	30.43%	0.00%	0.00%	0.00%	100.00%
Answered	170	206	182	115	54	195	224	201

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Q49. Which of the following best describes your marital status?								
Single, never married	22.35%	7.32%	5.52%	2.63%	1.85%	10.31%	13.00%	8.00%
Married	71.76%	78.05%	74.59%	53.51%	50.00%	60.82%	78.48%	79.00%
Divorced	1.76%	9.76%	14.92%	19.30%	18.52%	16.49%	5.38%	9.00%
Widowed	0.00%	0.49%	3.87%	22.81%	24.07%	7.22%	2.24%	1.50%
Not married, but living together	4.12%	4.39%	1.10%	0.88%	5.56%	4.64%	0.90%	2.50%
Domestic partnership or civil union	0.00%	0.00%	0.00%	0.88%	0.00%	0.52%	0.00%	0.00%
Answered	170	205	181	114	54	194	223	200
Q50. What was your total household income last year, before taxes?								
Less than \$10,000	4.17%	1.00%	2.29%	1.03%	6.12%	4.32%	1.40%	0.00%
\$10,000 - \$14,999	6.55%	1.99%	1.71%	5.15%	2.04%	7.57%	3.27%	0.52%
\$15,000 - \$24,999	4.17%	3.98%	4.57%	10.31%	24.49%	7.57%	2.80%	0.52%
\$25,000 - \$34,999	7.74%	4.98%	6.29%	13.40%	14.29%	11.35%	5.14%	4.15%
\$35,000 - \$49,999	15.48%	10.95%	10.29%	15.46%	24.49%	13.51%	12.62%	8.81%
\$50,000 - \$74,999	25.60%	18.41%	24.57%	27.84%	12.24%	30.81%	22.43%	20.21%
\$75,000 - \$99,999	20.24%	23.38%	21.71%	13.40%	10.20%	13.51%	23.36%	26.94%
\$100,000 - \$199,999	15.48%	30.35%	22.86%	13.40%	4.08%	9.73%	26.17%	33.16%
\$200,000 or more	0.60%	4.98%	5.71%	0.00%	2.04%	1.62%	2.80%	5.70%
Answered	168	201	175	97	49	185	214	193
Q51. How many people does this total household income support?								
Average	2.93	3.5	2.4	1.7	2.02	2.7	2.96	2.88
Range	1-10	1-7	1-10	1-6	1-5	1-10	1-7	1-7
1	17.65%	6.86%	14.92%	38.68%	31.37%	20.83%	13.06%	13.20%
2	27.06%	11.76%	53.04%	55.66%	47.06%	32.29%	29.73%	37.06%
3	18.82%	1.47%	21.55%	2.83%	13.73%	19.79%	19.37%	13.20%
4	22.94%	43.63%	6.63%	1.89%	3.92%	16.15%	26.58%	25.89%
5	11.18%	15.69%	2.21%	-	3.92%	9.38%	9.46%	7.11%
6	1.18%	1.96%	0.55%	0.94%	-	0.52%	0.45%	2.54%
7	0.59%	0.98%	0.55%	-	-	-	0.45%	1.02%
8	-	-	5.52%	-	-	-	-	-
9	-	-	-	-	-	-	-	-
10	0.59%	-	-	-	-	1.04%	-	-
Answered	170	204	181	106	51	192	222	197
Q52. Have you been a member of the Armed Services/Military?								
Yes	6.47%	2.44%	9.34%	15.04%	9.62%	12.31%	5.83%	3.98%
No	93.53%	97.56%	90.66%	84.96%	90.38%	87.69%	94.17%	96.02%
Answered	170	205	182	113	52	195	223	201
Q53. What is your current Armed Services/Military status?								
Active	18.18%	20.00%	0.00%	0.00%	0.00%	4.17%	8.33%	14.29%
Retired	36.36%	20.00%	37.50%	31.25%	20.00%	33.33%	33.33%	42.86%
Disable or injured	0.00%	0.00%	6.25%	18.75%	20.00%	4.17%	16.67%	0.00%
Inactive	45.45%	60.00%	56.25%	50.00%	60.00%	58.33%	41.67%	42.86%
Answered	11	5	16	16	5	24	13	7
Q54. What is your current employment status?								
Self-employed	1.78%	4.93%	5.52%	0.00%	1.92%	3.08%	5.45%	2.01%
Employed full time (one job)	70.41%	68.47%	60.22%	18.75%	40.38%	49.74%	64.91%	62.81%
Homemaker	4.14%	4.93%	1.10%	4.46%	5.77%	3.08%	5.00%	2.01%
Disabled	1.18%	0.49%	5.52%	1.79%	1.92%	5.64%	0.91%	0.50%
Unemployed for more than one year	0.00%	0.00%	0.55%	0.00%	1.92%	0.00%	0.00%	0.00%
Unemployed for 1 year or less	0.59%	1.48%	0.55%	0.89%	0.00%	1.54%	0.91%	0.50%
Working more than one job	11.24%	10.84%	7.18%	0.89%	9.62%	9.23%	8.18%	7.04%
Employed part time	7.69%	7.88%	11.05%	17.86%	7.69%	11.79%	8.18%	12.06%
Retired	0.59%	0.00%	6.63%	54.46%	26.92%	13.85%	5.00%	11.56%
Other (please specify)	2.37%	0.99%	1.66%	0.89%	3.85%	2.05%	0.45%	1.51%
Answered	169	203	181	112	52	195	220	199

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	18-34	35-49	50-64	65+	HS/GED	Some College	BA/BS	MA/MS+
Q55. How many people in your household are currently working outside the home?								
0	2.94%	1.49%	11.05%	53.98%	30.19%	19.07%	7.24%	10.55%
1	24.71%	25.25%	34.25%	27.43%	32.08%	32.99%	23.98%	25.63%
2	69.41%	63.37%	44.75%	16.81%	35.85%	42.27%	58.82%	58.29%
3	1.18%	1.49%	9.39%	1.77%	1.89%	4.12%	7.69%	5.53%
4	1.76%	1.49%	-	-	-	1.03%	1.81%	-
5	-	-	0.55%	-	-	-	0.45%	-
Answered	170	202	181	113	53	194	221	199
Q56. Are you a student taking classes for credit?								
Yes, full-time student	7.65%	2.45%	0.55%	0.00%	1.89%	4.12%	2.25%	2.51%
Yes, part-time student	13.53%	5.39%	0.00%	0.00%	0.00%	6.19%	4.95%	5.53%
No	78.82%	92.16%	99.45%	100.00%	98.11%	89.69%	92.79%	91.96%
Answered	170	204	181	112	53	194	222	199
Q57. Which of the following best describes the type of school you are currently attending?								
Four year college or university	61.11%	68.75%	100.00%	0.00%	0.00%	50.00%	68.75%	81.25%
Two year community college	11.11%	18.75%	0.00%	0.00%	100.00%	15.00%	12.50%	6.25%
Vocational, technical or trade school	11.11%	6.25%	0.00%	0.00%	0.00%	25.00%	0.00%	0.00%
Other (please specify)	16.67%	6.25%	0.00%	0.00%	0.00%	10.00%	18.75%	12.50%
Answered	36	16	1	0	1	20	16	16
Q58. Do you participate in a religious/faith community?								
Yes	60.00%	61.76%	60.34%	72.48%	36.00%	54.40%	70.14%	69.19%
No	40.00%	38.24%	39.66%	27.52%	64.00%	45.60%	29.86%	30.81%
Answered	170	204	179	109	50	193	221	198
Q59. Do you have access to the internet at your home or residence?								
Yes	97.06%	96.57%	96.09%	85.32%	78.00%	92.75%	98.19%	96.97%
No	2.94%	3.43%	3.91%	14.68%	22.00%	7.25%	1.81%	3.03%
Answered	170	204	179	109	50	193	221	198
Q60. Which best describes how you access the internet? (Check all that apply)								
Home computer	80.59%	78.92%	80.90%	76.15%	52.94%	72.92%	82.35%	89.34%
Public computer	5.88%	3.92%	2.25%	4.59%	1.96%	4.17%	3.62%	5.08%
Work computer	40.59%	46.57%	41.01%	12.84%	15.69%	27.08%	39.37%	52.79%
Mobile (tablet, cell phone, etc.)	88.82%	81.86%	66.29%	48.62%	49.02%	75.52%	76.47%	76.14%
I don't access the internet	0.59%	0.00%	0.56%	12.84%	21.57%	1.56%	0.00%	1.02%
Answered	170	204	178	109	51	192	221	197
Q61. How do you normally get news about community events? (Check all that apply.)								
Newspaper	25.88%	42.65%	60.89%	77.68%	59.62%	51.81%	45.25%	47.98%
Community flyers	17.65%	22.06%	16.76%	22.32%	17.31%	14.51%	20.36%	24.24%
Social media (Facebook, Twitter, etc.)	85.88%	82.84%	63.69%	36.61%	40.38%	69.95%	79.19%	69.70%
Newsletters	8.24%	15.69%	13.41%	28.57%	17.31%	10.88%	16.29%	17.17%
Email/RSS	17.65%	25.49%	26.26%	30.36%	15.38%	19.69%	26.70%	29.29%
Friends/family	61.18%	60.29%	56.98%	49.11%	50.00%	56.99%	61.09%	56.06%
Internet	55.29%	50.49%	53.07%	41.96%	38.46%	44.04%	60.63%	50.51%
Radio	38.24%	31.37%	40.22%	37.50%	34.62%	37.31%	40.72%	31.31%
TV/local cable	27.06%	28.92%	51.96%	59.82%	59.62%	44.04%	70.27%	30.30%
Other (please specify)	1.18%	0.49%	1.12%	0.00%	1.92%	1.04%	0.45%	0.51%
Answered	170	204	179	112	52	193	221	198
Q62. Please share any additional comments about health and								
Entered Additional Comment	33	43	62	31	11	52	54	52

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	Less \$15K	\$15 to 34.9K	\$35 to 49.9K	\$50 to 74.9K	\$75 to 99.9K	\$100 to 199.9K	\$200K+
Q1. How do you get most of your health-related information? (Check all that apply)							
Books/magazines	27.78%	22.50%	16.25%	22.00%	16.67%	23.02%	14.29%
Church	2.78%	0.00%	2.50%	2.00%	1.52%	1.44%	0.00%
Health department	11.11%	13.75%	7.50%	6.67%	5.30%	3.60%	4.76%
My child's school	2.78%	5.00%	3.75%	3.33%	2.27%	4.32%	4.76%
Help lines	0.00%	2.50%	0.00%	0.67%	0.76%	0.72%	0.00%
Pharmacist	27.78%	23.75%	22.50%	24.67%	25.00%	25.90%	14.29%
Doctor/nurse	66.67%	68.75%	80.00%	85.33%	78.03%	82.01%	85.71%
Hospital	25.00%	17.50%	17.50%	15.33%	21.97%	19.42%	23.81%
Friends and/or family	33.33%	40.00%	31.25%	33.33%	28.79%	30.94%	38.10%
Internet	75.00%	53.78%	66.25%	60.67%	67.42%	72.66%	76.19%
Other (please specify)	13.89%	2.50%	8.75%	6.67%	3.03%	3.60%	0.00%
Answered	36	80	80	150	132	139	21
Q2. How would you describe your overall health?							
Excellent	2.70%	3.75%	2.47%	8.00%	9.09%	20.71%	33.33%
Very good	13.51%	38.75%	29.63%	43.33%	46.97%	39.29%	38.10%
Good	45.95%	36.25%	46.91%	35.33%	34.85%	35.00%	23.81%
Fair	37.84%	16.25%	17.28%	11.33%	9.09%	4.29%	0.00%
Poor	0.00%	5.00%	3.70%	2.00%	0.00%	0.71%	4.76%
Not sure	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Answered	37	80	81	150	132	140	21
Q3. Has a health professional ever diagnosed you with one of the following? Check all that apply.							
Alzheimer's/Dementia	2.70%	1.27%	0.00%	0.00%	0.00%	0.00%	0.00%
Cancer	10.81%	7.59%	7.50%	15.33%	6.11%	6.43%	0.00%
Chronic Lung Disease	2.70%	3.80%	0.00%	4.00%	2.29%	1.43%	0.00%
High Cholesterol	18.92%	17.72%	13.75%	19.33%	19.08%	16.43%	14.29%
Heart Disease	0.00%	8.86%	3.75%	2.00%	4.58%	2.86%	0.00%
Diabetes	10.81%	15.19%	7.50%	11.33%	7.63%	5.71%	0.00%
High Blood Pressure	43.24%	30.38%	23.75%	31.33%	22.90%	21.43%	19.05%
None of these	45.95%	51.90%	60.00%	52.00%	60.31%	65.71%	71.43%
Answered	37	79	80	150	131	140	21
Q4. Do you have health insurance?							
Yes	86.49%	86.08%	96.30%	98.66%	99.24%	98.57%	100.00%
No	13.51%	13.92%	3.70%	1.34%	0.76%	1.43%	0.00%
Answered	37	79	81	149	132	140	21
Q5. Do you consult a professional when you are sick?							
Yes	70.27%	83.54%	77.78%	85.23%	90.91%	84.29%	95.24%
No (If no, why not? Please explain in the box below.)	29.73%	16.46%	22.22%	14.77%	9.09%	15.71%	4.76%
Answered	37	79	81	149	132	140	21
Q6. Where do you go most often when you get sick?							
My doctor's office	67.65%	71.43%	79.01%	87.25%	86.26%	82.14%	95.24%
Medical clinic	0.00%	3.90%	3.70%	4.03%	0.00%	2.14%	0.00%
Health department	0.00%	1.30%	0.00%	0.00%	0.00%	0.00%	0.00%
Urgent care center	8.82%	14.29%	7.41%	6.71%	11.45%	12.86%	4.76%
Hospital emergency center	5.88%	2.60%	1.23%	0.67%	0.76%	0.00%	0.00%
Free clinic (safety net clinic or clinic that doesn't require health	5.88%	2.60%	1.23%	0.00%	0.00%	0.71%	0.00%
Other (please specify)	11.76%	3.90%	7.41%	1.34%	1.53%	2.14%	0.00%
Answered	34	77	81	149	131	140	21

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	Less \$15K	\$15 to 34.9K	\$35 to 49.9K	\$50 to 74.9K	\$75 to 99.9K	\$100 to 199.9K	\$200K+
Q7. In the last 12 months, have you received a flu shot or nasal spray?							
Yes	56.76%	70.89%	66.67%	71.33%	78.79%	81.29%	90.48%
No (If not, why not? Please explain)	43.24%	29.11%	33.33%	28.67%	21.21%	18.71%	9.52%
Answered	37	79	81	150	132	139	21
Q8. I can access the healthcare I need in this community.							
Strongly agree	16.22%	41.25%	25.93%	33.33%	31.82%	37.14%	38.10%
Agree	43.24%	37.50%	50.62%	50.67%	53.03%	51.43%	38.10%
Neither disagree/agree	18.92%	11.25%	13.58%	10.00%	5.30%	5.00%	0.00%
Disagree	16.22%	6.25%	9.88%	4.00%	9.09%	5.71%	23.81%
Strongly disagree	5.41%	3.75%	0.00%	2.00%	0.76%	0.71%	0.00%
Answered	37	80	81	150	132	140	21
Q9. During a normal week, other than in your regular job, how many hours per week do you engage in any physical activity or exercise?							
None	13.51%	6.25%	6.17%	2.67%	6.06%	1.43%	0.00%
Less than 1 hour	21.62%	20.00%	23.46%	20.67%	16.67%	13.57%	4.76%
Between 1 - 2 hours	43.24%	27.50%	20.99%	33.33%	25.76%	27.86%	28.57%
Between 2 - 3 hours	16.22%	25.00%	17.28%	18.67%	23.48%	27.14%	19.05%
3 hours or more	5.41%	21.25%	32.10%	24.67%	28.03%	30.00%	47.62%
Answered	37	80	81	150	132	140	21
Q10. If you exercise, where do you usually go to exercise or engage in physical activity? (Please check all that apply)							
Home	77.42%	60.00%	71.62%	67.36%	66.13%	61.76%	61.90%
Neighborhood	35.48%	24.00%	44.59%	32.64%	50.81%	50.00%	57.14%
Park	32.26%	21.33%	21.62%	20.83%	27.42%	21.32%	33.33%
Private gym/studio	3.23%	12.00%	20.27%	20.83%	26.61%	32.35%	47.62%
Public recreation center	3.23%	8.00%	6.76%	4.17%	8.87%	2.94%	9.52%
School	0.00%	0.00%	4.05%	2.78%	1.61%	2.94%	0.00%
Other (please specify)	19.35%	28.00%	8.11%	11.81%	4.03%	12.50%	9.52%
Answered	31	75	74	144	124	136	21
Q11. If you don't exercise, what are the reasons you do not exercise? (Select up to three reasons)							
Not applicable - I DO exercise	40.54%	36.84%	47.37%	50.74%	53.60%	61.60%	68.42%
My job is physical or hard labor	16.22%	9.21%	7.89%	7.35%	6.40%	3.20%	5.26%
Exercise is not important to me	5.41%	6.58%	1.32%	3.68%	1.60%	0.80%	5.26%
I don't have access to a facility that has the things I need, like a	13.51%	7.89%	10.53%	10.29%	3.20%	7.20%	10.53%
I don't have enough time to exercise	32.43%	17.11%	23.68%	27.94%	31.20%	31.20%	21.05%
I would need child care and I don't have it	5.41%	7.89%	10.53%	10.29%	7.20%	9.60%	10.53%
I don't know how to find exercise partners	10.81%	3.95%	5.26%	4.41%	3.20%	3.20%	5.26%
I don't like to exercise	32.43%	14.47%	10.53%	13.97%	19.20%	8.00%	5.26%
It costs too much to exercise	27.03%	15.79%	21.05%	9.56%	5.60%	4.80%	5.26%
There is no safe place	2.70%	2.63%	1.32%	1.47%	0.00%	0.00%	0.00%
Other (please specify)	18.92%	18.42%	18.42%	6.62%	7.20%	6.40%	0.00%
Answered	37	76	76	136	125	125	19
Q12. There are enough options for physical activity in this community.							
Strongly agree	8.11%	13.75%	8.64%	8.11%	13.74%	11.43%	28.57%
Agree	24.32%	37.50%	32.10%	40.54%	41.98%	36.43%	28.57%
Neither disagree/agree	43.24%	26.25%	28.40%	26.35%	16.03%	20.00%	14.29%
Disagree	18.92%	15.00%	24.69%	21.62%	23.66%	25.00%	23.81%
Strongly disagree	5.41%	7.50%	6.17%	3.38%	4.58%	7.14%	4.76%
Answered	37	80	81	148	131	140	21

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	Less \$15K	\$15 to 34.9K	\$35 to 49.9K	\$50 to 74.9K	\$75 to 99.9K	\$100 to 199.9K	\$200K+
Q13. This community values physical activity.							
Strongly agree	2.78%	10.00%	4.94%	6.00%	14.39%	10.00%	9.52%
Agree	27.78%	38.75%	50.62%	42.67%	47.73%	44.29%	47.62%
Neither disagree/agree	50.00%	38.75%	33.33%	44.00%	28.79%	35.71%	33.33%
Disagree	16.67%	11.25%	9.88%	6.00%	9.09%	7.86%	9.52%
Strongly disagree	2.78%	1.25%	1.23%	1.33%	0.00%	2.14%	0.00%
Answered	36	80	81	150	132	140	21
Q14. This community values healthy eating.							
Strongly agree	2.70%	11.25%	10.00%	2.67%	5.34%	1.43%	4.76%
Agree	21.62%	28.75%	27.50%	30.67%	33.59%	33.57%	28.57%
Neither disagree/agree	51.35%	40.00%	41.25%	46.00%	41.98%	47.14%	47.62%
Disagree	21.62%	18.75%	18.75%	18.00%	17.56%	15.00%	19.05%
Strongly disagree	2.70%	1.25%	2.50%	2.67%	1.53%	2.86%	0.00%
Answered	37	80	80	150	131	140	21
Q15. I can access the healthy food I need in this community.							
Strongly agree	8.11%	20.00%	7.41%	14.09%	11.36%	15.71%	9.52%
Agree	45.95%	51.25%	58.02%	56.38%	59.09%	51.43%	61.90%
Neither disagree/agree	27.03%	15.00%	16.05%	12.75%	12.88%	18.57%	28.57%
Disagree	16.22%	12.50%	17.28%	14.09%	15.15%	10.71%	0.00%
Strongly disagree	2.70%	1.25%	1.23%	2.68%	1.52%	3.57%	0.00%
Answered	37	80	81	149	132	140	21
Q16. Are you concerned about having enough food for you and/or your family to eat?							
Yes	21.62%	12.82%	9.88%	4.67%	3.03%	3.57%	0.00%
No	51.35%	67.95%	79.01%	87.33%	92.42%	95.71%	100.00%
Sometimes	27.03%	19.23%	11.11%	8.00%	4.55%	0.71%	0.00%
Answered	37	78	81	150	132	140	21
Q17. In a typical day, how many times do you eat fruit and/or vegetables?							
None	13.51%	2.50%	2.47%	0.67%	2.27%	0.71%	0.00%
One	48.65%	28.75%	37.04%	23.33%	11.36%	16.43%	28.57%
Two	29.73%	37.50%	35.80%	40.00%	43.18%	37.86%	42.86%
Three	5.41%	10.00%	17.28%	26.00%	34.85%	32.14%	14.29%
Four or more times	2.70%	11.25%	7.41%	10.00%	8.33%	12.86%	14.29%
Answered	37	80	81	150	132	140	21
Q18. Overall, I eat healthy foods.							
Strongly agree	0.00%	7.50%	7.41%	8.00%	12.12%	15.00%	4.76%
Agree	29.73%	51.25%	46.91%	62.00%	59.85%	57.86%	66.67%
Neither disagree/agree	43.24%	30.00%	33.33%	20.00%	20.45%	18.57%	19.05%
Disagree	24.32%	8.75%	11.11%	9.33%	7.58%	7.14%	9.52%
Strongly disagree	2.70%	2.50%	1.23%	6.33%	0.00%	1.43%	0.00%
Answered	37	80	81	150	132	140	21
Q19. If you don't eat enough fruits and vegetables (2 cups of each) on a typical day, what are the primary reasons you do not? (Select up to three)							
Not applicable, I eat enough fruits and vegetables	16.22%	37.18%	30.77%	40.69%	51.20%	42.11%	52.38%
I'm not able to get to a grocery store	10.81%	5.13%	6.41%	6.90%	3.20%	3.76%	4.76%
It costs too much	59.46%	33.33%	32.05%	25.52%	14.40%	9.77%	9.52%
I don't have enough time to purchase and prepare them	16.22%	17.95%	32.05%	22.76%	20.80%	22.56%	23.81%
I don't know how to cook them	2.70%	7.69%	12.82%	4.14%	3.20%	3.01%	0.00%
I don't like all or some of the healthy foods	24.32%	16.67%	23.08%	17.93%	20.00%	18.05%	14.29%
Others in my household don't like all or some of them	10.81%	10.26%	15.38%	19.31%	11.20%	18.05%	14.29%
I have dietary restrictions due to a medical condition	0.00%	6.41%	3.85%	1.38%	0.00%	3.76%	0.00%
I have dietary restrictions due to religious beliefs/customs	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Other (please specify)	10.81%	8.97%	7.69%	4.83%	5.60%	14.29%	14.29%
Answered	37	78	78	145	125	133	21

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2017-2018 Community Health Needs Assessment:Via Christi Hospital - Manhattan and Wamego Health Center - Crosstabs	Annual Household Income						
	Less \$15K	\$15 to 34.9K	\$35 to 49.9K	\$50 to 74.9K	\$75 to 99.9K	\$100 to 199.9K	\$200K+
Q20. Do you currently smoke/use tobacco products?							
Yes	16.22%	11.39%	7.41%	6.00%	3.03%	2.88%	9.52%
No	83.78%	88.61%	92.59%	94.00%	96.97%	97.12%	90.48%
Answered	37	79	81	150	132	139	21
Q21. If you currently smoke/use tobacco products, where would you go for help if you wanted to quit?							
Not applicable, I don't want to quit	0.00%	11.11%	0.00%	11.11%	25.00%	75.00%	50.00%
Church	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Doctor	66.67%	11.11%	33.33%	33.33%	50.00%	25.00%	50.00%
Kansas hotline	0.00%	11.11%	0.00%	0.00%	0.00%	0.00%	0.00%
Health department	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Pharmacy	0.00%	0.00%	0.00%	11.11%	0.00%	0.00%	0.00%
Private counselor/therapist	0.00%	11.11%	0.00%	0.00%	0.00%	0.00%	0.00%
I don't know	16.67%	33.33%	33.33%	22.22%	25.00%	0.00%	0.00%
Other (please specify)	16.67%	22.22%	33.33%	22.22%	0.00%	0.00%	0.00%
Answered	6	9	6	9	4	4	2
Q22. What are the top three needs related to physical health in your community? (Select only three)							
Access to healthy food options	19.44%	25.00%	29.49%	21.48%	22.31%	17.14%	9.52%
Affordable health insurance	38.89%	61.84%	50.00%	45.64%	48.46%	47.14%	33.33%
Affordable health services	47.22%	34.21%	47.44%	38.26%	40.00%	38.57%	38.10%
Affordable prescriptions	27.78%	32.89%	29.49%	24.83%	27.69%	20.00%	28.57%
Children health services	11.11%	6.58%	7.69%	11.41%	7.69%	12.86%	9.52%
Dental care options	47.22%	17.11%	15.38%	12.08%	9.23%	12.86%	9.52%
Maternal health services	5.56%	2.63%	7.69%	9.40%	11.54%	5.71%	0.00%
Prevention of infant mortality	0.00%	2.63%	2.56%	0.67%	2.31%	0.00%	0.00%
Healthcare assistance for older adults	22.22%	18.42%	17.95%	19.46%	6.92%	15.00%	19.05%
Healthcare assistance for veterans/military	2.78%	10.53%	10.26%	10.74%	6.92%	2.86%	4.76%
Increased number of healthcare providers	16.67%	13.16%	16.67%	18.12%	20.00%	18.57%	42.86%
Availability of transportation for health services	16.67%	3.95%	12.82%	7.38%	14.62%	11.43%	19.05%
Facilities for physical activity (including parks, trails, rec centers)	22.20%	21.05%	20.51%	30.87%	35.38%	36.43%	23.81%
Increased health education/prevention (e.g., healthy eating, etc)	5.56%	18.42%	17.95%	17.45%	18.46%	18.57%	4.76%
Substance abuse prevention/treatment	5.56%	9.21%	5.13%	12.08%	18.46%	15.71%	33.33%
Tobacco use cessation (quitting) services	2.78%	3.95%	2.56%	4.03%	6.15%	5.00%	9.52%
Other (please specify)	19.44%	7.89%	10.26%	10.07%	9.23%	13.57%	19.05%
Answered	36	76	78	149	130	140	21
Q23. How would you describe your overall mental health?							
Excellent	2.70%	13.75%	20.99%	16.11%	25.76%	25.71%	28.57%
Very good	16.22%	31.25%	37.04%	46.98%	35.61%	37.14%	38.10%
Good	45.95%	33.75%	30.86%	28.86%	33.33%	34.29%	23.81%
Fair	24.32%	18.75%	6.17%	5.37%	4.55%	2.14%	9.52%
Poor	8.11%	2.50%	3.70%	2.68%	0.00%	0.71%	0.00%
Not sure	2.70%	0.00%	1.23%	0.00%	0.76%	0.00%	0.00%
Answered	37	80	81	149	132	140	21
Q24. Do you consult a mental health professional when your mental health is not good?							
Yes	35.14%	27.50%	32.91%	32.67%	26.52%	25.71%	42.86%
No	45.95%	37.50%	36.71%	31.33%	33.33%	40.71%	23.81%
My mental health is always good	18.92%	35.00%	30.38%	36.00%	40.15%	33.57%	33.33%
Answered	37	80	79	150	132	140	21

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Q25. When you do need help, where do you go most often when your mental health is not good?							
Community mental health center	25.93%	23.40%	16.98%	10.59%	8.11%	8.14%	15.38%
Community provider	18.52%	34.04%	37.74%	45.88%	45.95%	45.35%	61.54%
Hospital emergency room	3.70%	6.38%	3.77%	0.00%	5.41%	0.00%	0.00%
Other (please specify)	51.85%	36.17%	41.51%	13.53%	40.54%	46.51%	23.08%
Answered	27	47	53	85	74	86	13
Q26. The community has adequate mental health services for people who need them.							
Strongly agree	2.70%	6.25%	5.00%	0.67%	0.00%	2.14%	0.00%
Agree	18.92%	20.00%	21.25%	16.78%	13.74%	14.29%	9.52%
Neither disagree/agree	29.73%	36.25%	31.25%	34.90%	25.19%	24.29%	9.52%
Disagree	24.32%	27.50%	23.75%	34.23%	36.64%	36.43%	61.90%
Strongly disagree	24.32%	10.00%	18.75%	13.42%	24.43%	22.86%	19.05%
Answered	37	80	80	149	131	140	21
Q27. What are the top three needs related to mental health in your community? (Select only three)							
Affordable mental health services	72.97%	69.23%	72.73%	68.28%	57.03%	54.74%	52.38%
Affordable prescriptions	24.32%	24.36%	14.29%	20.69%	14.84%	11.68%	23.81%
Children mental health services	8.11%	15.38%	24.68%	24.14%	24.22%	37.23%	33.33%
High quality mental health services	40.54%	35.90%	44.16%	39.31%	48.44%	43.80%	47.62%
Increased mental health education/prevention	35.14%	37.18%	41.56%	49.66%	41.41%	43.07%	28.57%
Increased number of mental healthcare providers	56.76%	39.74%	38.96%	38.62%	46.88%	53.28%	76.19%
Substance abuse prevention/treatment	2.70%	23.08%	22.08%	24.83%	33.59%	25.55%	28.57%
Availability of transportation for mental health services	24.32%	10.26%	19.48%	11.72%	15.63%	9.49%	4.76%
Other (please specify)	10.81%	12.82%	10.39%	6.90%	7.81%	6.57%	4.76%
Answered	37	78	77	145	128	137	21
Q28. Do you or anyone in your household have a substance use issue (e.g. drink too much alcohol, have a problem with legal or illegal drugs)?							
Yes	5.56%	10.13%	7.41%	3.36%	6.87%	4.29%	4.76%
No	94.44%	89.87%	92.59%	96.64%	93.13%	95.71%	95.24%
Answered	36	79	81	149	131	140	21
Q29. Do you or anyone in your household currently experience domestic violence (e.g. violence between adults)							
Yes	0.00%	1.27%	3.70%	0.00%	0.00%	0.00%	0.00%
No	100.00%	98.73%	96.30%	100.00%	100.00%	100.00%	100.00%
Answered	37	79	81	149	132	140	20
Q30. Excluding mental illness, do you or any other adult living in your household have a physical or developmental disability?							
Yes	35.14%	19.48%	20.99%	13.42%	4.55%	7.14%	14.29%
No	64.86%	80.52%	79.01%	86.58%	95.45%	92.86%	85.71%
Answered	37	77	81	149	132	140	21
Q31. Are you or anyone in your immediate family currently homeless (e.g. no permanent place to live on a daily basis)?							
Yes	5.41%	1.27%	1.23%	0.00%	0.76%	0.71%	0.00%
No	94.59%	98.73%	98.77%	100.00%	99.24%	99.29%	100.00%
Answered	37	79	81	148	131	140	21
Q32. Are you a parent or custodial grandparent/guardian of someone under the age of 18?							
Yes	11.11%	26.58%	35.00%	38.67%	47.73%	60.71%	47.62%
No	88.89%	73.42%	65.00%	61.33%	52.27%	39.29%	52.38%
Answered	36	79	80	150	132	140	21

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Q33. As a parent or custodial grandparent/guardian of a minor, please respond to the following questions:							
Yes, I'm a single parent	100.00%	57.14%	27.59%	3.45%	4.84%	3.53%	10.00%
Yes, my child(ren) has a developmental disability?	50.00%	28.57%	13.79%	8.62%	3.23%	8.24%	10.00%
Yes, my child(ren) has a chronic disease?	0.00%	9.52%	10.34%	10.53%	3.28%	11.76%	30.00%
Yes, my child(ren) has been diagnosed with a mental illness or	0.00%	38.10%	20.69%	17.24%	9.52%	8.24%	10.00%
Answered	4	21	29	58	63	85	10
Q34. How well does your community generally meet the needs of children and/or adolescents in the following areas?							
("Excellent" and "Good" Responses Only)							
Prenatal care (pregnancy)	34.28%	40.51%	46.25%	32.89%	47.33%	48.57%	42.86%
Postnatal care (birth through 1st year)	25.71%	43.04%	41.25%	35.81%	49.23%	53.57%	47.62%
Parental support/training	17.15%	26.58%	27.50%	22.15%	29.00%	28.57%	14.28%
Support for single parents	5.71%	16.45%	17.50%	8.84%	9.38%	8.57%	4.76%
Needs of children/youth with disabilities	11.43%	17.94%	18.75%	19.05%	14.51%	22.15%	19.05%
Dental health	30.55%	31.64%	42.50%	40.27%	48.85%	58.27%	47.62%
Mental health	11.43%	21.52%	21.25%	14.09%	10.68%	15.71%	9.52%
Physical health	42.42%	44.87%	38.46%	45.89%	45.80%	56.11%	47.62%
Recreational opportunities	32.35%	48.10%	45.00%	44.60%	50.77%	56.11%	52.38%
Basic needs of low income children/youth	13.89%	21.79%	17.50%	9.52%	9.92%	10.00%	4.76%
Answered	36	79	80	149	131	140	21
Q35. What are the top three health needs related to children (ranging in age new born to 12 years old) in your community?							
After school programs	32.35%	40.28%	28.95%	33.33%	40.48%	37.78%	19.05%
Bullying prevention	44.12%	38.89%	30.26%	30.56%	31.75%	20.74%	19.05%
Childcare for children - newborns to age 5	23.53%	25.00%	31.58%	36.81%	44.44%	46.67%	52.38%
Dental care	14.71%	6.94%	7.89%	9.03%	7.94%	10.37%	19.05%
Early childhood intervention programs (e.g. Head Start)	8.82%	20.83%	18.42%	16.67%	20.63%	21.48%	38.10%
Financial assistance to families (for nutrition, childcare, housing,	44.12%	36.11%	44.74%	25.69%	30.95%	25.19%	23.81%
Medical care	14.71%	9.72%	11.84%	14.58%	9.52%	17.04%	23.81%
Mental health care	17.65%	18.06%	11.84%	18.75%	21.43%	28.15%	23.81%
Mentoring programs for children	23.53%	22.22%	25.00%	25.00%	28.57%	15.56%	14.29%
Nutrition programs (e.g. WIC, free and reduced lunch, etc)	14.71%	15.28%	13.16%	13.89%	13.49%	11.11%	9.52%
Parenting education/skills development	17.65%	23.61%	26.32%	32.64%	26.19%	38.52%	28.57%
Services for children with physical or developmental disabilities	17.65%	15.28%	11.84%	20.14%	12.70%	20.00%	23.81%
Other (please specify)	8.82%	9.72%	11.84%	9.03%	5.56%	3.70%	4.76%
Answered	34	72	76	144	126	135	21

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Q36. What are the top three health needs related to teens (ranging in age 13 - 18 years old) in your community? (Select only three)							
Appropriate internet/technology use (e.g. sexting, cyberbullying,	29.41%	27.78%	30.67%	41.67%	48.39%	40.30%	28.57%
Bullying prevention	44.12%	52.78%	34.67%	37.50%	41.13%	35.07%	23.81%
Relationship violence prevention	8.82%	27.78%	17.33%	19.44%	21.77%	16.42%	9.52%
Dental care	8.82%	6.94%	6.67%	4.17%	4.84%	3.73%	0.00%
Employment opportunity for teens	41.18%	23.61%	38.67%	23.61%	29.13%	20.15%	23.81%
Medical care	5.88%	4.17%	6.67%	6.94%	6.45%	5.22%	4.76%
Mental health care	2941.00%	19.44%	24.00%	27.08%	38.71%	35.82%	28.57%
Obesity prevention	14.71%	18.06%	16.00%	16.67%	21.77%	23.88%	23.81%
Parenting education/skills development (for parents of adolescents)	8.82%	16.67%	17.33%	24.31%	16.94%	27.61%	28.57%
Opportunities to contribute to the community (e.g., volunteering,	23.53%	18.06%	30.67%	29.86%	28.23%	27.61%	28.57%
Services for children with physical or developmental disabilities	14.71%	11.11%	16.00%	10.42%	9.68%	9.70%	14.29%
Substance abuse prevention/treatment	23.53%	19.44%	17.33%	24.31%	28.23%	32.84%	52.38%
Teen pregnancy prevention/sex education	17.65%	29.17%	13.33%	11.11%	16.94%	16.42%	19.05%
Other (please specify)	8.82%	9.72%	14.67%	6.94%	3.23%	0.75%	0.00%
Answered	34	72	75	144	124	134	21
Q37. The community is supportive of healthy aging.							
Strongly agree	5.41%	11.54%	13.58%	6.00%	5.38%	9.29%	9.52%
Agree	37.84%	51.28%	58.02%	58.67%	57.69%	60.71%	61.90%
Disagree	24.32%	6.41%	6.17%	10.67%	10.00%	6.43%	0.00%
Strongly disagree	0.00%	3.85%	2.47%	2.67%	0.77%	2.14%	4.76%
Don't know	32.43%	26.92%	19.75%	22.00%	26.15%	21.43%	23.81%
Answered	37	78	81	150	130	140	21
Q38. The necessary senior services are available in this community.							
Strongly agree	2.70%	12.99%	12.35%	4.70%	5.34%	5.71%	4.76%
Agree	40.54%	37.66%	40.74%	44.97%	45.04%	45.00%	47.62%
Disagree	16.22%	14.29%	13.58%	14.09%	12.98%	10.71%	14.29%
Strongly disagree	0.00%	2.60%	1.23%	4.03%	0.76%	2.86%	4.76%
Don't know	40.54%	32.47%	32.10%	32.21%	35.88%	35.71%	28.57%
Answered	37	77	81	149	131	140	21
Q39. Are you a caregiver for an older adult (spouse, parent)?							
Yes	13.89%	10.39%	13.58%	7.33%	6.11%	6.43%	4.76%
No	86.11%	89.61%	86.42%	92.67%	93.89%	93.57%	95.24%
Answered	36	77	81	150	131	140	21
Q40. If you are a caregiver for an older adult, are you receiving the services you need?							
Yes	80.00%	50.00%	63.64%	90.91%	75.00%	55.56%	100.00%
No, here are some services I need	20.00%	50.00%	36.36%	9.09%	25.00%	44.44%	0.00%
Answered	5	10	11	11	8	9	1

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Q41. Choose the top three health needs of older adults in your community. (Select only three)							
Access to daily meals	33.33%	16.00%	21.33%	22.54%	18.25%	21.43%	23.81%
Affordable prescriptions	19.44%	32.00%	42.67%	43.66%	31.75%	26.98%	33.33%
Affordable housing	36.11%	38.67%	40.00%	36.62%	38.89%	30.95%	33.33%
Assisted living options	13.89%	16.00%	21.33%	12.68%	16.67%	26.19%	28.57%
Caregiver support	11.11%	10.67%	13.33%	14.79%	20.63%	15.87%	9.52%
Day programs	5.56%	12.00%	9.33%	10.56%	14.29%	13.49%	9.52%
Dental care	13.89%	10.67%	2.67%	2.11%	2.38%	2.38%	0.00%
Ease of mobility in the community	13.89%	8.00%	13.33%	9.86%	17.46%	13.49%	23.81%
Elder abuse	2.78%	2.67%	6.67%	2.11%	2.38%	3.17%	0.00%
Health insurance	16.67%	17.33%	13.33%	14.08%	13.49%	13.49%	4.76%
Home health care options	8.33%	9.33%	17.33%	12.68%	13.49%	15.87%	4.76%
Hospice	0.00%	0.00%	1.33%	1.41%	3.17%	2.38%	0.00%
Independent living in a retirement community	2.78%	8.00%	4.00%	6.34%	6.35%	4.76%	14.29%
Independent living in the home	16.67%	16.00%	16.00%	21.13%	16.67%	20.63%	33.33%
Long term care options	13.89%	12.00%	8.00%	11.27%	14.29%	12.70%	19.05%
Medical care	5.56%	6.67%	8.00%	6.34%	7.14%	7.14%	9.52%
Memory care options/dementia support	5.56%	6.67%	10.67%	9.15%	13.49%	19.05%	4.76%
Mental health services	5.56%	5.33%	9.33%	7.04%	8.73%	9.52%	4.76%
Personal care services	5.56%	6.67%	2.67%	11.97%	11.90%	7.14%	19.05%
Respite services for caregivers	5.56%	6.67%	6.67%	9.15%	11.90%	14.29%	9.52%
Safety	8.33%	5.33%	4.00%	6.34%	3.17%	0.79%	0.00%
Substance abuse	0.00%	1.33%	0.00%	0.00%	0.79%	0.79%	4.76%
Transportation	33.33%	13.33%	21.33%	16.90%	22.22%	14.29%	9.52%
Vision care	5.56%	5.33%	1.33%	1.41%	0.79%	0.00%	0.00%
Other (please specify)	2.78%	8.00%	4.00%	8.45%	3.17%	3.17%	0.00%
Answered	36	75	75	142	126	126	21
Q42. Are you							
Female	81.08%	84.81%	85.00%	82.00%	84.85%	83.57%	80.95%
Male	18.92%	15.19%	15.00%	18.00%	15.15%	16.43%	19.05%
Answered	37	79	80	150	132	140	21
Q43. What county do you currently live in?							
Riley	56.76%	63.75%	44.44%	42.67%	37.88%	49.29%	61.90%
Pottawatomie	35.14%	30.00%	51.85%	46.00%	55.30%	45.71%	38.10%
Other	8.11%	6.25%	3.70%	11.33%	6.82%	5.00%	0.00%
Answered	37	80	81	150	132	140	21
Q44. What is your zip code for your street address? (Please specify)							
64015 (N=1) Blue Springs, MO	2.70%	-	-	-	-	-	-
64093 (N=1) Warrensburg, MO	2.70%	-	-	-	-	-	-
64105 (N=1) Kansas City, MO	-	-	-	-	0.76%	-	-
66202 (N=1) Mission, KS	-	-	-	0.67%	-	-	-
66401 (N=6) Alma, KS	-	2.50%	1.23%	1.33%	-	0.71%	-
66407 (N=3) Belvue, KS	-	-	-	-	0.76%	-	4.76%
66411 (N=3) Blue Rapids, KS	-	-	1.23%	0.67%	-	0.71%	-
66415 (N=1) Centralia, KS	-	-	-	-	0.76%	-	-
66422 (N=1) Fort Riley, KS	-	-	-	0.67%	-	-	-
66427 (N=3) Frankfort, KS	-	-	-	0.67%	0.76%	0.71%	-
66441 (N=3) Junction City, KS	-	-	1.23%	0.67%	-	0.71%	-
66449 (N=1) Leonardville, KS	-	-	-	0.67%	0.76%	-	-
66501 (N=1) Manhattan, KS	-	-	-	-	-	-	-
66502 (N=258) Manhattan, KS	54.05%	53.75%	37.04%	38.00%	28.79%	28.57%	38.10%
66503 (N=91) Manhattan, KS	2.70%	10.00%	11.11%	8.00%	9.85%	25.71%	33.33%
66507 (N=1)	-	-	-	-	-	0.71%	-
66514 (N=1) Milford, KS	-	-	-	0.67%	-	-	-
66517 (N=4) Manhattan, KS	2.70%	2.50%	-	-	0.76%	-	-
66520 (N=6) Olsburg, KS	-	-	1.23%	1.33%	0.76%	1.43%	-
66521 (N=3) Onaga, KS	-	-	1.23%	-	1.52%	-	-
66526 (N=2) Paxico, KS	-	1.25%	-	0.67%	-	-	-
66531 (N=6) Riley, KS	-	1.25%	-	2.00%	0.76%	0.71%	-
66535 (N=33) Saint George, KS	5.41%	5.00%	6.17%	6.67%	3.03%	5.00%	-
66536 (N=4)	-	-	-	2.00%	0.76%	-	-
66544 (N=1) Vermillion, KS	-	-	-	0.67%	-	-	-

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	Less \$15K	\$15 to 34.9K	\$35 to 49.9K	\$50 to 74.9K	\$75 to 99.9K	\$100 to 199.9K	\$200K+
66546 (N=1)	-	-	-	-	-	-	-
66547 (N=203) Wamego, KS	27.03%	20.00%	37.04%	26.00%	40.15%	30.71%	19.05%
66548 (N=1) Waterville, KS	-	2.50%	-	-	-	0.71%	-
66549 (N=17) Westmoreland, KS	2.70%	-	-	2.67%	3.79%	2.86%	4.76%
66554 (N=2) Randolph, KS	-	-	-	1.33%	-	-	-
66601 (N=1) Topeka, KS	-	-	-	0.67%	-	-	-
66614 (N=1) Topeka, KS	-	-	-	-	0.76%	-	-
66615 (N=1) Topeka, KS	-	-	-	-	0.76%	-	-
66834 (N=1) Alta Vista, KS	-	1.25%	-	1.33%	-	-	-
66846 (N=2) Council Grove, KS	-	-	-	1.33%	-	-	-
66872 (N=1) White City, KS	-	-	-	-	0.76%	-	-
66968 (N=1)	-	-	-	0.67%	-	-	-
67431 (N=1) Chapman, KS	-	-	-	-	0.76%	-	-
67447 (N=1) Green, KS	-	-	-	-	-	0.71%	-
67449 (N=1) Herington, KS	-	-	1.23%	-	-	-	-
67468 (N=1) Morganville, KS	-	-	-	0.67%	-	-	-
67487 (N=1) Wakefield, KS	-	-	-	-	0.76%	-	-
67502 (N=1)	-	-	-	-	-	-	-
90210 (N=1) Beverly Hills, CA	-	-	-	-	0.76%	-	-
99999 (N=7) Unknown	-	-	1.23%	-	1.52%	-	-
Answered	37	80	81	150	132	140	21
Q45. Which of the following group best describes your current age?							
Under 18	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
18 to 24 years	16.22%	11.25%	2.47%	1.33%	3.79%	0.00%	0.00%
25 to 34 years	32.43%	13.75%	29.63%	27.33%	21.97%	18.57%	4.76%
35 to 49 years	16.22%	22.50%	27.16%	24.67%	35.61%	43.57%	47.62%
50 to 64 years	18.92%	23.75%	22.22%	28.67%	28.79%	28.57%	47.62%
65 to 74 years	8.11%	11.25%	8.64%	15.33%	8.33%	7.86%	0.00%
75 years or older	8.11%	17.50%	9.88%	2.67%	1.52%	1.43%	0.00%
Answered	37	80	81	150	132	140	21
Q46. Which of the following do you consider to be your primary race?							
Asian	0.00%	0.00%	1.23%	0.00%	0.76%	0.00%	0.00%
African-American/Black	0.00%	0.00%	0.00%	0.00%	0.00%	1.43%	0.00%
American Indian or Alaskan Native	0.00%	0.00%	1.23%	0.67%	0.76%	0.00%	0.00%
Caucasian/White	94.44%	94.94%	93.83%	98.00%	96.21%	96.43%	100.00%
Native Hawaiian or Pacific Islander	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
Multi-racial	5.56%	2.53%	2.47%	0.67%	0.76%	1.43%	0.00%
Other (please specify)	0.00%	2.53%	1.23%	0.67%	1.52%	0.71%	0.00%
Answered	36	79	81	150	132	140	21
Q47. Ethnic category							
Hispanic or Latino	11.11%	2.63%	1.28%	0.00%	0.76%	4.32%	0.00%
Not Hispanic or Latino	88.89%	97.37%	98.72%	100.00%	99.24%	95.68%	100.00%
Answered	36	76	78	149	131	139	21
Q48. What is the highest level of school, college, or vocational training that you have completed?							
Less than 9th grade	0.00%	0.00%	1.23%	0.00%	0.00%	0.00%	0.00%
9th - 12th grade, no diploma	2.70%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
High school graduate or GED equivalent	8.11%	23.75%	13.58%	4.00%	3.79%	1.43%	4.76%
Associate's degree or vocational training	21.62%	18.75%	17.28%	24.00%	13.64%	7.86%	4.76%
Some college (no degree)	37.84%	25.00%	13.58%	14.00%	5.30%	5.00%	9.52%
Bachelor's degree	27.03%	21.25%	33.33%	32.00%	37.88%	40.00%	28.57%
Graduate or professional degree	2.70%	11.25%	20.99%	26.00%	39.39%	45.71%	52.38%
Answered	37	80	81	150	132	140	21

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	Less \$15K	\$15 to 34.9K	\$35 to 49.9K	\$50 to 74.9K	\$75 to 99.9K	\$100 to 199.9K	\$200K+
Q49. Which of the following best describes your marital status?							
Single, never married	51.35%	17.72%	16.05%	7.33%	5.38%	0.71%	0.00%
Married	10.81%	30.38%	56.79%	76.67%	86.15%	95.71%	95.24%
Divorced	18.92%	32.91%	11.11%	10.00%	5.38%	2.14%	4.76%
Widowed	13.51%	12.66%	7.41%	4.00%	1.54%	0.71%	0.00%
Not married, but living together	5.41%	6.33%	7.41%	2.00%	1.54%	0.71%	0.00%
Domestic partnership or civil union	0.00%	0.00%	1.23%	0.00%	0.00%	0.00%	0.00%
Answered	37	79	81	150	130	140	21
Q50. What was your total household income last year, before taxes?							
Less than \$10,000	37.84%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
\$10,000 - \$14,999	62.16%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
\$15,000 - \$24,999	0.00%	41.25%	0.00%	0.00%	0.00%	0.00%	0.00%
\$25,000 - \$34,999	0.00%	58.75%	0.00%	0.00%	0.00%	0.00%	0.00%
\$35,000 - \$49,999	0.00%	0.00%	100.00%	0.00%	0.00%	0.00%	0.00%
\$50,000 - \$74,999	0.00%	0.00%	0.00%	100.00%	0.00%	0.00%	0.00%
\$75,000 - \$99,999	0.00%	0.00%	0.00%	0.00%	100.00%	0.00%	0.00%
\$100,000 - \$199,999	0.00%	0.00%	0.00%	0.00%	0.00%	100.00%	0.00%
\$200,000 or more	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	100.00%
Answered	37	80	81	150	132	140	21
Q51. How many people does this total household income support?							
Average	1.65	2.09	2.44	2.84	2.82	3.41	3.81
Range	1-5	1-5	1-5	1-10	1-7	1-7	1-7
1	62.16%	37.50%	20.99%	16.11%	6.82%	0.71%	0.00%
2	24.32%	35.00%	41.98%	36.91%	36.36%	25.00%	28.57%
3	5.41%	13.75%	13.58%	16.78%	20.45%	24.29%	14.29%
4	2.70%	8.75%	18.52%	15.44%	29.55%	35.71%	28.57%
5	5.41%	5.00%	4.94%	12.08%	4.55%	12.14%	9.52%
6	-	-	-	1.34%	0.76%	1.43%	14.29%
7	-	-	-	-	1.52%	0.71%	4.76%
8	-	-	-	-	-	-	-
9	-	-	-	-	-	-	-
10	-	-	-	1.34%	-	-	-
Answered	37	80	81	149	132	140	21
Q52. Have you been a member of the Armed Services/Military?							
Yes	8.11%	11.25%	16.05%	8.00%	3.03%	6.43%	0.00%
No	91.89%	88.75%	83.95%	92.00%	96.97%	93.57%	100.00%
Answered	37	80	81	150	132	140	21
Q53. What is your current Armed Services/Military status?							
Active	0.00%	0.00%	15.38%	0.00%	25.00%	0.00%	0.00%
Retired	0.00%	33.33%	53.85%	36.36%	25.00%	12.50%	0.00%
Disable or injured	0.00%	0.00%	15.38%	18.18%	0.00%	0.00%	0.00%
Inactive	100.00%	66.67%	15.38%	45.45%	50.00%	87.50%	0.00%
Answered	3	9	13	11	4	8	0
Q54. What is your current employment status?							
Self-employed	2.78%	3.75%	4.94%	2.68%	3.03%	3.62%	9.52%
Employed full time (one job)	27.78%	38.75%	55.56%	57.72%	73.48%	71.74%	52.38%
Homemaker	2.78%	6.25%	2.47%	2.01%	0.76%	1.45%	19.05%
Disabled	16.67%	3.75%	3.70%	0.67%	0.00%	0.00%	0.00%
Unemployed for more than one year	0.00%	1.25%	0.00%	0.00%	0.00%	0.00%	0.00%
Unemployed for 1 year or less	2.78%	3.75%	1.23%	0.00%	0.76%	0.00%	0.00%
Working more than one job	16.67%	10.00%	9.88%	9.40%	7.58%	5.80%	4.76%
Employed part time	22.22%	8.75%	6.17%	14.09%	8.33%	10.87%	9.52%
Retired	8.33%	22.50%	12.35%	10.74%	4.55%	6.52%	4.76%
Other (please specify)	0.00%	1.25%	3.70%	2.68%	1.52%	0.00%	0.00%
Answered	36	80	81	149	132	138	21

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Q55. How many people in your household are currently working outside the home?							
0	21.62%	28.75%	19.75%	10.07%	4.55%	3.62%	0.00%
1	59.46%	42.50%	28.40%	34.90%	19.70%	10.87%	38.10%
2	13.51%	25.00%	48.15%	49.66%	69.70%	72.46%	52.38%
3	2.70%	2.50%	3.70%	4.03%	6.06%	11.59%	4.76%
4	2.70%	1.25%	-	1.34%	-	1.45%	0.00%
5	-	-	-	-	-	-	4.76%
Answered	37	80	81	149	132	138	21
Q56. Are you a student taking classes for credit?							
Yes, full-time student	5.41%	5.00%	2.50%	3.36%	2.27%	2.17%	0.00%
Yes, part-time student	10.81%	0.00%	6.25%	4.03%	8.33%	5.80%	0.00%
No	83.78%	95.00%	91.25%	92.62%	8.94%	92.03%	100.00%
Answered	37	80	80	149	132	138	21
Q57. Which of the following best describes the type of school you are currently attending?							
Four year college or university	33.33%	75.00%	71.43%	45.45%	57.14%	100.00%	0.00%
Two year community college	16.67%	25.00%	14.29%	18.18%	14.29%	0.00%	0.00%
Vocational, technical or trade school	16.67%	0.00%	14.29%	18.18%	7.14%	0.00%	0.00%
Other (please specify)	33.33%	0.00%	0.00%	18.18%	21.43%	0.00%	0.00%
Answered	6	4	7	11	14	11	0
Q58. Do you participate in a religious/faith community?							
Yes	32.43%	55.13%	56.25%	65.75%	65.15%	71.74%	42.86%
No	67.57%	44.87%	43.75%	34.25%	34.85%	28.26%	57.14%
Answered	37	78	80	146	132	138	21
Q59. Do you have access to the internet at your home or residence?							
Yes	91.67%	82.28%	93.75%	96.58%	97.73%	99.28%	100.00%
No	8.33%	17.72%	6.25%	3.42%	2.27%	0.72%	0.00%
Answered	36	79	80	146	132	138	21
Q60. Which best describes how you access the internet? (Check all that apply)							
Home computer	75.68%	61.54%	68.75%	82.19%	84.85%	85.40%	95.24%
Public computer	2.70%	7.69%	3.75%	6.16%	1.52%	2.92%	4.76%
Work computer	10.81%	23.08%	27.50%	38.36%	49.24%	54.01%	47.62%
Mobile (tablet, cell phone, etc.)	72.97%	60.26%	78.75%	77.40%	71.21%	82.48%	76.19%
I don't access the internet	5.41%	7.69%	3.75%	0.68%	0.00%	0.00%	0.00%
Answered	37	78	80	146	132	137	21
Q61. How do you normally get news about community events? (Check all that apply.)							
Newspaper	37.14%	45.57%	51.85%	45.21%	50.76%	51.45%	57.14%
Community flyers	11.43%	18.99%	18.52%	19.86%	19.70%	23.19%	19.05%
Social media (Facebook, Twitter, etc.)	74.29%	51.90%	70.37%	78.77%	74.24%	76.09%	76.19%
Newsletters	8.57%	15.19%	16.05%	15.75%	14.39%	13.77%	19.05%
Email/RSS	11.43%	17.72%	17.28%	24.66%	25.00%	33.33%	28.57%
Friends/family	60.00%	55.70%	55.56%	60.27%	55.30%	63.77%	57.14%
Internet	51.43%	45.57%	48.15%	48.63%	51.52%	56.52%	66.67%
Radio	48.57%	39.24%	27.16%	33.56%	31.82%	40.58%	52.38%
TV/local cable	40.00%	36.71%	40.74%	43.15%	37.88%	34.06%	52.38%
Other (please specify)	2.86%	1.27%	0.00%	0.00%	1.52%	0.72%	0.00%
Answered	35	79	81	146	132	138	21
Q62. Please share any additional comments about health and							
Entered Additional Comment	11	22	18	44	28	34	7

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	Participate in Faith Cmty	
	Yes	No
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Q1. How do you get most of your health-related information? (Check all that apply)		
Books/magazines	22.17%	18.44%
Church	2.41%	0.00%
Health department	6.51%	6.97%
My child's school	2.89%	4.92%
Help lines	0.72%	0.82%
Pharmacist	27.95%	20.49%
Doctor/nurse	81.20%	75.82%
Hospital	19.76%	17.21%
Friends and/or family	35.42%	28.69%
Internet	62.41%	70.90%
Other (please specify)	5.54%	5.74%
Answered	415	244
Q2. How would you describe your overall health?		
Excellent	12.05%	6.88%
Very good	42.41%	33.60%
Good	33.98%	42.91%
Fair	9.64%	13.77%
Poor	1.93%	2.43%
Not sure	0.00%	0.40%
Answered	415	247
Q3. Has a health professional ever diagnosed you with one of the following? Check all that apply.		
Alzheimer's/Dementia	0.24%	0.40%
Cancer	9.93%	6.48%
Chronic Lung Disease	0.97%	3.64%
High Cholesterol	17.92%	18.62%
Heart Disease	4.60%	2.02%
Diabetes	7.99%	11.74%
High Blood Pressure	26.15%	29.55%
None of these	57.14%	56.68%
Answered	413	247
Q4. Do you have health insurance?		
Yes	96.62%	95.55%
No	3.38%	4.45%
Answered	414	247
Q5. Do you consult a professional when you are sick?		
Yes	87.86%	77.73%
No (If no, why not? Please explain in the box below.)	12.14%	22.27%
Answered	412	247
Q6. Where do you go most often when you get sick?		
My doctor's office	84.91%	79.34%
Medical clinic	1.70%	2.89%
Health department	0.24%	0.00%
Urgent care center	9.25%	10.74%
Hospital emergency center	0.49%	1.65%
Free clinic (safety net clinic or clinic that doesn't require health	0.97%	0.83%
Other (please specify)	2.43%	4.55%
Answered	411	242

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Q7. In the last 12 months, have you received a flu shot or nasal spray?		
Yes	75.85%	72.36%
No (If not, why not? Please explain)	24.15%	27.64%
Answered	414	246
Q8. I can access the healthcare I need in this community.		
Strongly agree	36.63%	27.53%
Agree	46.51%	51.42%
Neither disagree/agree	7.47%	11.34%
Disagree	7.71%	8.10%
Strongly disagree	1.69%	1.62%
Answered	415	247
Q9. During a normal week, other than in your regular job, how many hours per week do you engage in any physical activity or exercise?		
None	4.61%	4.86%
Less than 1 hour	16.50%	20.24%
Between 1 - 2 hours	28.40%	30.77%
Between 2 - 3 hours	22.09%	21.46%
3 hours or more	28.40%	22.67%
Answered	412	247
Q10. If you exercise, where do you usually go to exercise or engage in physical activity? (Please check all that apply)		
Home	68.19%	60.17%
Neighborhood	43.26%	39.39%
Park	24.17%	22.08%
Private gym/studio	24.17%	22.51%
Public recreation center	7.12%	4.76%
School	2.04%	2.16%
Other (please specify)	10.69%	16.02%
Answered	393	231
Q11. If you don't exercise, what are the reasons you do not exercise? (Select up to three reasons)		
Not applicable - I DO exercise	53.39%	46.96%
My job is physical or hard labor	6.25%	7.83%
Exercise is not important to me	1.82%	3.48%
I don't have access to a facility that has the things I need, like a	5.99%	10.87%
I don't have enough time to exercise	27.60%	26.52%
I would need child care and I don't have it	5.73%	13.48%
I don't know how to find exercise partners	2.86%	6.52%
I don't like to exercise	12.24%	19.13%
It costs too much to exercise	8.59%	15.22%
There is no safe place	1.04%	0.43%
Other (please specify)	12.50%	8.70%
Answered	384	230
Q12. There are enough options for physical activity in this community.		
Strongly agree	13.63%	7.69%
Agree	36.01%	40.89%
Neither disagree/agree	22.87%	25.10%
Disagree	22.14%	20.65%
Strongly disagree	5.35%	5.67%
Answered	411	247

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Q13. This community values physical activity.		
Strongly agree	11.59%	5.28%
Agree	47.58%	37.80%
Neither disagree/agree	32.13%	44.72%
Disagree	7.73%	10.98%
Strongly disagree	0.97%	1.22%
Answered	414	246
Q14. This community values healthy eating.		
Strongly agree	6.30%	2.44%
Agree	33.90%	26.02%
Neither disagree/agree	40.68%	49.59%
Disagree	17.43%	18.70%
Strongly disagree	1.69%	3.25%
Answered	413	246
Q15. I can access the healthy food I need in this community.		
Strongly agree	15.50%	9.72%
Agree	54.96%	54.25%
Neither disagree/agree	14.77%	18.62%
Disagree	13.56%	13.77%
Strongly disagree	1.21%	3.64%
Answered	413	247
Q16. Are you concerned about having enough food for you and/or your family to eat?		
Yes	4.13%	11.34%
No	89.08%	78.14%
Sometimes	6.80%	10.53%
Answered	412	247
Q17. In a typical day, how many times do you eat fruit and/or vegetables?		
None	1.45%	3.24%
One	21.26%	25.91%
Two	37.68%	41.30%
Three	29.47%	19.43%
Four or more times	10.14%	10.12%
Answered	414	247
Q18. Overall, I eat healthy foods.		
Strongly agree	10.36%	8.10%
Agree	59.52%	49.39%
Neither disagree/agree	21.69%	27.94%
Disagree	7.23%	13.77%
Strongly disagree	1.20%	0.81%
Answered	415	247
Q19. If you don't eat enough fruits and vegetables (2 cups of each) on a typical day, what are the primary reasons you do not? (Select up to three)		
Not applicable, I eat enough fruits and vegetables	43.11%	37.92%
I'm not able to get to a grocery store	4.51%	6.67%
It costs too much	19.05%	29.17%
I don't have enough time to purchase and prepare them	24.06%	18.33%
I don't know how to cook them	5.01%	5.00%
I don't like all or some of the healthy foods	18.30%	20.00%
Others in my household don't like all or some of them	14.79%	15.00%
I have dietary restrictions due to a medical condition	2.51%	2.08%
I have dietary restrictions due to religious beliefs/customs	0.00%	0.00%
Other (please specify)	7.52%	10.42%
Answered	399	240

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Q20. Do you currently smoke/use tobacco products?		
Yes	3.62%	10.57%
No	96.38%	89.43%
Answered	414	246
Q21. If you currently smoke/use tobacco products, where would you go for help if you wanted to quit?		
Not applicable, I don't want to quit	20.00%	14.81%
Church	0.00%	0.00%
Doctor	40.00%	70.40%
Kansas hotline	0.00%	3.70%
Health department	0.00%	0.00%
Pharmacy	0.00%	3.70%
Private counselor/therapist	6.67%	0.00%
I don't know	20.00%	22.22%
Other (please specify)	13.33%	18.52%
Answered	15	27
Q22. What are the top three needs related to physical health in your community? (Select only three)		
Access to healthy food options	22.06%	19.92%
Affordable health insurance	47.79%	48.96%
Affordable health services	36.52%	45.64%
Affordable prescriptions	22.30%	31.54%
Children health services	8.58%	11.20%
Dental care options	12.50%	17.84%
Maternal health services	7.84%	6.22%
Prevention of infant mortality	1.23%	1.24%
Healthcare assistance for older adults	14.46%	17.01%
Healthcare assistance for veterans/military	7.84%	7.05%
Increased number of healthcare providers	18.87%	19.50%
Availability of transportation for health services	12.25%	9.13%
Facilities for physical activity (including parks, trails, rec centers)	30.15%	28.22%
Increased health education/prevention (e.g., healthy eating, etc)	19.36%	13.28%
Substance abuse prevention/treatment	14.46%	9.96%
Tobacco use cessation (quitting) services	4.66%	4.56%
Other (please specify)	10.78%	12.86%
Answered	408	241
Q23. How would you describe your overall mental health?		
Excellent	22.17%	16.67%
Very good	39.04%	34.96%
Good	31.81%	33.30%
Fair	5.54%	10.57%
Poor	1.45%	2.85%
Not sure	0.00%	1.63%
Answered	415	246
Q24. Do you consult a mental health professional when your mental health is not good?		
Yes	28.26%	29.39%
No	32.85%	40.82%
My mental health is always good	38.89%	29.80%
Answered	414	245

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Q25. When you do need help, where do you go most often when your mental health is not good?		
Community mental health center	12.23%	14.47%
Community provider	41.92%	40.88%
Hospital emergency room	1.75%	3.77%
Other (please specify)	44.10%	40.88%
Answered	229	159
Q26. The community has adequate mental health services for people who need them.		
Strongly agree	2.42%	1.22%
Agree	15.98%	16.67%
Neither disagree/agree	28.57%	32.11%
Disagree	37.29%	26.83%
Strongly disagree	15.74%	23.17%
Answered	413	246
Q27. What are the top three needs related to mental health in your community? (Select only three)		
Affordable mental health services	64.43%	62.08%
Affordable prescriptions	16.17%	20.83%
Children mental health services	24.63%	25.42%
High quality mental health services	40.80%	46.25%
Increased mental health education/prevention	43.78%	38.33%
Increased number of mental healthcare providers	44.53%	47.08%
Substance abuse prevention/treatment	28.11%	20.42%
Availability of transportation for mental health services	12.44%	13.33%
Other (please specify)	8.21%	10.42%
Answered	402	240
Q28. Do you or anyone in your household have a substance use issue (e.g. drink too much alcohol, have a problem with legal or illegal drugs?)		
Yes	4.62%	7.69%
No	95.38%	92.31%
Answered	411	247
Q29. Do you or anyone in your household currently experience domestic violence (e.g. violence between adults)		
Yes	0.73%	0.41%
No	99.27%	99.59%
Answered	413	246
Q30. Excluding mental illness, do you or any other adult living in your household have a physical or developmental disability?		
Yes	10.46%	17.96%
No	89.51%	82.04%
Answered	411	245
Q31. Are you or anyone in your immediate family currently homeless (e.g. no permanent place to live on a daily basis)?		
Yes	1.22%	1.21%
No	98.78%	98.79%
Answered	409	247
Q32. Are you a parent or custodial grandparent/guardian of someone under the age of 18?		
Yes	40.68%	42.45%
No	59.32%	57.55%
Answered	413	245

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Q33. As a parent or custodial grandparent/guardian of a minor, please respond to the following questions:		
Yes, I'm a single parent	8.38%	19.05%
Yes, my child(ren) has a developmental disability?	5.99%	16.19%
Yes, my child(ren) has a chronic disease?	9.70%	8.57%
Yes, my child(ren) has been diagnosed with a mental illness or	14.29%	14.29%
Answered	168	105
Q34. How well does your community generally meet the needs of children and/or adolescents in the following areas?		
("Excellent" and "Good" Responses Only)		
Prenatal care (pregnancy)	44.25%	39.18%
Postnatal care (birth through 1st year)	45.21%	39.35%
Parental support/training	28.19%	20.82%
Support for single parents	12.07%	7.81%
Needs of children/youth with disabilities	20.15%	15.17%
Dental health	46.94%	39.02%
Mental health	17.07%	11.84%
Physical health	51.12%	37.04%
Recreational opportunities	51.23%	44.03%
Basic needs of low income children/youth	13.42%	11.07%
Answered	410	246
Q35. What are the top three health needs related to children (ranging in age new born to 12 years old) in your community?		
After school programs	36.43%	32.19%
Bullying prevention	30.75%	27.47%
Childcare for children - newborns to age 5	37.98%	37.77%
Dental care	8.53%	11.59%
Early childhood intervention programs (e.g. Head Start)	19.12%	21.46%
Financial assistance to families (for nutrition, childcare, housing,	28.42%	35.62%
Medical care	12.92%	14.59%
Mental health care	20.41%	19.31%
Mentoring programs for children	24.81%	18.03%
Nutrition programs (e.g. WIC, free and reduced lunch, etc)	11.89%	15.45%
Parenting education/skills development	32.56%	25.75%
Services for children with physical or developmental disabilities	16.28%	18.45%
Other (please specify)	7.24%	9.44%
Answered	387	233

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Q36. What are the top three health needs related to teens (ranging in age 13 - 18 years old) in your community? (Select only three)		
Appropriate internet/technology use (e.g. sexting, cyberbullying,	38.34%	37.23%
Bullying prevention	38.08%	39.39%
Relationship violence prevention	19.17%	17.75%
Dental care	4.15%	6.06%
Employment opportunity for teens	24.35%	30.30%
Medical care	5.18%	7.36%
Mental health care	30.83%	29.44%
Obesity prevention	19.95%	19.05%
Parenting education/skills development (for parents of adolescents)	22.02%	18.61%
Opportunities to contribute to the community (e.g., volunteering,	29.02%	23.38%
Services for children with physical or developmental disabilities	10.62%	12.12%
Substance abuse prevention/treatment	29.79%	22.94%
Teen pregnancy prevention/sex education	16.32%	16.88%
Other (please specify)	6.74%	6.49%
Answered	386	231
Q37. The community is supportive of healthy aging.		
Strongly agree	10.92%	4.88%
Agree	60.19%	50.81%
Disagree	6.80%	12.60%
Strongly disagree	2.18%	2.44%
Don't know	19.90%	29.27%
Answered	412	246
Q38. The necessary senior services are available in this community.		
Strongly agree	9.00%	3.67%
Agree	47.69%	36.33%
Disagree	12.41%	14.29%
Strongly disagree	2.68%	2.45%
Don't know	28.22%	43.27%
Answered	411	245
Q39. Are you a caregiver for an older adult (spouse, parent)?		
Yes	9.51%	6.12%
No	90.49%	93.88%
Answered	410	245
Q40. If you are a caregiver for an older adult, are you receiving the services you need?		
Yes	73.17%	56.25%
No, here are some services I need	26.83%	43.75%
Answered	41	16

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Q41. Choose the top three health needs of older adults in your community. (Select only three)		
Access to daily meals	17.78%	26.72%
Affordable prescriptions	33.51%	35.34%
Affordable housing	37.37%	34.91%
Assisted living options	18.81%	17.67%
Caregiver support	14.43%	15.52%
Day programs	12.89%	9.91%
Dental care	4.12%	5.17%
Ease of mobility in the community	14.69%	10.34%
Elder abuse	3.09%	3.02%
Health insurance	13.40%	15.95%
Home health care options	12.11%	16.81%
Hospice	2.06%	2.16%
Independent living in a retirement community	6.96%	5.17%
Independent living in the home	19.59%	17.24%
Long term care options	12.37%	12.07%
Medical care	7.99%	7.33%
Memory care options/dementia support	11.86%	10.78%
Mental health services	8.51%	6.47%
Personal care services	9.28%	9.05%
Respite services for caregivers	10.05%	8.62%
Safety	3.35%	4.31%
Substance abuse	0.77%	0.43%
Transportation	18.56%	17.24%
Vision care	2.06%	1.72%
Other (please specify)	4.38%	6.03%
Answered	388	232
Q42. Are you		
Female	84.50%	82.59%
Male	15.50%	17.41%
Answered	413	247
Q43. What county do you currently live in?		
Riley	46.99%	51.01%
Pottawatomie	46.75%	41.70%
Other	6.27%	7.29%
Answered	415	247
Q44. What is your zip code for your street address? (Please specify)		
64015 (N=1) Blue Springs, MO	-	0.40%
64093 (N=1) Warrensburg, MO	-	0.40%
64105 (N=1) Kansas City, MO	0.24%	-
66202 (N=1) Mission, KS	-	-
66401 (N=6) Alma, KS	0.72%	1.21%
66407 (N=3) Belvue, KS	0.48%	0.40%
66411 (N=3) Blue Rapids, KS	0.72%	-
66415 (N=1) Centralia, KS	0.24%	-
66422 (N=1) Fort Riley, KS	0.24%	-
66427 (N=3) Frankfort, KS	0.72%	-
66441 (N=3) Junction City, KS	0.48%	0.40%
66449 (N=1) Leonardville, KS	0.48%	0.40%
66501 (N=1) Manhattan, KS	0.24%	-
66502 (N=258) Manhattan, KS	35.66%	42.11%
66503 (N=91) Manhattan, KS	14.46%	11.74%
66507 (N=1)	-	0.40%
66514 (N=1) Milford, KS	-	0.40%
66517 (N=4) Manhattan, KS	0.48%	0.81%
66520 (N=6) Olsburg, KS	0.72%	1.21%
66521 (N=3) Onaga, KS	0.72%	-
66526 (N=2) Paxico, KS	0.24%	-
66531 (N=6) Riley, KS	0.96%	0.81%
66535 (N=33) Saint George, KS	5.06%	4.45%
66536 (N=4)	0.72%	0.40%
66544 (N=1) Vermillion, KS 141	0.24%	-

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	Yes	No
66546 (N=1)	-	-
66547 (N=203) Wamego, KS	30.84%	26.32%
66548 (N=1) Waterville, KS	0.24%	-
66549 (N=17) Westmoreland, KS	1.69%	4.05%
66554 (N=2) Randolph, KS	-	0.81%
66601 (N=1) Topeka, KS	0.24%	-
66614 (N=1) Topeka, KS	-	-
66615 (N=1) Topeka, KS	0.24%	-
66834 (N=1) Alta Vista, KS	0.48%	0.40%
66846 (N=2) Council Grove, KS	0.24%	0.40%
66872 (N=1) White City, KS	0.24%	-
66968 (N=1)	0.24%	-
67431 (N=1) Chapman, KS	0.24%	-
67447 (N=1) Green, KS	-	0.40%
67449 (N=1) Herington, KS	-	0.40%
67468 (N=1) Morganville, KS	-	0.40%
67487 (N=1) Wakefield, KS	0.24%	-
67502 (N=1)	-	-
90210 (N=1) Beverly Hills, CA	-	0.40%
99999 (N=7) Unknown	0.96%	0.81%
Answered	415	247
Q45. Which of the following group best describes your current age?		
Under 18	0.00%	0.00%
18 to 24 years	4.10%	3.24%
25 to 34 years	20.48%	24.29%
35 to 49 years	30.36%	31.58%
50 to 64 years	26.02%	28.74%
65 to 74 years	10.84%	8.10%
75 years or older	8.19%	4.05%
Answered	415	247
Q46. Which of the following do you consider to be your primary race?		
Asian	0.48%	0.00%
African-American/Black	0.24%	0.41%
American Indian or Alaskan Native	0.73%	0.00%
Caucasian/White	96.85%	95.10%
Native Hawaiian or Pacific Islander	0.00%	0.00%
Multi-racial	0.73%	3.27%
Other (please specify)	0.97%	1.22%
Answered	413	245
Q47. Ethnic category		
Hispanic or Latino	2.46%	1.65%
Not Hispanic or Latino	97.54%	98.35%
Answered	406	243
Q48. What is the highest level of school, college, or vocational training that you have completed?		
Less than 9th grade	0.00%	0.40%
9th - 12th grade, no diploma	0.00%	0.80%
High school graduate or GED equivalent	4.34%	11.74%
Associate's degree or vocational training	13.49%	19.03%
Some college (no degree)	11.81%	16.60%
Bachelor's degree	37.35%	26.72%
Graduate or professional degree	33.01%	24.70%
Answered	415	247

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Q49. Which of the following best describes your marital status?		
Single, never married	8.25%	12.96%
Married	75.49%	63.97%
Divorced	8.25%	14.98%
Widowed	5.83%	3.64%
Not married, but living together	2.18%	4.05%
Domestic partnership or civil union	0.00%	0.40%
Answered	412	247
Q50. What was your total household income last year, before taxes?		
Less than \$10,000	0.26%	5.37%
\$10,000 - \$14,999	2.82%	4.96%
\$15,000 - \$24,999	5.13%	5.37%
\$25,000 - \$34,999	5.90%	9.09%
\$35,000 - \$49,999	11.54%	14.46%
\$50,000 - \$74,999	24.62%	20.66%
\$75,000 - \$99,999	22.05%	19.01%
\$100,000 - \$199,999	25.38%	16.12%
\$200,000 or more	2.31%	4.96%
Answered	390	242
Q51. How many people does this total household income support?		
Average	2.86	2.7
Range	1-10	1-10
1	14.71%	20.49%
2	34.31%	32.38%
3	17.40%	16.80%
4	22.30%	20.49%
5	8.33%	8.61%
6	1.96%	0.41%
7	0.74%	0.41%
8	-	-
9	-	-
10	0.25%	0.41%
Answered	408	244
Q52. Have you been a member of the Armed Services/Military?		
Yes	6.02%	8.94%
No	93.98%	91.06%
Answered	415	246
Q53. What is your current Armed Services/Military status?		
Active	4.00%	9.09%
Retired	40.00%	22.73%
Disable or injured	4.00%	13.64%
Inactive	52.00%	54.55%
Answered	25	22
Q54. What is your current employment status?		
Self-employed	3.40%	3.64%
Employed full time (one job)	58.98%	58.70%
Homemaker	3.88%	3.24%
Disabled	1.46%	3.24%
Unemployed for more than one year	0.00%	0.40%
Unemployed for 1 year or less	0.49%	1.62%
Working more than one job	7.52%	9.72%
Employed part time	10.44%	10.12%
Retired	12.38%	0.08%
Other (please specify)	1.46%	1.62%
Answered	412	247

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Q55. How many people in your household are currently working outside the home?		
0	12.80%	13.41%
1	26.33%	29.67%
2	55.07%	48.37%
3	4.83%	7.32%
4	0.97%	0.81%
5	-	0.41%
Answered	414	246
Q56. Are you a student taking classes for credit?		
Yes, full-time student	3.13%	2.43%
Yes, part-time student	4.82%	5.67%
No	92.05%	91.90%
Answered	415	247
Q57. Which of the following best describes the type of school you are currently attending?		
Four year college or university	60.61%	70.00%
Two year community college	15.15%	10.00%
Vocational, technical or trade school	6.06%	15.00%
Other (please specify)	18.18%	5.00%
Answered	33	20
Q58. Do you participate in a religious/faith community?		
Yes	100.00%	0.00%
No	0.00%	100.00%
Answered	415	247
Q59. Do you have access to the internet at your home or residence?		
Yes	95.18%	93.90%
No	4.82%	6.10%
Answered	415	246
Q60. Which best describes how you access the internet? (Check all that apply)		
Home computer	80.00%	78.37%
Public computer	4.10%	4.08%
Work computer	39.28%	35.92%
Mobile (tablet, cell phone, etc.)	73.98%	74.29%
I don't access the internet	2.17%	2.86%
Answered	415	245
Q61. How do you normally get news about community events? (Check all that apply.)		
Newspaper	50.97%	45.53%
Community flyers	21.26%	16.67%
Social media (Facebook, Twitter, etc.)	69.57%	73.17%
Newsletters	17.87%	9.76%
Email/RSS	27.05%	20.73%
Friends/family	58.45%	56.10%
Internet	48.79%	55.69%
Radio	37.92%	34.55%
TV/local cable	40.58%	38.21%
Other (please specify)	0.72%	0.81%
Answered	414	246
Q62. Please share any additional comments about health and		
Entered Additional Comment	113	54